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Folk Dance Scene

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(818) 881-7494 noon-midnight, Louis dovbyrd@aol.com SHERMAN OAKS, Anisa's School of Dance, 14252 Ventura Blvd.



Folk Dance Scene

Volume 50, No. 2 March 2014

Pat and Don

Editors' Corner

Beautiful like Switzerland, rich folk culture, but affordable - that might describe Slovakia. Enjoy our cover story and ethnic foods feature.

Find your next events in Calendar and On the Scene.

For inspiration read about Sam on this page; check out Dancers Speak, Poetry Corner, and Laguna Memories.

We have included a condensed version of the minutes of the Federation's last meeting.

Be of good cheer!

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Federation Corner



Sam Mednick is still dancing at 99 years young with the Bay Osos Folk Dancers in Los Osos, California (near Morro Bay & San Luis Obispo). Born in New York City on March 26, 1915, of a Ukrainian mother and Romanian father, Sam moved to California in 1947 after service in the army in WWII. He was

taken to his first folk dance at the Hollywood Peasants, by his brother Eddie. That night a Russian dance with 12 figures was being taught. Because of his experience in other dance forms (ballet, modern dance, off-Broadway) Sam had no difficulty learning the entire dance. Thus began a life-long adventure of learning and teaching international folk dancing to young and old at a great variety of venues.

In 1949, Terry MacDonald asked Sam to teach the Griffith Park Folk Dancers. The group met every Friday night and drew 100 or more dancers. Emphasis was placed on couple dances, including those of Mexican and Russian origin. It wasn't long before Sam was organizing exhibition groups as well as teaching all over Southern California. He remembers Vyts Beliajus teaching him Bialy Mazur, a performance dance which Sam rearranged (with Vyts approval) and which he taught at Statewide in Oakland in 1952 and in Long Beach in 1954. The Jewish Centers Association (JCA) hired him in 1955, and he found himself teaching all over the Los Angeles, Santa Monica, and San Fernando Valley areas. All this time he was attending workshops and meeting and learning from the wonderful teachers of the time, especially John Filcich and Carlos Rosas. Sam taught at the Valley Cities Jewish Community Center for 25 years.

Sam and his wife Shirley moved to Los Osos on New Year's Eve in 1980. There was a party that night at the Red Barn and Sam and Shirley were immediately welcomed into the folk dance community. He and Shirley founded the Bay Osos Folk Dancers which they nurtured until 1996, when Anne Tiber took over as leader of the group.

Federation Corner continues on page 9.

Slovakia

"It's Switzerland without the crowds – or the expense." The travel writers got it right. Slovakia is indeed one of Central Europe's treasures. Wedged between Poland on the north, Hungary on the south, Austria and Czech Republic on the west, Slovakia truly is a unique mix of cultures with its own character and some of Europe's most beautiful scenery.

The spectacular Tatra Mountains, part of the Carpathian Range and comparable to our own Sierra



Nevada, mark the border with Poland and, like Poland, host a livelihood and folklore of shepherds and foresters. Their dances are characterized by high leaps, brilliant displays of leg strength and dexterity with their shepherd's staffs and woodmen's axes. Winter sports and unmatched Alpine scenery draw tourists from around the world.

Below the Tatras, the countryside descends in heavily forested rolling foothills to the fertile Danube valley and the ragged border with Hungary to the south. Traditionally a pastoral, timber and agricultural economy, Slovakia was the northern edge of the Austro-Hungarian Empire and was considered a part of Hungary for centuries. Situated as it is in a long and narrow east-to-west direction in the very center of the European continent, this tiny country features a remarkably rich and diverse culture, well demonstrated in its folklore, music and dance.

The small industrial town of Detva, located in the south central part of the country, has become a

signature image of the country's folk. Though one of the most impoverished towns of the country, the dance and music of Detva display a wonderful image of the Slovak people. The dances are light-hearted, energetic and fast. Men's costumes and dance are a show in comic gaiety. Long, white, loose-fitting trousers, a wide leather belt and a sternum-length shirt with open sleeves (and exposed belly) all richly embroidered, an embroidered vest and a jacket slung over the shoulder by a long strap, all topped by a jaunty little cap create a strange *kroj* (kroy), or folk costume unique to that area. Light leather shoes strapped to the ankle complete the ensemble, though occasionally boots are seen.

And their dance! Seemingly without structure, the men engage in a carefree series of rapid *pas-de-basque*, leaps, spins, high leaps and kicks, competing with each other, parts of the costume flying about them to accent the dance, and casually ending their brilliant displays with a nonchalance that adds to the comical nature of the dance –

truly unique and uniquely Slovak.

Detva women wear a lovely blouse with beautifully embroidered sleeves, a richly embroidered and fitted brocade bodice and the familiar full skirt and apron. A soft shoe similar to the men's completes the *kroj*.

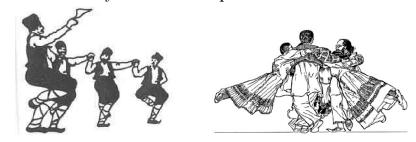
The couple dances continue the carefree ebullience of the men's dance with rapid turns, separations, spins and gymnastics that do not appear in other dances of Slovakia. Detva is also the home of the *fujara*, a huge bassoon-like flute, held vertically in front of the body. Referred to as an "overtone flute", the instrument may be

49th Anniversary

SPRING FESTIVAL

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7 pm–1 am, featuring the music and dances of Bulgaria, Greece, Macedonia, Poland, Romania, Serbia, & other E European/Mediterranean lands

Info/Reservations: 847/331-7842 or 847/858-9822

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Folk Dance Scene



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GREECE & its ISLANDS! June 29-July 11, 2014. Led by Otterholt. Athens, Olympia, Delphi, Meteora, Mycenae, Epidaurus. Greek cruise to Mykonos, Crete, Rhodes, Patmos, Santorini, Kusadasi, and Ephesus !

HUNGARY! July 29-August 11, 2014. Led by Adam Molnar Budapest, Eger, Mezokovesd Folk Festival, Jászberény Folk Dance Camp!

FRENCH CANADA! (New!) Sept. 10-20, 2014. Led by Richard Schmidt Montreal, Quebec, Mont Tremblant!

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from three feet to over ten feet in length and requires a strong set of leather lungs to play its exotic and entrancing melodies. One simply must find a sample on the Internet to appreciate the music of this fascinating instrument, now finding its way into concert halls.

Much of the Slovak folk dance shows the Hungarian influence from the old empire; indeed there are still a large number of Hungarians living in Slovakia. The csárdás (čardaś in Slovak) and verbunk are there, as is the *karikazo* (*karička* in Slovak), but they differ from the Hungarian dances in important ways that reveal the Slovak nature and personality.

The music is in a major key as opposed to the minor key of the Hungarian, giving the music a brighter character. Where the Hungarians are serious, earthy and intense, the Slovaks are carefree and joyous. Where lifts are rare in Hungarian dance, Slovak men love tossing their partners high in the air. In the Myjava area of western Slovakia, tossing the girls has reached high art in a dance called *Sellacky*. The men assume a wide stance and the women jump to land on their knees on his thigh, bounce off, bounce on, and are then lifted high in the air as the man spins, balancing the woman on his raised thigh. The women bounce back and forth between two men, face their partner and change from one thigh to the other, bounce down a line of men and frequently finish with a lift to the man's shoulder. Dunaj Folk Ensemble performed the dance, learned from Professor Frantisek Bonus, for several years when we were younger.



Sellacky from western Slovakia Left to Right: Richard Duree, Tina Duree, Rob McCollom, Patty McCollom, John Matthews, Wendy Wetzel Harder, John Menke, Michele Dulson, Preston Ashbourne, Lvnn Berkwits

Where the Hungarian csárdás starts slowly and ends in a fast coda, the Slovak version begins fast and stays fast. Couples separate more frequently to allow displays of technique with a light-hearted interplay between partners.

The Slovak *verbunk* is frequently danced with spurs, not often found in Hungary, and the dance is more competitive and less structured, though the motifs are similar to the Kalotase gi legenyes of Transylvania. The slapping patterns, *csopas* in Hungarian, are a significant and popular motif.

The *kroi* is similar to the Hungarian, differing mostly in the style and amount of embellishment. Where the Hungarians are satisfied with a band of braid on the outside seam and a few loops on the front of the thigh of the men's trousers, the Slovaks decorate with a band of intricate patterns of black soutache and embroidery on white trousers. The black fedora is often decorated with a couple of long rooster tail feathers.

Women's bodices are often heavily adorned with embroidery, ruching, braid, ribbon, rosettes, sequins and much more; sleeves display a lavish variety of heavy and intricate embroidery and cutwork in a rainbow of colors. The Hungarians look askance at such adornment.

Folk dress adornment reaches its highest level among the Slovak Moravians of South Moravia, particularly in the Podluzi region, which politically lies in the Czech Republic to the west. The Slovaks happily indulge in the richness of the overlapping cultures of their homeland. Their kroj became so ornate that the couple dance declined to almost

nothing over concerns of disturbing the women's ornate, heavily starched and pleated blouses, flowing ribbons and enormous pleated petticoats. Rather, couples stand side-by-side singing - and singing – before taking a very loose closed position and turning gently for a few measures, then returning to the song.

The men's verbunk is a very personal dance, solo and competitive in nature and interrupted by singing. The dance from different villages, even those almost within sight of each other, show distinctly different dance motifs, some twisting, some with large circular motifs, others spinning and leaping high into the air, all displaying the brilliance of their finery like so many strutting cocks.

No. of people

Phone(

The country is dotted with isolated towns and villages that appear to have been lost in time. Ćićmany is one such place and a place worth a visit. Not much is known of their dance, but the homes are still built of logs and decorated with ancient symbols to ward off evil spirits. Their embroidered costumes are very famous in Slovakia and you will be confronted with the artists when you arrive there in a tradition that goes back for decades.



The Śiriś and Zemplin regions of eastern Slovakia are must-see tourist destinations with spectacular mountain scenery, charming villages, ancient wooden churches and historical sites, including Spissik Hrad, the largest fortified castle in Europe. These regions display a few unique and colorful dance forms of their own.

Most notable in Śiriś is the *Śiriś Polka*, a dance for active teenagers in good physical condition. Not a polka at all, but an interesting blend of the dances of Poland to the north and Hungary to the south. Couples travel rapidly across the floor with a variety of quick, light figures, then stop and spin, twirl and lift the girls, then continue on. Exhilarating to watch, exhausting to dance.

In Zemplin, the area around the town of Kisiće is wine country that extends southward into Hungary's famed Tokaj area. It only makes sense that they would dance something about wine in a very entertaining *Flaśkovy!* Wine bottles are placed on the ground in various patterns and the dancers display their dexterity – and affection for the wine – with a spectacle of booted legs twirling dangerously close around the bottles. As in the imaginative "girl tossing" of Myjava, the dancers create complex



figures, hopping along lines of bottles, couples alternating leg circles around bottles, jumping over bottles, challenging and cooperating in figures to create one of the most entertaining dances of all. Dunaj learned this dance from Vladimir Urban of Kosiće and performed it for many years.

Two folklore festivals show the very best of Slovak, Moravian Slovak and Czech folklore: the Straznice International Folk Festival in South Moravia will be held on June 23. Street parades, performances in the festival grounds and all-night after parties will provide the very best opportunity to see dancers and costumes up close.

Following closely on June 29 to July 6, the Vychodna Folk Festival at Vychodna at the foot of the Tatra Mountains is a wonderful festival in an amphitheater with dance performances from all over Slovakia, Hungary, Poland and more.

There is a reason that Vonnie Brown of Baton Rouge, Louisiana has spent every summer in Slovakia for the past 20 years or more. There is a lovely charm about the country and its energetic, sweet folk dance.

Richard Duree



Laguna Memories

I enjoyed the Laguna Festival Saturday night - the only time I could make it because of family care and my job. I was, however, amazed at how few men were willing to take the chance to dance with me. Those who did, I enjoyed dancing with; but was amazed how few men know/understand how to dance with a woman in a swirly long skirt. Only 100 years ago that was the standard dress for all ladies.

I thank everyone on the committee who made it a good party. Thank you to the folk dancers who showed up.

(The girl with the swirly skirt) Nancy Milligan



Mei-Ling Lee Chinese Dance Group

LOST AND FOUND

Laguna Festival has once again come and gone, and once again we have acquired the usual collection of random Lost & Found items:

- Woman's blue "Juicy" brand stretch pants
- ♦ Camelback" water bottle
- Black "Calvin Klein Jeans" corduroy jacket (size M)
- Blue child's hoodie (with a blue sheriff's star on the left front)
- ♦ Black "Bostonian" men's shoes
- ◊ Grey fleece gloves
- Woman's gloves gold/tan background with black and brown splotches.

Contact: Bob Altman: rdaltman@gmail.com or (714) 313-2933

Irina and George - teachers

ANNOUNCEMENTS

Cabrillo International Folk Dancers continue to explore the possibility of hosting Statewide 2015 on Memorial Day Weekend in conjunction with the 100th birthday of Balboa Park in San Diego. A new park administration has made it necessary to restart previous negotiations.

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NEXT MEETING: 11:00 A.M. at the date and site of the Westwood Festival. Meeting adjourned at 12:30 P.M.

NOTE: Committee reports are condensed in these minutes. Complete written reports are included with the official record of the minutes and are available on reauest.

The meeting was called to order at 11:15 A.M. A QUORUM was present.

MINUTES: Minutes of the Council Meeting on September 29, 2013 were APPROVED.

NOTE: The minutes report a date of February 1, 2014 for the Cerritos Folk Dancers Festival. Subsequent to the meeting, the date was changed to January 25, 2014. An e-mail vote of the Council approved the change.

ALERT AS OF MAY 31, THE FEDERATION PRESIDENT, VICE-PRESIDENT, SECRETARY, AND HISTORIAN WILL FOREVER CONCLUDE THEIR PRESENT DUTIES. NEITHER SPECIAL PLEADINGS, NOR PRAYERS, NOR BRIBES WILL KEEP THIS FROM HAPPENING. THEREFORE, IT IS INCUMBENT ON EACH CLUB TO SCOUR ITS MEMBERSHIP FOR PEOPLE WILLING AND ABLE TO PARTICIPATE IN HELPING RUN THE FEDERATION. CONTACT THE PRESIDENT WITH YOUR SUGGESTIONS (VALERIE DALEY. dancing.valerie@gmail.com). THE LIFE OF THE FEDERATION DEPENDS ON YOU.

VICE PRESIDENT

Folk Dancers for a Festival on May 3, 2014, 1:00 -6:00 P.M, at Cerritos Senior Center. THE it would be necessary for the Federation to assume APPLICATION WAS APPROVED.

Westwood Cooperative Folk Dancers are tentatively planning to have their annual Festival on April 6, 2014 at the next Council meeting. and are looking for an appropriate site. Upon selection INSURANCE of a site, the date will be confirmed.

was lost and necessitated its replacement at considerable cost. The replacement is now in the possession of the Vice-President. TREASURER

From 9/23/13 to 1/18/14 the Federation received \$5.524.17 and expended \$4.759.36. The bulk of both receipts and expenditures related to Insurance. Total Federation funds of \$56,831.83 consist of \$38,665.86 in General Funds and \$17,165.97 in Memorial Funds. MEMBERSHIP

All but one club renewed membership for 2014. So far 10 associates have renewed and 6 have not.

PUBLICITY

The Federation will be participating in Meet-Up under the auspice of Pasadena Co-op. The \$5 monthly fee will come from the Publicity Chair's budget. HISTORIAN

In Carol Wall's absence. Historian duties will be performed today by Camille Dull. PRESIDENT

The President reported that she had been in conversation with a representative of Cafe Aman who expressed an interest in Federation membership. Further discussion is anticipated.

A packet of folk dance related materials suitable for display at festivals will be developed by the Publicity Chair.

CAMP HESS-KRAMER

The 2014 Camp is tentatively scheduled for October 31 to November 2. It will be the Camp's 30th anniversary and teachers from the previous camps

will be invited to teach.

FOLK DANCE SCENE

SCENE has been losing subscribers; currently there are 279. Because of increasing costs, it was necessary, on January 1, to raise the annual subscription price from \$15 to \$18. Cash flow problems prompted SCENE staff to request a \$1500 loan from the Federation at this meeting. Discussion highlighted the value that Council members place on SČENE and resulted in a MOTION to make a grant of \$3000 to SCENE for 2014. THE MOTION WAS PASSED UNANIMOUSLY.

Scene staff are interested in sponsoring a festival in A written application has been received from Cerritos June to honor the 90th birthday of John Filcich. To encourage attendance, admission would be free, and the costs. Council reaction was very positive: planning will continue with the expectation of a formal proposal

Unforeseen circumstances resulted in a delay in the A few years ago the mold for the Past-President's ring receipt of Club insurance certificates. The problems are being resolved. If a Club needs to have its certificate expedited, it can contact the Insurance Chair (Julith Neff, 16910 Judy Way, Cerritos, CA 90703; email julithilona@gmail.com.)

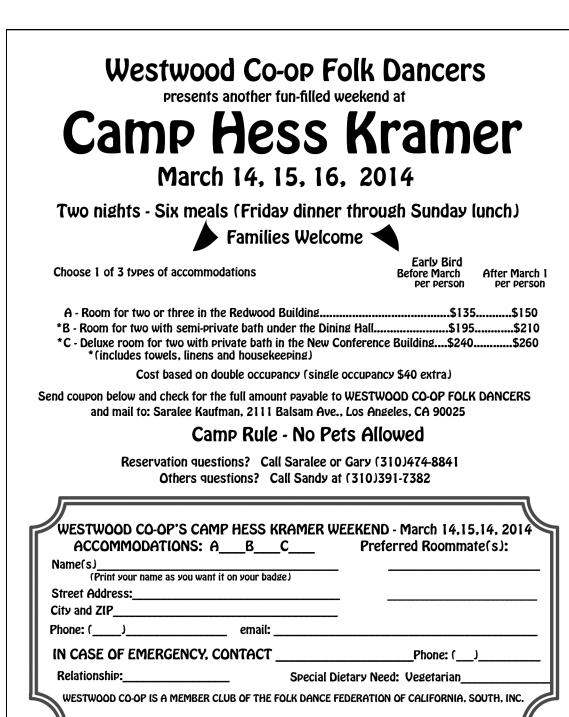
NOMINATING

There continues to be no Chair for this committee. Beverly Barr volunteered to be on the committee (not Chair).

SCHOLARSHIP

Lynn Bingle volunteered to chair this committee.

Continued on next page.



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Calendar

Note: Federation Dance Events are in Bold. CALL TO CONFIRM ALL EVENTS MARCH

- 6 Armenian Dance Review with Vana Tsignors & Shorar, Thursday, 7:30-10:30 p.m. with Narodni Int'l Folkdancers, at Woman's Club of Bellflower, 9402 Oak St., Bellflower. Info: Julith (562) 404-4383 (home), (562) 881-9504 (cell) or www.narodni.org
- 8 Jane Demian Teaching Armenian Dances & Live Music by Dromia at Café Aman, Saturday, 7:30 p.m. at Pacific Arts Center, 10469 Santa Monica Blvd., L.A. Info: Ian Price at ianpricebey@hotmail.com
- 13 St. Patrick's Day Party with special exhibition by Lyons Dance Academy, Thursday, 7:30-10:30 p.m. with Narodni Int'l Folkdancers at Woman's Club of Bellflower, 9402 Oak St., Bellflower. Info: Julith (562) 404-4383 (home), (562) 881-9504 (cell) or www.narodni.org
- 14-16 Westwood Co-op's Spring Weekend. Camp Hess Kramer, Malibu. Classes, games, parties. Info: Sandy Helperin (310) 391- 7382, sandysmail1@verizon.net
- 17 St. Patrick's Day Party, Monday 7:30 p.m. till ?, with West L.A. Folk Dancers at Brockton School, 1309 Armacost Ave. West L.A. All request program & potluck snacks. Info: Beverly (310) 202-6166, (310) 478-4659 or dancingbarrs@yahoo.com
- 25 *Zhena Folk Chorus,* Tuesday, 7:30 p.m. at Wayfarers Chapel, 5755 Palos Verdes Dr. S, Rancho Palos Verdes 90275. Tickets: \$20. To order call: (310) 377-7919 or for information call (310) 833-3690.
- 29 BalkanFest 2014 Dance Workshops with Nadine Krstic (Kolos), and Cane Carovski (Macedonian dances), plus concert by Nevenka & evening dance party with music by Veselba, Saturday, Noon-11:00 p.m. at Pomona College, Claremont – Pendleton Dance Center, 210 East 2nd St., Claremont 91711. See ad. Info: madelyntaylor@hotmail.com or ianpricebey@hotmail.com

31 April Fool's Day Party, Monday 7:30 p.m. till ?, with West L.A. Folk Dancers at Brockton School, 1309 Armacost Ave., West L.A. All request program & potluck snacks. Info: Beverly (310) 202-6166, (310) 478-4659 or dancingbarrs@yahoo.com

APRIL

- 6 Westwood Co-op's Annual Spring Festival, Sunday 1:30-5:30 p.m. PLEASE NOTE NEW LOCATION IS Brockton School 1309 Armacost Ave., West L.A. Info: Beverly Barr (310) 202- 6166, (310) 478-4659 or dancingbarrs@yahoo.com
- *Zhena Folk Chorus at Pasadena Presbyterian Church/Concerts at Noon,* Wednesday, 12:10
 p.m., 585 E. Colorado Blvd., Pasadena 91101.
 (Free) Info: www.ppcmusic.org

MAY

3 *May Faire Ball, Dance Master Erik Weberg with music by Roguery* hosted by San Diego English Country Dancers. Info: www.thesandiegoball.org

NORTHERN CALIFORNIA

- 3/7-8 58TH Annual Camellia International Folk Dance Festival at The Central United Methodist Church, 5265 H St., Sacramento with Lee Otterholt teaching Scandinavian couple dances & Balkan Line Dance Workshop. Info: Gary Anderson wildwood_press@comcast.net
- 7/5-12 *Mendocino Folklore Camp,* Mendocino Woodlands. Teachers: Marty Koenig – Bulgarian/Macedonian; Rebecca Stout – Appalachian flat-foot; & Istvan Szabo (Kovacs) and Deanne Hendricks – Hungarian. Info: (818) 261-9691 or www.mendocinofolklorecamp.com

ALASKA & SEATTLE

5/17-26 *7-Day Alaska Cruise,* round trip from Seattle, WA followed by 3 days attending the Northwest FolkLife Festival in Seattle, with Beverly & Irwin Barr. Info: Beverly (310) 202-6166 or dancingbarrs@yahoo.com

ILLINOIS

3/28-30 *Spring Festival,* with dance teachers: Atanas Kolarovski, Ahmet Luleci, Ventzi Sotirov, Alex Markovic. Live music, concert, parties. At Int'l House, 1414 E 59th St. Chicago. See ad. Info: (847) 331-7842, balkanske_igre@yahoo.com Please join hosts Dr. Anthony Shay, Ian Price & Madelyn (Mady) Taylor For our 4th annual BalkanFest'14, Saturday, March 29, 2014 – 12pm–11:30pm @ Pomona College, Pendleton Dance Center 210 E. 2nd St, Claremont, CA 91711 (* parking directions below)

BALKANFEST'14 PROGRAM

REGISTRATION (on site) begins 12 noon - 4pm; continues @ 6pm for evening party

DANCE WORKSHOPS:

I. 1pm - 2:30pm - Cane Carovski - Macedonia

II. 3pm - 4:30pm - Nadine Krstic - Kolos

(please - no video or phone cameras during workshops; okay for review the last 20 minutes of each class!)

<u>DINNER</u>: 5 - 7pm – @ lovely campus café (cash only – discount to attendees)

CONCERT: NEVENKA women's chorus - Trudy Israel Director

7 - 8pm - NO CHARGE - Pomona College hosting; Public Welcome!

DANCE PARTY: Live Music with VESELBA, Ian Price, Director

8 - 11pm - cd's played during breaks.

11 - 11:30pm - clean up & pack up. Help always appreciated!

<u>Tickets</u>: \$45 - full day: classes & evening party (includes Nevenka concert) \$25 - workshops only \$25 - party only

Vendors: John Filcich – Festival Records; Marge & Anna Gajicki – The Folk Motif

*free parking: on No. College Ave. or in parking structure, entrance on 1st st

*further information: lan Price <u>ianpricebey@hotmail.com</u> or Mady Taylor <u>madelyntaylor@hotmail.com</u>

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March 2014



MASSACHUSETTS

3/8 Boston Playford Ball, Saturday 8:00 p.m. to midnight, at Nevins Hall, Memorial Building, 150 Concord St., Framingham, MA. Barbara Finney, Mistress of Ceremonies, Music by Bare Necessities. Info: Deb Karl (617) 721-0600 or www.cds-boston.org

NEW MEXICO

7/31-8/3 *New Mexico Folk Dance Camp.* Teachers: Petur Iliev – Bulgarian; Glenn Laigast & Lori Bertaut – Cajun/Zydeco. Info: Karen Walker (505) 344-1387.

NORTH CAROLINA

- The following are parts of The Swannanoa Gathering at Warren Wilson College, P.O. Box 9000, Asheville, NC 28815-9000, phone/fax (828) 298-3434, gathering@warren-wilson.edu & www.swangathering.com
- 7/6-12 *Traditional Song Week*
- 7/13-19 *Celtic Week*
- 7/20-26 Old-Time Music & Dance Week
- 7/27-8/2 Contemporary Folk Week

WASHINGTON

6/29 *Skandia Midsommarfest,* Sunday 11:00 a.m. -6:00 p.m., at St. Edward State Park, 14445 Juanita Dr. NE, Kenmore, WA. Skandia's authentic rendition of summer solstice festival with music, dance & much more. Info: (206) 784-7470 or skandia-folkdance.org

Federation Corner continued from page 3.

Sam was hired by the San Luis Coastal Adult School and taught folk dancing all over the county including Cuesta Community College, Sunnyside Elementary School, a children's group in Atascadero, the Four Square Church and many stints with the Bay Osos Folk Dancers at farmer's markets, June and October fests, Bar Mitzvahs and parties. He is still sought after to lead his favorite Greek dances and as an advisor and consultant on styling and steps.

As if life wasn't busy enough, Sam went back to school at California State Polytechnic University in 2000 to follow another interest and became a master gardener. He was appreciated as the oldest student in the program and a model for lifelong learning.

Aside from dancing, Sam has training and degrees in Family and Child Development and has found folk dancing useful as part of the therapy he provided clients. To him folk dancing "was recreational but also a way of teaching people how to get along with others" and "helpful in bringing people back into social activity after the loss of a loved one."

He is glad to see partner dancing returning to the programs and encourages instructors and clubs to include the simpler round style dances in order to draw young people back into folk dancing (Teton Mountain Stomp, Oklahoma Mixer, Tango Poquito).

Sam and Shirley Mednick have been a team and an inspiration to many people over the years. We are so happy to celebrate them and their lifelong contributions to folk dancing. Thanks from the Bay Osos Folk Dancers!

This article is from an interview with Sam done by Anne Tiber on Feb. 3, 2014

- FOREIGN ARMENIA
- 5/4-15 *Folk Tour to Armenia* led by Tineke van Geel. Info: jimgold@jimgold.com or (201) 836-0362

CANADA

4/25-27 *Lyrids 2014 Folk Dance Festival* in Burnaby, British Columbia, (replacing Salt Spring Island Festival). Info: info@lyridsfolkdancefestival.org

GREECE

6/29-7/11 *Folk Tour to Greece and the Greek Islands* led by Lee Otterholt. Info: jimgold@jimgold.com or (201) 836-0362

HUNGARY

7/31-8/11 *Folk Tour to Hungary* led by Adam Molnar. Info: jimgold@jimgold.com or (201) 836-0362

IRELAND

NORWAY

7/10-23 *Folk Tour to Ireland* led by Jim Gold. Info: jimgold@jimgold.com or (201) 836-0362 ISRAEL

3/8-21 Folk Tour to Israel led by Jim Gold & Joe

6/14-24 Folk Tour to Norway led by Lee Otterholt.

July Folk Tour to Poland & Ukraine led by Richard

Info: iimaold@iimaold.com or (201) 836-0362

Schmidt. Info: jimgold@jimgold.com or (201)

Freedman. Info: (201) 836-0362 or

jimgold@jimgold.com

POLAND & UKRAINE

836-0362

On the Scene

VESELO SELO

For the year 2014 every 1st, 3rd and 5th Saturday, Veselo will be dancing at the Unitarian Church located at: 511 S Harbor Blvd. Anaheim. Every 4th Saturday we will be dancing at the Anaheim Community Center Downtown Anaheim at 250 E. Center St. (corner of Philadelphia & Center). Every 2nd Saturday, Veselo will be closed. Please see our Website at: www.veseloselofolkdancers.org for updates on event information, location, hours and directions.

March Calendar

March 1: Nostalgia Night at UUCA - Unitarian Church on Harbor Blvd (7:30 - 10:30 p.m.) March 8: Closed every 2nd Saturday in 2014! March 15: Closed due to a church-sponsored event. March 22: Special Event! - Veselo presents a special evening with Master Teacher, Lee Otterholt! Lee will teach Syrtos Kitrinou, from Greece, and Yar Go Parag from Armenia, plus some surprises! (8 p.m. – 11 p.m.)

March 29: All Request Night - UUCA - Dancing at the Unitarian Church on Harbor Blvd. (7:30 - 10:30 p.m.) Kathv Molga

MENDOCINO FOLKLORE CAMP

Well, it's getting to be that time of year - summer folklore camp - Mendocino, of course! This year it will be from July 5 to 12th. We have classes in dance, music (instruments and singing). It all happens in the beautiful Mendocino Woodlands up the mountain from the town of Mendocino on the northern coast of California.

The main dance teachers this year are: Marty Koenig – Bulgarian / Macedonian Rebecca Stout – Appalachian flat-foot Istvan Szabo (Kovacs) and Deanne Hendricks -Hungarian.

Plus workshops in Japanese, Ancient Hula, Belly Dance and Contras. Folklore Camp is famous for its fabulous food (and plenty of it). Musicians include Maimon Miller, and Bill Cope

Beginners in all areas are enthusiastically welcome. Our memorable evening parties, which start at Happy Hour, feature live music and ethnic themes relating to our teachers.

For more info: (818) 261-9691, or www.mendocinofolklorecamp.com

WESTWOOD COOPERATIVE FOLK DANCERS SPRING FESTIVAL

You are invited to Westwood Co-op's annual free Spring Festival to be held on April 6, 2014, from 1:30 to 5:30 p.m. Note: Change of venue this year. The festival will take place at Brockton School, corner of Texas and Armacost. (between Santa Monica and Wilshire Blvd.), west of the 405 freeway in West Los Angeles.We are pleased to tell you that Brockton School features a smooth wood floor and ample free parking.

Please join us for another of Westwood's great events. See full page ad in this issue of Scene.

For information, contact Beverly Barr at (310) 202 6166 or 310-478-4659 or dancingbarrs@vahoo.com

Laurette Carlson

ALASKA CRUISE & NORTHWEST FOLK-LIFE FESTIVAL

Join Beverly and Irwin Barr, May 17–26, 2014, for 10 days of fun, combining a 7 day Alaska Cruise on Holland America, including our own folk dancing on board the ship and 3 days at the Folk-Life Festival in Seattle, the largest and most impressive folk festival of its kind. Planned hotel accommodations and transportation in Seattle are available. If you have friends or family to stay with in Seattle, it can be done your way. This Holland America Alaska Cruise visits Victoria, BC and some of the best and most interesting ports in Alaska.

Your Seattle stay is flexible. After the cruise our plan is to stay and enjoy the exciting festival for 3 days. One round trip to and from Seattle is also a plus. There is a big demand for cruise ships, so act auickly to be sure you get the type of accommodations you want and our reduced price. See the full page ad in this issue of Scene. Call Beverly or Irwin for reservations or for any questions. (310) 202-6166 or (310) 478-4659 or dancingbarrs@yahoo.com

Beverly Barr

Westwood Co-operative Folk Dancers presents

Spring Festival

Sunday, April 6, 2014 1:30 - 5:30 pm

A Festival of International Dances

We are encouraging new dancers to join us as we will be teaching a few simple and easy but interesting dances for all to enjoy.

Costumes Welcome

Free Admission Lots of Free Parking

Brockton School

1309 Armacost Ave. Los Angeles. CA 90025

Between Santa Monica & Wilshire Blvds. Between Barrington & Bundy

After Party to be Announced

for info call Beverly (310)202-6166

dancingbarrs@yahoo.com

Sponsored by the Westwood Co-op Folk Dancers

Members of the Folk Dance Federation of California, South

Poetry Corner

TO OUR SOUTHERN CALIFORNIA FOLKDANCE COMMUNITY

Having been so far away from home, vet home in its ephemeral dance in the round

Visions of freeways that are anything but Cars taking their propertied places While humans grapple for...

For survival for a few hours of permission to dance on a borrowed floor

The topsy-turviness of it all...

And yet The incredible Kindness Generosity Devotion Commitment

More awesome And more unforgettable

Than all the worries and jostles And traffic jams...

From Karen (Edinger) Belkić Written 1 day after arriving in Stockholm from So. Calif. February 4-5 2014 (Adar I 4-5, 5774)

MARCH MIST AND SLOW JAZZ

March mist, like slow jazz curling out of a muffled sax, smooths sharp edges, swallows shadows, wraps swaying couples in water-color sound, seeps softly into great voids and small; musical misty grace slowing time and sense, soothing parched places longing for rain.

Camille Dull

LIMERICK

My dreams were providing a treat: I was folk dancing on the nimblest of feet. Then Alunelul's dream stamps Brought on real-life leg cramps. What a nightmare! I bailed tout de suite.

Carl Pilsecker



Join us June 14~21 and explore the richness and variety of the dance and music of Norway & Sweden.

Dance and music classes at all levels.

Complete details and an application are on our website. www.ScandiaCampMendocino.org

Scholarships available



SUNDAY EVENING DANCING IN LAGUNA BEACH

Susi Q center, 380 Third St., Laguna Beach, CA 92651

7:00 - 9:45 p.m.

March 2014 Teaching Schedule

March 2 Lee Otterholt reviews dances introduced at the Laguna Festival

March 9 Reviews of recently taught dances, teacher tba

March 16 Lee Otterholt teaches additional dances from the Laguna Festival

March 23 Shana Winokur teaches Sevdino, a classic dance of Bulgaria

March 30 All request evening

Info: (714) 893-8888 or www.LagunaFolkdancers.org Diane Baker

PASADENA CO-OP

Introductory teaching will be by Marc and Jan Rayman, and Valerie Daley will teach one or two intermediate dances. Check our website after March 1 to see what particular dances are being taught and played each Friday in March.

With the possible exception of March 14, when we may have to dance elsewhere, we dance every Friday evening at Throop Unitarian Church, 300 S. Los Robles (at Del Mar). We are a 10 minute walk from the Del Mar Metro Station. Teaching is 7:45 -9:00. Programmed and requested dances follow until 11:00. Dance programs for the current month and other information are posted on our website: PasadenaFolkDanceCoop.org. For more information contact Jan at JanRayman@charter.net or call (818)-790-8523.

Jan Rayman

NARODNI INTERNATIONAL FOLKDANCERS

March 6 Armenian dance review: Vana Tsignors and Shorar

March 13 St. Patrick's Day Party with a special exhibition of Irish dances by students from the Lyons Dance Academy

March 20 & 27 New dances from the Laguna Festival workshops.

Our regular meeting night is Thursday at the Bellflower Woman's Club from 7:30 to 10:30. If you want to get on the mailing list to receive our weekly email announcements, you can sign up at narodni@callicomp.info

For more information contact Julith Neff at (562) 404-4383 (home) or (562) 881-9504 (cell). You can also visit our website at www.narodni.org for basic information.

Julith Neff

WEST L. A. FOLK DANCERS ARE HAVING SOME PARTIES

What will we do to let everyone know that we are here.

We will vell and holler and cheer.

We know our parties are so much fun,

The dancing, laughter, and eating too,

We want you to be there to enjoy it too.

Bring something to share for the snack table. Come and enjoy the love of the evening.

Monday, March 17 – St. Patrick's Day Party, Let's celebrate the Irish. Dress in your Irish green and bring a friend.

Monday, March 31, April Fool's Day Party. You have a chance to attend another party on the day before April Fool's Day. Be creative or come as you are.

On party nights we begin at 7:30 and end when you get too tired to dance.

We dance on a beautiful wood floor at Brockton School, 1309 Armacost Ave. in West L.A. between Barrington and Bundy, one and one half blocks north of Santa Monica Blvd. For information: Beverly or Irwin Barr, (310) 202-6166 or (310) 478-4650 or dancingbarrs@yahoo.com

WOULD YOU LIKE TO FOLK DANCE AND LINE **DANCE DURING THE DAYTIME?**

Contact Beverly Barr for information: (310) 202-6166, (310) 478-4659 or e-mail dancingbarrs@yahoo.com

Beverly Barr teaches 3 weekly daytime classes in different areas. Find the one that is best for you. Monday afternoon in Sherman Oaks-\$5.00, Tuesday morning in Beverly Hills-\$2.00, and Wednesday afternoon in Culver City-\$4.00. All of the daytime classes are one and a half hours. We dance on wood floors in all of our classes. These locations are all in Senior Centers and are closed on legal holidays.

Dancing has many benefits: beautiful music from many countries, good exercise, brain training and new friendships. And you can enjoy dancing without a partner.

WESTWOOD COOPERATIVE FOLK DANCERS

Our Camp Hess Kramer weekend will be March 14-16. We offer activities that are somewhat between the October Camp Review and New Year's Camp: more teaching than at New Year's Camp and more varied activities than at October Camp Review.

If you're interested, you may use the registration form in our ad in this month's Scene. Ouestions. please call Sandy at (310) 391 7382.

Our member, Forrest Gilmore, has moved to Carmichael, CA, and would greatly appreciate hearing from some of his friends. In this way he hopes to maintain his long-standing connection to the folkdance community. His new address is: 3827 Walnut Ave., #P17, Carmichael, CA 95608. His new phone number is: (916) 900 4844.

WEST L.A. FOLK DANCERS

Mondays: 7:45 - 10:15 p.m.

We meet every Monday evening including holidays. If there is a Monday holiday and you were not there the previous week, call to find out if there is a class. or a party night. This is a very friendly group of intermediate dancers, learning and dancing great dances. This class keeps up with the popular new dances, and keeps the great old ones alive. Beverly will also be teaching and reviewing dances from the recent folk dance camps and workshops.

If you are new to our group or have not been there for a while, call to check if a special event is happening, or if we are on vacation. We hope to see vou soon.

For information call (310) 202-6166 or (310) 478-4659 or dancingbarrs@yahoo.com

CELEBRATE DANCE 2014

Celebrate Dance 2014. Various dance performances. March 8 - Saturday, 8:00 p.m. Alex Theater, 2216 North Brand Blvd., Glendale Info: Office Box: (818) 243-2539, http.// www.alextheater.org

n Folk Dance July 20-27& July 27-August 3, 2014 Faculty George & Jan Pumpr & **Roberto Bagnoli** Cesar Garfiaz Irina Arabagi Jitka Bonasova Salsa Rueda International **Czech Republic** Non-partner Miroslav "Bata" Ercüment Kilic Turkey Marčetić More surprises are being planned, including the party themes. Stay informed by visiting our website Susan Petrick Ziva Emtivaz Susan Worland Eric Hoffman **Belly Dance** www.folkdancecamp.org Squares & Contras & Friends Workshop Squares & Contras SFDC Band

Laurette Carlson



Ethnic Food

BUCHTAS (SLOVAK SWEET DUMPLINGS)

Ingredients:

- 1 package active dry yeast
- 1/2 cup milk
- 1 tbsp sugar
- 3 cups all-purpose flour
- 1 egg
- Jelly your favorite flavor
- Instructions:

Warm milk in sauce pan and remove from heat. Add sugar and yeast. Cover with a cloth and let it sit for about 20 minutes. Blend flour, egg and raised yeast. Allow to rest for about an hour; this will make the dough. Roll out the dough with a rolling pin about 1 cm (3/8")thick. Cut out circles with a cookie cutter. Place a teaspoon of jelly on one circle and place a second circle on top. Pinch the edges together. Place a steaming tray on top of a saucepan of boiling water. Add a few of the buchta)the dough with the jelly), cover and let it steam for about 10 to 15 minutes. Do not peek in!!! - Let it cook. Take the buchtas out of the pot; brush with melted butter and top with cocoa powder and powdered sugar, poppy seeds, finely chopped nuts, or whatever you like.

JABLKOVY KOLÁČ (SLOVAK APPLE CAKE)

This is a traditional Slovak holiday dessert of a cinna-
mon apple filling between two layers of dough.SiIngredients:44 cups flourbi2 sticks butter, softenedai1 cup powdered sugarth1 tablespoon baking powdercu2 eggssi2 tablespoons milk if neededSi2 lbs applesMvanilla sugar11 teaspoon cinnamonPrep Time: 2hours

Instructions:

Combine flour, butter, eggs and powdered sugar into dough ball, adding milk as needed. Coat 13" x 9" baking pan with non-stick spray; divide dough ball in half; roll out one half to fit into baking pan. Peel and grate the apples; blend in cinnamon and vanilla sugar to taste. Spread apple mixture over dough in baking pan. Roll out second half of dough to fit pan and place carefully over the apple mixture. Bake 30 minutes in preheated 390-degree oven until dough is done. Allow dish to cool, dust with powdered sugar and cut into 2" squares.

HOUBOVA POLEVKA MYSLIVECKA (HUNTER'S MUSHROOM SOUP)

Ingredients: 3/4 pound mushrooms, sliced 1 onion, chopped 1 tablespoon vegetable oil 2 strips bacon, cut into small pieces 1/4 cup flour 5 cups water 1 chicken or beef bouillon cube 1/4 cup heavy whipping cream 3/4 cup cooking wine (or substitute water) Salt and pepper, to taste Instructions:

In a large pot, heat oil over medium heat. Add the bacon pieces and fry until crispy. Add the mushrooms and onion and fry until tender, about 4 minutes. Add the flour and stir until the flour begins to brown. Add the water and bring to a boil, then add the bouillon cube. Stir until dissolved. Reduce heat to medium and simmer about 20 minutes, stirring occasionally. Add cream, salt, pepper, and cooking wine (or water). Simmer for an additional 15 minutes.

Makes 4 servings.

Rich Duree

FOLK DANCE FEDERATION OF CALIFORNIA, SOUTH

SCHOLARSHIP APPLICATION FORM

Purpose of the Scholarship Program: The FDFC,S has formed the Scholarship Program to: 1) develop potential folk dance teachers and leaders; 2) develop potential folk musicians; and 3) recognize individuals for service to and active participation in the folk dance community.

ELIGIBILITY FOR CONSIDERATION: The following criteria have been established for eligibility and consideration for scholarship awards. The applicant: 1) must be a member of a Federation club or be recommended (sponsored) by an officer of the Federation; and 2) must not have received an FDFC,S scholarship within the past three years.

AMOUNT OF SCHOLARSHIP AWARDS: A limited number of scholarships will be awarded, based on available funds. The scholarship is usually for half the cost of the camp.

NAME	PHONE
EMAIL	
ADDRESS	
CAMP FOR WHICH YOU ARE APPLYING	
PREVIOUS FOLK DANCE CAMPS ATTENDED	
PREVIOUS FDFC,S SCHOLARSHIPS RECEIVED (camp and year)	
AFFILIATION OR NAME AND SIGNATURE OF SPONSOR	
Describe your folk dance "career". On a separate page des dates and locations); 2) music experience (if any); 3) activiti	

dates and locations); 2) music experience (if any); 3) activities, services, contributions to your club or the Federation; 4) offices held; 5) areas of expertise (teaching, research, countries studied, etc.; and 6) A paragraph or two stating how you intend to use the scholarship to benefit folk dancing and the Federation.

Send or e-mail (preferable) application to Lynn Bingle, 120 E. Juanita Ave., Glendora, CA 91740. E-mail: ricklynnbingle@gmail.com Contact Lynn if you have any questions (626) 914-4006.

DEADLINE FOR SUBMISSION: April 15. All applicants will be notified by email when their applications are received. Please call Lynn if you do not receive notification. Recipients of scholarships will be notified by April 30. Thank you.

Dancers Speak

Quote of the Month

When you dance, your purpose is not to get to a certain place on the floor. It's to enjoy each step along the way.

Wayne Dyer

Wayne Walter Dyer is an American self-help author and motivational speaker.

Question of the Month

Do we take ourselves too seriously and forget to have fun?

EXPLANATION

In last month's Scene, I wrote an article about Westwood's Camp Hess Kramer weekend, coming up March 14-16. It has come to my attention that a couple of people misread my intentions in describing the weekend. I described it as being something between October Camp Reviews and New Year's Camp. In stating that Westwood's weekend would have more dance teaching than New Year's I was not suggesting that New Year's camp should have had more teaching. In stating that Westwood weekend had more varied activities than October, I was stating a simple fact. October camp has always been a weekend of primarily teaching. That is exactly what people expect and want of the camp. In no way did I mean to be critical of either camp. I have not missed a single October camp for over 20 years and have loved it each year. I have eagerly attended both New Year's camps and have encouraged many others to attend. My apologies to anyone who misunderstood my intent.

Sandy Helperin

MARGE @ LARGE – REFLECTIONS AND IM-PRESSIONS

The ethnic diversity in SoCal is astounding. No need to travel abroad to see folk dancing. The opportunity is right in our backyard – this time in Orange County. Recently, while taking a walk, I stopped at Merry's, a store specializing in Mid-Eastern goods (not food). She gave me an ad for an international folk dance concert produced by Angelika Nemeth at Orange Coast College. I proceeded to request tickets on-line. When the day of the concert arrived, I almost had second thoughts. The performing groups did not represent the regions that I love most (i.e., Eastern Europe and the Balkans). The only European number was a flamenco dance from Spain. However, we had tickets and so we went. And, was I pleasantly surprised! The concert started with a lively entrance by the participants entering from behind the seating area and down the aisles toward the stage.

The enthusiastic audience enjoyed Middle Eastern, West African, Hawaiian, Samoan, and Indian groups. Other countries represented were Spain, Iran, and China. The kids in the Samoan group practically stole the show. It was exciting to see the Chinese ribbon dance, and I thoroughly enjoyed the Hawaiian chanting. The solo dance by Angelika was astounding. She manipulated the wings of her costume with true expertise. Frankly, even if she may not have eastern European or Balkan groups, I look forward to Angelika's next production in May.



Irina , Marge and George

Moving right along, the Laguna Beach Folkdancers presented their annual festival in Newport Beach. Featured teachers were perennial favorite Steve Kotansky and recent newcomers, Irina and George Arabagi. Steve presented Balkan dances, and on Sunday he led a half-hour of dances featuring "Kotansky Favorites". Irina and George are originally from the Ukraine and Moldova, respectively. They danced professionally with dance ensemble *Dzok*. Both are beautiful dancers – in addition, George is quite charming and Irina is drop-dead gorgeous. They were on Stockton Folk Dance Camp faculty in 2012 and will be teaching again at Stockton this summer. The Sunday concert showcased ethnic groups mostly from Orange County. A special treat was George and Irina dancing *Razashaska* and *Zustrychi* – one from Moldova and one from Ukraine. So nice! Scandia did not disappoint in its umpteenth appearance at the Laguna Beach Festival, and several groups made repeat appearances. SAY from Santa Ana presented a couple of Mexican dances; the Irvine Greek Orthodox Church children's dance group was very charming; Syrtaki's humorous musical play was well-received even though it entailed some folks having to wipe up some spilled water before the next dance number; Gypsy Folk Ensemble presented lively dances from Italy; and the concert ended with graceful Chinese dancing.

Ethnic folk dance groups are alive and well in SoCal. They maintain their culture and share that culture with us. It is our gain, and for that, I am grateful.

Marge Gajicki

NORRLANDIA CAMP, Sweden, July 2013

John Chittum and Dori Lehner received federation scholarships to help with the expense of attending this camp. Here is what they wrote after attending the camp of their choice:

Norrlandia Camp is a week-long camp for traditional Swedish dance that takes place only once every three years and is taught in English. Since English is the common language used by the teachers, this draws a wide range of English-as-a-second-language speakers. As you might expect, there were a number of dancers from Denmark, England, Norway, Sweden of course, and some 20-plus Americans. But it was amazing to see that there were also seven couples who had come all the way from Japan, and were very excellent dancers.

Our trip started with a nine hour flight from LAX to London, where we stayed with family and were able to get past our jet lag. On a two-hour flight to Arlanda airport outside of Stockholm we met friends already on the train heading three-and-a-half hours north to Dalarna, one of many areas in Sweden with a rich music and dance tradition. Here we stayed with friends and were able to take in the local evening dances and concerts in Furudalsbruk (where our friends live), in Boda, Vikarbyns near Rattvick, and Nedre Gardsjo. It was great fun.

On the morning of the 20th of July we were picked up by our companions for the trip farther north to Halsingland and Norrlandia camp at Harsagarden, described as a lakeside resort known for beautiful scenery, hiking trails and fine cuisine. Harsagarden operates as a kind of hostel for travelers who want to enjoy the outdoor activities of the area, and consists of a central building with dining room, laundry and other facilities, and a number of very comfortable cabins. The dance hall was only twenty feet from lakeside.

The week was a non-stop rush of dance and music classes. Morning dance classes, lunch, then afternoon classes, dinner, then the evening dance parties. Dances taught were from Gastrikland, Jamtland, Halsingland, Dalarna, Angermanland/Medelpad -- a list of dances that would take a whole page to list. The dances included some dances that we had done before but were happy to get fresh ideas and teachings on, and some traditional dances that we hadn't seen before. One evening all the campers were bussed to a dance at Hovra, held in their special award-winning octagonal dance hall, so we danced out in the community with local Swedish dancers. These local dances were incredibly crowded, challenging to maneuver through, yet at the same time wonderful fun when we realized how much our skills were improving.

One of the special classes offered was Cow Horn. Since John was the only camper to bring a cow horn, he was able to get special classes with Bengt Jonsson, camp organizer, teacher, and award winning cow horn player. What a thrill! People are either amazed or annoyed by it, but it's great fun.

We've come back with a list of great dances we can teach and feel that we've deepened our understanding and experience not only of the dances themselves, but also of the people and communities where they come from.

Thanks to the Federation for helping us with this incredible trip.

John Chittum and Dori Lehner

