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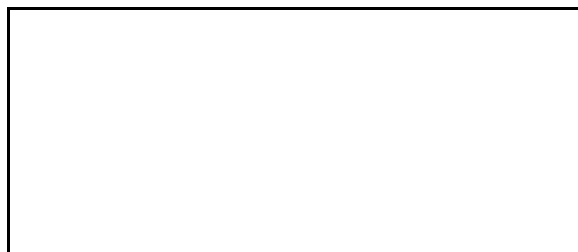
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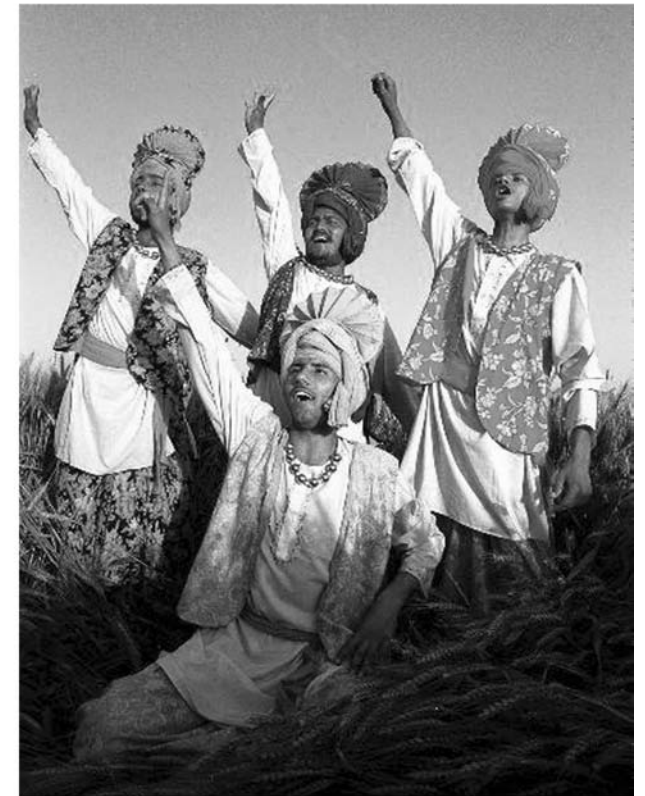
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Folk Dance Scene

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Folk Dance Scene is published to educate its readers concerning the folk dance, music, costumes, customs, lore and culture of the peoples of the world. It is also designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

SUBMISSIONS. Information to be included in the Scene should reach the editor by the 10th of the month preceding publication. We reserve the right to edit all submissions for space considerations. *Electronic submission (including all photos) is required.* Views expressed in Scene are solely the opinions of the authors. Neither Scene nor the Federation assumes responsibility for the accuracy of the information sent in.

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On the cover: Three facets of Bhangra: the dhol, Kikli dancers and men in traditional dress Photos from Google Images

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(818) 368-1957 Jay Michtom
CANOGA PARK, Senior Center
7326 Jordan Ave

WESTCHESTER LARIATS

Mon 6:30-9:00
(310) 645-8316 Karen Ricks
LOS ANGELES, Westchester
Methodist Church, 8065 Emerson

WESTWOOD CO-OP

Thu 7:30-10:20
(310) 202-6166 Beverly Barr
(310) 839-1753 Adele Mortin
WEST L.A., F. Mahood Senior Center,
11338 Santa Monica Blvd.

Non-Federation Clubs

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(714) 893-8127 Carol Maybrier
ANAHEIM, Unitarian Church,
511 S Harbor

BEVERLY BARR DAYTIME CLASS

(310) 202-6166 or (310) 478-4659
Tue 10:45am-12:30 International
BEVERLY HILLS, Roxbury Park
auditorium 471 So. Roxbury

CAFE AMAN

2nd Sat 7:30-11:30. Teach 8:00-8:45
madelyntaylor@hotmail.com
ianprice@hotmail.com
WEST LA, Pacific Arts Center 10469
Santa Monica Blvd

CAL TECH FOLKDANCERS

Tue 7:30
(626) 797-5157 Nancy Mulligan
PASADENA, Throop Mem. Church
300 S. Los Robles

DESERT DANCERS

Tue 7:00-9:00 (Scottish)
Thu 7:15-9:30 (International)
(760) 446-6752 Nora Nuckles
RIDGECREST, Hi Desert Dance
Center 725 S. Gateway St.

DESERT INT'L FOLK DANCERS

Tue 7:30-9:30
(760) 327-8684 Dwight Fine
(760) 342-1297 Helen Smith
PALM SPRINGS, Step By Step Dance
Studio 316 N. Palm Canyon

FOLK DANCE CENTER

Every Evening Call for Schedule.
(619) 281-5656
SAN DIEGO, 4569 30th Street

FOLK DANCE CLASS

Mon 10-11:30am Wed 10:15-11:45am
(310) 652-8706 Tikva Mason
L.A. Robertson Rec Ctr. 1641 Preuss
W HOLLYWOOD West Hollywood
Park, San Vicente at Melrose

ISRAELI DANCING-James Zimmer

Tues 8:00-11:00 Thu 8:00-9:30
(310) 284-3638 James Zimmer
Israelidance@yahoo.com
WEST HILLS, West Valley JCC,
22622 Vanowen ENCINO,
Community Ctr 4935 Balboa

ISRAELI DANCING-Natalie Stern

(818) 343-8009 Natalie Stern
L.A., American Jewish Univ Dance
Studio, 15600 Mulholland Mon
10:00am-11:45 Tue 10:30am-noon
Wed 7:30-10:00 Thu 10:15am-1:05;
L.A. Shaarei Tefila(women only), 7269
Beverly, Mon 6:30-8:00
Tue 1:30-2:30, Wed noon-1:30

ISRAELI DANCING-Yoni Carr

(619) 227-0110 Yoni
NEWPORT BEACH, Avant Garde
Ballroom, 4220 Scott Dr Sun 7:30-12
SAN DIEGO, Jewish Academy, 11860
Carmel Creek Rd. Thu

KAYSO FOLK DANCERS

Fri 9:30am-1:00
(619) 469-7133 Evelyn George
SAN DIEGO, Balboa Park,
Casa del Prado room 206 St

LIFE BALKAN DANCERS

Wed 7:45-10:15
(310) 310-399-2321 Gerda
worldance1@aol.com Sherry
LOS ANGELES, Pacific Arts Center
10469 Santa Monica Blvd.

ROMANIAN, RUSSIAN, INT'L DANCE -Mihai & Alexandru David

Fri 8:00-12:00 (teaching 8:00-9:00)
(818) 613-5259 davmichi8@aol.com
Mihai; (818) 317-2200 Alexandru
WEST I.A., Pacific Arts Center
10469 Santa Monica Blvd.

SAN DIEGO FOLK DANCERS

Mon 7:30-9:30
(858) 571-2730 Kin Ho
SAN DIEGO, Balboa Park Club,
Balboa Park

SAN PEDRO KOLO DANCERS

Mon 7:30-9:30
(310) 832-1074 Pauline Klak
SAN PEDRO, Dalmatian-American
Club, 1639 S Palos Verdes St.

SANTA BARBARA BALKAN FOLK DANCERS

Wed 8:00-10:30
(805) 682-4511 Luis Goena
SANTA BARBARA, Oak Park Stage,
corner Junipero and Calle Real

SANTA MONICA COLLEGE INT'L DANCE CLUB

Tue, Thu 11:15am-12:35
(310) 284-3637 James Zimmer
SANTA MONICA, Santa Monica
College Clock Tower or LS Bldg
1900 Pico Blvd

Club Directory

Federation Clubs

ASTERIA GREEK DANCE CLUB
Thu 8:30 - 11:30
(310) 229-8947 Jerry Savin
West L.A. Pacific Arts Center, 10469
Santa Monica Blvd

BAY OSOS FOLK DANCERS
Tue 1:00-3:00
(805) 534-1501 Anne Tiber
LOS OSOS, South Bay Community
Center, 2180 Palisades Ave,

CABRILLO FOLK DANCERS
Tue 7:00-9:45
(858) 459-1336 Georgina
SAN DIEGO, Balboa Park,
Balboa Park Club

**CONEJO VALLEY
FOLK DANCERS**
Wed 7:30-9:30
(805) 497-1957 Jill Lungren
THOUSAND OAKS, Hillcrest Center,
403 W Hillcrest Dr

ETHNIC EXPRESS
Wed 6:30 closed holidays & August
(702) 732-4871 Richard Killian
LAS VEGAS, Charleston Heights
Art Center, 800 S. Brush St.

FANTASY FOLK DANCE CLUB
Sun 2:00 - 7:00
(626) 757-0168 Andy Lin
ALHAMBRA, Asia Pacific California
Inc, 2121 W. Mission Rd.

**KYPSELI GREEK FOLK
DANCING**
Fri 8:00-11:30
(818) 990-5542 Dalia Miller
PASADENA, Skandia Hall
2031 E. Villa

LAGUNA FOLKDANCERS
Sun 7:00-10:00
(714) 893-8888 Ted Martin
LAGUNA
BEACH, Lang Community Center,
21540 Wesley Dr.

**LAGUANA WOODS INT'L
FOLK DANCE CLUB**
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(949) 768-6120 Florence Kauderer
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

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1st & 3rd Tue 6:00-8:00
(626) 355-9220 John Meursinge
S. PASADENA, Woman's Club,
1424 Fremont Ave.

MULTI ETHNIC DANCERS
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(949) 770-7026 Miriam Kahn
LAGUNA WOODS, Club House 1,
24232 Calle Aragon

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(562) 852-0521 Carol Wall
BELLFLOWER, Woman's Club of
Bellflower, 9402 Oak St.

**PASADENA FOLK DANCE
CO-OP**
Fri 7:45-11:00
(323) 255-3809 Don Krotser
PASADENA, Throop Mem. Church
300 S. Los Robles

RAINBOW SENIOR CLUB
Sun 4:00 - 7:30
(714) 491-1438 James Huang
ALHAMBRA, 210 N. Chapel Ave.

**SAN DIEGO
VINTAGE DANCERS**
Thu 8:00 - 10:00
(858) 622-9924 Mary Jennings
SAN DIEGO, Normal Heights
Methodist Church 4650 Mansfield St.

**SANTA BARBARA
COUNTRY DANCE SOCIETY**
Sun 6:00 Wed 7:30-9:30
(805) 682-1877 Elliott Karpeles
(805) 682-5523 Gary Shapiro
SANTA BARBARA Carrillo Rec Ctr
100 E. Carrillo St (Su); Westside Com-
munity Ctr, 423 W. Victoria St. (W)

**SCANDINAVIAN DANCERS OF
VENTURA & SANTA BARBARA**
Every other Sat 2:00-5:00
(805) 604-9608 Madeleine
SANTA PAULA, Briggs Elementary
School 14438 W. Telegraph

SKANDIA DANCE CLASSES
Mon 7:00-10:00 Wed 7:00-10:00 Call
for others
(714) 893-8888 Ted Martin
(714) 533-3886 Donna Tripp
(310) 827-3618 Sparky Sotcher
ANAHEIM, Downtown Community
Center, 250 E Center (Mon)
CULVER CITY, Lindberg Park,
5401 Rhoda Way (Wed)

**SOLVANG VILLAGE
FOLK DANCERS**
Sat 7:00-10:00
(805) 688-2382 Jean Menzies
SOLVANG, Bethania Lutheran Parish
Hall, 603 Atterdag Rd.

TUESDAY GYPSIES
Tue 7:30-10:30
(310) 390-1069 Millicent Stein
CULVER CITY, Masonic Lodge 9635
Venice Blvd.

VESELO SELO FOLK DANCERS
Sat 7:30-11:00
(562) 941-0069 Nancy Attwood
ANAHEIM, Unitarian Church, 511 S.
Harbor.

VINTAGE ISRAELI DANCING
1 Sat per month confirm 8:15 - 12:00
(818) 990-8925 Louis
dovbyrd@aol.com
SHERMAN OAKS, Anisa's School
of Dance, 14252 Ventura Blvd.

**WEST LOS ANGELES
FOLK DANCERS**
Mon 7:45-10:30 Fri 7:45-10:30
(310) 202-6166 Beverly Barr
WEST L.A., Brockton School
1309 Armacost Ave.



Folk Dance Scene

Volume 45, No. 2
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Editors' Corner

A new internet experience for us with this issue. Pat joined Facebook to network with Bhangra dancers in Los Angeles. One did volunteer to be interviewed by email for the cover story, but, alas, no reply by the publication deadline. So the information is not first hand, but gathered from internet sources and fellow Pasadena Co-op member, Marc Rayman.

Enrich Your Dance, by Richard Duree, is a reflection on being a dancer. We recommended it as valid and valuable for your attention.

Ethnic food featured to accompany the cover story is, deliciously, Indian.

Don't miss the scholarship application on page 21. The deadline for submission is April 5.

Be of good cheer!

- Pat Cross and Don Krotser

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Federation Corner



The Scene Committee of the last ten years is shown in the above photo. From top left to right current members are: Rich Duree, who writes interesting and varied articles, the Alexanders, Gerri (Calender), and Bob (Marketing), the Michtoms, Jill (On The Scene) and Jay (Coordinator), Forrest Gilmore (Business Manager), Don Krotser and Pat Cross (Layout and Design Editors), Gerda Ben-Zeev (Business Manager), Sandy Helperin (Circulation; she also writes the food and Dancers Speak), and Beverly and Irwin Barr (Advertising-info & payment). Not pictured are Steve Himel (Club Directory), and Laurette Carlson (Proof Reading Editor), and Lou Pechi, who still sends us his interesting and fun articles from San Diego.

It's taken all these people to do the work done previously by Teri Hoffman and Marvin Smith, but Folk Dance Scene lives on. Fortunately, most of the work is done electronically. We meet as a group rarely, to talk, plan, and eat; and magically it all gets done.

We would love to have you readers send in articles of folk dance interest, and thoughts you might have and wish to share. Especially check out Dancers Speak and write your views. Is there anything you'd like to see in Scene?

- Jill Michtom



Bhangra

BHANGRA

"Oh, ah, oh, ah" echoes through the hall as we dance *Bhangra*; but ours is just one of many dances that are included in the term "Bhangra". The birthplace of Bhangra is the Punjab, a region extending over part of Northern India and Northeastern Pakistan. While Bhangra historians speculate the dance may have originated in the time of the wars with Alexander (300 BC), no one is sure it existed until about five hundred years ago. Around the 14th or 15th Century, Punjabi wheat farmers danced and sang songs about village life to help pass the time while working in the fields. With time, these became part of harvest celebrations at Bhaishakhi (April 13) festivals, as the sight of their crops growing invigorated the farmers. The dance usually shows strength and muscle and is lively and joyful. The Punjab culture, from which the dance arose, expresses no connotations of sexuality, as is sometimes mistakenly believed. From its beginning, the dance quickly moved through all divisions of class and education, eventually becoming a part of weddings, New Year parties, and other important occasions.



The Many Sub-Dances of Bhangra

Bhangra has developed as a combination of dances from different parts of the Punjab region. The term "Bhangra" now refers to several kinds of dances and arts, including *Jhumar*, *Luddi*, *Giddha*, *Julli*, *Daankara*, *Dhamal*, *Saami*, *Kikli*, and *Gatka*.

Jhumar, originally from Sandalbar, Punjab, comprises an important part of Punjab folk heritage. It is a graceful dance, based on a specific *Jhumar* rhythm. Dancers circle around a drum player while singing a soft chorus.

A person performing the *Luddi* dance places one hand behind his head and the other in front of his face, while swaying his head and arms. He typically wears a plain loose shirt and sways in a snake-like manner. Like a *Jhumar* dancer, the *Luddi* dancer moves around a dhol player.

Women have a different but equally exuberant dance called *Giddha*. The dancers enact verses called *bolis*, representing a wide variety of subjects - everything from arguments with a sister-in-law to political affairs. The rhythm of the dance depends not only on the drums, but also on the handclaps of the dancers.

Julli is a dance associated with Muslim holy men called *pirs* and is generally performed in their hermitages. Typically the dancers dress all in black, and perform *Julli* in a sitting posture, but it is sometimes also done around the grave of a teacher. *Julli* is unique in that one person, alone, can perform the dance if he so desires.

Daankara is a dance of celebration, typically performed at weddings. Two men, each holding colorful staves, dance around each other in a circle while tapping their sticks together in rhythm with the drums.

Dancers also form a circle while performing *Dhamal*. They hold their arms high, shake their shoulders and heads, and yell and scream. *Dhamal* is a true folk-dance, representing the heart of Bhangra.

Women of the Sandalbar region traditionally are known for the *Saami*. The dancers dress in brightly colored kurtas and full flowing skirts called lehengas.

Like *Daankara*, *Kikli* features pairs of dancers, this time women. The dancers cross their arms, hold each other's hands, and whirl around singing folk songs. Occasionally four girls join hands to perform this dance.

Gatka is a Sikh martial art in which people use swords, sticks, daggers or other weapons. Historians believe that the sixth Sikh guru started the art of *gatka* after the martyrdom of the fifth guru Guru Arjan Dev. Wherever there is a large Khalsa Sikh population, there will be *Gatka* participants, often including small children and adults. These participants usually perform *Gatka* on special Punjabi holidays.

In addition to these different dances, a Bhangra performance typically contains many energetic stunts.

Dancers Speak

LET'S DANCE!

Monday afternoons I lead a group of folk dancers in Leisure Village, Camarillo. We are a "family," of dancers, actually, and can prove it! We have our own family photo album! I often wear something folk dance related or "folkish" on Mondays, and so I did 2 weeks ago. It was a white T-shirt, some of you may have seen me wear, with the figure of a beautiful dancer holding a kerchief, and the words, "Let's Dance." I found the shirt at the Stockton Folk Dance Camp's rummage sale. It is a best-loved find!

After dance that day, on my way home, I stopped for the lowest priced gasoline in the area, and seeing a Trader Joe's nearby, decided to pick up a few items.

As I approached the dairy case, a gentleman stopped in his tracks and stared at me. He pointed his finger at my T-shirt and said, "That's my daughter!"

WHOA!

I know some of you Southern California dancers know about this T-shirt, because my dear friend Stephanie (Johnson) knew the whole deal! I started to tell her this story Tuesday after dancing at **Tuesday Gypsies**, and she ran with it, just after hearing the tiny bit of introductory info, and gave me the whole history of the shirt!

Okay, back to Trader Joe's.... I reach out my hand to introduce myself, and, of course, my name means nothing to him, but when he says, "Metcalf," I ask, "Walt?" Yep. 'Twas he! And he was, I think, surprised I knew his name.

What are the odds, I wonder?

Just the week before, (as **Beverly Barr**, **Steve Himel** and I were talking after the Winter Festival about past Statewides in Ventura,) his name came up (and I, uncharacteristically, remembered it!). Then I meet him in a place I have never before been, (I have my own Trader Joe's), wearing a shirt with his daughter's image?

He didn't tell me, but Stephanie did: his daughter's name is Vicki, my dear sister's name.

I will wear this shirt until it is truly unacceptable in public! I am grateful for those wild and fun coincidences life brings! This shirt's story and personal meaning will live in my heart forever. I just LOVE that I can also share it with you, my folk dance friends.

- Valerie Daley

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Quote of the Month

Since we are highlighting dance of India this month the quote is from Jiddu Krishnamurti.

Jiddu Krishnamurti was born in 1895, in what was then colonial India, and became a writer and speaker on philosophical and spiritual subjects. As a young man, "He claimed allegiance to no nationality, caste, religion, or philosophy, and spent the rest of his life traveling the world as an individual speaker, speaking to large and small groups, as well as with interested individuals."

At age 90, he addressed the United Nations on the subject of peace and awareness, and was awarded the 1984 UN Peace Medal. His last public talk was in Madras, India, in January 1986, a month before his death at home in Ojai, California.

"You must understand the whole of life, not just one little part of it. That is why you must read, that is why you must look at the skies, that is why you must sing, and dance, and write poems, and suffer, and understand, for all that is life".- Krishnamurti

Question of the month:

How does folk dance inform you of other aspects of life? When you dance, does it make a difference to you if you know the story behind the dance, if you have had a translation of the words of the dance? Or, does the music provide the mood for you to compose your own story for the dance? Is your imagination as good or better than the "real story" of the dance?

- Sandy Helperin

DANCING WITH TWO LEFT FEET (42)



Last month I left off at the Balkan Dancing 101 at University of California in San Diego and I will continue with my folk dance rambling throughout Southern California.

The UCSD class eventually morphed into a regular dance group and we continued dancing there until we moved up to San Jose several years later. We joined the group at the San Jose State College and continued our quest to learn more and more of our favorite Balkan dances. **Trink**, a precocious sixteen year old girl, taught and led the

group. I don't remember many teachers from that time, and only **Tom Bozgian** remains vividly in my memory as a real dance task master. He came up several times to teach us Armenian dances that were a bit different from the dances we normally did at that time. Tom had a habit of shouting in Armenian as we danced: *Ach* (Right), *Tsah* (Left), and *Meg, Yergu, Yereg, Chor* (one, two, three, four) as we danced. So besides learning the dances, I learned a few words in Armenian as well.

About that time **Marcus (Holt) Moskoff** returned from Bulgaria and started a performing group in Saratoga. We met every Sunday afternoon for a rigorous five hour afternoon that started with an hour of cultural lectures, followed by a limbering hour, and several hours of rehearsals. Sweat dripping from our bodies we were too tired to even eat our supper. After months of training, and mastering the many dance routines, we started to prepare our costumes. I still have the long red sash I sewed on my daughter's sewing machine. One Sunday Marcus did not show up and we went through our dances, valiantly saying to ourselves that we can do it even if Marcus did not show up. Our opportunity for glory vanished and the group fell apart as Marcus disappeared into thin air. I met Marcus, years later in Los Angeles, when he was playing the *gadulka* in **Mitko Konstantinof's** Bulgarian band.

I am not sure if it was before or after the breakout of Marcus's group that we heard that a Serbian teacher **Ciga Despotovic** was giving a class at UC Santa Cruz. We hopped into our car and drove the numerous curves up to realize that this was a master class, which we definitely did not fit in. We joined anyway. One of the dances required that you tilt your head from shoulder to shoulder as you hopped to the right and then to the left. My wife and I did just that, however on the wrong leg and we bumped our heads hard emitting a dull thud. I can still see Ciga's expression as he turned around to see what happened.

Soon after we moved to Irvine, where our dancing continued and my folk dance rambling will continue as well in one of my next DW2LF articles.

- Lou Pechi

The most popular stunt is called the moor, or peacock, in which a dancer sits on someone's shoulders, while another person hangs from his torso by his legs. Two-person towers, pyramids, and various spinning stunts are also popular.

Bhangra Costumes

Traditionally, men wear a *lungi* while doing Bhangra. A lungi is a colorful piece of cloth wrapped around the waist. Men also wear a kurta, which is a long Punjabi-style shirt. In addition, men wear Bhugaris - also known as turbans - to cover their heads.

Women wear the traditional Punjabi dress, *salvar kameez*. A *salvar kameez* is composed of a long colorful shirt and baggy, vibrant pants. Women also wear *duppattas*, colorful pieces of cloth wrapped around the neck. Many Bhangra songs make references to the *duppatta*.

Bhangra Instruments

Many different Punjabi instruments contribute to the sound of Bhangra. Although the most important instrument is the *dhol* drum, Bhangra also features a variety of string and percussion instruments.

The primary and most important instrument that defines Bhangra is the *dhol*. The *dhol* is a large, high-bass drum, played by beating it with two sticks. The width of a *dhol* skin is about fifteen inches in general, and the *dhol* player holds his instrument with a strap around his neck.



The string instruments include the *tumbi*, *sarangi*, *sapera*, *supp*, and *chimta*. The *dhad*, *dholki*, and *damru* are the other drums. The *tumbi*, famously mastered by **Amar Singh Chamkila**, a famous Punjabi singer, is a high-tone, single-string instrument. Although it has only one string, mastering the *tumbi* takes many years. The *sarangi* is a

multi-stringed instrument, somewhat similar to the violin. The *sapera* produces a beautiful, high-pitched stringy beat, while the *supp* and *chimta* add extra, light sound to Bhangra music. Finally, the *dhad*, *dholki*, and *damru* are instruments that produce more drum beats, but with much less bass than the *dhol* drum.

Bhangra Lyrics

Bhangra lyrics, always sung in the Punjabi language, generally cover social issues such as love, relationships, alcohol, dancing, and marriage. Additionally, there are countless Bhangra songs devoted to Punjabi pride themes and Punjabi heroes. The lyrics are tributes to the rich cultural traditions of the Punjabis. In particular, many Bhangra tracts have been written about Udham Singh and Bhagat Singh. Less serious topics include beautiful ladies with their colorful *duppattas*, and dancing and drinking in the fields of the Punjab.

Bhangra singers do not sing in the same tone of voice as their Southeast Asian counterparts. Rather, they employ a high, energetic tone. Singing fiercely, and with great pride, they typically add nonsensical, random noises to their singing. Likewise, often people dancing to Bhangra will yell phrases such as "Hey hey hey," "Balle balle," or "Hey aripa" to the music.

Bhangra Today

Bhangra has come a long way in the 20th Century and has recently taken the entertainment industry by storm. In the 1970s and 1980s, many Punjabi singers from Southeast Asia and the United Kingdom emerged, setting the stage for Bhangra to become a hot new trend in dance music. Modern Bhangra artists, in addition to recording and performing traditional Bhangra, have also fused Bhangra with other music genres, such as hip-hop, reggae, house, and drum-and-bass.

Bhangra Competitions

Bhangra competitions have been held in the Punjab for many decades. However, now universities and other organizations have begun to hold annual Bhangra dance competitions in many of the main cities of the United States, Canada, and England. At these competitions, young Punjabis, other South Asians, and people with no South Asian background compete for money and trophies. In the West, unlike the Punjab, there is less emphasis on traditional Bhangra moves, but rather more focus on a general look of the dance; for example, many teams at these competitions perform several hip-hop moves. This synergy of the Bhangra dance with other cultures parallels the music's fusion with different genres. University competitions have experienced an explosion in

Bhangra

popularity over the last three years and help to promote the dance and music in mainstream culture.

If you would like a firsthand experience, SoCal Bhangra is hosting a competition on March 7 at the Wilshire theatre in Beverly Hills. Teams from the US and Canada will be competing. The event starts at 5:30 and tickets are available through the website: www.socalbhangra.com.

Conclusion

Beginning as a form of lively folk music performed at harvests in the Punjab, Bhangra has evolved remarkably over the past five hundred years. The music now fully represents the culture of the Punjab region, and the struggles of its people in their long and storied history. Moreover, the music still evolves today, incorporating elements of many different kinds of music from around the world, while still existing in its traditional form. Thanks to this diversification, Bhangra now reaches a larger audience than ever, all over the world.

Thanks to Marc Rayman, Wikipedia, and Punjabi Online for the information used in this article.

WORDS TO BHANGRA SONG

Bhangra was taught at the Pasadena Co-op by Marc and Jan Rayman. In preparing to teach, Marc did some research on the dance and the music we use. Here are the results of his research into the music:

Our Bhangra song is "Nach Leh," which means, quite appropriately, "Dance." It is sung in a village at a wedding by an older brother of the groom. (The groom's name is Nirmal.) The singer is encouraging the wife of still another older brother to join in the dance celebration for the younger brother, but she is hesitant in front of the men. This is a rough translation, with some additional notes in square brackets:

Dance, dance, dance, dance, dance,
Oh dance, ah dance, sister-in-law dance with the younger brother,
Today is the day of my brother's wedding.
Hoy [this is an exclamation, like ah or ooh] dance,
come dance, I say dance.
Today is my brother's wedding

Hoi, sweets, hi sweets, I say sweets,
Distribute sweets in the village.

Today is my brother's wedding

Oh dance, ah dance, sister-in-law dance.

Today is my brother's wedding

Please get up once and do this dance step.
When I am here, why do you have this hesitation?
Nobody would dare say anything, when I support you.
Sister-in-law dance, come dance.

With the stroke of feet, impress the world around.
The dance is powerful and would put life in the dead.
Call four men who are going to help in the wedding [they will carry the bride that evening in a traditional, ceremonial wooden structure].
Sister-in-law dance, you dance with the younger brother.
Today is my brother's wedding.

The whole community will appreciate your dance.
There is nobody who can perform better than you,
With your beautiful henna painted legs dance the first steps,
sister-in-law dance, aha dance, you should dance.
Today is my brother's wedding.

This wedding day is not going to come again,
This younger brother will not get married in the future.
Please honor Nirmal's request,
sister-in-law, please dance with this younger brother.
Today is my brother's wedding.

Sister-in-law dance, you should dance with this brother.
Today is my brother's wedding.



Stockton Folk Dance Camp (continued)

You may choose from dance classes with the master teachers; afternoon workshops; dances for all ages; and/or a daily cultural assembly with knowledgeable speakers. Each evening you may review the day's material; and attend a late night dance coffee house. Each week there are special activities, such as the auction; talent show; and theme parties. All dances are on wood floors in air-conditioned venues. Vendors provide folk items and music for purchase. A fully researched dance syllabus will be available from our website. A DVD of the dances presented at camp will be available for purchase/order at camp.

The Lawton Harris Folk Dance Collection located at the University of the Pacific is one of the largest folk dance research libraries in the nation, containing dance descriptions, hardbound books, records, CD's, and videos for extensive dance research

Scholarships are available — application forms available on our website www.folkdancecamp.org. Or contact Bobi Ashley, P.O. Box 2482, Redmond, OR (541) 977-4328 Deadline for application is May 1.

University Extension Credit is available for an additional fee. Let us know if you are interested.

Questions? Ask Jan (530) 474-3231 or jmwright32@frontiernet.net

REGISTRATION FORM – 2009

Name(s) _____ Address _____
City _____ State _____ Zip (or postal) Code _____ Country (if not USA) _____
Phone _____ E-mail _____ Gender (M/F) _____ Age, if under 18 _____
Roommate preference (for shared room) _____ This will be my _____ year at Folk Dance Camp
I will attend (check one): 1st Week (7/26-8/1) 2nd Week (8/2-8/8) Both Weeks (7/26-8/8)
 A: \$415 Commuter Camper (tuition only) C: \$850 Tuition, private room and all meals
 B: \$775 Tuition, shared room and all meals Add a \$10 per week linen fee, or I'll bring my own linens
Enclosed is my deposit of \$ _____ (\$75 per person per week due now, with an additional \$225 per week due by May 15)
No deposit refunds after May 15, unless your position is filled by a person on the waiting list.
Make checks payable to: FOLK DANCE CAMP – or you may charge the amount to your Visa or Master Card:
Card No _____ Exp. Date _____ Amount to charge: _____
Name as it appears on card: _____ Signature _____

Return Registration Form to:
Folk Dance Camp
Attention Jan Wright
36676 Viola Meadows Court
Shingletown, CA 96088

(OR register online through our website: www.folkdancecamp.org)

Stockton Folk Dance Camp

First Week: July 26 - August 1, 2009

Second Week: August 2 - 8, 2009

Daily dance classes held in air-conditioned rooms with springy wood floors. All activities are held on the beautiful campus of the University of the Pacific in Stockton, California.

Outstanding teaching faculty: **Yves Moreau**, Bulgarian, **Roberto Bagnoli** – Italian, **Bruce Hamilton** – English, **Jerry Helt** – American Squares and Contrás, **Zeljko Jergan** – Croatian, **Roo Lester** – Scandinavian, **Lee Otterholt** – Balkan, and **France Bourque-Moreau** – French Canadian dance workshop,

Live music by the fantastic band, **Chubritza**. Daily ensemble classes for those who want to sing and play along with the band. Bring your instruments if you want to play.



Enjoy seven days of dancing with dance masters from around the world at the University of the Pacific Campus, Stockton, California. From your arrival Sunday evening to the after party the following Saturday night, you will experience a week of folk dance, folklore, and music. Although the teaching schedule is the same each week, the experiences are different. **Saturday night party theme first week – Italian; second week – Balkan.** Wednesday night party theme – French Canadian. Come both weeks to take it all in.

Review the dances you learned in Wednesday and Saturday review sessions and at Once Over Lightly. Dance the night away at the fabulous after parties. Have fun dancing on the lawn at the lawn parties. Dance some of your old favorites every evening and at the Sunday, Wednesday, and Saturday night parties.

Slip away to the **Lawton Harris Library** to review videotapes, copy dance notes, and even the music for that wonderful dance your group has been trying to reconstruct this year. The library is a wonderful resource for dance researchers.

SPRING FESTIVAL

March 20-22, 2009

International House, 1414 E 59th St, Chicago, IL 60637
(Hyde Park / University of Chicago)

Dance and Music of Eastern Europe and the Mediterranean

FRIDAY, 8:00 pm - midnight,

Workshop & Party, \$10/\$15/\$20

Music by **James Stoyanoff & Čalgija Orchestra**

SATURDAY, 6:00 pm - 1:00 am, \$25/30/40

DINNER, CONCERT, & DANCE PARTY with

Ljupčo Milenkovski Orchestra, Orchestra Muzika4U,

Balkanske Igre, Goce Delčev, Horo, Soko, Wici, et al

FREE for 5 years & under, 1/2 price 6-12 yrs

SATURDAY & SUNDAY, 9:00 am – 5:00 pm

Workshops in Bulgarian, Macedonian, Rrom, & Turkish Dances with

Nina Kavardjikova, Atanas Kolarovski,

Ahmet Lüleci, & Šani Rifati

Music Workshops with

Chris Bajmakovich, Ljupčo Milenkovski, James Stoyanoff, & others

\$8/10/12 per workshop (weekend pass available)

Info/Reservations: 773/ 324-1247 or 847/ 331-7842

<http://www.chicagospringfestival.org>

balkanske_igre@yahoo.com

Balkanske Igre, PO Box 1157, Chicago, IL 60690

Cosponsored by CEERES, the International House, and Ensemble Balkanske Igre

Calendar

Note: Federation Dance Events are in Bold.

CALL TO CONFIRM ALL EVENTS

MARCH

7, 8 *The LA County Irish Fair Music Festival*, at the Pomona Fairplex.

14 *Cafe Aman*, 7:30 pm - 11:30, at The Pacific Arts Center- 10469 Santa Monica Blvd. West Los Angeles. Info: Mady, madelyntaylor@hotmail.com or Ian Price: ianpricebey@hotmail.com.

15 *An Evening of Traditional Macedonian Song Dance* with singer, Dragi Spasovski accompanied by the Mehanatones, with Laguna Folkdancers. Sunday, 7:00, at Clubhouse 1, Laguna Woods. See OTS & ad. Info: (714) 893-8888 or (949) 673-4322.

16 **St. Patrick's Day Party, Monday, 7:30 at Brockton School, 1309 Armacost Ave., West L.A. All-request program; wear your green & bring potluck snack. Info: Beverly (310) 202-6166, (310) 478-4659 or dancingbarrs@yahoo.com.**

20-22 *Mt. Baldy Dance Weekend*, Fri.-Sun. 10th annual rustic weekend of Contra Dancing, at Sierra Club Harwood Lodge in San Gabriel Mtns. Info: Lynn Ricketts (310) 663-9627 or lynn.ricketts@yahoo.co.

26 **Daniela Ivanova, Singer, dancer, teacher, at Westwood Co-Op, Thursday, 7:30 at Felicia Mahood Sr. Ctr, 11338 Santa Monica Blvd., West L.A. Info: (310) 202-6166 or (310) 478-4659.**

27 **Daniela Ivanova, at West Valley Folk Dancers, Friday, 7:30 at Canoga Park Senior Center, 7326 Jordan Ave., Canoga Park. Info: Jay (818) 368-1957.**

28 **Daniela Ivanova, Saturday, 7:30-10:30, at Veselo Selo, Anaheim Unitarian Church, 511 So. Harbor. Info: Phyllis (714) 738-8008 or Lu (714) 828-2581.**

29 **Westwood Co-Operative Folk Dancers' Spring Festival, Sunday, 1:30-5:30 at Veterans Auditorium, Culver City. Free. 6:00 Afterparty at Felicia Mahood Sr. Ctr., advance reservations necessary. See OTS and ad. Info: Beverly (310) 202-6166 or (310) 478-4659.**

30 *Daniela Ivanova*, 7:30 at San Pedro Kolo Dancers, Dalmatian-American Club, 17th & So. Palos Verdes St. Info: (310) 832-1074.

APRIL

1 *Daniela Ivanova* teaching Bulgarian dances at Santa Barbara Balkan FD. 8:00 at Oak Park. Info: Luis, (805) 682-4511.

3 **April Fool's Day Party, Friday, 7:30, at Brockton School, 1309 Armacost Ave., West L.A. All-request program, potluck table. Info: Beverly (310) 202-6166, (310) 478-4659 or dancingbarrs@yahoo.com.**

17-19 **Westwood Co-op's Weekend at Camp Hess Kramer, Friday, 4/17 thru Sunday, 4/19. See OTS. Info: Sandy (310) 391-7382**

18-19 *Scandinavian Festival*, 10:00-5:00, at California Lutheran University, 60 W. Olsen Road, Thousand Oaks. Info: (805) 241-1051 or www.callutheran.edu/scancenter.

MAY

The Duquesne University Tamburitzans perform:
13 Wed., Las Vegas, NV, 7:00 at Sun City Summerlin, Starbright Theatre (90 min. show). Info: Melissa Spina (702) 242-4153.

14 Thurs., Las Vegas, NV, 7:00 at Summerlin Library & Performing Arts Center. Info: D.U. Tamburitzans (877) 826-6457.

15 Fri., El Cajon, CA, East County Performing Arts Center, 7:30. Info: M/M Virgil Barbat (858) 273-8203.

16 Sat., Anaheim, CA, 7:00 at Servite High School. Info: Don Knapp (714) 832-7470 or Steve Kopko (714) 996-4313.

17 Sun., San Pedro, CA, 2:00 at Dalmatian-American Club, Info: Mr. Gojko Spralja, (310) 831-9306.

18 Mon., Fontana, CA, 7:30 at Fontana High School Auditorium. Info: Dr. Wayne Ruble (909) 823-4366.

17 *Topanga Banjo Fiddle Contest & Folk Festival*, Sunday, 9:00-6:00, at Paramount Movie Ranch, Agoura. See OTS. Info: (818) 382-4819 or info@topangabanjofiddle.org.

22-25 **Dance with the Dolphins, Statewide Folk Dance Festival at Balboa Park Club, San Diego. Teachers: Yuliyana Yordanov - Bulgarian, & Viviana Enrique Acosta - Mexican couple dances. Info: www.statewidefolkdance.com.**

NORTHERN CALIFORNIA

3/7 *Greek Dance with Turlu*, Saturday, 8:00 - 11:00 at St. Gregory Church, 500 DeHaro Street, Potrero Hill, SF. Info: Mary Ann at makaronis@earthlink.net.

3/13-15 *Camellia International Folk Dance Festival* at CSU Sacramento. Teachers: Atanas Kolarovski & Jerry Duke. Info: www.folkdance.com/sacramentocouncil/SB09.htm

FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH

SCHOLARSHIP APPLICATION FORM

Purpose of the Scholarship Program: The FDFC,S has formed the Scholarship Program to: 1) develop potential folk dance teachers and leaders; 2) develop potential folk musicians; and 3) recognize individuals for service to and active participation in the folk dance community.

ELIGIBILITY FOR CONSIDERATION: The following criteria have been established for eligibility and consideration for scholarship awards. The applicant: 1) must be a member of a Federation club or be recommended (sponsored) by an officer of the Federation; and 2) must not have received an FDFC,S scholarship within the past three years.

AMOUNT OF SCHOLARSHIP AWARDS: A limited number of scholarships will be awarded, based on available funds.

NAME _____ PHONE _____

ADDRESS _____

CAMP FOR WHICH YOU ARE APPLYING _____

PREVIOUS FOLK DANCE CAMPS ATTENDED _____

PREVIOUS FDFC,S SCHOLARSHIPS RECEIVED _____

AFFILIATION OR NAME AND SIGNATURE OF SPONSOR _____

Describe your folk dance "career". On a separate page describe your: 1) folk dance experience (provide dates and locations); 2) music experience (if any); 3) activities, services, contributions to your club or the Federation; 4) offices held; 5) areas of expertise (teaching, research, countries studied, etc.; and 6) plans for future folk dance activities or service.

Send or e-mail (preferable) application to Laura Bremer, 21691 Johnstone Drive, Lake Forest, CA 92630. E-mail: laura@cnlbremer.com. Contact Laura if you have any questions. Telephone (949) 586-2044.

DEADLINE: April 5, 2009. Scholarship winners will be notified by April 26, 2009.

NOTE: If you do not get confirmation by mail or email from Laura, please contact her to make sure she received your application. Thank you.

INDIAN RECIPES

Easy Indian Samosas

- 5 - 6 waxy potatoes, peeled and diced finely
- 2 teaspoons grated fresh ginger
- 2 -3 tablespoons olive oil or butter
- 2 teaspoons cumin seeds
- 1 teaspoon curry powder
- 1/2 teaspoon garam masala (Indian spices)
- 1/2 cup raisins
- 1 cup baby peas
- 1/2 cup cilantro
- 3 finely sliced green onions

Puff pastry (Trader Joe's has frozen puff pastry that needs no rolling out and is easy to work with)

Remove the puff pastry from the freezer.

Heat oil in a large frying pan, and add the ginger, cumin seeds, curry powder and garam masala, frying until fragrant, about 1 minute. Add the potatoes and a few tablespoons of water, and cook over medium heat, until tender. Add the raisins, peas, cilantro and green onions. Stir well and set aside.

Preheat the oven to 400 degrees. Cut the puff pastry into squares, either large or small, and fill each square as full as you can while still being able to seal the dough. Fold into triangles and press the edges to seal (do not use an egg wash or they will not stay closed) and place on a baking sheet lined with parchment paper. Bake in the hot oven until browned and puffed.

Serve with yogurt and chutney.



Sweet Tamarind Chutney

- 5 - 6 tamarind pods
- 1 cup water
- 1/4 cup Indian style dark brown sugar (which is called gurd - sold in cone-shaped, solid pieces.)
- 1 teaspoon each coriander seeds, cumin seeds, and anise seeds
- 1/4 - 1/2 teaspoon chili powder
- 1/2 teaspoon salt

Boil the tamarind in the water for about 15 minutes, cool enough to peel, saving the water. Discard the seeds and strain the pulp. Return the pulp to the pot and simmer, stirring, until thick. Add the sugar, and cook until the sugar has melted. In a pan, toast the seeds being careful not to burn them. Cool completely and grind them. (A coffee grinder or spice grinder works well). Stir the spices into the tamarind along with the salt and chili powder.

This recipe was adapted from a 2004 Gourmet Magazine recipe



Indian Tea

There are many variations of tea recipes, depending on personal taste as well as depending on what part of India you are from. Some are quite spicy, especially from the southern part of India. I have two favorites. In the morning I add fresh lemon grass to the water, and in the afternoon, I add one pod of cardamom. The lemon grass has a nice, fresh flavor and the cardamom makes the tea smooth and relaxing.

- Indian black tea
- Water
- Sugar
- Milk
- Optional: Lemon grass or cardamom pods

For two cups of tea, place about 8 ounces of water in a pot. You can add either approximately eight inches of lemon grass, cut into pieces, or one cardamom pod, crushed open, along with the seeds, into the pot. Bring to a boil and simmer for a minute. Add a heaping teaspoon of tea and simmer for another minute or two. Add three large teaspoons of sugar, stirring to dissolve. Add about a third of a cup of milk. Cook over fairly high heat until frothy. Strain and serve.

- Sandy Helperin

6/20-27 *Mendocino Folklore Camp*, International dance & music workshops. See OTS. Info: (415) 225-9956 or www.mendocinofolklore.com or rucenica@sbcglobal.net.

6/27-7/4 *Mendocino Woodlands Balkan Music & Dance Workshops* (West Coast), Mendocino. Info: (510) 547-1118 or office@eefc.org.

7/16-19 *California WorldFest* at Grass Valley Fairgrounds. Info: (530) 891-4098 or www.worldfest.net.

7/26-8/1 & 8/2-8 *Stockton Folk Dance Camp*. Teachers: Roberto Bagnoli, Jerry Helt, Zeljko Jergan, Roo Lester, Yves Moreau, Lee Otterholt, France Bourque-Moreau. Live Music by Chubritza.
7/31-8/8 *Lark Camp* - Celebration of World Music, Song & Dance at Mendocino Woodlands Redwoods, CA. Info: www.larkcamp.com.

COLORADO

4/16-19 *National Folk Organization Conference*, at YMCA of the Rockies, Denver. Info: (801) 485-5824 or kstjohn@burgoyne.com.

5/8-10 *Romanian Workshop*, with Sonia Dion and Cristian Florescu. Boulder. Info: (303) 449-2381.

ILLINOIS

3/20-22 *Spring Festival* at International House, 1414 E. 59th St., Chicago. Teachers: Nina Kavardjikova, Bulgarian; Atanas Kolarovski, Macedonian; Ahmet Luleci, Turkish; Sani Rifati, Rom. See ad. Info: (773) 324-1247 or balkanskeigre@yahoo.com.

MASSACHUSETTS

3/7 *Boston Playford Ball*, Saturday, 8:00 to midnight, at Perkins School for the Blind, 175 No. Beacon St., Watertown. Info: Deb Karl (617) 721-0600 or www.cds-boston.org.

MISSOURI

4/4-5/3 *WorldFest*, America's largest International Festival, Branson. Performance groups from throughout the world representing their traditional music, dance & culture. Info: www.bransonsilverdollarcity.com.

4/29-5/7 *A Trip to Branson* with Beverly & Irwin Barr. See OTS or call Beverly (310) 202-6166 or (310) 478-4659.

MONTANA

7-2009 & 2010 *National Folk Festival* in Butte, MT. Info: www.nationalfolkfestival.com.

NEW YORK

3/20-22 *Tri-City Folk Dancers Present Yves & France Moreau*, workshop of Balkan & other dances at Schenectady, NY Info: Bob (518) 452-1154, Donontreble@aol.com, www.tri-cityfolk dancers.org.

8/8-15 *Iroquois Springs Balkan Music & Dance Workshops* (East Coast), Rock Hill, New York. Info: www.eefc.org.

NORTH CAROLINA

7/12-18 *Celtic Week* at The Swannanoa Gathering, Warren Wilson College, Asheville, NC. Info: (828) 298-3434 or gathering@warren-wilson.edu.

TEXAS

3/13-15 *San Antonio Folk Dance Festival*. Teachers: Lee Otterholt, Sandy Starkman, George Fogg, Andy Taylor-Blenis. Info: Nelda Drury (210) 342-2905 or www.SAFDF.org.

WASHINGTON

4/17-18 *Workshop with Greenlake Folkdancers*, in Seattle. Teacher: Yuliyana Yordanov. Info: Steve Bard (425) 883-0332 or www.ratchentitza.com.

FOREIGN

ARMENIA

4/28-5/8 *Dance Tour To Armenia*. Info: www.tinekevangeel.nl or info@tinekevangeel.nl.

BALKANS

8/2-15 *Balkan Journey!* Albania, Macedonia, Greece, Bulgaria! Led by Jim Gold. Info: (201) 836-0362 or www.jimgold.com.

BULGARIA

5/1-3 *International Folklore Festival*, Sofia. Info: www.folklorefestivals.com/eng/default.aspx.

5/2-20 *Stra Planina Fest "Balkan Folk 2009"*, Veliko Tarnovo, www.folklorefestivals.com/eng/default.aspx

7/26-8/1 *Bulgarian Folk Music & Dance Seminar* at Academy of Music, Dance & Fine Arts, Plovdiv. Info: Larry Weiner (301) 565-0539, www.folkseminarplovdiv.com or larry@larryweiner.com.

8-2010 *Koprivshitsa Festival Tour!* Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshitsa. This colorful, unforgettable, mountain-top Folk Festival is held

Calendar

once every 5 years. Led by Jim Gold. Info: (201) 836-0362 or www.jimgold.com.

FOUR COUNTRIES

7/6-7/22 *Four Countries Folk Dance Cruise (Ukraine, Romania, Bulgaria, & Turkey)* Dancing led by Lee Otterholt. Info: Mel Mann c/o Berkeley Travel, 1301 California St., Berkeley, CA 94703, (510) 526-4033, or meldancing@aol.com.

CANADA

3-14-16 *Weekend of Turkish Dance Workshops* with Ahmet Luleci at Churchill Park United Church, 525 Beresford Ave. Winnipeg, Canada. Info: prolog@mts.net.

5/1-3 *Salt Spring Island Folk Dance Festival.*, B. C. Teachers: Cristian Florescu & Sonia Dion (Romanian), Hilde Otterholt (Hawaiian Hula). Info: Rosemarie@keough-art.com.

CENTRAL ASIA & CHINA

2009 *Cultural Folk Tours Int'l*. Bora will be leading various tours of Central Asia & China. Info: (800) 935-8875, www.culturalfolktours.com or tourinfo@boraozkok.com.

EGYPT

6/24-7/8 *Dance Tour to Egypt*, 2 weeks into the magic of Middle Eastern music & dance in its own home. Info: hala@haladance.com.

GREECE

4/9-24 *Greece, the Greek Islands & Greek Easter!* Athens, Olympia, Delphi, Meteora & Mycenae. Greek Island Cruise to Mykonos, Crete, Rhodes, Patmos, Ephesus & Santorini. Led by Lee Otterholt. Info: (201) 836-0362.

4/18-26 *Easter Seminar of traditional Greek Dances of the Islands & Asia Minor - Cappadocia on the beautiful island of Ikaria in the Aegean Sea.* Info: Christiana christianakatsarou@hotmail.com, Caroline carolinesimmonds@hotmail.com.

7/4-15 *Second Meeting On Dances From Asia Minor!* Twelve days in the Aegean Sea. Info: georges.kostakiotis@odyssey-periples.org.

7/21-31 *NISOS NAXOX 2009*, dance seminar, teaching traditional dances from the Cyclads. Info: 00 33 6 03 78 28 77 or nisosnaxox@gmail.com.

HUNGARY

7/31-8/11 *Hungary!* Magyar adventures in Budapest, Eger, Hortobagy Plain, Jaszbereny Folk Festival &

Csango Folk Festival! Info: (201) 836-0362 or www.jimgold.com.

ISRAEL

3/15-27 *Israel! Jerusalem, Masada, Tel Aviv, Galilee* - Led by Jim Gold with Dr. Joe Freedman. Eilat & Petra-Jordan extension 3/26-29. Info: (201) 836-0362 or www.jimgold.com.

MACEDONIA

7/5-16 *Macedonian Pearl Folk Seminar 2009.* Info: info@goranalachki.com.

MEXICO

3/25-4/4 *Dancing with Donna* Dance Cruise to Mexico sailing from San Diego. Info: About cruise: (800) 745-7545, cruises3@pacbell.net. About dancing: Donna (408) 257-3455, donna@dancingcruises.com.

NORWAY

6/13-23 *Norway! Midsummer in Norway!* Oslo, Bergen, Hovin (Telemark), Fjord Cruise & Voss. Led by Lee Otterholt. Info: (201) 836-0362 or www.jimgold.com.

POLAND

9/5-19 *Poland!* Krakow, Zakopane, Torun, Gdansk, Olsztyn & Warsaw led by Richard Schmidt. Info: (201) 836-0362 or www.jimgold.com.

ROMANIA

4/25-5/2 *Dance & Cultural Tour of Romania* sponsored by THE DOINA Foundation. Info: +31-10-421 86 22, stichting.doina@hetnet.nl or www.StichtingDoina.nl.

6-2009 Tentative Date *2009 Dance Tour in Romania* Led by Lia & Theodor Vasilescu. Info: (973) 539-7020, ping.chun@att.net.

TURKEY

2009 *Cultural Folk Tours Int'l* - Bora will be leading various tours of Turkey. For more info: (800) 935-8875 or tourinfo@boraozkok.com.

4/30-5/20 *Music, Dance & Cultural Tour To Istanbul, Turkey.* Info: info@helene-eriksen.de.

10/18-31 *Turkey!* Istanbul, Ankara, Cappadocia, Pamukkale, Izmir, Kusadasi, Cannakale & Bursa, led by Jim Gold & Lee Otterholt. Info: (201) 836-0362 or www.jimgold.com.

UKRAINE

7/6-22 *Dance on the Water* Dneiper River Cruise in Ukraine, Black Sea, and Istanbul. Info: <http://www.folkdanceonthewater.org>, meldancing@aol.com, or (510) 526-4033.



May 22, 23, 24, & 25, 2009 at San Diego's

BALBOA PARK CLUB

2150 Pan American Pl., San Diego 92101

FOLK DANCE CENTER

4569 30th Street, San Diego 92116

& Lu & Georgina's DECK at their home

WORKSHOPS WITH TWO MASTER INSTRUCTORS

Yuliyana Yordanov teaches Bulgarian Dances

www.phantomranch.net/folkdanc/teachers/yordanov_y.htm

Viviana Enrique Acosta teaches Mexican Couple Dances

www.balletfolkloricoenaztlan.com

PARTIES * AFTER-PARTIES * LIVE MUSIC

Host Hotel: Town & Country Resort & Convention Center

500 Hotel Circle N, San Diego, CA 92108 (619) 291-7131

www.statewidefolkdance.com

Sponsored by the Folk Dance Federation of California, South
Supported by the San Diego Parks & Recreation Department

Laguna Festival



Zhena Folk Chorus

Iliana Bozhanova



Ya'akov Eden



Travel
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Jim Gold International Folk Tours: 2009-10

www.jimgold.com

ALBANIA-MACEDONIA-GREECE- BULGARIA !

TURKEY! NORWAY! HUNGARY!

2010: Greece, Crete, and the Greek Islands!

2010: Bulgaria: Koprivshitsa Folk Festival !

**Travel with international folklore and folk dance experts:
Jim Gold, Lee Otterholt, Adam Molnar**

BALKAN JOURNEY: ALBANIA, MACEDONIA, GREECE, BULGARIA !

August 2-15 Led by Jim Gold. Thrilling adventure across four rarely-visited countries. Unbeatable dancing, music, and historic sites! **Tirana, Ohrid, Thessaloniki, Bansko, and Sofia.**

NORWAY ! . . . June 13-23. Led by Lee Otterholt.

Norwegian and International Dancing with breathtaking scenery in the Land of the Mountain Kings! **Midsummer in Norway! Oslo, Bergen, Hovin (Telemark), Fjord Cruise, and Voss.**

HUNGARY ! . . . July 31-August 11. Led by Adam Molnar. Magyar adventures in **Budapest, Eger, Hortobagy Plain, Jaszbereny Folk Festival, and Csango Folk Festival!**

TURKEY ! . . . October 17-31. Led by Jim Gold and Lee Otterholt.

From Hittites to Ataturk, Halay to Horon. Enjoy the hospitality and history of this mysterious and exotic land. Learn Turkish and international folk dancing. **Istanbul, Ankara, Cappodocia, Pamukkale, Izmir, Kusadasi, Cannakale, and Bursa.**

BULGARIA ! . . . August 2-15, 2010: Koprivshitsa Festival Tour! Led by Jim Gold.

The one you've been waiting for! **Sofia, Bansko, Plovdiv, Veliko Turnovo, Koprivshitsa.** Colorful, unforgettable, mountain-top Folk Festival held every five years! Register early.

GREECE, Crete, and the GREEK ISLANDS! . . . October 10-22, 2010

Led by Jim Gold and Lee Otterholt.

Dance hasapicos, syrtos, and more! Mountains, markets, archeological wonders, and sun-kissed islands! Classical tour of **Mycenae, Sparta, Byzantine Mystra, Olympia, Delphi, Meteora.** Four glorious days on Crete! Greek cruise extension. to **Mykonos, Crete, Rhodes, Patmos, Ephesus, Santorini.** Oct. 22-26. Santorini ext. Includes **Ochi Day!**: Oct. 25-29.

For itineraries and details: Visit www.jimgold.com

TOUR REGISTRATION: I can't wait to go! Sign me up. Enclosed is my \$200 per person deposit.

Tour(s) desired _____

Name _____ Address _____

No. of people _____ Phone (____) _____ Email _____

**Jim Gold International, Inc. 497 Cumberland Avenue, Teaneck, NJ 07666 U.S.A.
(201) 836-0362. www.jimgold.com Email: jimgold@jimgold.com .**

On the Scene

WORKSHOPS WITH DANIELA IVANOVA

Daniela Ivanova will be coming to Southern California for several workshops in late March. She is a beautiful dancer and singer, and an excellent teacher of Bulgarian dances. You might be familiar with one of her recent popular dances, *Smilyana*.

Daniela will be at:

Westwood Co-op; Thursday, March 26, Info: Beverly at (310) 202-6166.

West Valley Folk Dancers; Friday, March 27. Info: Jill at (818) 368-1957.

Veselo Selo; Saturday March 28. Info: Phyllis at (714) 738-8008.

San Pedro Kolo Dancers; Monday March 30. Info: Pauline at (310) 832-1074.

Santa Barbara Balkan Dancers, Wednesday, April 1. Info: Luis at (805) 682-4511.

Check the Directory at the back of this issue for addresses.

ENJOY BRANSON WITH BEVERLY & IRWIN BARR

We will again lead a group on a 9-day trip (April 29 to May 7) to Branson, flying into Little Rock, Arkansas. We will visit the Clinton Museum and Library, plus the State Capitol. This is an enjoyable, entertaining, and educational nine days. We have taken groups to Branson many times and know how to make this a special trip and a real vacation.

We travel to Branson at this time of year to include a day attending the International WorldFest. There are usually 12 to 20 countries represented with amazing entertainers (dancers, musicians, singers, acrobats, plus their artifacts, clothing, jewelry, etc.) all brought to Branson from their countries. You will witness incredible talent.

We researched all the new attractions and shows in Branson and are pleased to be able to include many of the them, as well as some of our favorites from previous trips. We are excited about taking another group tour to Branson; this time with the interesting tour of Little Rock, plus seeing more of the Ozarks and more of Missouri by flying home out of Kansas City.

We welcome your calls to get updated information. Our price is all inclusive: 9 days, 8 nights of lodging, all shows, attractions, sightseeing, full time motor coach for 9 days, breakfast and dinner every day. We have group air prices available on Southwest Airlines

reserved until early March, or you can do your own flight arrangements, and/or use your own mileage.

See the ad in this issue of Scene. Call or e-mail us for information, dancingbarrs@yahoo.com, (310) 202-6166 or (310) 478-4659.

- Beverly & Irwin Barr

VESELO SELO

Here's our schedule for March:

March 7 International Night

March 14 High Energy Night

March 21 Tribute to **Lucille** and **Chuck Vestal**

March 28 **Daniela Ivanova** teaching. This special event is \$8.00

- Lu Perry

MENDOCINO FOLKLORE CAMP

We have made a number of changes to lure you and new campers to come and enjoy a great week in Mendocino, including a wider range of workshop classes and events:

Dance classes ranging from Eastern Europe to West Africa, singing classes - Slavic and Balkan, Instrumental music workshops - Greek/Macedonian/Balkan, Romanian/Trans-Carp, Tamburitza/Kolo and African drumming, extra dance classes aimed at beginning and intermediate dancers, "Just for Kids" classes (dance, drumming, folk crafts, juggling), and family activities, special happy hour folklore celebrations, evening dance parties to live music, after hours kafana, student concert at the end of the week... AND: food, glorious food!

Dance teachers:

Sue Foy teaching circle and couple dances

Anindo Marshall returns to energize us with West African dance and drumming.

Nikola Krcadinac brings us wonderful dances of Serbia and Vojvodina.

Instrumental workshop classes -

Bill Cope, **Miamon Miller**, **John Morovich** and **Anindo Marshall**.

Camp will run from Saturday, June 20, to Saturday, June 27. To encourage campers to bring new people to camp, we are offering a "Bring a friend" discount of \$50 for each new camper you get to sign up at the full rate. We also would invite you to point your browser at our new website: www.mendocinofolklore.com.

- Tom Adams

An evening of Traditional Macedonian Song and Dance

featuring famed Macedonian singer **Dragi Spasovski** accompanied by



The Mehanatones:

Bill Cope - Macedonian Gajda, Tambura, Oud & Accordion

Pat MacSwyney - Macedonian Kaval, Ney, frula & Truba

Brian Fox - Macedonian Tambura & Guitars

Dan Auvil - Macedonian Tupan, Darabuka & Dajre
& Special Guest **David Bilides** - Macedonian Kaval & Tambura

with

Laguna Folkdancers



hosted by

Laguna Woods

Multi-Ethnic Folk Dancers

Sunday, March 15, 7:00 PM \$12.-

Clubhouse 1, Main Lounge

Gate 1, Avenida Sevilla, Laguna Woods

Take El Toro Road to Gate 1 which is on the S. side of the road at Avenida Sevilla, between Moulton Parkway and Paseo de Valencia. Tell at the gate that you are going folk dancing. After going through the gate turn left on Calle Aragon, go about 1 block and turn left into the parking lot of Clubhouse 1.

Street address: 24232 Calle Aragon, Laguna Woods

Numbers to call for information:

(714) 893-8888

(949) 673-4322

Enrich Your Dance

After a lifetime of serious folk dance, I have become increasingly disappointed in the lack of depth in learning about the dance we all love. Of all the dance forms, folk dance has the most to teach us about our world and its many and varied cultures.

Folk dance was an innocent creation which satisfied the aesthetics of those who created it. The dance fulfilled a role and a need and it reflected the values and attitudes of its creators. When we fail to consider the inner truth of the dance, we slight the artistic spark that exists in even the most impoverished and disdained people of our world.

Be aware that the folk dance we all practice is the dance of the impoverished and disdained peoples of their countries, the "hillbillies" if you will. It is here, in the dirt-floored homes and village squares far from the embellished capitals that the folk arts were created and thrived. Our own square dance and clog were created by those whose lives were of hardship and poverty. So it was with the Serbian *kolo* and the Hungarian *czardas* and the Tyrolean *schuhplattler*. It must also be realized that these laboring folk knew how to use their bodies very efficiently in their hard labor - and their dance.

As students of the dance, we should be concerned with four different elements of the dance: its ethnology, its technique, its music, and its choreography - in that order.

The ethnology of the dance addresses several questions: Who created the dance? Who "owned" it? Why did they dance it? When? For what reason? What role did the dance play in their lives? What effects did other cultures have on the dance? What was the lifestyle of the dance's creators? Sedentary farmers? Nomads? Warlike? Horse culture? Mountain people? Herders? Were they aggressors or the oppressed? All these different factors and many more affected the form and role of the dance.

The technique - what the folk dancers call "styling" is one of the most important factors to those who claim the dance as their own. This explores such things as energy levels, tempos, gestures, posture and character. Those whose footwear was a light leather opanci moved very differently from that of a booted horseman. Even the style of boot influenced the dance movement; compare the soft dance of the Poles, whose boot was traditionally soft leather, to that of the

Hungarian, whose boot was of a stiff, heavy military style. The soft leather shoe found throughout the Balkans precluded heavy stamps, but allowed light, rapid foot movement impossible with a heavy boot, but only natural to a sure-footed mountain herdsman. What would be considered good dance movement in Thrace, for instance, would not be in Croatia. Folk dancers are frequently guilty of ignoring this part of the dance and dancing everything the same.

Rhythm is usually provided by the music, though any knowledgeable Balkan dancer knows of several exceptions. Here, again, is one of the most important elements of the dance to the native dancer. **Dennis Boxell** quoted a folk saying once that indicated one was not so particular about how the friend next to him danced - except when he did not dance to the rhythm, and then he was not a friend. If one undertakes to dance, it is only to be expected that one would learn first, that there is rhythm and second, how to move to it. Rhythm is nothing more than mathematical dissection of time. Rhythm is integral to the dance and cannot be ignored.

Finally, choreography is the arrangement of steps and figures in the dance. Sadly, the never-ending demand for new dance material in the recreational dance community has resulted in an awesome collection of choreographies created just for sale to the recreational folkdance market. Many are simplified stage choreographies from professional and amateur performing groups; others are fancied-up versions of simpler traditional dances - or simplified versions of more difficult traditional dances.

While this may be a simple study of the dance, limited by demands of space, it serves to illustrate how much of the dance we miss when the choreography is the only concern. Collecting hundreds, even thousands of dances and memorizing the choreographies is a "mile wide and an inch deep" approach to the dance. Folk dance deserves much better treatment than that.

Folk dancers can enrich their dance immeasurably by searching for answers to the questions raised here. I wish you happy dancing and exciting research. You will never find all the answers, but the search for them will fill your life with wonder.

- *Richard Duree*

On the Scene

WESTWOOD CO-OP CAMP HESS KRAMER

From Friday, April 17th through Sunday, April 19th, Westwood Co-op Folkdancers will have their annual weekend in Malibu. There will be dance instruction Saturday morning and afternoon, as well as many other activities. The food is always good and plentiful and the weather perfect! This is a good weekend for new dancers, as there are so many other things for participants to do, as well as dancing. For information, call Sandy, at (310) 391-7382.

TOPANGA BANJO-FIDDLE CONTEST

Old-time, bluegrass, folk song and dance, and crafts festival. Clogging, square dancing, contra dancing, English Country dancing and step dancing - with all live music! Plus jam sessions, performances, singing, food, crafts. May 17th, 9:00 a.m. to 6 p.m. at Paramount Ranch near Agoura Hills. Info: www.topangabanjofiddle.org, (818) 382-4819.

CAMP HESS KRAMER WORKSHOP WEEKEND

Save the dates. Watch for information on the big weekend, Oct. 30, through Nov. 1, 2009, celebrating the 25th Anniversary of Camp Hess Kramer "Camps Review" Workshop Weekend. Remember the exciting 20th Anniversary Weekend? Everyone is still talking about it. Save the date and plan ahead for another memorable camp experience. Read the Folk Dance Scene for information as it develops. If you want to know more about the weekend, call Beverly or Irwin Barr (310) 202-6166 or (310) 478-4659.

NARODNI INTERNATIONAL FOLK DANCERS

Teaching Program, Thursdays, 7:30 - 10:30, Woman's Club of Bellflower, 9402 Oak Street.

March 2009

March 5th **John Matthews** teaching/reviewing dances from Laguna Festival

March 12th **John Matthews** teaching/reviewing dances from Laguna Festival

March 19th St. Patrick's Day Celebration, with special guest **Meredith Lyons**, performing Irish Step Dancing! Also, easy set dances will be taught by **Lee Otterholt** with live music provided by **Patty McCollom** and **Bob Altman**.

March 26th **Lee Otterholt** teaching the Greek dance *Zembekiko*!!

April 2009

April 2nd **John Matthews** reviewing *Zembekiko* (Greek dance)

April 9th **Henrietta Bemis** teaching tba

April 16th **Henrietta Bemis** teaching/ reviewing tba

April 23rd **Shirley Hansen** teaching *T'filah* (Israeli)

April 30th **Shirley Hansen** teaching/ reviewing *T'filah* (Israeli)

For more information, please contact Shirley at info@narodni.org or (714) 932-2513.

BEVERLY BARR'S CLASS IN BEVERLY HILLS

Beverly's International Folk Dance Class at Roxbury Park Recreation Center in Beverly Hills is now on Tuesdays 10:45 am / 12:30 pm. Roxbury Park is at 471 So. Roxbury, about 1/2 block S. of Olympic Blvd. The class meets in the auditorium. For information, call Beverly at (310) 202-6166 or (310) 478-4659.

DINING, DANCING AT STOCKTON

If you have attended the Stockton Folk Dance Camp in the past four years, you will recall the challenge of getting your meals in a crowded cafeteria. Also the challenge of taking the dining tables and chairs down after meals and putting them back up after dancing (three times a day). In 2009 we will take our meals in the new dining hall, which is somewhat larger. Best of all, we won't be moving tables before and after meals.

Many of you commented that the dance floor was too crowded, especially in the evenings. This year we will be dancing in the old Grace Covell dining hall, which has about 25% more dance space and even more space to sit around the dance floor.

Last year **Bob Harris** invited you all to "buy a piece of the floor" for \$150, which would pay for the construction of more "floating floor" sections and allow us to expand our dance space. You rose to the challenge in a wonderful surge of support. We already have funds to build enough floor sections to enlarge the dance space in our main dance area. And more money is coming in. We will also be able to refurbish some of the older floor sections and make them almost like new. Thank you, Stockton Campers! Look for your names on the new floor panels.

I hope to see you on the dance floor in 2009!

- *Karen Wilson-Bell*

For the Stockton Folk Dance Camp Committee

On the Scene

TAMBURITZANS PERFORMANCES

The Duquesne University Tamburitans will be performing their energetic and varied program during May. Schedule is as follows:

May 13, 14 Sun City Summerlin, Las Vegas. Info: (702) 242-4153
May 15 East County PAC, El Cajon. Info: (858) 273-8203.
May 16 Servite High School, Anaheim Info: (714) 832-7470
May 17 Dalmatia-American Club, San Pedro. Info: (310) 831-9306.
May 18 Fontana High School Fontana. Info: (909) 823-4366

WEST L. A. FOLK DANCERS

Teacher: Beverly Barr

Updated schedule for Mondays and Fridays

Monday evening is an Intermediate group with some easier dances done at the beginning of the evening, followed by intermediate dances. Dancing from 7:45 to 10:30. We are open for dancing on all holidays that are on Monday.

Monday Party: "St. Patrick's Day Party - March 16" and Friday Party: "April Fool's Day Party - April 3." "Dark Night: No dancing on Friday, April 17"

New schedule for Friday evenings. Dancing from 7:45 - 10:30. We will feature specialty evenings listed in the Scene and on flyers.

Friday Schedule for March:

March 6 -- Review of dances taught at the Laguna Festival Workshop
March 13 -- Review of dances taught at the Laguna Festival Workshop
March 20 -- Mostly line, circle, and individual dances
March 27 -- Dances that were recently taught and requests when you choose your favorite dances.

Friday Schedule for April

April 3 -- April Fool's Day Party (Dress for fun - All request program)
April 10 -- Set Dances reviewed, fun mixers and any requests.
April 17 -- Dark Night - no dancing
April 24 -- Program of set dances and other recently taught dances. Requests always welcomed.

Come join us and dance with one of the friendliest groups around. All parties are all-request programs, begin at 7:30, and end when you're too tired to dance. Bring snacks or desserts for the pot-luck table.

We meet every Monday and Friday evening and dance from 7:45 to 10:30 on a beautiful wooden floor at Brockton School, 1309 Armacost, W.L.A. For info: call (310) 202-6166 or e-mail: dancingbarrs@yahoo.com.

DRAGI SPASOVSKI PERFORMANCES

Dragi Spasovski, famed Macedonian folk singer, and **The Mehanatones** will present two evenings of traditional Macedonian songs and dances.

House Concert, Friday, March 13, 8:00, 1836 Nipomo Ave, Long Beach, \$10. Info: macswyney@aol.com.

Laguna Woods Folk Dancers, Sunday, March 15, 7:00, Clubhouse 1, Main Lounge, Gate 1, Avenida Sevilla. Street address: 24232 Calle Aragon. Password at gate "going folk dancing". \$12. Info: (714) 893-8888 or (949) 673-4322.

Do not miss this opportunity to hear this wonderful singer.

- Marge Gajicki

WESTWOOD CO-OP SPRING FESTIVAL

It's going to happen at the end of March. Don't miss it. Westwood Co-op Folk Dancers Annual Spring Festival; a festival with a long history. We look forward to it every year. Note the date: Sunday, March 29, 2009. The place and time are the same, at the Veterans Memorial Auditorium at the SW corner of Overland Ave. and Culver Blvd. in Culver City from 1:30 -5:30. Free, (compliments of the Westwood Co-op), the parking is free, the fun is priceless. This is a nice festival for introducing a few friends to folk dancing. Come and have a wonderful day.

The after-party, open to everyone, will be at Felicia Mahood Senior Center, corner of Santa Monica and Corinth in W.L.A. See the ad in this issue of Scene, or call Beverly at (310) 202-6166 or (310) 478-4659 for any information about the festival and the after-party; or if you would like flyers e-mailed or mailed to you or your folk dance group.

- Beverly Barr

Westwood Co-Operative Folk Dancers
presents Sunday, March 29, 2009

Spring Festival

1:30 - 5:30 pm

A Festival of International Dances

We are encouraging new dancers to join us
as we will be teaching a few simple and easy
but interesting dances for all.

Costumes Welcome

Free Admission

Lots of Free Parking

Veterans' Memorial Auditorium

(Culver Blvd. at Overland in Culver City)

Westwood Co-op folk Dancers, Members
of the Folk Dance Federation of California, South
co-sponsored by: The Culver City Department of Parks, Recreation and Community Services
for info about the festival
call Beverly Barr (310) 202-6166

Afterparty - Dinner and Dancing
immediately following the festival at 6:00 pm

Felicia Mahood Senior Center

SW corner of Santa Monica Bl. at Corinth (entrance in the back on Corinth)
free parking in well lit, large lot end of block south on Corinth

Everyone must reserve in advance \$15 inclusive
Dinner of a variety of Gourmet Pizzas, Lasagne, Salads, Coffee and Wine
for info & reservations call Beverly or Irwin (310) 202-6166