



Folk Dance Scene



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Folk Dance Scene is published to educate its readers concerning the folk dance, music, costumes, lore and culture of the peoples of the world. It is designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

SUBMISSIONS: Information to be included in the *Scene* should reach the editor by the 10th of the month preceding publication. We reserve the right to edit all submissions for space considerations. Electronic submission (including all photos) is required. Views expressed in *Scene* are solely the opinions of the authors. Neither *Scene* nor the Federation assumes responsibility for the accuracy of the information sent in.

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On the cover : Karina Wilson teaching West African dance and drumming at August Camp, NM, 2012



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Editors' Corner

Featured this issue is West African dance and culture. The cover is from New Mexico August Camp. The Teacher Corner introduces a local teacher, and the cover story includes dance, music and food.

Find your current events in Calendar and On the Scene, others in Recent Events.

Our poets contribute again this month - do you write?

Remember this issue is your last of the year. We'll be back in February.

Be of good cheer!

Pat Cross and Don Krotser

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For information about dancing in the area, contact the Federation at (310) 478-6600 or Federation website: SoCalFolkdance.org

Teacher Corner



The information below was taken from Dick Oakes' and Dunham's websites.

Sarah Anindo Marshall enjoyed a successful solo career in her homeland of Kenya and in Europe as a teenage vocalist, dancer and percussionist, becoming known as "Kenya's Singing Sensation". As a dance student in Kenya studying ballet, modern,

jazz and African dance, she was introduced to the Dunham Technique in Nairobi at age 14 and in 1983 moved to the USA to study with Miss Dunham. Today Ms. Marshall is one of less than 20 certified Dunham Technique instructors in the world, conducting Dunham Technique residencies in LAUSD schools, as part of the Arts Community Partnership Network.

Anindo is an accomplished musician, percussionist, and a dance teacher of African dance from East, South, Central and West Africa. She has studied with the world's finest percussionists: Babatude Olatunji, Mamadi Keita, Mor Thiam, Lamin Dido Camara, and Karamba Diabate to mention a few.

She is also frequently called upon to lend her expertise in the performing, recording and Film-TV communities, such as her recent position as Music and Technical advisor for Survivor-Africa. Ms. Marshall also teaches at Debbie Allen Dance Academy, Lula Washington Dance Academy, Occidental College and LMU.

Anindo teaches percussion from Africa and Latin America. She teaches West African drumming techniques in a high-energy "drum circle" format. Ms. Marshall's African dance class mixes movement with a strong cultural component. Her classes are full of great energy and fun for dancers and drummers of all ages and skill levels. She has taught West African dance and drumming at Mendocino Folklore Camp, and has her own dance school: Marshall Dance Company in Woodland Hills, CA.

The Culture of West Africa

*The following article was taken from the web-site:
http://www.ehow.com/about_5455673_history-west-african-dance.html*

THE HISTORY OF WEST AFRICAN DANCE

Otehlia Cassidy, eHow Contributor

West African dance is an essential component of West African culture. Over time, traditional dances incorporated new moves, rhythms and ideas. Through the slave trade, and through national production of traditional dance forms, West African dance has found its way around the globe. West African Dance has influenced many popular American dance forms, such as hip-hop, salsa and jazz dance. Traditional dances are still practiced by many people today.

Traditional West African Dance

Dance has always played a very important role in the lives of West Africans. Throughout history, West Africans performed dances to celebrate a birth, harvest or death. Communities relied on dance to ward off evil spirits, to ask the gods for prosperity, or to resolve conflict. Dance continues to serve those functions. For example, villagers perform the Malinke rhythm Kassa during farming and harvesting work. The singing, dancing and clapping entertains and motivates the hard-working farmers.

Characteristics of West African Dance

African dance, according to R.F. Thomson, has four unique qualities. First, the body moves in a multi-unit fashion, where the head and arms may move to one rhythmic pattern while the feet follow a different time signature. Second, it is percussive; the dancer interprets the rhythmic nature of the music through movement. Third, though as a whole African dance is a community event, some dancers follow different parts of the rhythm, dancing "apart" from the crowd. Finally, West African dance phrases, or sets of movements, overlap, creating a "call-and-response" pattern.

Drum in West African Dance

Drums, played with hands and sticks, are a vital component of West African dance. The drum is the "language" that the dancer interprets. The drum patterns signify to a dancer when to start or stop a certain move, and what moves to use. The dancers also challenge and direct the drummer through their moves. The drummer translates the dancers' moves

into rhythms. The drummer and dancer are interconnected.

History of African Dance in North America

West African dance reached the Americas during the slave trade. Slaves were often prohibited from dancing, but African-based movements found their way into European dance styles, quickly evolving into popular American dances. The influence of African dance can be seen in early American dances, such as the Ring Shout and the Cakewalk, and later dances such as the Jitterbug, and the Charleston. The influence is still visible in more contemporary styles of dance including hip-hop and jazz.

West African Dance Today

West Africa dance traditions are still very important to West Africans. Many West African nations promote their rich dance history through national dance companies. Certain traditional dances are still performed, while many other rhythms and dances are created or developed for certain modern contexts. West African dance is enjoyed worldwide for its expressive movements and aerobic benefits in classes and performances.

*The following article was taken from the website:
<http://spotlightonmusic.macmillanmh.com/n/teachers/articles/folk-and-traditional-styles/west-african-folk-music/popup>*

WEST AFRICAN FOLK MUSIC

The music of West Africa is a limitless field of study. Though its boundaries are indefinite and fluid, the region stretches roughly from Senegal east to Chad, south to Cameroon, and back west through Nigeria, Ghana, and the other coastal countries. Within this area, there are hundreds of distinct cultures and languages, each with its own musical practices. West African music, like all music, is in a state of constant change, both through indigenous innovation as well as external influences.

General Music Concepts

Music, dance, theater, and other arts overlap in many West African cultures-in fact, they are often seen to be part of one larger concept. In some languages, one word is used to represent music and dance. Music is largely an oral tradition; written notation has been used in only a few instances during the past 100 years. Despite this, many songs

are composed, in that a structure is organized by a composer prior to performance and then taught in parts to other performers. Variation is allowed and often encouraged—it might include adaptations to the lyrics or changes in rhythmic accents.

Vocal music and songs are an important part of all West African cultures. Choral music is generally sung in unison or octaves in West Africa. Call-and-response singing, in which a leader alternates with a chorus of singers, is very common. Sometimes, the beginnings and ends of the leader and chorus parts overlap. Solo singers are common, and they accompany themselves or sing with an instrumental ensemble.

Rhythm

Rhythm is the fundamental organizing principle in most styles. Generally, a steady tempo is divided into pulses—the smallest units of rhythm—that serve as a way of orienting time. Groups of pulses are organized by beats every 3, 4, 6, 8, or 12 pulses. These are not accented as downbeats as in European music, but rather serve as markers of the passage of time. During performances, singers and sometimes audience members clap the beat.

Actual instrumental parts and song melodies are then organized by cycles, repeating patterns that usually last 8, 16, or 24 beats. These cycles are usually syncopated patterns that repeat throughout a piece. In West Africa, different patterns interlock to create some of the most complex polyrhythms found in the world. This complexity is usually held together by a time line, which is a steady, repeating (though usually syncopated) pattern played on a bell, sticks, or the side of a drum.

Music and Society

In all cultures music is deeply integrated into the activities of society, and the cultures of West Africa are no exception. First of all, music can be played simply for entertainment, whether it's an individual singing or playing to pass the time, or it's a large concert to celebrate the weekend. Music often accompanies religious rituals or ceremonies that mark cycles of life, such as birth, puberty, weddings, and funerals. Among the Fulbe people, all the young males of a certain age are taken away from their families to learn their new social roles, and also to learn special songs and instruments that they play upon their return. Music is often connected to work; occupational groups (like guilds) might have their own music and songs. In other cases music helps make work more enjoyable or efficient. For example,

in many places women coordinate pounding millet with a mortar and pestles to produce rhythmic patterns.

Music can have a connection to politics as well. Historically some instruments were used only in the courts of rulers. Musicians there would play songs of praise and stories of the history of the ruling family. This practice continues today among some cultures,

including the Ashanti of Ghana. The *atumpan* is a special drum played only for the chief. By manipulating the tone and pitch of the drum, drummers are able to "speak" with the drum to praise the chief and his ancestors. Today this practice lingers with politicians who hire musicians to play for them at rallies or other political events.



A *griot*, also called a *jali* or *gewel*, is a professional royal musician found in Senegal, The Gambia, Guinea, and Mali, though they now are not always attached to a court. A person is born into a *griot* family and learns the profession as a child. Historically *griots* not only praised the chief and his relatives, but also served as the society's historians—singing stories of great events from the past.

Instrument Types

Every type of instrument can be found in West Africa. Though drums are often thought of as the defining element of West African music, idiophones (literally "self-sounding" instruments) are the most pervasive. These include shakers like the *shekere* of the Yoruba of Nigeria, bells like the *gankogui* of Ghana, finger-pianos, and xylophones like the large *bala* of the Mande people. In many cultures an idiophone is used to play the time line.

Drums are found in many different shapes, sizes, and construction, even within one culture. Some drums are single-headed, like the *djembe*, while others have two heads and are held under the arm or in the lap, like the *bata* drum of Nigeria. Double-headed tension drums called *dondo* can be found in Ghana and Nigeria and are lined with rope that a player can squeeze to change the pitch. In general, drums are played with sticks or with the hands, or both.

Aerophones, or wind instruments, are found throughout West Africa. Animal horns and tusks are often used for side-blown trumpets, while end-blown flutes are generally made from bamboo, millet, or

carved wood. Double-reed wind instruments are found in the savannah belt, and may be evidence of influence from Arabs to the north across the Sahara.



Chordophones, or stringed instruments, are also widespread. One-string bowed fiddles are often played by a solo singer to accompany the song. Lutes like the *ngoni* of the Mande

often play in ensembles with the *bala*. The *kora* is a hybrid instrument that combines elements of a lute and a harp. The *kora* is built with large gourd body and a long neck made from wood. Up to 21 strings extend in two rows from the body to the neck so that a player can pluck the intricately polyrhythmic melodic patterns with both hands.

Folk Music Today

Folk music retains an important place in the lives of most West Africans, particularly those who live outside the urban areas where popular music thrives. Like cultures everywhere, folk music helps maintain the unique identity of each culture and pass along important information to each generation, while simultaneously helping lighten the many burdens of life.

AFRICAN DANCE GROUPS IN SOUTHERN CALIFORNIA

Capoeira Sul Da Bahia - Los Angeles

Neighborhood: Culver City

6249 Bristol Pkwy, Culver City CA 90230

(310) 407-9906

African Produce Market Incorporated

Neighborhood: Downtown

1268 Produce Row, Los Angeles CA 90021

(213) 236-0902

First African Methodist Episcopal Church

Neighborhood: Pasadena

1700 N Raymond Ave. Pasadena CA 91103

(626) 798-0503

Second African Methodist Episcopal Church

Neighborhood: South Los Angeles

5500 S Hoover St. Los Angeles CA 90037

(323) 753-2451

Oxnard Community African Dance Class

Neighborhood: Ventura

3007 Bunson Ave, Ste E, Ventura CA 93003

Adaptacion Dance & Music Company.

Grossmont College, San Diego.

619/644-7766

WEST AFRICAN COOKING

Early influence on West African cuisine came about due to trade with Arab countries. Rice and cinnamon, in particular, became important ingredients in traditional dishes. Later, European explorers brought chili peppers and tomatoes, peanuts, corn, cassava and plantains to West Africa. In exchange, the New World began cooking with black eyed peas and okra from West Africa.

West African Recipes

Three typical recipes follow. I did not have time to test them, but they look good!

Groundnut Stew

2 sweet potatoes

2 tablespoons vegetable oil

3 cloves of garlic, minced

3 tablespoons ginger, minced

2 tablespoons coriander

1/2 teaspoon cayenne

1 medium onion, chopped

2 medium tomatoes, chopped

4 cups eggplant, cubed

1/2 cup stock (vegetable or chicken)

1 cup zucchini

2 green peppers, chopped

2 cups tomato juice

1/2 cup peanut butter

Boil the potatoes until just tender. Sauté the garlic and ginger with the spices for one minute and then add the onion. Sauté a few minutes and add tomatoes, eggplant and a bit of water. Simmer for

ten minutes. Add the zucchini and peppers and continue simmering for 20 minutes more. Drain the potatoes and mash roughly and add to the stew.
Serve on rice



Jollof Rice

2 cups long grain rice
1/4 cup groundnut (or olive) oil
2 tablespoons butter
1 teaspoon dried thyme, or two tablespoons of fresh
1/4 teaspoon curry powder
1 onion, sliced
1 stalk celery, diced
1 green pepper, seeded and diced
2-3 cloves of garlic, crushed
1 cup raw chicken breast, diced
1/2 piece ginger, peeled and grated
1 tablespoon paprika
2 tablespoons cayenne
3 tablespoons tomato paste
2 large tomatoes, chopped finely
1 carrot, cubed
1 chicken bouillon cube
1 bay leaf
3 cups chicken stock
2 cups water
1 cup of frozen peas
Salt to taste
1/4 cup parsley or cilantro to garnish

Heat oil and butter in an ovenproof pot. Add chicken breast, paprika, cayenne, onion, celery,

green pepper, garlic and ginger. Sauté for 3 minutes. Add the carrots and sauté with a little salt. Add the tomato paste, tomatoes, curry powder, bay leaf and thyme and cook until the tomatoes get soft. Add the frozen peas and rice and sauté for another couple of minutes. Add 3 cups of the stock, water and bouillon and some salt. Cover and cook until mostly done, about 30 minutes. If the rice is still hard, add 1/4 cup of water and cover with foil, continuing to cook for a bit longer.

Garnish with parsley or cilantro.

Serves 4

Benne Cakes

1 cup brown sugar, finely packed
1/4 cup butter, softened
1 egg, beaten
1/2 teaspoon vanilla
1 teaspoon fresh lemon juice
1 cup all purpose flour
1/2 teaspoon baking powder
1/4 teaspoon salt
1 cup toasted sesame seeds

Preheat oven to 325 degrees

Lightly spray cookie sheet with oil or cover with parchment paper

Mix together the brown sugar and butter, beating until creamy. Stir in the egg, vanilla and lemon juice. Add flour, baking powder, salt and sesame seeds.

Drop by rounded teaspoons onto cookie sheet, two inches apart. Bake for 15 minutes, or until edges are browned.

Makes about 2 dozen cookies

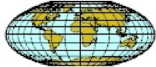
West African Restaurants

While most African restaurants in Los Angeles feature Ethiopian cuisine, I found three West African restaurants on YELP. Nkechi African Café, in Inglewood, Totos' African Cuisine in Van Nuys, and Veronica's Kitchen in Inglewood. A specialty at Nkechi is steamed goat head, but you can also have a totally vegetarian meal. All three restaurants feature several dishes made with goat. Curries are also popular as well as other spicy dishes.

Sandy Helperin

Read about the celebration of Kwanzaa on page 12.

Jim Gold International Folk Tours: 2015



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one!

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2015 Tours

CUBA! (New) February 13-20, 2015

Led by Jim Gold
Havana, Mantanzas, Varadero



CHINA! (New) March 20-31, 2015. Led by Lee Otterholt
Beijing, Xian, Guilin, Yunnan, Shanghai, Hong Kong ext.

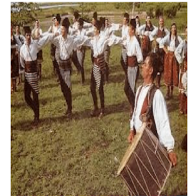
ITALY Ecotour! (New) May 10-23, 2015. Led by Dan Botkin.
Venice, Padua, Belluna, Magenta, Lake Como, Dolomitic Alps!



NORWAY, SWEDEN, DENMARK!

(New) June 13-23, 2015.

Led by Lee Otterholt. Oslo, Swedish West Coast, Hamlet's
Castle, Copenhagen, Jutland peninsula, cruise of Oslo Fjord!



POLAND! June 14-29, 2015. Led by Richard Schmidt.
Kraków, Zakopane, Wrocław, Berlin, Gdansk, Olsztyn, Warsaw!

BULGARIA! Koprivshitsa Folk Festival Tour! August 1-15, 2015.

Led by Jim Gold.
Sofia, Plovdiv, Bansko, Veliko Turnovo, great **Koprivshitsa Folk Festival!**

FRENCH CANADA! September 9-19, 2015. Led by Richard Schmidt.

Montreal, Quebec, Mont Tremblant!

ALBANIA! October 4-17, 2015. Led by Jim Gold and Lee Otterholt.

Dance with Albanian master teacher Genc Kastrati! Tirana, Durres,
Vlora, Kruja, Saranda, Berat, and Shkoder!

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New Year's Eve



Party



Hosted by

Pasadena Folk Dance Co-Op

**LIVE MUSIC BY
FIFTH FRIDAY**

8:00-12:30

\$10.00

Desserts and Savories

For more information visit
PasadenaFolkDanceCoop.org

Westminster Presbyterian Church

1757 North Lake

Pasadena

(323) 255-3809

Member: Folk Dance Federation of California, South



Calendar

Note: Federation events are in bold.
CALL TO CONFIRM ALL EVENTS

DECEMBER

4 Sue Chen & Wen Li Chang, Thursday, 7:30-10:30 p.m., teaching at Narodni Int'l Folkdancers, Women's Club of Bellflower, 9402 Oak St., Bellflower, CA. Info: Julith Neff, (562) 404-4383 (home), (562) 881-9504 (cell) or www.narodni.org

6 *Nevenka Folk Ensemble & Swing Riots Quirkete* – Saturday, 8:00 p.m. at Fais Do-Do, 5253 W. Adams Blvd., Los Angeles, CA 90016 (between Cloverdale Ave. and Redondo Blvd.) Info: (323) 931-4636 or www.faisdodo.com

6 *Zhena Folk Chorus* – Saturday, 2:00 p.m. – Free of Charge – at Malaga Cove Library, 2400 Via Campesina, Palos Verdes Estates, CA 90274. Info: (310) 377-9584 Ext. 215 or <http://www.pvld.org/locations/mc>

14 *Culver City English Country Dance*, Caller: James Hutson, Music: Interfolk. Sunday, 4-7:00 p.m. at Lindberg Park, 5041 Rhoda Way, Culver City. Info: Annie Laskey (310) 895-1571 or caldancecoop.org

14 *St. Nicholas Grand Tea Dance*, English Country Dance, South Pasadena. Info: www.victorianteaanddance.org

18 Narodni Folkdancers Holiday Party – Thursday, 7:30-10:30 p.m., at Women's Club of Bellflower, 9402 Oak St., Bellflower, CA. Info: Julith Neff, (562) 404-4383 (home), (562) 881-9504 (cell) or www.narodni.org

20 *Noche Buena Dinner/Show*. Reception, procession, gala dinner and show with singers/dancers celebrating the Mexican holiday tradition. 5:30 At Rancho Cordillera del Norte, 9015 Wilbur Ave., Northridge. Info: (818) 993-1669, southwnd@ix.netcom.com

12/29-1/1 *New Year's Camp* at Camp Hess Kramer,

Malibu, CA. Flexible stay. See OTS. More info: Beverly (310) 202-6166, (310) 478-4659 or dancingbarrs@yahoo.com See a d.

28 *Last Dance of the Year* (English Country Dance) Sunday, 4-7:00 p.m. Special Early Music Holiday Dance with Music by Wessex Consort. Dances led by Annie Laskey. Traditional treats like Figgy Pudding! Special admission \$15. At Lindberg Park, 5041 Rhoda Way, Culver City. Info: Annie Laskey (310) 895-1571 or caldancecoop.org

12/31 Pasadena Folk Dance Co-op's New Year's Eve Party. 8 p.m. to 12:30 a.m. Note our new location: Morrison Hall at Westminster Presbyterian Church, 1757 N Lake Ave, Pasadena, 91104. For more information visit PasadenaFolkDanceCoop.org. See ad.

JANUARY

1 *San Diego English Country Dance - New Year's Day Dance*. Info: www.sdec.d.org

4 Kick-Off Party - Laguna Folkdancers join Laguna Woods Folkdancers at Clubhouse 2, 24112 Moulton Parkway, Laguna Woods, CA 92637. Info: (949) 933-6294.

11 *Zhena Folk Chorus* – Saturday, 2:00 p.m. – Free of Charge – at Los Angeles Central Library/Mark Taper Auditorium, 630 W. 5th St., Los Angeles, CA 90071. Info: (310) 833-3690 or <http://www.lapl.org/branches/central-library>

18 Pasadena Folk Dance Co-op's Winter Festival 1:30 - 5:30 p.m. at the Scottish Rite Center, 150 North Madison, Pasadena, 91101. For more information visit PasadenaFolkDanceCoop.org. See ad.

31 Cerritos Folk Dancers Chinese New Years Festival, Saturday, 1:00-6:00 p.m. at Holy Family Catholic Church Parish Hall, 18708 Clarkdale Ave., Artesia, CA 90701. Parking in back of church. Master teachers: Alexandru David & others. Info: Sue Chen (4562) 338-2298 or CerritosFolkDancers@gmail.com

Calendar continues on page 19.

Ensemble Balkanske Igre's 50th Anniversary

SPRING FESTIVAL

March 26-29, 2015

International House, 1414 E 59th St, Chicago, IL 60637

(Hyde Park/University of Chicago)

dance and music of Eastern Europe and Mediterranean



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Workshops, parties, culture sessions with master teachers including Nina Kavardjikova, Atanas Kolarovski, Ahmet Lüleci, Ventzi Sotirov, Chris Bajmakovich, Jim Stoyanoff, & others. Program subject to change.

FRIDAY & SATURDAY EVENINGS, Concerts/Dance Parties

featuring the music and dances of Bulgaria, Greece, Macedonia, Poland, Romania, Serbia, & other E European/Mediterranean lands

Info/Reservations: 847/331-7842 or 847/858-9822

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Please contact us for detailed festival flyer & info on housing options including campus area lodging, motels/hotels, hostels, & crash space.

Cosponsored by Univ. of Chicago CEERES, International House, and Ensemble Balkanske Igre

Dancers Speak

MARGE @ LARGE

The calendar says it is fall; however, summer is still here. A few cold mornings, and we are back to 90 degree weather. Life is good at the beach!

It was great to see Donka Koleva and her entourage of professional Bulgarian folk musicians. This group toured under the name of Bulgarika. She has planned and toured with various musicians on many tours in the US. This time the orchestra consisted of her husband, Nikolai Kolev (*gadulka*), Vasil Bebelevov (*gajda*), and Dragni Dragnev (*kaval*, *gajda*, and keyboard). Donka was the main vocalist but at times was accompanied by Vasil and Dragni. Dragni lives in Varna, Bulgaria, and this was his first tour in the US.



*Anna and
Dragni*

Donka has arranged many USA tours, and several times they have been in SoCal right around Halloween. This time around, their first southland appearance was at Veselo Selo. And, as it so happened it was on Anna's birthday. So, along with the presentation of a birthday cake, Bulgarika played Happy Birthday to Anna. A few days later, Bulgarika played at CalTech's annual Halloween Party; then they took a trip up the coast to Santa Barbara. Their final local engagement was another Halloween event at Narodni Folk Dancers in Bellflower. From there, Bulgarika headed to San Diego and then continued their long tour through the Southwest and on to Texas and the South.

It is great to hear professional folk musicians and to dance to the beautiful music they play. I do look forward to their next tour.

On another local note, a tall ship from Mexico docked at the LA Harbor in San Pedro for a few days. The weather was beautiful. The "buque" was ship-shape. The Mexican sailors (some of whom were bilingual – no problem either way here) provided a very hospitable welcome and explanation of the ship and of their travels. The Cuauhtemoc is a training ship for cadets in the Mexican Navy and last visited LA nine years ago. Imagine, over 250 sailors on this beautiful ship using only sextant and stars to navigate up the Pacific Coast from Acapulco to Alaska and then to Hawaii. It took them 17 days to cross the Pacific from Honolulu to San Pedro. It was a wonderful experience to board this fantastic tall ship – right in our own backyard. Viva, Mexico!!!

Marge Gajicki

Continued from page 7

KWANZAA

The article below was taken from Wikipedia.

Kwanzaa is a week-long celebration held in the United States and also celebrated in the Western African Diaspora in other nations of the Americas. The celebration honors African heritage in African-American culture, and is observed from December 26 to January 1, culminating in a feast and gift-giving. Kwanzaa has seven core principles (*Nguzo Saba*). It was created by Maulana Karenga, and was first celebrated in 1966–67.

Kwanzaa celebrates what its founder called the seven principles of Kwanzaa, or *Nguzo Saba* (originally *Nguzo Saba*—the seven principles of African Heritage), which Karenga said "is a communitarian African philosophy," consisting of what Karenga called "the best of African thought and practice in constant exchange with the world." These seven principles comprise **Kawaida*, a Swahili term for tradition and reason. Each of the seven days of Kwanzaa is dedicated to one of the following principles, as follows:

● *Umoja* (Unity): To strive for and to maintain unity in the family, community, nation, and race.

● *Kujichagulia* (Self-Determination): To define ourselves, name ourselves, create for ourselves, and speak for ourselves.

● *Ujima* (Collective Work and Responsibility): To build and maintain our community together and make our brothers' and sisters' problems our problems, and to solve them together.

Ujamaa (Cooperative Economics): To build and maintain our own stores, shops, and other businesses and to profit from them together.

● *Nia* (Purpose): To make our collective vocation the building and developing of our community in order to restore our people to their traditional greatness.

● *Kuumba* (Creativity): To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.

Imani (Faith): To believe with all our hearts in our people, our parents, our teachers, our leaders, and the righteousness and victory of our struggle.

Kwanzaa symbols include a decorative mat (Mkeka) on which other symbols are placed, corn (Muhindi) and other crops, a candle holder (kinara) with seven candles (Mishumaa Saba), a communal cup for pouring libation (Kikombe cha Umoja), gifts (Zawadi), a poster of the seven principles, and a black, red, and green flag. The symbols were designed to convey the seven principles.

Observance

Families celebrating Kwanzaa decorate their households with objects of art; colorful African cloth such as kente, especially the wearing of kaftans by women; and fresh fruits that represent African idealism. It is customary to include children in Kwanzaa ceremonies and to give respect and gratitude to ancestors. Libations are shared, generally with a common chalice, *Kikombe cha Umoja*, passed around to all celebrants. Non-African Americans also celebrate Kwanzaa. The holiday greeting is "Joyous Kwanzaa". A Kwanzaa ceremony may include drumming and musical selections, libations, a reading of the African Pledge and the Principles of Blackness, reflection on the Pan-African

colors, a discussion of the African principle of the day or a chapter in African history, a candle-lighting ritual, artistic performance, and, finally, a feast (karamu).

At first, observers of Kwanzaa avoided the mixing of the holiday or its symbols, values, and practice with other holidays, as doing so would violate the principle of *kujichagulia* (self-determination) and thus violate the integrity of the holiday, which is partially intended as a reclamation of important African



values. Today, many African American families celebrate Kwanzaa along with Christmas and New Year's. Frequently, both Christmas trees and kinaras, the traditional candle holder symbolic of African

American roots, share space in Kwanzaa-celebrating households. For people who celebrate both holidays, Kwanzaa is an opportunity to incorporate elements of their particular ethnic heritage into holiday observances and celebrations of Christmas.

Cultural exhibitions include the Spirit of Kwanzaa, an annual celebration held at the John F. Kennedy Center for the Performing Arts featuring interpretive dance, African dance, song and poetry.

The holiday has also spread to Canada, and is celebrated by Black Canadians in a similar fashion as in the United States

KWANZAA AT THE AFRICAN AMERICAN MUSEUM

Join us as we move our stage from CAAM to King Boulevard for CivcLAvia and celebrate our annual Kwanzaa program. We'll have spoken word, dance, and music highlighting our seasonal revelry. Remember to visit our Holiday Market of Target Sunday vendors! In addition, we'll take a few moments to pay a special tribute on the 73rd anniversary of our fallen military heroes in the attack on Pearl harbor. Event is on December 7, 1-5 p.m.

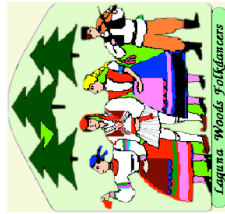
Galleries open at 11:00 a.m.

California African American Museum

600 State Drive, Exposition Park

Los Angeles, CA 90037,

(213) 744-7432.



LAGUNA WOODS FOLKDANCERS

invite you to
Celebrate the 45th Annual

LAGUNA FOLK DANCE FESTIVAL

FEBRUARY 20-22, 2015

Clubhouse 2

24112 Moulton Parkway

Laguna Woods, CA 92637

Enter through Gate 12
show flyer at the gate

info@LagunaFolkdancers.org; www.LagunaFolkdancers.org;(949) 933-6294; (714) 893-8888; (949) 770-7026
www.lagunawoodsfolk dancers.com

Presenting Master

Teachers

Cristian & Sonia Florescu

dances of Romania

Erica Goldman

dances of Israel

Miamon Miller &

“The Garlic Band”

Instrumental MUSIC and SINGING WORK SHOPS

other live music throughout the weekend will be provided by Zimzala and Veselba

Miamon Miller will be leading instrumental music workshops and jam sessions simultaneously with the dancing Friday evening, all day Saturday and Sunday morning. Admission to the Festival gives admission to both these music workshops with Miamon plus admission to singing workshops with Tanya Varimezova. Same price no matter which workshops you decide to attend - dance, instrumental music or singing!

SCHEDULE OF EVENTS

Friday Evening Dance Party 7:30-11:30.....\$20

with recorded music, requests, 2 live bands and some introductory teaching
also simultaneous music/singing workshops

Saturday workshops.....\$35

All workshops: dance, instrumental music and singing

AM workshops. dance, instrumental music and singing

Morning 9:30 - 12:00; Afternoon 1:30 - 4:30

Saturday Evening Party w/live music by "The Garlic Band" 6:30 -11:30\$20

Sunday all day, including dance concert.....\$25

Reviews 10:00-12:00; Dance Concert 1:30-2:30; Dance Party 2:30- 4:30 (with live music)

Sunday Dance Concert alone: \$10.-

Catered food available on the premises - no need to go out for meals

orders are to be placed with your registration

a very limited number of meals will be available at the door for \$1 extra

PASSPORT FOR ALL EVENTS:

\$70 before Feb. 6; \$90 at the door

**DANCE DESCRIPTIONS: free downloads
of electronic files**

Hotel information

Ayres Hotel (\$119+tax/night, incl. great breakfast) -walking distance. Phone (855) 499-0001

Laguna Hills Lodge (\$93+tax/night incl simple breakfast) - near, but not walking distance. Phone (800) 733-1297

We'll try to arrange some private housing. Call Miriam (949) 770-7026

Advance Registration (register individually)

Name on badge _____

Passport - all events.....\$70. -

Friday dinner.....\$ 12.-

Saturday lunch.....\$ 9.-

Saturday dinner.....\$ 14.

Sunday lunch.....\$ 9.-

or save \$4 and get all 4 meals at a

discounted total of \$40.-

BYOB Total check..... \$ _____

Your email address (preferred) or phone # (for confirmation)

Mail with check (before Feb. 6) to: Folk Dance Festival, 24751 Castle Hill Road, Laguna Niguel, CA 92677

Menu - Buffet

Fri.Dinner: Green salad, Beef Stroganoff w/ noodles, veggies; cookies, brownies.....\$12

Sat.Lunch: Meat platter, Coleslaw, Rolls&Rye, Potato salad, Coleslaw, Fruit platter.....\$ 9

Sat. Dinner: Greek salad, Mousaka, White fish Greek style w/veggies; Lemon meringue pie\$14

Sun.Lunch: Blintz Soufflé, Fresh fruit platter, Spinach&mushroom quiche, mini croissants&butter.....\$ 9

On the Scene

THE NEW LAGUNA FOLK DANCE FESTIVAL - FEBRUARY 20-22, 2015

The Laguna Folk Dance Festival has a glorious 45 year long history. This year, while taking good care of these traditions, we are doing a lot new.

First of all, we have a new location: The 2015 festival will be held in Clubhouse 2, 24112 Moulton Parkway, Laguna Woods, CA 92637, a location easily accessible from the I-5 and I-405 freeways. A large clubhouse with a wooden floor and great ambiance.

As in years past, we will have 2 great dance teachers. Well, actually 3 great dance teachers, because both Sonia and Cristian will be teaching Romanian dances and the energetic Erica Goldman will be teaching Israeli dances.

New this year, we are offering Instrumental Balkan Music and Singing Workshops! The instrumental music workshops will be led by Miamon Miller, with an assist from Josh Kaufman on the accordion. The very talented Tanya Varimezova (daughter of UCLA's Tzvetanka Varimezova) will be leading the singing workshops. Admission to the festival gives admission to all these workshops and jam sessions, which will be taking place simultaneously with the dance workshops. Choose any workshop you want at any time: dance, music or singing!

As before, we will have lots of good, live music! The main band Saturday evening will be Miamon Miller's hot new band: "The Garlic Band." Playing Friday evening and at the after party on Sunday afternoon we will have other great bands: Veselba and Zimzala, among others.

Also new this year: catered food will be available for purchase in-house for Friday dinner, Saturday lunch, Saturday dinner and Sunday lunch. No need to go out to eat! More time for dancing!

We have negotiated great deals at nearby hotels. Also new this year is that we will try to house as many people as we can in the private homes of local folk dancers, a chance for all of us to get to know each other better.

See the ad and registration form in this issue. More information and the registration form will be coming soon on the Laguna websites:

www.lagunafolkdancers.org or
www.lagunawoodsfolkdancers.com.

Welcome to the new Laguna Folk Dance Festival, Friday-Sunday, Feb. 20-22, 2015!

Lee Otterholt

SUNDAY EVENING DANCING IN LAGUNA BEACH

Susi Q center, 380 Third St., Laguna Beach, CA 92651, 7:00 – 9:45 p.m.

December 2014 Teaching Schedule and a Hot Tip!

Folk dancer, fiddler and actress Amberly Rosen returns to the Laguna Playhouse for a new musical production entitled *Striking 12*. The hot tip is to attend the matinee Sunday afternoon, then enjoy dinner or a stroll before dancing at Susi Q. Information about the play at lagunaplayhouse.com

December 7 Teaching includes *Zagubicanka*, Vlach dance from Serbia introduced by Bata Marcetic at Stockton 2014, plus on demand review of dances taught this year at LFD.

December 14 Final rendezvous at Susi Q Community Center. All are invited to contribute to a program of requests.

January 4 Laguna Folkdancers join the Laguna Woods Folkdancers for a kick-off party at Clubhouse 2

Info: (714) 893-8888, www.LagunaFolkdancers.org

Diane Baker

WOULD YOU LIKE TO FOLK DANCE AND LINE DANCE DURING THE DAYTIME?

Beverly Barr teaches 3 weekly daytime classes. Monday afternoon in Sherman Oaks-\$5.00, Tuesday morning in Beverly Hills-\$2.00, and Wednesday afternoon in Culver City-\$4.00. All of the daytime classes are one and a half hours. All wood floors.

Monday evening – \$6.00 Brockton School in West L.A. Dance on a wood floor. Beverly will be teaching dances taught at the Camp Hess Kramer workshop in October.

The benefits of dancing are the beautiful international music from many countries, the good exercise, excellent for your brain, because you are

learning new things and then your memory jumps in to help you, and soon you will know many dances, and have wonderful new friends to reunite with every week. Another benefit of folk dancing is that you can enjoy dancing and you don't need a partner. You will make many new close friends, and each group becomes its own extended family.

Contact Beverly Barr for information: (310)202-6166 or (310)478-4659 or e-mail at dancingbarrs@yahoo.com

PASADENA FOLK DANCE CO-OP:

Our introductory teaching for December is not yet decided and will remain fluid because we can't predict how many new people will show up on any given night. Our intermediate teaching in December will be focused on reviewing dances for our Winter Festival. Check the Dances/This Month page of our website, PasadenaFolkDanceCoop.org, for more updated information as well as the complete programs for each evening. Also, if you scroll down to near the bottom of that page, you can see our newly updated complete list of dances available for request, many with links to videos as reminders.

Our New Year's Eve party will be at Westminster Presbyterian Church in Pasadena, and our Winter Festival is at the Pasadena Scottish Rite Center on January 18. Details for both events are in our ads in this Scene as well as on our website.

Jan Rayman

WESTWOOD CO-OPERATIVE FOLK DANCERS

Both November and December are short months, so we made the decision to continue teaching circle dances, *Bachalom*, by Beverly Barr, and the mixer from the Netherlands, *De Vals Zeeman*, taught by Gerda Ben-Zeev. After the first week in December, our plan for the rest of the month is to review several of the more difficult dances taught during the past few months.

Laurette Carlson

BRANSON AND THE OZARKS - 9 DAYS IN EARLY MAY 2015

A vacation of pure entertainment and enjoyment, with Beverly and Irwin Barr

Beverly and Irwin Barr will again lead a group on an enjoyable trip to Branson in the spring of 2015. We have experience taking groups to Branson and know how to make this trip is a real vacation of pure

enjoyment and entertainment. People request this trip often.

We went to Branson in September to check out the new shows and attractions and what is exciting for our group. It has grown a lot and has many new attractions since our last trip. We will include many of the new areas of entertainment in our itinerary. We will have all the information in the next issue of Scene. We will also have flyers as soon as everything is set to go.

We would love to hear from you and share our plans. Contact Beverly or Irwin for information: dancingbarrs@yahoo.com or (310) 202-6166 or (310) 478-4659

Beverly & Irwin Barr

FEDERATION SCHOLARSHIPS

This year the scholarship committee requests member clubs to select a qualifying dancer or two from their group to be considered for camp scholarships. This process is a bit different from recent years by asking the clubs to participate. The hope is to have the scholarship funds spent to build leadership and infrastructure in our federation clubs.

Is there a dancer in your group with teaching and/or leadership potential? Could a camp scholarship be just the ticket to encourage energetic participation by such a dancer?

Scholarship applications will be available in February.

Valerie Daley

CHINESE NEW YEAR FESTIVAL, JANUARY 31, 2015

Cerritos Folk Dancers (CFD) will host the fifth annual Chinese New Year Festival on Saturday, January 31, 2015, from 1:00 to 6:00 p.m. The festival will be held at the Parish Hall of Holy Family Catholic Church, 18708 Clarkdale Ave., Artesia, CA 90701. (Parking is in the back of the church. Don't park on the street.) We will dance on a basketball court with a wood floor.

The theme of the party is **East Meets West**. We promote communication among different folk dance communities. This time, we have the master teacher, **Alexandru David** on the western side and others (tba) on the eastern side.

This event is sponsored by the Cerritos Chinese Catholic Association and Folk Dance Federation of California, South, Inc. Everyone is welcome to the

party. Participants are expected to make a donation of \$10 per person. There is a 20% discount if the payment, which is non-refundable, is made before Jan. 24, 2015. Finger foods and other treats to share with other dancers are encouraged, although not required.

For information, please either contact Sue Chen at (562) 338-2298 or write to CerritosFolkDancers@gmail.com. See ad in this issue of Folk Dance Scene.

Wen-Li Chiang

NEW YEAR'S WEEKEND CAMP HESS KRAMER IN MALIBU, CA.

There is so much to talk about and so many new friends to see again, and so many wonderful things to remember that I don't know where to begin. This New Year's Weekend has been one of the most enjoyable weekends of the year for many of us that is why we keep coming back each year. The attendees asked for the New Year's Weekend at Camp Hess Kramer to continue. This is the 4th consecutive year and we are so happy that everyone loves it so much and we have grown with new attendees each year. There are new ideas and new interesting activities.

For those who have not been to Camp Hess Kramer: We want to make it clear that we are not are not camping. We stay in very comfortable buildings, in comfortable rooms. All accommodations are for 2 people, except the dorms. Single accommodations are available for a single supplement.

We wish everyone a wonderful New Year and hope you will enjoy folk dances, contra dances, any and all dances, musicians, singers, hikers, joke tellers, story tellers, board game enthusiasts, puzzle experts, exercisers, and if I missed you, we want you, too.

Flexible stay will be available, Monday, Tuesday, Wednesday nights, is 4 days, 3 nights, going home on Thursday afternoon, New Years Day, or Tuesday & Wednesday nights, 3 days, 2 nights, going home the afternoon of New Years day. Your weekend includes all meals, snacks a huge New Year's Eve party with a happy hour, dinner, music, dancing, ice cream social, and a midnight New Year's champagne toast.

If you want to do a performance with others or alone, please come prepared.

Children are welcome. Arrangements can be made for children to stay in the same room or adjoining room with their parents or grandparents. We have had wonderful experiences with the children who have attended in the past. They have a great time doing their own things, and a few have joined in the dancing and really enjoyed it.

There are 4 levels of accommodations, priced accordingly. See flyer with all of the information on prices and accommodations in this issue of Folk Dance Scene. We look forward to spending the New Year's Weekend with you.

To receive flyers now or any other information and to request the accommodation of your choice, contact Beverly or Irwin Barr (310) 202-6166 or (310) 478-4659 or dancingbarrs@yahoo.com

NARODNI INTERNATIONAL FOLKDANCERS

December 4 - Sue Chen & Wen Li Chang will be teaching: The Tea Leaves are Green, *Bu Yu Ge* (Fishing Dance), and Jingle Bells (in the spirit of the season.)

December 11 - Review of last week's dances

December 18 - Our Holiday Party. We expect to see lots of red and green, lots of sugarplums, and of course, we can all dance to "Jingle Bells"

December 25 - We are dark. Enjoy your Christmas!

January 1 - Recovery Night - all requests. Hope you have slept off your hangover and are ready to work off some of those holiday calories.

January 8 & 15 - John Matthews will be teaching *Preskacanka* (Yves Moreau) and *Lamba Lamba* (Steve Kotansky)

January 22 & 29 - Mark will be teaching *Marino* (Kotansky) and an Armenian dance or two.

Our regular meeting night is Thursday at the Bellflower Woman's Club from 7:30 to 10:30. If you want to get on the mailing list to receive our weekly email announcements, you can sign up at narodni@callicomp.info

For more information contact Julith Neff at (562) 404-4383 (home) or (562) 881-9504 (cell). You can also visit our website at www.narodni.org for basic information.

Julith Neff

Poetry Corner

A SINGLE SEED

Kaleidoscope of riotous, rapid-fire rocketing images, seeds spewing forth, flying, fading, burning, spinning off; generosity of creation audacious in regeneration.

A single seed catches hold, embeds,
ripens in sighing seclusion,
matures, outgrows that confinement,
pulses out in seismic eruption.
Courage! Courage!

Sliding backward headlong into the black unknown;
Plunging, splashing, sputtering, bursting forth!
Becoming the new babe, the startling insight,
the stark symphony, The Revolution!
... the brilliant ballet with the intrepid leap
that yearns to resolve in the embrace of grace.

Camille Dull

LIMERICK

There was a Greek dancer named Jenna
Whose hair was a bright shade of henna.

When she'd start to feel cranky,
She'd grab her silk hanky
And lead *Papadhopyiotena*.

Carl Pilsecker



Calendar continued from page 10

FEBRUARY

20-22 Laguna Folkdancers Festival at Clubhouse 2, 24112 Moulton Pkwy, Laguna Woods 92637. Note new address! Info: festival@lagunafolkdancers.org, (949) 933-6294. See OTS and ad.

21 *Santa Barbara Country Dance* Winter Dreams Ball, Info: sbcds.org

OUT OF STATE

MISSOURI

Early May "Branson Plus" 9-day trip with Beverly and Irwin Barr. Call or e-mail Beverly or Irwin for information. (310) 202-6166 or cell: (310) 994-0304 or dancingbarrs@yahoo.com

OREGON

1/31/2015-2/1 *Veselo Festival*, with Bulgarian teacher Yuliyen Jordanov. Saturday: workshops, performances and party. Sunday: cultural talk and workshop review. At Vet's Memorial Building,

1626 Willamette St., Eugene. Info: Linda (541) 726-7548, linket@aol.com

FOREIGN

CHINA

3/20-31/2015 *Folk Tour China*, led by Lee Otterholt. Info: (201) 836-0362, jimgold@jimgold.com

CUBA

2/13-20, 2015 *Cuba!* Dance and folklore tour led by Jim Gold. Info: (201) 836-0362, jimgold@jimgold.com

ITALY

5/10-23/2015 *Folk Tour Italy*. Ecotour; led by Dan Botkin. Info: (201) 836-0362, jimgold@jimgold.com

NORWAY

6/13-23/2015 *Folk Tour Norway, Sweden, and Denmark*. Led by Lee Otterholt. Info: (201) 836-0362, jimgold@jimgold.com

NEW YEAR'S WEEKEND
CAMP HESS KRAMER'S REGULAR LOCATION
Last year's attendees said they want another New Year's
weekend like last year – SO WE ARE DOING IT AGAIN

DEC. 29 – 30 – 31, 2014 – JAN. 1, 2015
FLEXIBLE STAY
3 days/2 nights “OR” 4 days/3 nights

INCLUDES YOUR CHOICE: 2 nights lodging, 6 outstanding meals, or 3 nights lodging, 9 outstanding meals, endless snacks, fresh fruit, coffee, tea, hot chocolate 24/7, some dance teaching, evening dance parties, musicians jamming, and or playing dance music, sing-alongs, and if you can find the time, hiking, beach strolling and other outdoor activities. Do you have a talent to share? You may also go home with something to treasure from the silent auction. A flexible & exciting, yet relaxing weekend enjoying new friends and surprises.

A HUGE EXTRAVAGANZA NEW YEARS' EVE “HAPPY HOUR PARTY” “OUTSTANDING DINNER”, MUSIC – DANCING – ICE CREAM SOCIAL – MIDNIGHT NEW YEARS' TOAST
 Camp Hess Kramer is located at 11495 E. Pacific Coast Highway, in a verdant canyon in Malibu, California, one mile north of the Ventura County Line.

THERE ARE 4 LEVELS OF ACCOMMODATIONS FROM DORMS TO THE DELUXE ROOMS IN THE CONFERENCE CENTER.
 PRICES FOR 3 DAYS 2 NIGHTS: \$160 - \$190 - \$240 - \$270
 PRICES FOR 4 DAYS 3 NIGHTS: \$215 - \$245 - \$295 - \$355

FOR INFORMATION CALL:
 BEVERLY or IRWIN - 310-202-6166 or 310-478-4659 or dancingbarrs@yahoo.com

Mail Applications to: IRWIN BARR, 3200 S. Sepulveda Blvd., # K29, Los Angeles, CA 90034

Registration on a first come first serve basis

Please make check payable to IRWIN BARR

Dorms with Bathrooms 2 to 5 people - Bring bedding & towels.	
Name _____	\$160 Per person - 3 days, 2 nights.....\$ _____
Address _____	\$215 Per person – 4 day, 3 nights.....\$ _____
City _____ State _____ Zip _____	Room in Redwood Bldg., Semi or private bath, Sleeps 2 or 3
Home # _____ Work # _____	\$190 Per person–3 days, 2 nights Bring bedding & towels _____
E- Mail _____	\$245 Per person–4 days, 3 nights .Bring bedding & towels _____
Bedding & towel rental \$25 per bed \$ _____	Room under dining hall, semi private bath, sleeps 2-maid service
Roommate _____	\$240 Per person-3 days, 2 nights, with bedding & towels _____
Smoker _____ Non Smoker _____ Vegetarian _____	\$295 Per Person – 4 day, 3 nights.....\$ _____
Emergency Contact _____ Phone # _____	Deluxe room in the Conference Center, with maid service
	\$270 Per person-3days, 2 nights with bedding & towels _____
	\$355 Per person-4 days, 3 nights\$ _____
	Single Supplement \$40.00\$ _____
	TOTAL \$ _____

Another memorable weekend camp experience is planned

Cerritos Folk Dancers

Chinese New Year's Festival

!! East meets West !!

Presenting Master Teachers

***Alexandru David
& Others (TBA)***



**Saturday, January 31, 2015
1:00 – 6:00 P.M.**

**Holy Family Catholic Church
Parish Hall**

18708 Clarkdale Ave, Artesia, CA 90701
(Parking in the back of the church)

**Suggested donation: \$10 per person at the door
(non-refundable \$8 if prepaid by Jan. 24, 2015)**

Finger foods to share are welcome, but not necessary

Info : 562-338-2298 Sue Chen
Email: CerritosFolkDancers@gmail.com

Sponsored by **Cerritos Chinese Catholic Association &
Folk Dance Federation of California, South, Inc.**

Recent Events

LAST YEAR'S NEW YEAR'S EVE WEEKEND

Anticipation!! That's what I feel as I look forward to celebrating New Year's Eve at Camp Hess Kramer.

I'm intrigued by the variety of activities, by the presence of many dear friends, by the chance to learn new dances, by the excellence of the kitchen staff and by the lovely peaceful surroundings. To top it all, as midnight approaches, we will be mired in suspense as we watch Irwin build his champagne tower – always a striking accomplishment.

Laurette Carlson

About 10 months ago, my dear friend Larry Davis invited me and others in our walking group to celebrate New Year's Weekend and a fabulous New Year's Eve at Camp Hess Kramer in Malibu. I could hardly believe the outstanding food we had at every meal and party, the many activities, friendly people and more. I had no exposure to folk dancing. When I arrived to the camp I met Beverly and Irwin. These two wonderful people have changed my life. I started going to the Culver City Senior Center for Beverly's classes. I just love how Beverly and Irwin work together.

A month later, Beverly and Irwin, invited our class to go with them and other folk dancers on a 10 day cruise to Alaska on Holland America. Everything was perfect. We had so much fun. We saw Glacier Bay, Juneau, Sitka, and other cities. The food was so good. Every day we had 2 hours dancing in the morning and 2 hours in the afternoon. People came from all over the USA to participate.

I am so happy to have met Beverly and Irwin. I love the way she teaches. They are both so organized and have so much energy. I love the music that they play, I love the Camp Hess Kramer Weekends, I can hardly wait for the New Year's one coming up, and their trip to Branson in May. Everything they plan is perfect and lots of fun. Beverly and Irwin are wonderful people and have

brightened my already bright life.

I hope you will have a chance to come to the Barr's classes/parties/ trips, etc. and join the fun. Everything is perfect. We have so much fun. Please do another trip.

Anne-Marie Lafayette

TWO BANDS AGAIN

In October, Cal Tech Folkdancers had the Yeseta Brothers and Bulgarika. The Yeseta Brothers are one of the best *tamburitza* bands in North America. Bulgarika is Donka Koleva and Nikolay Kolev's latest group. We get the Yesetas whenever we can. We'd already booked them for the 21st when we learned Bulgarika would be available on the 28th. Like many folkdancers we dance to recorded music most of the year so a live band is an event. Two in the same month was our news last October, now we had two in a row, like eating the best apple of your life followed by the best grapes, even if almost overwhelming you couldn't turn it down.

Uncle John Filcich — he's long been Uncle John to me — taught on the 21st. He's so good at *Veliko Kolo* we were all glad he ended his lesson teaching it. As with many village dances, the basic step is easy, and you could spend a lifetime getting better at it. He has. He gave up his numbered sports-team-style shirt with "80" on the back because he now wears one with "90". He borrowed Dennis Boxell's "This is the grandma and grandpa version" to explain that few villagers dance like stage performers, and Dick Crum's "Dance inside your shoes" to explain subtle movements other people mightn't see but are fun to do. Long may he wave. Sometimes there are guest musicians. This time Neil Siegel stood in. People came from all over. I recognized Snezha Tsarovska and Tsaneh Tsarovski from the local Macedonian community. Snezha was the other girl in my *Bunjevachko Momachko* trio. Tamburitza-land is the Pannonian plains of Croatia-Serbia-Bosnia-

Romania-Hungary, several folklore regions north of Macedonia, but why not? Anthony Ivancich had to leave early; when the band ended with *Lichko Kolo*, John Rand who sings well led while we all answered each line in chorus, then when it was time for the silent part ducked behind John Hertz muttering "You lead this." I mustn't forget to mention that John Filcich brought a fine selection of CDs for sale. Take music home, folks.

Bulgarika was Donka on vocals, Nikolay on *gudulka* (vertical fiddle), Vassil Bebelev on *gaida* (one-drone bagpipe), and Dragni Dragnev on keyboards and *kaval* (end-blown flute). The kaval and gudulka needed a little amplification, the keyboards were electric, and Donka is used to singing with a microphone, but the acoustics in Dabney Lounge are so good it doesn't need much. Local drum star Jerry Summers joined on *tupan*. Vassil who was born in a Rhodope Mountains village has been playing gaida since he was 11. Dragni also plays gaida so we had some duets with two of the big *kaba* (bass) gaidas from that region. John Hertz taught. He pointed out the style elements that make these dances tasty, like how to "tune in" to people next to you in the line — he calls it "listening through your arms" — and what to do in slow music. While the band was setting up they glanced at him and nodded and smiled. Donka and Nikolay are from Thrace so we had plenty of Thracian dances, Shopsko and Pirinsko (southwest Bulgaria by political borders, northeast Macedonia by regions) too. Some of the crowd was the same as the week before, some different, as I hoped. This was our Halloween party, with costumes — although Susan Lumiere who always wears wonderful things declined to enter the judging — and I remembered to bring the prizes, so I didn't have to mail them afterward like last year. The band had CDs and even gaidas for sale. For their 2014 tour they recorded a CD *Horoto e Vechno* ("the dance is eternal"), which we've been playing since.

I haven't told you about the Greek-dance workshop we had with Christos Papakostas in September, but I'm out of time.

We dance on Tuesdays, usually in Cal Tech's Dabney Lounge, or when we can't get that usually at nearby Throop Church. You're welcome, glad to have you with us.

Nancy Milligan, (the Girl with the Swirly Skirt)





Veselo Selo



Invites you to New Year's Eve Party
Wednesday, December 31, 2014
With Interfolk!

At the Anaheim
Unitarian Church
511 S. Harbor



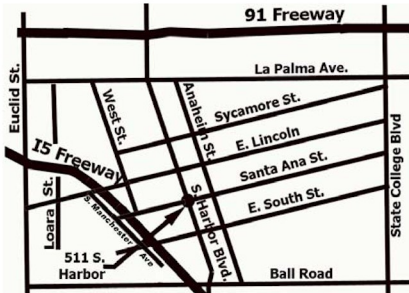
Bring Gourmet Snacks
to share!
Dancing from 7:30 pm
till 12:30 am
\$10



Interfolk Band

For more information
please call
Kathy (949) 573-1585
or Nancy (562)941-0069

Driving Directions from Harbor Blvd.: From either the North or the South turn West onto Santa Ana Street (The street with the railroad tracks running down the middle.) Very shortly after making the turn onto Santa Ana St. Look for the first driveway on the left that takes you into the parking lot behind the church.



Anaheim Unitarian Church as Viewed From Santa Ana Street

Pasadena Folk Dance
Co-Op's
Winter Festival

1:30-5:30

January 18, 2015
Scottish Rite Center
150 North Madison
Pasadena

LIVE MUSIC BY

FIFTH FRIDAY

Desserts and Savories

Dance list available after December 1
PasadenaFolkDanceCoop.org

\$10.00

(323) 255-3809



Sponsored by the Folk Dance Federation of California South

Club Directory

Federation Clubs

BAY OSOS FOLK DANCERS

Tue 12:00-3:00
LOS OSOS, South Bay Community Center, 2180 Palisades Ave, (805) 534-1501 Anne Tiber

CABRILLO FOLK DANCERS

Tue 7:00-9:30
(858) 459-1336 Georgina
SAN DIEGO, Balboa Park, Balboa Park Club, 2144 Pan American

CAFE ASTERIA

3rd Sat 7:30-11:30.
xorepse@gmail.com (310) 508-9676
WEST LA, LA DanceFit Studio, 10936 Santa Monica Blvd

CERRITOS FOLK DANCERS

Tue 6:00 - 8:45
(626) 500-5035 Wen Chiang
CERRITOS, Cerritos Senior Center, 12340 South St.

CONEJO VALLEY FOLK DANCERS

Wed 7:30-9:30
(206) 849-1190 Marie Montes
THOUSAND OAKS, Hillcrest Center, 403 W Hillcrest Dr

ETHNIC EXPRESS

Wed 6:30
(702) 732-4871 Richard Killian
LAS VEGAS, Charleston Heights Art Center, 800 S. Brush St.

FANTASY FOLK DANCE CLUB

Sun 3:00 - 6:30
(626) 458-8851 Sophie Chen
ARCADIA, Milly Frank Arts Studio, 120 E. Live Oak Ave.
Fri 7:30-10:30
(323) 599-6688 Michelle Chang
S. EL MONTE, CSM Trading Inc., 9640 Klingerman St.

INT'L FOLK DANCE CLUB - LAGUNA WOODS

Tue 9:00am-11:00
(949) 454-0837 Frieda Gorlick
LAGUNA WOODS, Clubhouse 1, 24232 Calle Aragon

KYPSELI GREEK FOLK DANCING

Fri 8:30-11:30
(818) 990-5542 Dalia Miller
SHERMAN OAKS, The Tango Room, 4346 Woodman Avenue

LAGUNA FOLKDANCERS

Sun 7:00-9:45
(714) 893-8888 Ted Martin
LAGUNA BEACH, Susi Q Community Center, 380 3rd St.

LAGUNA WOODS FD

Wed 5:30-8:00. Some Sat 6:00-9:00
(949) 770-7026 Miriam Kahn
LAGUNA WOODS, (Wed) Clubhouse 2, 24112 Moulton Pkwy.
(Sat) Clubhouse 2 or 7, 24111 Moulton Pkwy.

MOUNTAIN DANCERS

1st & 3rd Tue 1:30-3:30
(626) 355-9220 John Meursinge
S. PASADENA, Woman's Club, 1424 Fremont Ave.

NARODNI INT'L FOLK DANCERS

Thu 7:30-10:30
(562) 404-4383 Julith Neff
BELLFLOWER, Woman's Club of Bellflower, 9402 Oak St.

PASADENA FOLK DANCE CO-OP

Fri 7:45-11:00
(323) 255-3809 Pat Cross
PASADENA, Throop Mem. Church 300 S. Los Robles (at Del Mar)

PRESCOTT INT'L FOLKDANCERS

Wed 6:00 (928) 925-8995 Dick Weston
PRESCOTT: Granite Peak Unitarian Church, 882 Sunset Ave.

RAINBOW SENIOR CLUB

Sun 3:00 - 6:00
(626) 456-1900 Kevin Sun
ALHAMBRA, Joslyn Senior Center 210 N. Chapel Ave.

SAN DIEGO VINTAGE DANCERS

(858) 622-9924 Mary Jennings
SAN DIEGO, Dance Place, 2650 Truxton Rd. Call for day & time.

SCANDINAVIAN DANCERS OF VENTURA & SANTA BARBARA

(805) 604-9608 Madeleine
2nd & 4th Sat 2:00-5:00
SANTA PAULA, Briggs Elementary School 14438 W. Telegraph
1st Sun 5:30-7:30
SANTA BARBARA, Carillo Rec Center Studio 1, 100 E. Carillo Street

SIERRA FOLKDANCERS

Mon 7:15
(626) 358-5942 Ann Armstrong
TEMPLE CITY, Temple City Christian Church, 9723 Garibaldi Ave

SKANDIA DANCE CLASSES

Mon 7:00-10:00 Wed 7:30-10:00; Sat 7:00 - 10:00(once a month)
(714) 893-8888 Ted Martin
(310) 827-3618 Sparky Sotcher
ANAHEIM, Downtown Community Center, 250 E Center (Mon)
CULVER CITY, Lindberg Park, 5041 Rhoda Way (Wed, some Sat.)
BELLFLOWER, Women's Club, 9402 Oak St. (some Sat.)

SOLVANG VILLAGE FOLK DANCERS

Sat 6:00-9:00 except 3rd Sat 1:00-3
(805) 688-3397 David Heald
SOLVANG, Bethania Lutheran, 603 Atterdag Rd.; *(3rd Sat) Corner Alisal & Copenhagen*

TUESDAY GYPSIES

Tue 7:30-10:30
(310) 390-1069 Millicent Stein
CULVER CITY, Masonic Lodge 9635 Venice Blvd.

VESELO SELO FOLKDANCERS

4th Sat 8:00-11:00
ANAHEIM, Community Center, 250 E. Center Street.
1st, 3rd, 5th Sat 7:30-10:30
ANAHEIM, Unitarian Church, 511 S. Harbor.
(949) 573-1585 Kathy Molga

VINTAGE ISRAELI DANCING
1 Sat per month confirm 8:16 - 12:00
(818) 881-7494 noon-midnight, Louis
dovbyrd@aol.com

SHERMAN OAKS, Anisa's School
of Dance, 14252 Ventura Blvd.

WEST L. A. FOLK DANCERS
Mon 7:45-10:30

(310) 202-6166 Beverly Barr
WEST L.A., Brockton School
1309 Armacost Ave.

WEST VALLEY FOLK DANCERS
Fri 7:15-10:00

(818) 348-6133 Lila Aurich
CANOGA PARK, Senior Center
7326 Jordan Ave

WESTCHESTER LARIATS
Mon 3:30-8:30

(310) 625-9962 Nickie Burrell
LOS ANGELES, Westchester
Methodist Church, 8065 Emerson

WESTWOOD CO-OP
Thu 7:30

(310) 202-6166 Beverly Barr
WEST L.A., F. Mahood Senior Center,
11338 Santa Monica Blvd.

Non-Federation Clubs

ANAHEIM INT'L FOLKDANCERS
Wed 7:30-9:30

(562) 941-0069 Nancy Atwood
ANAHEIM, Unitarian Church,
511 S Harbor

BEVERLY BARR DAYTIME

(310) 202-6166 or (310) 478-4659
SHERMAN OAKS, Senior Center,
5056 Van Nuys Blvd. Mon 1:30-3:00
*BEVERLY HILLS, Roxbury Park Rec.
Center 471 So. Roxbury
Tue 10:45am-12:30*

CULVER CITY, Culver City Senior
Center, northwest corner Culver &
Overland, Wed 12:30-2:00

CAFE AMAN
2nd Sat 7:30-11:30. Teach 7:30-8:30
madelyntaylor@hotmail.com
ianprice@hotmail.com

WEST LA, LA DanceFit Studio,
10936 Santa Monica Blvd

CAL TECH FOLKDANCERS
Tue 7:30

(626) 797-5157 Nancy Mulligan
PASADENA, Cal Tech Campus,
Dabney Hall, parking off Del Mar

DESERT DANCERS

Tue 7:00-9:00 (Scottish)
Thu 7:15-9:30 (International)
(760) 446-6752 Nora Nuckles
RIDGECREST, Hi Desert Dance
Center 725 S. Gateway St.

DESERT INT'L FOLK DANCERS
Tue 7:30-9:30

(760) 327-8684 Dwight Fine
(760) 342-1297 Helen Smith
PALM SPRINGS, Step By Step Dance
Studio 316 N. Palm Canyon

FOLK DANCE CENTER
Every Evening. For schedule: (619)
466-4043, www.folkdancecenter.org
SAN DIEGO, 4569 30th Street

FOLK DANCE CLASS
(310) 652-8706 Tikva Mason
LOS ANGELES, Robertson Rec Ctr.
1641 Preuss Mon CLOSED.
*L.A., Fairfax Senior Citizen Center,
7929 Melrose Ave Wed CLOSED*

FRIDAY NIGHT L.I.F.E.
Fri 8:00-11:00

www.lifebalkandancers.com
worldance1@gmail.com Sherry
WEST L.A., LA DanceFit Studio,
10936 Santa Monica Blvd

ISRAELI DANCING-James Zimmer
Tues 7:30-12:00

(310) 284-3638 James Zimmer
Israelidance@yahoo.com
L.A., Westside JCC, 5870 W Olympic

ISRAELI DANCING-Natalie Stern
(818) 343-8009 Natalie Stern
L.A., American Jewish Univ Dance
Studio, 15600 Mulholland Mon
10:00am-11:45 & noon-1:00 Tue
10:30am-noon Wed 7:00-9:30; Thu
10:15am-1:05

ISRAELI DANCING-Yoni Carr
(619) 227-0110 Yoni

Sun 7:00-11:30 Beginners at 7:00
NEWPORT BEACH, Avant Garde
Ballroom, 4220 Scott Dr
*Mon 7:00-11:30 Beginners at 7:00
SAN DIEGO, Infinity Sport Dance
Center, 4428 Convoy St*

KAYSO FOLK DANCERS

Fri 9:30am-1:00
(619) 469-7133 Evelyn George
SAN DIEGO, Balboa Park,
Casa del Prado room 206 St

SAN DIEGO FOLK DANCERS
Mon 7:30-9:30

(858) 571-2730 Kin Ho
SAN DIEGO, Balboa Park Club,
Balboa Park

SAN PEDRO KOLO DANCERS
Mon 7:30-9:30

(310) 832-1074 Pauline Klak
SAN PEDRO, Dalmatian-American
Club, 1639 S Palos Verdes St.

**SANTA BARBARA
BALKAN FOLK DANCERS**

Wed 8:00-10:30
(805) 682-4511 Luis Goena
SANTA BARBARA, Oak Park Stage,
corner Junipero and Calle Real

**SANTA MONICA COLLEGE
INT'L DANCE CLUB**

Tue, Thu 11:15am-12:35
(310) 284-3638 James Zimmer
SANTA MONICA, Santa Monica
College Clock Tower or LS Bldg
1900 Pico Blvd

TOPANGA CANYON INT'L Fd
Fri 9:30am-11:00am

(310) 455-1051 Melanie Kareem
TOPANGA, Froggy's Restaurant, 1105
N. Topanga Canyon Blvd.

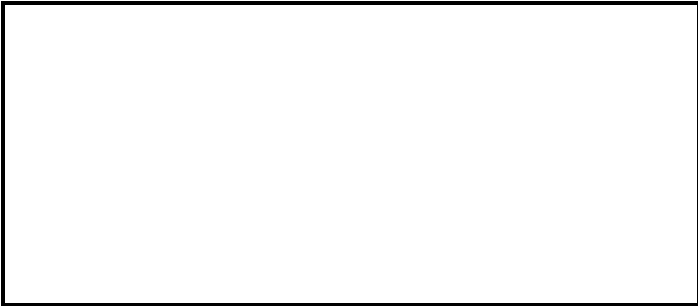
**UCLA BALLROOM CLUB
UCLA INT'L FOLKDANCERS**

Mon 7:00-9:00 (ballroom dance)
Mon 9:00-11:00 (folk dance)
(310) 284-3636 James Zimmer
UniversityDanceClubs@yahoo.com
WESTWOOD, UCLA Ackeman
Union Room 2414

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