



# Folk Dance Scene



**Published by the Folkdance Federation of California, South**

**Volume 52, No. 2**

**March 2016**

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## Folk Dance Scene

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*Folk Dance Scene* is published to educate its readers concerning the folk dance, music, costumes, lore and culture of the peoples of the world. It is designed to inform them of the opportunities to experience folk dance and culture in Southern California and elsewhere.

**SUBMISSIONS:** Information to be included in the *Scene* should reach the editor by the 10th of the month preceding publication. We reserve the right to edit all submissions for space considerations. Electronic submission (including all photos) is required. Views expressed in *Scene* are solely the opinions of the authors. Neither *Scene* nor the Federation assumes responsibility for the accuracy of the information sent in.

**SUBSCRIPTIONS:** Subscription orders and renewals should be addressed to Gerda Ben-Zeev. The subscription rate is \$18 per year, USA, \$20 for Canada or Mexico, all other foreign subscriptions available by email (pdf) only, \$10 for pdf via email. Change of address or circulation problems should be addressed to Gerda Ben-Zeev; see table above.

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Size (width x length)	Federation Club	Others	Payment to:
1/4 page (3" x 3 1/2")	\$10	\$15	Gerda Ben-Zeev
1/2 page (6" x 3 3/4" or 3" x 7 1/2")	\$15	\$25	19 Village Park Way
Full page (6" x 7 1/2")	\$25	\$40	Santa Monica, CA 90405

*On the cover: Members of Westwood Folk Dance Co-op. Photo by Sandy Levy*



# Folk Dance Scene

Volume 52, No. 2  
March 2016

## Federation Corner

### Editors' Corner

Spring is a time of change, and this month's Scene heralds changes in editorial staff, and major reflections on the health of the Folk Dance Federations.

The cover story features Westwood Co-op in the words of some of its members, and Ethnic Foods contains recipes contributed by them.

Use Calendar and On the Scene to find events for your entertainment, and hear a voice from the past in Dancers Speak.

Be of good cheer!

*Pat Cross and Don Krotser*

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For information about dancing in the area, contact the Federation at (310) 478-6600 or Federation website: SoCalFolkdance.org



Jan Rayman's publicity shot for Unagappa Ondo (Japanese water sprite) dance with real water.

*The Folk Dance Scene Committee is very pleased to welcome Jan Rayman to our staff. In the short time she has been with us, she has become an extremely valuable addition. In case you are not fortunate enough*

*to have met her, below is an introduction for you to read.*

My reluctant entry into folk dancing occurred in 1981 when, while finishing my doctoral dissertation at the University of Colorado, I was dragged to a folk dance class by my housemate. Although I missed the Golden Age of Folk Dancing by about a decade, folk dance had a major positive effect on my life and I have been trying to share it with others ever since. Needless to say, I was delighted when asked to join the staff of the Folk Dance Scene as an editor.

Folk dancing was a perfect way for a shy introvert to make friends and become more outgoing. Eventually, I joined a folk dance performing group. Some folk dance friends taught me to ski and to climb mountains. Over the subsequent few years, I climbed all 54 peaks in Colorado higher than 14,000 feet and also accomplished some challenging technical ascents of other local mountains. As I grew stronger, I found I was keeping up with world-class mountaineers. Rather than accept an offer from Yale, I stayed in Boulder. Briefly, there was talk of my joining some major expeditions, but lack of funds quickly led me to give up that dream. Even now, however, I am most myself when mountaineering, backpacking, or skiing through the woods in the mountains.

Missing intellectual stimulation, I struck up a conversation about science with another folk dancer I didn't know very well. Unfortunately, this mesmerizing conversation occurred in the frozen food aisle of a grocery store. Hours later we found our fingers and toes frosted but our hearts glowing with warmth. Marc is now my husband and that conversation continues. We often read the same books and discuss them. Marc and opportunities for

*Continued on page 11*

# WESTWOOD CO-OP FOLK DANCERS

## President's Comments



I'm just a "new kid on the block," having been around for only 20 years compared to the 70-year history of Westwood Co-op.

I have a strong feeling of love for the Westwood members because of their incredibly unselfish spirit of volunteerism! These members sincerely practice the real meaning of a "Co-

operative."

It has been my pleasure and honor to have been Westwood Co-op's "Perennial President" for many years.

*"Happy 70<sup>th</sup> birthday, Westwood!!"*

*Gary Francesconi, President*

Here it is March, 2016, and Westwood Co-op is the featured club in Folk Dance Scene. Possibly, we are being featured because of our wonderful annual festival, one of the best and largest. This year it will be held on April 10 (*date has been changed to April 17*) from 1:30 to 5:30 at Brockton Elementary School, where the auditorium has a smooth wooden dance floor, greatly appreciated by all dancers. This will be our 70th annual festival, and admission will be free, as always.

The word "co-op" tells an important story, because without the wonderful cooperation of our members we would not be as successful as we have been. Our club is democratically run by elected officers and committees. At present, our President is Gary Francesconi; Vice-President, Laurette Carlson; Treasurer, Jan Chesne; Secretary, Brenda Koplin. The editors of our excellent and informative monthly bulletin are Nancy Bott and Harry Evans.

We look forward to our enjoyable annual weekend at Camp Hess Kramer, being held this year on March 18 - 20. Sandy Helperin is the chairperson in charge of activities at camp. Her committee includes Beverly Barr, Jan Chesne, Saralee Kaufman, Gerda Ben-Zeev,

Lee Freehling and Laurette Carlson. In the past, some of the non-dance activities at camp included: poetry workshops, creating accessories for dancing, writing workshops, T-shirt painting, and drawing on the right side of the brain. Early morning bird walks are usually led by Lee Freehling and Paul Cooley.

Teaching on Thursday nights is accomplished at different times by several people: Beverly Barr, Gerda Ben-Zeev, Harry Evans, Tikva Mason and Sandy Helperin. Rita Sklar is in charge of our "Early Program," from 7:30 to 8:00, which includes non-partner dances and requests. Ike Hasson and Sandy



Laurette, Brenda Koplin and Larry Davis

Levy usually set up the sound system and other necessary appurtenances.

We usually have a really nice group of people dancing on Thursday nights. Whether they come each week or only occasionally, each person adds to the enjoyment and friendship of the evening. Come, join us!!

*Laurette Carlson*

On September 30, 1948 I found folk dancing at the UCLA Folk Dance Club. I was smitten. Two or three weeks later some of the "kids" were talking about dancing at Westwood that night. My ears pricked up



with where, when and what time questions. That evening I mounted the steps at Emerson Junior High School to the strains of *Hopak*. The first thing I saw upon entering the room was a guy spinning around on the floor like a top. It was Mike Kamen. Wow! I liked this place!

The club was large, with a diverse membership. Ages ranged from college-age kids like me on up to ancient people (they could have been in their seventies!). I was gratified and surprised at how warmly the older people treated us younger people, like we were their kids home from school. The atmosphere was like folk dancing was meant to be. It was one club, with mutual respect among the ages and it produced life-long friendships.

One life-changing result from attending Westwood was that I met a cute brunette named Judy Stang. Today, February 14, 2016, is our 43<sup>rd</sup> wedding anniversary. We share six kids and their in-laws and out-laws, 14 grandchildren, and two and a fraction great grandchildren. Who knew?

*Bill Campbell*

I always loved to dance, starting, as a four-year-old, whirling around the support pole in our basement, smashing down hard, right on my nose, which I had reshaped with the first money I earned as a teacher.

I used to hang out at the Latino dance places, near MacArthur Park, until a teaching buddy took me to the Westwood Co-op Folk Dancers and... I fell in love with the music, the variety, and the wonderful people! Sometimes, I'd come home from school frustrated, dejected, really DOWN. A few minutes, surrounded by a world of sound, movement, friendship and I'd be flying high. And the Intersection was just a few minute's drive from the Latin dance clubs!

But, it was the Federation folks who became my real "family," even enfolded my parents into the web and, eventually, introducing me to Mr. Right, Rudy Beldner. For some thirty years, we danced far more than we ever watched TV. There were so many Federation dance clubs to visit, so many dance camps and specialized classes. When we travelled, we were able to join right in at folk dance festivals, around the world. I even danced with the Swedish national Hambo champion, at Skansen, in Stockholm!

Even after we moved "far from the madding crowd" and I injured my foot (while dancing, of course), my folk dance friends/family have remained close. Mr. Right no longer is with us to "trip the light fantastic." But, with my foot 98% healed, I've been able to get together with "the gang." Surprisingly, even after almost 30 years, I can get into the line for Belasicko and Alunelul and... flow. Both feet can no longer get off the ground at the same time, but a lift in place of a leap can still bring so much joy. The love affair continues. And maybe there is another Mr. Right, just waiting to dance with me!

*Eunice Udelf, Folkdance Federation of California, South, President, 1990-93*

I was an experienced folk dancer by the time I started dancing with Westwood Co-op in Oct., 1969. It was at a festival and one of my friends suggested in a very strong way that I come to dance at



Beverly Barr, Rita Sklar, Saralee Kaufman, Sandy Helperin, Sherrie Kramer

Westwood Co-op. She called me the day before to remind me, but I did not need reminding. I had already called a long-time friend to tell her that we were going to Westwood Co-op on Thursday night. We went and to our surprise we had to climb up a very long flight of stairs to the boys' gym. We barely got into the dance room, still with our jackets on,

and several of the dancers came to greet us and welcome us. The guys were quick to ask us to dance the couple dances. We stayed until the end and both continued to dance every Thursday night. There were about 140 dancers on Thursday dance nights. My friend moved away and I continued.

It was the beginning of the New Year 1970, one of the dancers invited me to attend Westwood Co-op's monthly meeting that was held in one of the dancer's homes, each month in a different home. There would be about 40 to 50 members, squeezed together with happy smiles attending the sessions. Every third month was a dance meeting to choose the dances to be taught for the next 3 months. This was my first meeting and it was a dance meeting. Dances that people suggested were to be demonstrated if possible, and then voted on by those present. Several of the dances suggested were Israeli dances taught by Dani Dassa at San Diego State University Folk Dance Conference. The president asked, as usual, for those who remembered the dance, to show it. No one moved. He then said, even if you can just show us a little of it so we can get the feel of it. Dani Dassa was my teacher for the first 2 years of my folk dancing life. I knew every dance that he taught. I sat there quietly (the new kid on the block), not ready to show off what I knew. The next thing said in a begging tone was, "Can anyone show us a little bit of the steps?" At this point, I took a deep breath and raised my hand and said, "I know this dance and the others that he taught at camp also." I danced 2 of Dani's dances and they were both voted on to be taught. The next week I received a call from Dave Slater, who was in charge of the teaching at that time, and he asked me if I would be willing to teach both dances, 2 months apart. It was my beginning of a long love affair with Westwood Co-op and with teaching folk dancing.

I later became the teaching chairperson. I also served as vice president for one year and president for 2 years. (In those years we had 2 year limits for voted officers). As my husband, Irwin, became more interested in folk dancing, he volunteered for many jobs and is currently our music and equipment chairperson. His love for folk dancing and Westwood Co-op revolves around the people. He became a folk dancer and ready to do anything for the club and for the wonderful people that surround us.

Our membership has gotten smaller, but our

enthusiasm has gotten greater. This all happened when we had to move from our original venue. The club met at Emerson Middle School for many years. In the very early days, long before I was involved, one of the Westwood dancers was the boys PE teacher at Emerson and that is how the club got the room for our weekly dancing. Things started to get a little more difficult after he retired, but we were still able to have our Thursday night dancing. In approximately 2006 (exact year unknown), the school got a new principal, and she did not want us there, and we almost immediately lost the use of the school. We moved to Felicia Mahood Senior Center, not far from Emerson Middle School.

We are still dancing at Felicia Mahood Senior Center every Thursday from 7:30 – 8:00 p.m. with easy dances led by Rita Sklar and from 8:00 to 9:50 p.m. a pre-arranged dance program selected by a different member each week. During this time we teach 2 new dances and review the two new dances taught the month before. Our dance program is selected by different members each week so we get to dance a greater variety of dances. We also have different teachers who take turns teaching. The teachers also have their likes and dislikes and are able to choose to teach the dances they like and can do a good job.

In the earlier days, during the summer, many of the members would get together at the beach, bring food and enjoy swimming or playing games and dancing on the sand or grass. Then we would head off to someone's home for a potluck dinner and dance some more if they had space available. Another fun thing we did on the weekend was to gather and dance and picnic at Burton Chase Park in the Marina. Mike and Elaine Kamen would get there very early to reserve several of the picnic tables and stay there and guard them.

We also have an annual Participating Membership Party to reward those members who participate in the various jobs that need to be done. Each job earns a designated amount of points. This party has not missed a year since I have been involved in the club (1970), and is still going on. I don't think it ever skipped a year.

Over the years Westwood Co-op has given Lifetime Memberships to individuals for their outstanding all around participation. That means doing a lot more than just their job. The Westwood Co-op's lifetime membership recipients that are still dancing regularly

at Westwood Co-op are: Beverly Barr, Irwin Barr and Rita Sklar. Recipient Elaine Kamen drops in to visit sometimes, but is no longer able to dance, but she has a long history and strong love for the club and comes to see her dancing friends.

*Beverly Barr*

When I first entered the room at the top of the long stairway at Emerson Jr. High, I discovered what seemed like one big party! Yes, it was the Westwood Co-op dancers, enjoying their weekly Thursday night of fun and friendship. This was in 1978, when we never sat down between dances, and when there were plenty of *da Hambo* partners!

Happy Birthday to Westwood Co-op, where we still dance, still have parties, and enjoy the friendship of our extended family.

Starting then, in 1978, Thursday nights have been very important to me, not only for the dancing but also for the lifelong friendships that were formed.

Again, happy 70<sup>th</sup> birthday wishes to the Westwood Co-op and all its dancers!

*Brenda Koplin*

minute of dancing, whose spirit is infectious to all in range of the music. That group has included active members who participated even when injured, heartbroken, growing old, or beaten down by life. The dance always welcomed them with open arms and warm hugs. Westwood folk dancers are a dance community that has endured decades with members who can't wait to begin the next dance no matter what.

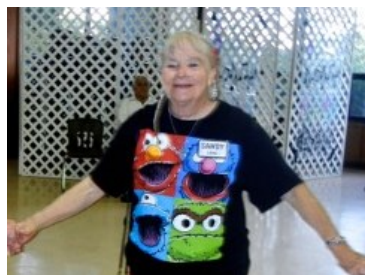
Festivals were always exciting, well planned, and a lot of fun. My husband, weak and sick as he was, always got into a few dances and enjoyed chatting with friends in the audience. Hess Kramer weekends were wonderful, well planned and had something for everyone besides dancing. I remember my agony and joy planning craft projects for many years.

I will always be grateful for Westwood members' support when I suffered a deep loss. A few dance steps in the patio. A toast, smiles and hugs followed by plates and plates of goodness for weeks to follow, were a gift I'll never forget.

*Lillian Rodich*

Westwood folk dancers became a part of my life many years ago when Beverly Weiss (then president) asked me to become their historian. We had no smart phones or digital cameras available in those days. But it was fun collecting pictures and attending events, telling Westwood's story in pictures and captions.

I have so many beautiful and unique memories. They tell a story of a group of people who have danced together for many years, who enjoy every



Photographer Sandy Levy



Sandy Helperin  
with Hess  
Kramer  
craft  
project

Beverly and  
Erwin Barr



# Westwood Co-op Folk Dancers

presents another fun-filled weekend at

# Camp Hess Kramer

March 18, 19, 20, 2016

Two nights - Six meals (Friday dinner through Sunday lunch)



Choose 1 of 3 types of accommodations

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Send coupon below and check for the full amount payable to WESTWOOD CO-OP FOLK DANCERS and mail to: Saralee Kaufman, 2111 Balsam Ave., Los Angeles, CA 90025

## Camp Rule - No Pets Allowed

Reservation questions? Call Saralee or Gary (310)474-8841

Others questions? Call Sandy at (310)391-7382

WESTWOOD CO-OP'S CAMP HESS KRAMER WEEKEND - March 18,19,20 2016

ACCOMMODATIONS: A \_\_\_ B \_\_\_ C \_\_\_ Preferred Roommate(s): \_\_\_\_\_

Name(s) \_\_\_\_\_  
(Print your name as you want it on your badge.)

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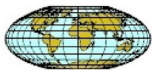
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## **NORWAY/SWEDEN/DENMARK!**

**June 8-20:** Led by Lee Otterholt

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## **FRANCE! July 16-29:** Led by Jim Gold

Brittany, Normandy, Loire Valley: Paris, Rouen,  
Le Havre, Bayeux, D-day Landing Beaches,  
Mont St. Michel, Quimper, Nantes, Blois, Chambord,  
Orleans, Chartres, Palace of Versailles



## **POLAND! September 3-17:** Led by Richard Schmidt

Kraków, Zakopane, Łódź, Toruń, Gdańsk, Olsztyn, Warsaw

## **GREECE! October 15-28:** Led by Jim Gold

Athens, Olympia, Delphi, Meteora, Mycenae, Epidaurus.  
Greek Island Cruise: Mykonos, Crete, Rhodes,  
Patmos, Kusadasi in Turkey, Santorini, and Ephesus

## **INDIA! November 7-21:** Led by Lee Otterholt

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# CALENDAR

**Note: Federation events are in bold.**

**CALL TO CONFIRM ALL EVENTS**

## MARCH

17 **Narodni's St. Patrick's Day Party** with live music – Thursday 7:30 p.m. at Bellflower Woman's Club, 9402 Oak St., Bellflower 90706. Info: Julith (562) 404-4383 or julithilona@gmail.com - Wear the green to celebrate the occasion.

18-20 **Westwood's Camp Hess Kramer Weekend** in Malibu. See flyer in this issue. Early Bird discount expires 3-1-16. Info: Sandy (310) 391-7382

## APRIL

2 **BalkanFest 2016** – Saturday, presented by Pomona College, in collaboration with Café Aman, hosted by Dr. Anthony Shay, Madelyn Taylor and Ian Price. Dance workshops with Gergana Panova (Bulgarian dances), Cane Carovski (Macedonian dances). Location: Pomona College, Claremont – Pendleton Dance Center, 210 E. 2<sup>nd</sup> St., Claremont. See ad. Info: madelyntaylor@hotmail.com or ianpricebey@hotmail.com

17 **Westwood Festival Sunday 1:30-5:30 p.m. at Brockton School, 1309 Armacost Ave., West L.A.** Info: Beverly (310) 202-6166, (310) 994-0304 (cell) or dancingbarrs@yahoo.com

## MAY

7 **Romeo & Juliet** – Los Angeles Ballet on Saturday, 7:30 p.m. at the Alex Theatre, 216 No. Brand Blvd., Glendale, CA 91203. Info: (310) 998-7782 or losangelesballet.org

15 **Romeo & Juliet** – Los Angeles Ballet on Sunday, 2:00 p.m. at Valley Performing Arts Center, 18111 Nordhoff St., Northridge, CA 91330. Info: (310) 998-7782 or losangelesballet.org

22 **Claremont Folk Festival** at Smith Center, Pomona College, 333 N. College Way, Claremont, CA www.folkmusiccenter.com/folk-festival.html

25 **Memorial Day Party - West Los Angeles Folk Dancers, Monday 7:30 p.m. at Brockton School, 1309 Armacost Ave., West L.A.** Info: Beverly (310) 202-6166, (310) 994-0304 (cell) or dancingbarrs@yahoo.com

27-29 **Statewide 2016 Folk Dance Festival** in Albany/Berkeley. Featuring teachers: Erik Bendix, Maurits Van Geel. Music: Chubritza. Info: www.folkdance.com - Marija Hillis marijahilliss@gmail.com or Bill Lidicker dancebfd@aol.com

28 **Romeo & Juliet** - Los Angeles Ballet, Saturday, 7:30 p.m. at Redondo Beach Performing Arts

Center, 1935 Manhattan Beach Blvd., Redondo Beach, CA 90278. Info: (310) 998-7782 or losangelesballet.org

## JUNE

4 **Romeo & Juliet** – Los Angeles Ballet, Saturday, 2:00 and 7:30 p.m. at Royce Hall, UCLA, 340 Royce Dr., UCLA Campus, Los Angeles, CA 90095. Info: (310) 998-7782 or losangelesballet.org

11, 12 **Herencia Flamenca** featuring flamenco dancer, Yolanda Arroyo, and guitar virtuoso, Paco Arroyo, Saturday 7:30, and Sunday 2:30, at the Alex Theatre, 216 No. Brand Blvd., Glendale, CA 91203. Info: (818) 243-7700

## NORTHERN CALIFORNIA

3/10-13 **National Folk Organization Conference**, San Jose. Keynote speaker, Elsie Dunin at Mariani's Inn & Restaurant, Santa Clara. See OTS. Info: www.nfo-usa.org/ConferenceAnnual.htm or nfovicepresident@gmail.com

3/18 **60<sup>th</sup> Annual Camellia International Dance Festival**. Friday party 7-11:00 p.m.; Saturday – Workshops: Zeljko Jergan, Croatian 1-2:50 p.m.; George and Irina Arabagi, Ukrainian and Moldavian 3:10-5:00 p.m.; party 7-11:00 p.m. at Polish-American Hall, 327 Main St., Roseville, CA 95678. Info: www.folkdancesac.org

6/18-25 **Mendocino Folklore Camp**. Dance, music and singing classes, excellent food, great parties at Mendocino Woodlands. Info: MendocinoFolkloreCamp.com

7/17-24, 24-31 **Stockton Folk Dance Camp** at University of the Pacific, Stockton, CA Two identical weeks. Info: folkdancecamp.org

## OUT OF STATE

### ILLINOIS

3/18-20 **Spring Festival**, Chicago. Institutes, concert, parties at Int'l House, Univ of Chicago. See ad. Info: (847) 331-7842 or www.balkanskeigre.org

### NEW MEXICO

8/4-7 **33<sup>rd</sup> August Global Dance Camp** featuring Hardeep Sahota and Loui Tucker at New Mexico Tech Campus, Socorro, NM. Info: www.swifdi.org or Beckygordon1@gmail.com

### NORTH CAROLINA

7/3-9 Traditional Song Week  
7/10-16 Celtic Week  
7/17-23 Old-Time Week  
7/24-30 Guitar Week  
7/24-30 Contemporary Folk Week

7/31-8/6 Fiddle Week  
7/31-8/6 Mando/Banjo Week

All events: The Swannanoa Gathering, Warren Wilson College, P.O. Box 9000, Asheville, NC 28815-9000. Info: phone/fax (828) 298-3434 – gathering@warren-wilson.edu – www.swangathering.com

#### **WASHINGTON**

3/19-20 *NFDI 60<sup>th</sup> Anniversary Festival*, Seattle, featuring Lee Otterholt and Marty Koenig at the Russian Community Center, 704 19th Ave. East, Seattle. Info: nwfolk dancers@gmail.com

5/27-30 *45<sup>th</sup> Northwest Folklife Festival*, Seattle Center, 305 Harrison St., Seattle. Info: nwfolk dancers@gmail.com

7/31-8/7 *Ti Ti Tabor Hungarian Folk Camp*. Info: tititabor@gmail.com

#### **FOREIGN**

##### **CANADA**

5/20-23 *Ontario Folk Dance Camp* at the University of Waterloo, west of Toronto. Teachers are Karin Bellaart, international/Dutch and Lee Otterholt, international/Balkan. Contact person is Lynne Smiley bsmiley25@cogeco.ca.

##### **ALONG THE DANUBE**

7/3-16 *7-Country, 12/Day cruise along the Danube*. Info: folkdanceonthewater.org

##### **FRANCE**

7/16-29 *Folk Tour to France* led by Jim Gold. Info: Jim Gold (201) 836-0362 www.jimgold.com See ad.

##### **GREECE**

10/15-28 *Folk Tour to Greece* led by Jim Gold and Lee Otterholt. Info: Jim Gold, www.jimgold.com. See ad.

##### **INDIA**

11/17-21 *Folk Tour to India* led by Lee Otterholt. Info: Jim Gold jimgold@jimgold.com - www.jimgold.com See ad

##### **NORWAY/SWEDEN/DENMARK**

6/8-20 *Folk Tour to Norway, Sweden & Denmark* led by Lee Otterholt. Info: Jim Gold www.jimgold.com. See ad.

##### **POLAND**

9/3-17 *Folk Tour to Poland* led by Richard Schmidt. Info: Jim Gold www.jimgold.com. See ad.

##### **SPAIN**

4/15-29 *Cruise with Yves and France Moreau*. Info at www.folkdancecruise.com

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*Federation Corner continued from page 3*

the two of us in California led me to give up both serious mountaineering and my statistical consulting business in order to do research in neuroscience at UCLA.

Within a few days of arriving in California, we found the Pasadena Folk Dance Co-op to be both friendly and nurturing, and we have been active there for over 29 years. When its membership began to decline, as many groups have experienced, I created a website (PasadenaFolkDanceCoop.org) and several Meetup groups, increasing our membership substantially. Along the way, I have learned some hard lessons about attracting and retaining new people, but that's a topic for another article.

After the parental problems necessitating my retirement stabilized and Marc's spacecraft accomplished its first set of objectives in the main asteroid belt, he and I found we had time and energy to dance more than once per week. Valerie Daley encouraged us to dance with Tuesday Gypsies. They made us feel so welcome! We make the cross-town trek to dance with them in Culver City whenever we can and reserve a special place in

our hearts for this group.

Indulging our passion to share the joys of folk dancing with other people, Marc and I started our own folk dance group (see our website: www.Foothill.Dance). We meet on Thursday nights near where we live in La Canada. The group is only a few months old and it is small, consisting mostly of people who have done some kind of dance before. We try to tailor the teaching to the level of the dancers who show up, with more advanced dances taught later in the evening. Sometimes this is difficult, especially when a person new to dancing shows up in the middle of the evening, but we do our best. Every month we try to include at least one dance that will appear on an upcoming dance program of the Pasadena Folk Dance Co-op in order to encourage people to dance there too, but we also teach many dances not in the Friday repertoire.

It's been many years since I started folk dancing, but now with two artificial knees and one artificial hip (the needs for which were accelerated by all my mountaineering), I continue to derive great joy from it.

*Jan Rayman*

*The Scholarship Committee of  
The Folk Dance Federation of California South  
proudly offers:*

*The 2016 Federation Scholarships*

*Rules for Federation Member Club Nominations:*

- 1) All Participating Member Clubs may nominate a candidate for only one scholarship for one event per year. The candidate must be a current member of a Federation Club.
- 2) Scholarships will be awarded to candidates who demonstrate a desire to further the cause of promoting Folk Dancing and Music in Southern California.
- 3) Partial scholarships will be awarded to cover up to 1/2 of one event.
- 4) Nomination Clubs must complete the Scholarship application form, located on our website: [http://www.socalfolkdance.com/forms/S\\_ScholarshipApp.pdf](http://www.socalfolkdance.com/forms/S_ScholarshipApp.pdf)

*Complete the form, and mail it to Kathy Molga, Scholarship Committee Chair,  
by no later than the deadline on **April 30, 2016.***

*Purpose of the Scholarship Program*

The Folk Dance Federation, South has formed the Scholarship Program to:

- 1) develop potential folk dance teachers and leaders;
- 2) develop potential folk musicians; and
- 3) recognize individuals for service to and active participation in the folk dance community.

*Eligibility for Consideration*

The following criteria have been established for eligibility and consideration for scholarship awards. The applicant: 1) must be a member of a Federation Club or be recommended (sponsored) by an officer of the Federation; and 2) must not have received an FDFC S scholarship within the past 3 years.

*If you have any questions, please email Kathy at: [ad\\_wiz@yahoo.com](mailto:ad_wiz@yahoo.com).*

*Scholarship Recipients will be Announced by **May 15, 2016***

*(in time for Statewide 2016 in SF May 27-29 and summer camps)*

## BalkanFest 2016, on Saturday, April 2nd.

Presented by Pomona College, in collaboration with Café Aman.  
Hosted by Dr. Anthony Shay, Madelyn Taylor and Ian Price

**Dance Workshops with Gergana Panova (Bulgarian Dances), and  
Cane Carovski (Macedonian Dances).**



Cane and Snezana Carovski



Gergana Panova



Evening dance party with 'Zabava', playing dance music of Macedonia and Bulgaria.

**Schedule:** Doors open at Noon for registration.  
Dance Workshops (with reviews) from 1:00 p.m. to 5:00 p.m.  
Dinner break – 5:00 p.m. to 7:00 p.m. (available on Campus).  
Party Registration – from 6:00 p.m.  
Cultural presentation: 7:15 – 8-15 p.m.  
"Pathways to Tradition" with Gergana and Cane.  
Dance Party with 'Zabava' – 8:30 p.m. to 11:00 p.m.

**Admissions:** \$25 for the workshops only. \$25 for the dance party only.  
\$45 for the workshops and dance party

**Location:** Pomona College, Claremont – Pendleton Dance Center, 210 East 2<sup>nd</sup> Street, Claremont, CA 91711. **Parking:** Either on N. College Ave or in the parking structure, which can be entered from 1<sup>st</sup> St. (free parking).

For further information: [madelyntaylor@hotmail.com](mailto:madelyntaylor@hotmail.com); [ianpricebey@hotmail.com](mailto:ianpricebey@hotmail.com)



# FOLK DANCE FEDERATION

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*Editors' note: The Folk Dance Federation of California, South is in trouble. Although currently guided by Marshall Cates, he can't continue forever, nor can some of the other officers, many who have carried the burden far too long. Right now, they are looking to fill the positions of vice president and director of membership. We hope this article inspires further discussions in Scene and that at least two people step up and volunteer to serve in the Federation.*

In preparation for upcoming elections for officers for the Folk Dance Federation of California, South I was asked "Why do we need a federation?" Rather than give a quick answer, I decided to put out a survey to about 30 people associated with the Federation and another 10 not associated. I posed 10 reasons why we should support the Federation followed by a reason for and a reason against. I then asked recipients to respond with comments. I append the survey with comments, but let me first convey the most responded reason. ***We need the Federation because it provides an umbrella under which we can all come together to share our interest in folk dancing, to enjoy each other's company, and to learn from each other.*** We provide insurance and tax exempt status so that our members can more easily find places to dance, we co-sponsor festivals to bring us together in dance, we publish Scene to keep us informed, and we run a camp each year to give us new dances. We do know that the Federation is not for all folk dancers. We do little or nothing to support the coffee house dancer who doesn't like choreographed dances done to recorded music. However, for club dancers, we provide many services.

Here is my survey in bold, followed by my own rebuttal, also in bold, followed by some of the responses, which are in italics.

## **Why the Federation?**

*Because it gives us an umbrella to stand under, united in at least a few ways.*

*We are many folk dancing groups. Without the Federation, we are just friends. Under the same Federation, we are siblings in a family.*

*My first answers to many of these statements is "And if the Federation goes away, how would this improve/change the situation?"*

### **1) We provide insurance.**

**We could buy insurance someplace else, or just have an insurance person and nothing else.**

*Insurance is necessary for the Cerritos Folk Dancers to rent a venue for all the past festivals and probably for all the future festivals. "We could buy someplace else." But, where? At what price?*

*I doubt you could get a group rate if you were not a group.... There is plenty of more expensive insurance.*

### **2) We give camp scholarships.**

**These are not widely applied for and only help a few.**

*This may be a matter of publicity and might be solved by putting out an email blast, extending the deadline, and reminding applicants that the scholarships are for ANY dance camp, not just Stockton.*

### **3) We run Camp Hess Kramer.**

**This could operate independently like Stockton.**

*True, but would it be run at all?*

### **4) We produce the Folk Dance Scene.**

**This could operate independently or join the northern federation.**

*True, but would it continue to represent S. Cal if N. Cal ran it or combined it with Let's Dance!?*

**5) We coordinate a calendar to avoid conflicting festival events.**

**This isn't working now as people just put their ad in the Scene without Federation approval or knowledge.**

*After the date is set for an event, one should report to the webmaster. Before setting the date, one should check the calendar on our website. We don't need Federation approval, as it may take long time to get it. But it may be nice to have an officer, such as the secretary or V.P., to be the information center to check the conflicting events. The information passes faster this way. (Note Federation approval is needed if the club wants to apply for the Federation festival subsidy—M.C.)*

**6) We help clubs support festivals with a subsidy.**

**Fewer than 200 dancers come to festivals.**

*I think the festivals always did allow the many groups to get together and, without that, each group is isolated.*

*Lots of folk dancers today never go outside their own groups but lots of us do go elsewhere for special events, master teachers and regional festivals. We learn new things, get new ideas, and make new friends. We take renewed enthusiasm to our clubs. Festivals are worth having because they raise the energy level and Federation support has been important in recent years.*

*Actually, this isn't such a low number unless you remember the Good Old Days when 1000 dancers attended dance events and there was often an audience of non-dancers that came to watch the festival and performances. We used to have many, many more workshops and dance camps. So what? That was then and this is now. And if the Federation disappeared this lower attendance trend would hardly reverse itself, would it?*

**7) We used to put on institutes and bring in master teachers.**

**The key word is used to.**

*Sure, and that can be reversed if somebody wants to be in charge.*

**8) We put on a Statewide festival.**

**This could be a function of the North which could alternate north/south.**

*Sure, we could alternate locations, appoint dancers from the South to run Statewide every other year, but the work would still have to be done, so having the Federation South makes it easier to organize.*

**9) The non-profit status of the Federation, South can usually be used to qualify for lower rates for rentals.**

**Clubs can get their own non-profit status.**

*Clubs can get their own 501(c)(3) tax exemption but it is a lot harder now than it used to be. Our club has had one for years and it has been important in getting venues in particular. That is something many clubs can get from the Federation.*

*"Clubs can get their own non-profit status." It is very difficult to have the non-profit status materialized. I know that there is at least one of our member groups which has considered applying for the non-profit status and gave up after learning that it is very troublesome to apply and also costs a lot to do so. The non-profit status may not only qualify for lower price for rentals. Sometimes it is necessary to have that status before the renting application is accepted.*

*Whoa! Getting non-profit status is a lengthy process and A LOT of work, not something that most clubs will be capable of doing on their own. Don't even think of this as an out!*

**10) We maintain a very good website in support of dancers, syllabi, videos, photos, contact info and much more.**

*The website is a marvelous resource. Dick Oakes has given us a priceless gift. That alone justifies the Federation.*

*Yes, indeed, websites are vital.*

**Why not the Federation?**

**1) Nobody wants to be an officer.**

**We brought in two new people last year and we can just keep asking.**

*The problem of how to recruit people to the Southern California board has some solutions.*

*Being VP is easy, but being president is far more work. It has its benefits in that the president has the position to put forth some ideas from his or her own personal agenda. However, it is difficult to recruit anyone who is still actively employed. A position on the Federation board means that someone is supposed to dedicate large amounts of time and responsibility to see to it that programs run smoothly, and that new services are put in place to support local folk dancing. However, I believe these board members are not properly appreciated or compensated. This is why recruiting and retaining them can be difficult at times. I suggest that there be some tangible reimbursement for all those who serve on board positions (not the committee chairs). At very least, allowing free entrance to Federation-sponsored events would make a great difference in recruiting and retaining active board members. No one person wants to work long hours, receive phone calls late at night, handle emergency situations and do endless tasks without receiving some sort of appreciation and compensation.*

**2) Just ask the north to take us over. After all they have the name already.**

**California is so large that wherever the new officers of the Federation of California come from, dancers in half the state are unlikely to know them, especially since we don't have a great deal of north-south overlap at festivals**

*I argue that it would be better to keep both North and South Federations separate. I think merging the two Federations would mean that large areas of the state would suffer. This is because the areas that would naturally receive the most attention would be the groups served by the wherever the board is located. For example, if we were to merge the South and the North and the North would remain, I believe events and coordination of groups in the South would suffer. Meetings will become all but impossible unless we ... do them by Skype or something similar. We also have very different populations and needs.*

**3) Insurance is all that we offer, so why not line up a source (the north?) and leave the clubs alone.**

**Loss of festivals limits our exposure to each other and isolates us.**

*There are lots of reasons to look at the Federation as more than just an insurance provider. The clubs need a reason to coordinate, talk to each other, support each other, etc.*

**4) Federation council is burdensome.**

**We only meet 4 times a year.**

*Sure, council meetings are a hassle. Any meeting can be a hassle. ....*

*Develop some small perk for being an officer or board member (I recently discovered that Ethnic Express provides access to the club's Costco membership to officers which they can use for their personal shopping). And the fact remains that organizations cannot exist without meetings. Put on your Big-Boy/Girl-Pants and deal with it!*

## 5) Should we join the North?

**Given the distance it is likely that we would always be regional and we should deal with local issues with people we know.**

*This should be far down the list of things to do. Plenty of work can be done before taking this step.*

*Marshall Cates*

**Loui Tucker, Past President of the Folk Dance Federation of California (North) sent a long reply and included the following advice.**

There are two big differences between the Federations. One is how we handle Let's Dance!\_magazine versus how you handle Folk Dance Scene. The other is your membership base.

We allow, even encourage, individual members. We have a tad over 400 members right now, amazingly holding steady over the last 10 years despite members dying and dropping membership because they age out and stop dancing. I think this is where our strength lies. We have many, many more dancers from whom to draw for leadership positions.

One of the things I did as president was repeatedly (*ad nauseum*, some would say) make a pitch for individuals to join the Federation because it was akin to having a 'membership' in Mothers Against Drunk Driving or Doctors Without Borders or the Humane Society or the ACLU. At every dance event where I was allowed the microphone for five minutes, I reminded dancers that:

".... the Federation was the ONLY organization actively working to promote folk dancing in our entire area. You should be a member and contribute to the cause the same way you donate to Mothers Against Drunk Driving or Doctors Without Borders or the Humane Society or the ACLU. You don't even expect anything in return for membership in MADD, etc. – you just send them money. At least with the Federation you get a pretty amazing magazine, Let's Dance! Do you look at folkdance.com for information from time to time? Well, the Federation maintains that website. Do you enjoy attending the occasional festival or workshop? The Federation makes sure those happen. Do you want a source of funds if you have a great idea for a dance event but need seed money or some other form of financial assistance to pull it off? The Federation has the money to do that and all you have to do is ask. Have you ever needed a scholarship – or might you need one in the future – in order to attend Stockton Folk Dance Camp or Mendocino Camp or Balkan Camp? The Federation offers scholarships, and without those scholarships a lot of people would not be able to attend dance events."

My understanding is that the Southern Federation has only group membership – or at least there is no incentive for individuals to join. .... There is no tangible benefit to membership, but it's the right thing to do. Having benefits attached to membership can be a selling point.

When I became President, ... I made an effort to make a few things each year for Federation members only or at a reduced price for Federation members. I had those "I ♥ FOLK DANCE" tote bags made and Federation members got them for free at Statewide when we held it in Sonoma a few years ago. We had six dancers join the Federation on the spot just to get a tote bag! Another time we held a workshop for couples with Richard Powers and a local Hungarian teacher and the prices was \$10 for Federation members and \$30 for non-members. Four people joined the Federation that day. Some people need a reason to join beyond the "it's the right thing to do" and "the Federation is doing work that needs to be done" – and member benefits are a good motivator.

About 35 years or so ago (1978? I'd have to go back and figure it out) Let's Dance! magazine was a separate entity and you could subscribe to it without being a Federation member. I think that's the way your Federation runs right now. When we made the move to make Let's Dance! magazine a benefit of membership, that really changed the membership of the Federation. Individuals and couples suddenly had a significant reason to join the Federation. This is something you might want to consider. Having looked at back issues of Let's Dance! I knew that it had once been used to air lively debates – whether to keep square dancing under the folk dance umbrella, whether we should include 'choreographed' dances or insist on 'authentic' dances, how many dances per year should be added, how to train new teachers, etc. Then in the

1990s and early 2000s, ... It became just a big calendar of events, with page after page of advertisements, a few photos of people smiling into the camera, and reports on events that had happened.

So I began using Let's Dance! to discuss issues facing folk dancing – partner versus non-partner dances, live music versus recorded music, pre-planned dance program versus requests, how to attract dancers particularly younger dancers, how to use social media, why we need more classes for beginners, etc. Folk dancers are smart people; they can and should be engaged and enlightened and cajoled and provoked. It's not just the dancing that brings us together – it's the social interaction and community building. Sure, individual classes and clubs can do this, but the Federation is the only vehicle around that can make that happen on a large scale. The question cannot be "Should the Federation exist?" It should be "How can the Federation be changed so it can further our goals?"

I also told many people that I had once said that I didn't need to join the Federation myself because my class was doing just fine, I had plenty of dancing in my life, and I didn't need the Federation. And I finally came to the conclusion that (1) it's not what I could GET from the Federation it was what I could GIVE to the Federation; and (2) if I wanted folk dancing to exist after I stopped teaching and dancing, and I didn't want folk dancing to die on my watch – then I, Loui Tucker, had to pitch in and help row the boat NOW. I still say it: "The folk dancing and the Federation are NOT going to die on my watch!"

I WANT you to succeed, and I want the Federation South to not just survive, but thrive.

*Loui Tucker*

**Sylvia Stachura, Past President of the Folk Dance Federation of California, South sent the following reply:**

I went dancing one evening and came home with a sense of love and family after an evening of folk dancing. In 2014 my family and I suffered losses that set me back emotionally. A good friend I'd known since my child, and her youngest were five, passed. Then at the end of the year my dear and only brother passed. I feel like this year maybe I'm ready to breathe deeply and remember those loves but with a sense of hope.

It helps me to reflect on those I've known since I

started learning folk dances. My friend Marietta Schug, now in her 90's, still remembers how and when she and her husband Carl began folk dancing. I remember back to those early days dancing with the Whittier Cooperative Folk Dancers. It was the beginning of my involvement with the Folk Dance Cooperative of CA, South as well as getting to know about Carl and Marietta. Marietta too remembers back to early days of folk dancing in the 1940's.

Well I started reading the History of Folk dancing on the Federation's website. It is very interesting to see how it began here in the USA and reflect on where we are now in folk dancing. At last year's Statewide Festival in San Diego I heard Yves Moreau mention how we are becoming the 'keepers' of folk dances from villages which are changing so drastically in parts of, what my parents used to call "The Old World" - Europe, that many of their folk/village dances are being lost. What Yves shares with us and our continued teaching and dancing of these gems is what keeps them alive.

The history of how, when and why the Folk Dance Federations began is also interesting. Those of us in the South are in the midst of seeking new officers to give a well earned break to those who have worked so hard for the last two years to keep our dancing going and give other dancers a chance to take over and learn how and what is necessary to keep folk dancing alive. As leader of the nominating committee I'd like to encourage those of you who are enjoying folk dancing to step forward and take on one of the positions that keeps our dancing going. The group that has been working for the last two years should be able to retire and let others take over. But we have not received nominees for their positions so some of them have graciously volunteered to continue. We are still in need of a director of membership. Our former director, Steve Himel, has left the state. He has volunteered to help anyone willing to take on the job and to coach them. I hope if you are reading this little piece that you will consider taking a place in keeping our folk dance movement alive and well. Contact me at [sstach236@charter.net](mailto:sstach236@charter.net) Other nominating committee members you can contact are: Pauline Klak, Leslie Halberg ([lhalberg@sbcglobal.net](mailto:lhalberg@sbcglobal.net)) or Jan Rayman ([JanRayman@charter.net](mailto:JanRayman@charter.net)). Remember, we will need to find new officers eventually even if these continue for another year.

*Sylvia Stachura*





*Ensemble Balkanske Igre's  
51st Anniversary*



# SPRING FESTIVAL

**March 18-20, 2016**

International House, 1414 E 59th St, Chicago, IL 60637

(Hyde Park/University of Chicago)

*Dance and Music of the Balkans, Eastern Europe, and Eastern Mediterranean*

Enjoy the best in Balkan, Eastern European, and Mediterranean dance, music, and culture with world renowned master teachers...spectacular live music...riveting dance & musical performances. Dance on a sprung oak floor. Sing, jam, and celebrate with friends new and old from coast to coast and Canada!

**March 18-20, 2016, Friday, 8pm - midnight / Saturday to Sunday, 9am-5pm**

*Workshops, Party, Culture Sessions with Master Teachers and Artists*

**Ahmet Lüleci, Ventzi Sotirov, Chris Bajmakovich,**

**James Stoyanoff**, special guest **Atanas Kolarovski**, & others. Program subject to change.

**SATURDAY EVENING, March 19, 7pm, Concert & Dance Party featuring the finest live music  
and dances from all regions of the Balkans and Eastern Europe/Mediterranean**

**Info/Reservations: 847/331-7842 or 847/858-9822**

Balkanske Igre, PO Box 1157, Chicago, IL 60690

[balkanske\\_igre@yahoo.com](mailto:balkanske_igre@yahoo.com)

[www.balkanskeigre.org](http://www.balkanskeigre.org)

Plentiful housing options near campus; please contact us for details. The Spring Festival is co-sponsored by the International House at the University of Chicago, CEERES, and the Ensemble Balkanske Igre.

Please complete and **return to John Kuo, 9201 Mason, Morton Grove, IL 60053 - please make checks payable to: "Balkanske Igre"**. NOTE: EARLY REGISTRATION + WEEKEND PASS OPTIONS YIELD SUBSTANTIAL DISCOUNTS.

Student

/FDCC General Note: Friday & Saturday evening concert & parties included in weekend packages; evening dinners & syllabus are extra. Individual workshop admission is \$10/\$12.

Seniors

Weekend Pass (Fri evening through Sun) \_\_\_\_\_ \$140 \_\_\_\_\_ \$160 by 2/10/2016 \$150/\$170 after 2/10/2016, \$160/\$180 after 3/10/2016

Syllabus \_\_\_\_\_ \$20

Dinner Saturday evening \_\_\_\_\_ \$30 \_\_\_\_\_ please check if vegetarian/vegan

Post-festival Sunday dinner/party w/live music \_\_\_\_\_ \$40 at a Balkan ethnic restaurant tba

for a total of \$ \_\_\_\_\_

Name \_\_\_\_\_ Cell Phone \_\_\_\_\_

Address \_\_\_\_\_ Other Phone \_\_\_\_\_

City/State/Zip \_\_\_\_\_

E-mail Address \_\_\_\_\_

# ON THE SCENE

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## WESTWOOD CAMP HESS KRAMER WEEKEND

Our plans for the weekend of March 18-20 are complete. Now we need you to sign up and join us for a delightful three days and two nights in Malibu.

There will be lots of dancing and dance teachings. We will have a potpourri of teachers and the evenings will be all request dancing. There will also be lots of activities for non-dancers and dancers alike. Our flyer is in this issue of Scene, and for any more information, you can call Sandy Helperin at (310) 391-7382.

## MIDWEEK AFTERNOON DANCING

Join the Mountain Dancers on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of every month at the Woman's Club of South Pasadena; 1424 Fremont Ave. Enjoy dancing, learning new dances, and making new friends. It is \$5.00 for the session, from 1:30 to 3:00, followed by free refreshments. For more information, call Roz Witt, (626) 797-4453.

## WEST VALLEY FOLK DANCERS

For March the new dance to be taught will be *Seguidillas* an easy, but pleasant dance for four people. It comes from the Canary Islands, and was presented by France Moreau at Mendocino Folklore Camp in 2015. We will also be reviewing the Israeli line dance *Beleilot Hakeyitz*.

We dance at the Canoga Park Senior Center (we had to lie about our ages) Friday nights from 7:15 to 10:00. The center has a lovely wood floor, and parking is adjacent to the building. First time is free, so come and try it!

## BALKAN CAMP AT MENDOCINO WOODLANDS

We have a special treat in store for you this summer at our West Coast workshop. Because of the generosity of an anonymous benefactor, we will be able to bring over two venerable musicians who played for many years with the Radio-Television Skopje Čalgija Orchestra. For the uninitiated, *čalgija* refers to a Macedonian urban, Ottoman-influenced style music, typically played in a heterophonic style on violin, oud, *kanun* (plucked zither) and other

instruments. *Oud* ("ut" in Macedonian) master Raim Baki and *kanun* master Husref Said both come from long lines of Romani musicians who specialize in the *čalgija* genre. They will be teaching their respective instruments, and will team-teach a *čalgija* ensemble class at Mendocino. Professor Sonia Tamar Seeman, of University of Texas at Austin, will also be at camp to enhance the *čalgija* program with her expertise and scholarship. In addition, urban and village Macedonian music will be well represented this year, with Dragi Spasovski teaching singing, Mark Levy on Macedonian village (*izvorno*) ensemble and *gajda*, Adam Good on Macedonian tambura, Vlado Pupinoski on sax/clarinet and Romani ensemble, and Jerry Kisslinger on *tapan*.

This list represents a mere fraction of our workshop staff offerings. Read all about these and other teachers on the camp pages for Mendocino and Iroquois Springs at eefc.org, and while you're at it, register for one (or two!) unforgettable summer weeks.

## BEVERLY BARR'S FOLK DANCE CLASSES

**Monday evening** at Brockton Ave. School, 1309 Armacost Ave. in West L.A.

7:30 - 8:15 New things are happening for new dancers and those who want to learn more dances and learn the breakdown of the steps that create the dance and have extra reviews on dances that were taught.

8:15 - 10:15 (or when you are too tired to keep dancing). We will review new and old dances that will be on upcoming festival programs. Requests are always welcome.

**Memorial Day Party** on Monday, May 25. 7:30, at Brockton Ave. School, 1309 Armacost, West Los Angeles. (1 1/2 blocks north of Santa Monica Blvd., between Barrington and Bundy). More information to come.

**Tuesdays** 11:00 a.m. - 12:30 p.m. – Roxbury Recreation Center, 471 Roxbury Dr. in Beverly Hills

**Wednesdays** 12:30 p.m. - 2:00 p.m. – Culver City Senior Center on the northwest Corner of Culver Blvd. & Overland Ave. in Culver City

Come and find out how much fun daytime dancing is, and the wonderful people you will meet.

If you are new to Beverly's groups or have questions, please call Beverly at (310) 202-6166 or (310) 478-4659 [dancingbarrs@yahoo.com](mailto:dancingbarrs@yahoo.com), in case there were any changes or for any questions.

## **NFO HERITAGE AWARD ANNOUNCEMENT**

*Note: The National Folk Organization (NFO) will hold its annual meeting near San Jose, CA on March 10-13. Here is some information about the session.*

The presentation of the Heritage Award is always a special occasion at the Friday night banquet during the National Folk Organization's annual conference. This year, one of the two recipients is our very own Bill Lidicker, who is past-president for both the Folk Dance Federation of California and the National Folk Organization. You won't want to miss this opportunity to see him honored, and to learn about his many contributions to the folk dance community. Elsie Ivancich Dunin is the second recipient and also the keynote speaker at this year's NFO Conference. She is Professor Emerita, UCLA, where she taught dance ethnology from 1966 to 1994. As the external dance research adviser with the Institute of Ethnology and Folklore Research in Zagreb, Croatia, she studies the social dance changes in relation to socio-cultural transformation. Her bilingual (Croatian/English) book comparing continuities and changes of wedding customs in two generations of one Croatian family (1977-2009) is fascinating, and was published in 2013. The National Folk Organization's annual conference is being held this year at Mariani's Inn in Santa Clara, California, March 10-13.

Our Vice President, Cricket Raybern, and her committee are working hard to make sure this will be an outstanding event. There are several excellent presentations and workshops already scheduled. Bruce Hamilton will be doing a Saturday workshop teaching English Country Dances. Billie Burke will be presenting his book about how folk dances fit into the California school curriculum. Richard Powers is presenting a workshop on tips and techniques for teaching dance, and will be teaching some dances that can be taught in 4 minutes or less.

Nirupama Vaidyanathan has studied classical dance forms of Southern India for 30 years; and he will speak to us about the development of classical dance

in India, its relationship to cultural development, and its relationship to folk dancing in India. "Bhangra to Bollywood" is the title of a presentation by Ed Austin, Amy Jex, and Jeanette Geslison. This dynamic trio works with the Brigham Young University Folk Dance Ensemble; and they will be speaking about how Bhangra and Bollywood dance forms relate to the classical dances of India

In addition, there is a technical workshop on iTunes tips and tricks. There will be dancing on Thursday night with Loui Tucker's group, and in Menlo Park at the Peninsula Council party on Saturday. For the registration form and more information, visit the NFO web site: [nfo-usa.org](http://nfo-usa.org). It is rare that the NFO Conference is held in the Bay Area. Mark your calendars and register now for this special event. You won't want to miss it!

*Bobi Ashley*

## **NARODNI INTERNATIONAL FOLKDANCERS**

March 3<sup>rd</sup> & 10<sup>th</sup> Camille Dull will review *Hora Mirešii* and *Kritiko Serviko*

March 17<sup>th</sup> Narodni's St. Patricks Day party. We plan to have some live entertainment. Wear green and help us celebrate the occasion.

March 24<sup>th</sup> & 31<sup>st</sup> We plan to be learning some of the dances from last month's Laguna Festival. Teacher and dances TBD.

Our regular meeting night is Thursday at the Bellflower Woman's Club from 7:30 to 10:30. If you want to get on the mailing list to receive our weekly email announcements, you can sign up at [narodni@callicomp.info](mailto:narodni@callicomp.info). For more information contact Julith Neff at (562) 404-4383 (home) or (562) 881-9504 (cell). You can also visit our website at [www.narodni.org](http://www.narodni.org) for basic information.

*Julith Neff*

## **PASADENA FOLK DANCE CO-OP**

For the first time in the history of this group, we will be dancing in March 2016. New though this plan is, there's every reason to believe it will be just as fun as it has been in the previous 880 months we have danced. We meet every Friday from 7:45 to 11:00 at Throop Unitarian Church in Pasadena. Visit the

*Continued on page 22*

# POETRY CORNER

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## HOW CAN I KEEP FROM DANCING

Music coursing through my veins  
fed by everything I see  
like the mountains and the rain  
and the chirping chickadee...  
How can I keep from dancing?

Wind that wrestles with the trees,  
teases clouds across the sky,  
sweeps the mountains with such ease  
plays at tumble-sauce and spy...  
How can I keep from dancing?

Love's own spirit in my heart  
fed by kindness everywhere,  
when together or apart  
wealthy as a zillionaire...  
How can I keep from dancing?

*Camille Dull*



## SHOWDOWN AT WINTERFEST

Our fearless leader calls out the play;  
We stomp our feet, prepared for the fray.  
The other team scowls;  
We emit gruesome growls.

*Sitna Zborenka* is now underway!

*Carl Pilsecker*

*Photos provided by Jan Rayman*

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*Continued from previous page.*

Dances/This Month page of our website at [PasadenaFolkDanceCoop.org](http://PasadenaFolkDanceCoop.org) for the teaching plan, weekly dance program, and dances available for request (many with links to videos as reminders). On March 25, in our *And Now for Something Completely Different* segment, we will do the Romanian dance *Itele* to the music of the Tiki Room. And start looking now for a foolish hat to wear when you dance with us on April 1.

*Marc Rayman*

## VESELO SELO

March 5 Advanced teaching at 9:30, Shana Winokur teaching *Petrunino*.

March 12 Dances for all.

March 19 John Matthews will be teaching some Romanian dances recently taught at the Chinese New Year party in Cerritos.

March 26 Reviews of March 19 dances.

*Lu Perry*

**Westwood Co-operative Folk Dancers**  
presents

# **Spring Festival**

**Sunday, April 17, 2016**

**1:30 - 5:30 pm**

## **A Festival of International Dances**

We are encouraging new dancers to join us  
as we will be teaching a few simple and easy  
but interesting dances for all to enjoy.

**Costumes Welcome**

**Free Admission**

**Lots of Free Parking**

## **Brockton School**

**1309 Armacost Ave. Los Angeles, CA 90025**

**Between Santa Monica & Wilshire Blvds.  
Between Barrington & Bundy**

**After Party to be Announced**

for info call Beverly (310)202-6166 [dancingbarrs@yahoo.com](mailto:dancingbarrs@yahoo.com)

Westwood Co-op Folk Dancers,  
Members of the Folk Dance Federation of California, South



*We are looking forward to dancing with you at*  
***Statewide 2016***  
***Folk Dance Festival***

**Memorial Day weekend, May 27-29, 2016**  
Veterans' Memorial Building 1325 Portland Ave, Albany CA 94706



*Lights on the Bay: Reflections*

Workshops with **Erik Bendix** and **Maurits van Geel**

Dance parties Friday and Saturday evenings with **live music** by **Chubritza!**

**For those coming from afar, we have arranged reduced rates\* at two motels:**

**LA QUINTA INN at 920 University Ave, Berkeley CA 94710**

Phone: 510-849-1121

Contact: Mathew Mooney, General Mgr. or Dawn Martin, Ass't General Mgr.

Code: "Statewide folk dance"

Full breakfast and parking included; free WI-FI

Rate: \$179 per night

**GOLDEN BEAR INN (Best Value Inns) at 1620 San Pablo Ave, Berkeley CA 94702**

Contact person: Chris Koertge, General Mgr. (mornings and weekdays preferable)

Phone: 800-525-6770, 510-525-6770

Code: "with Berkeley Folk Dancers"

Parking included and morning coffee available; several eateries close by.

Rates: single queen-sized bed \$105 per night, 2 queen beds \$120 per night

**\*The deadline for making reservations at these rates is May 6.**

**SPONSORED BY THE FOLK DANCE FEDERATION OF CALIFORNIA (NORTH)**

**HOSTED BY BERKELEY FOLK DANCERS [www.berkeleyfolkdancers.org](http://www.berkeleyfolkdancers.org)**

Information: [www.folkdance.com](http://www.folkdance.com)

Marija Hillis [marijahillis@gmail.com](mailto:marijahillis@gmail.com) or

Bill Lidicker [dancebfd@aol.com](mailto:dancebfd@aol.com)

# Statewide 2016 – Memorial Day weekend May 27-29

## *Lights on the Bay: Reflections*

*(How has folk dancing enhanced your life?)*

**Pre-Registration Form** – Please register individually

\$100 before Friday, May 20 / \$110 at the door

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

Price / Check to order

**ALL EVENTS (pre-registration by Friday, May 20) .....Package Price \$100 \_\_\_\_\_**

(Includes all workshops, parties, & ice cream socials. Does not include meals, DVD, or paper syllabus.)

### INDIVIDUAL EVENTS

Friday Night Party (Live music w/ Chubritza) ..... \$20 \_\_\_\_\_

Saturday Morning Workshop ..... \$25 \_\_\_\_\_

Saturday Afternoon Workshop ..... \$25 \_\_\_\_\_

Saturday Night Party (Live music w/ Chubritza) ..... \$20 \_\_\_\_\_

Sunday Morning Workshop ..... \$25 \_\_\_\_\_

Sunday Afternoon Activities (Culture Corner, et.al.) ..... free \_\_\_\_\_

Sunday Night Party (Recorded music) ..... \$10 \_\_\_\_\_

DVD of all workshop dances taught ..... \$20 \_\_\_\_\_

Paper Syllabus ..... \$10 \_\_\_\_\_

### MEALS (PRE-ORDERS STRONGLY RECOMMENDED – limited extras)

Saturday Box Lunch (gourmet sandwich, chips or fruit, dessert) ..... \$11 \_\_\_\_\_

(Please circle one: roast beef / tuna / roast turkey / vegetarian)

Sunday Box Lunch (same as above) ..... \$11 \_\_\_\_\_

(Please circle one: roast beef / tuna / roast turkey / vegetarian)

Sunday Federation Installation Luncheon (Catered buffet) ..... \$20 \_\_\_\_\_

**TOTAL: \$ \_\_\_\_\_**

**Mail this form and your check made payable to**

**Folk Dance Federation to:**

Loui Tucker, Treasurer

153 Race Street

San Jose, CA 95126

For registration questions, please email  
Marija Hillis: marijahillis@gmail.com

*Need a scholarship? Contact Gary Anderson:  
wildwood\_press@comcast.net*

# ETHNIC FOOD

## RECIPES FROM WESTWOOD CO-OP

*In April of 2002, members of Westwood Co-op Folk Dancers put together a cookbook as part of their annual Camp Hess Kramer weekend. Here are a couple of the recipes from that cookbook.*

### Brenda Koplin's Spicy Sesame Cheese Wafers

These are always a big hit at the Friday afternoon Hess Kramer happy hour. You can adjust the degree of "heat" by using a smaller or larger measurement of red pepper flakes.

¼ cup all purpose flour

½ teaspoon baking powder

½ teaspoon salt (can be omitted)

8 ounces (2 ¼ cups) grated sharp Cheddar cheese

¼ cup (½ stick) butter, at room temperature

½ teaspoon red pepper flakes (or to taste)

2 dashes hot pepper sauce

½ cup sesame seeds

Sift flour, baking powder and salt. Combine cheese and butter in a large bowl and mix until smooth. Add flour mixture, red pepper and pepper sauce and blend with pastry blender to form a smooth dough. Shape dough into 2 logs about 1 inch in diameter. Roll in sesame seeds and wrap in waxed paper. Refrigerate until firm.

Preheat oven to 425 degrees. Cut dough into 1/8-inch thick slices. Bake until edges are lightly browned, about 8-10 minutes. Serve warm or at room temperature.

Can be stored in the refrigerator in an airtight container.

Makes about 40 wafers

### Sybil Goldenblank's Spinach and Cheese Casserole

2 cups cottage cheese

½ pound sliced mushrooms

1 medium diced onion

3 cloves garlic, mashed

4 eggs

salt and pepper to taste

¼ pound cubed Cheddar cheese (or more)

¼ cup butter or margarine

3 packages frozen chopped spinach, thawed and drained dry

a bit of flour

Sauté mushrooms, onion and garlic in butter until just browned. Combine all the remaining ingredients in a bowl and blend. Pour into a well greased 9X13 inch glass baking pan. Bake at 325 degrees for one hour or until set and browned on top.

Serves 8-10 as a vegetable dish

### Chicken Marbella a la Laurette Carlson

This is a favorite main-course dish offered at the Silver Palate Restaurant. It is good hot or at room temperature. Overnight marinating is essential to the moistness of the finished product. The chicken keeps and even improves over several days of refrigeration.

The recipe can be halved to serve 5-6.

4 chickens, 2 ½ pounds each, quartered

1 head garlic, finely pureed

¼ cup dried oregano

coarse salt and freshly ground black pepper, to taste

½ cup red wine vinegar

½ cup olive oil

1 cup pitted prunes

1 cup pitted Spanish green olives

½ cup capers with a bit of liquid

6 bay leaves

1 cup brown sugar

1 cup white wine

¼ cup Italian parsley or cilantro, finely chopped

Combine all ingredients up to the brown sugar and cover. Refrigerate overnight to marinate.

Preheat oven to 350 degrees. Arrange chicken in a single layer in one or two large shallow baking pans and spoon marinade over evenly. Sprinkle chicken pieces with brown sugar and pour white wine around them. Bake for 50 minutes to an hour, basting frequently with pan juices. Chicken is done when thigh pieces, pricked with a fork at their thickest, yield clear yellow juice.

With a slotted spoon, transfer chicken, prunes, olives and capers to a serving platter. Moisten with a few spoons of pan juices and sprinkle generously with parsley or cilantro. Pass remaining pan juices in a sauceboat.

Serves 10-12

*I hope you enjoy these tried and true recipes.*

*Sandy Helperin*

# DANCERS SPEAK

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## DANCING

By Edward D. Greenwood, M.D.

*(This article was submitted by Lee Freehling. It was published in the Bulletin of the Menninger Clinic in May of 1942)*

Dancing is an art as old as man himself. Through this highly adaptable medium, one can express widely variable feelings and meanings. The earliest dances perhaps reflected the simple rhythmic of Nature; unable to propound a theory which would satisfy his eagerness to understand the mechanisms of life, primitive man may have sought to re-enact similar rhythmical schemes. With his dancing he appealed to his gods, by movement imitative of those things which he desired. He prayed for rain, good crops and safety by dancing; he also gave thanks at the ties of birth, marriage and victory, by dancing; he gave up his dead with dancing. Dancing was a part of his daily life, like eating and sleeping.

Dancing through the ages, the dance has continued to express many things; sheer physical exuberance, sexual attraction, religious consecration; simple joy at the times of birth, marriage and victory.

During the Middle Ages when religion controlled the world, dancing almost ceased except in hysterical epidemics. After this period of dormancy, it came forth again as the stilted ballet, nurtured by the various European courts and as simple folk dancing by peasants. In modern times there has been an evolutionary series of more individualized dancing, through the waltz, two-step, the Bunny Hug, the Charleston, the Varsity Drag, to the swings and the Latin American derivatives. At the present, dancing, for many, has fallen into a rather idle shuffling of feet to music, or energetic jitterbug antics which serve some complex usefulness for the younger set.

In considering dancing as a hobby, two major groups could be made of the people engaging in it; the first, the observers and classifiers, and second, the actual participants. Opportunities open to the observers are unbounded. They may attend recitals given by various schools of dancing, they may read the many books and magazines published for those interested in the theory, the comparison of the schools, the lives of the dancers, program, etc. The classifiers are those who seek to develop a specialized collection of literature and knowledge about one type of dancing, such as the Spanish

Dance, the Italian Dance, the English Dance, and the like. This individual not only collects all the dances, but even organizes a system of gradation from simple to complex dances, those dances which are danced in groups, those which have vocal accompaniment etc.

The dancers themselves can turn either to actual dancing or to choreography, the development of dance patterns, usually to musical accompaniment.

The individual who, for various reasons turns to dancing, must undergo training in some specialized form of concert dance. The classic thinker would probably turn to the highly technical ballet, while the "emotionalist" would find a better outlet in the modern dance. Those individuals who choose dancing as a hobby because of the opportunities offered for group activities, would join one of the social groups for ballroom dancing, which are found everywhere. Some of those groups have turned exclusively to folk, square, and contra-dancing. Some endeavor to learn a dance or two from every county, while others have limited themselves to dances from their own country. In fact, the American square dance has many provincial differences, and it is not uncommon to find a group doing only New England square dances, while another group takes part only in cowboy square dances.

Value: The most important value of dancing as a hobby is that it brings great emotional release for primitive, natural impulses which are not given adequate expression in daily life. This is especially true for those persons who participate actively in the dance. Those who content themselves with observing, reading and classifying would probably prefer to dance, are deterred by internal inhibitions or lack of opportunity and social support.

It is difficult to describe to someone who has never danced, the relaxation and exhilaration that come through engaging in any form of the dance that suits one best. It is one of the best of all hobbies for completely liberating the mind from preoccupations and depressing moods. It has been used many times to maintain a precarious mental equilibrium and to stave off mental illness. Throughout the ages it has been a universal mode of human expression: it seems more logical to ask why everyone does not dance than to try to explain why some people do.

Group dancing permits the individual to keep his

*Continued on page 31*

## DANCE TOUR TO ARMENIA

€ 1555 (flight included), € 1155 (land only)

September 17 - 29

A lot of travelers have preceded you in the past 11 years in as many as 26 tours to Armenia.

Wouldn't you like to go yourself?

Armenia is a very safe holiday destination, not affected by the turmoil many Balkan countries are facing and not yet overrun by tourists.

If you like pure and delicious food, to enjoy beautiful nature, culture and traditions, to be immersed in the Mediterranean atmosphere of Yerevan, and to meet the friendly and hospitable people, join this tour!

Guest teacher Paylak Sarkisian has already added many nice dances to our dance repertoire (including Caachkac Baleni). He will be joined by guest teachers Liudvig Phogosian and Gagik Kinyosian (ethnographic dance).

Classes will be held in the Sayat Nova Dance Academy. They are alternated with interesting excursions, because you ultimately do not get a chance to visit the Caucasus that often. There are many dance-related trips by private bus, and a guide will accompany us during excursions. We will visit a village of descendants of survivors of the genocide, who after 100 years, have kept their dances from Eastern Anatolia (Sassoun) alive and have always managed to fit in a performance of the famous Tatul Altunyan Ensemble.

Visit [www.tinekevangeel.nl](http://www.tinekevangeel.nl) for more information and registration.

Mail: [info@tinekevangeel.nl](mailto:info@tinekevangeel.nl) or phone (+31)521 380382

Tour leaders: Tineke van Geel & Satik Avedisian



## CULTURE TOUR TO ARMENIA

€ 1995 (flight included) € 1595 (land only)

May 26– June 8

No dance classes, but a more extensive tour of Armenia. Culture and traditions, ancient historical monuments and nature with our private bus and guide. Multiple day excursions to Lake Sevan, Aghtamar peninsula, Noraduz historical grave yard, Zolakar village, Selim Karavanserai, cave dwellings of Khundzoresk, Karahountj, Noravank monastery. Hiking in the mountains of northern Armenia and encounters with locals.

Visit [www.armeniaholiday.com](http://www.armeniaholiday.com) for more information and registration

Mail: [tineke@armeniaholiday.com](mailto:tineke@armeniaholiday.com) or phone (+31)521 380382

Tour leader: Satik Avedisian

# CLUB DIRECTORY

## Federation Clubs

### BAY OSOS FOLK DANCERS

Tue 11:00-3:00  
LOS OSOS, South Bay Community  
Center, 2180 Palisades Ave,  
(805) 534-1501 Anne Tiber

### CABRILLO FOLK DANCERS

Tue 7:00-9:30  
(858) 459-1336 Georgina  
SAN DIEGO, Balboa Park, Balboa  
Park Club, 2144 Pan American

### CAFE ASTERIA

3rd Sat 7:30  
xorepse@gmail.com (310) 508-9676  
WEST LA, LA DanceFit Studio,  
10936 Santa Monica Blvd

### CERRITOS FOLK DANCERS

Tue 6:00 - 8:45  
(562) 865-8854 Wen Chiang  
CERRITOS, Cerritos Senior Center,  
12340 South St.

### CONEJO VALLEY FOLK DANCERS

Wed 7:30-9:30  
(206) 849-1190 Marie Montes  
THOUSAND OAKS, Hillcrest Center,  
403 W Hillcrest Dr

### FANTASY FOLK DANCE CLUB

Sun 3:00 - 6:30  
(626) 458-8851 Sophie Chen  
MONTEREY PARK, St Thomas  
Aquinas Church, 1501 S Atlantic Blvd  
*Fri 7:30-10:30*  
(626) 429-9008 Vincent Cheng  
ALHAMBRA, S. CA Chinese  
Broadcasting Inc, 3000 W Valley Blvd

### INT'L FOLK DANCE CLUB - LAGUNA WOODS

Tue 9:00am-11:00  
(949) 454-0837 Frieda Gorelick  
LAGUNA WOODS, Clubhouse 1,  
24232 Calle Aragon

### KYPSELI GREEK FOLK DANCING

Fri 8:30-11:30  
(310) 508-9676 Anne Sirota  
SHERMAN OAKS, The Tango Room,  
4346 Woodman Avenue

### LAGUNA INT'L DANCERS

Wed 6:00-8:30. Sun 7:00-10:00  
(949) 770-7026 Miriam Kahn  
LAGUNA WOODS, Call for location.

### MOUNTAIN DANCERS

1st & 3rd Tue 1:30-3:30  
(626) 355-9220 John Meursing  
S. PASADENA, Woman's Club,  
1424 Fremont Ave.

### NARODNI INT'L FOLK DANCERS

Thu 7:30  
(562) 404-4383 Julith Neff  
BELLFLOWER, Woman's Club of  
Bellflower, 9402 Oak St.

### PASADENA FOLK DANCE CO-OP

Fri 7:45-11:00  
(818) 790-8523 Marc Rayman  
PASADENA, Throop Mem. Church  
300 S. Los Robles (at Del Mar)

### PRESCOTT INT'L FOLKDANCERS

Sun 3:00 - 5:00  
(928) 925-8995 Dick Weston  
PRESCOTT: First Congregational  
Church, 216 E. Gurley St.

### RAINBOW SENIOR CLUB

Sun 2:30 - 6:30  
(626) 456-1900 Kevin Sun  
ALHAMBRA, Joslyn Senior Center  
210 N. Chapel Ave.

### SAN DIEGO VINTAGE DANCERS

(858) 622-9924 Mary Jennings  
SAN DIEGO, Dance Place, 2650  
Truxton Rd. Sun.

### SCANDINAVIAN DANCERS OF VENTURA & SANTA BARBARA

2nd & 4th Sat 2:00-5:00  
(805) 604-9608 Madeleine  
SANTA PAULA, Briggs Elementary  
School 14438 W. Telegraph  
*1st Sun 3:00*  
(805) 403-9862 Gene Lerner  
SANTA BARBARA, First Presbyterian  
Church, 21 E Constance Ave

### SKANDIA DANCE CLASSES

Mon 7:00-10:00 Wed 7:30-10:00;  
Sat 7:00 - 11:00(once a month)  
(714) 893-8888 Ted Martin  
(310) 827-3618 Sparky Sotcher  
ANAHEIM, Downtown Community  
Center, 250 E Center (Mon)  
CULVER CITY, Lindberg Park,  
5041 Rhoda Way (Wed, some Sat.)

### SOLVANG VILLAGE FOLK DANCERS

Sat 6:30-8:30 except 3rd Sat 1:00-3  
(805) 688-3397 David Heald  
SOLVANG, Bethania Lutheran, 603  
Atterdag Rd.  
(3rd Sat) Corner Alisal & Copenhagen

### TUESDAY GYPSIES

Tue 7:30-10:30  
(310) 390-1069 Millicent Stein  
CULVER CITY, Masonic Lodge 9635  
Venice Blvd.

### VESELO SELO FOLKDANCERS

Sat 7:30-10:30  
(714) 828-2581 Lu Perry  
ANAHEIM, Unitarian Church, 511 S.  
Harbor.

### VINTAGE ISRAELI DANCING

One Sat per month 8:16 - 12:00  
(818) 881-7494 noon-midnight, Louis  
dovbyrd@aol.com  
SHERMAN OAKS, Anisa's School  
of Dance, 14252 Ventura Blvd.



**WEST LOS ANGELES  
FOLK DANCERS**

Mon 7:30-10:30  
(310) 202-6166 Beverly Barr  
WEST L.A., Brockton School  
1309 Armacost Ave.

**WEST VALLEY  
FOLK DANCERS**

Fri 7:15-10:00  
(818) 348-6133 Lila Aurich  
CANOGA PARK, Senior Center  
7326 Jordan Ave

**WESTCHESTER LARIATS**

Mon 3:00-8:30  
(310) 641-0669 Carrie McClune  
LOS ANGELES, Westchester  
Methodist Church, 8065 Emerson

**WESTWOOD CO-OP**

Thu 7:30 - 10:00  
(310) 202-6166 Beverly Barr  
WEST L.A., F. Mahood Senior Center,  
11338 Santa Monica Blvd.

**Non-Federation Clubs**

**ANAHEIM INT'L  
FOLKDANCERS**

Wed 7:30-9:30  
(562) 941-0069 Nancy Atwood  
ANAHEIM, Unitarian Church,  
511 S Harbor

**BEVERLY BARR DAYTIME  
CLASSES**

(310) 202-6166 or (310) 478-4659  
SHERMAN OAKS, Senior Center,  
5056 Van Nuys Blvd. Mon 1:30-3:00  
*BEVERLY HILLS, Roxbury Park Rec.  
Center 471 So. Roxbury  
Tue 10:45am-12:30*  
CULVER CITY, Culver City Senior  
Center, northwest corner Culver &  
Overland, Wed 12:30-2:00

**CAFE AMAN**

2nd Sat 7:30-11:30. Teach 7:30-8:30  
madelyntaylor@hotmail.com  
ianprice@hotmail.com  
WEST LA, LA DanceFit Studio,  
10936 Santa Monica Blvd

**CAL TECH FOLKDANCERS**

Tue 7:30  
(626) 797-5157 Nancy Mulligan  
PASADENA, Cal Tech Campus,  
Dabney Hall, parking off Del Mar

**CLAREMONT ISRAELI DANCERS**

Mon 7:00-10:00 (909) 921-7115 Yael  
CLAREMONT, Masonic Lodge, 272  
W. 8th St.

**DESERT DANCERS**

Thu 7:30-9:30  
(760) 371-5669 Nora Nuckles  
RIDGECREST, Hi Desert Dance  
Center 725 S. Gateway St.

**DESERT INT'L FOLK DANCERS**

Tue 7:30-9:30 Oct.-May  
(760) 327-8684 Dwight Fine  
(760) 342-1297 Helen Smith  
PALM SPRINGS, Step By Step Dance  
Studio 316 N. Palm Canyon

**FOLK DANCE CENTER**

Every Evening. For schedule: (619)  
466-4043, [www.folkdancecenter.org](http://www.folkdancecenter.org)  
SAN DIEGO, 4569 30th Street

**FOLK DANCE CLASS**

(310) 652-8706 Tikva Mason  
L.A., Pan Pacific Senior Center, 141 S.  
Gardner St, Thu 10:15-11:45am

**FRIDAY NIGHT L.I.F.E.**

Fri 8:00-11:00  
[www.lifebalkandancers.com](http://www.lifebalkandancers.com)  
worldance1@gmail.com Sherry  
WEST L.A., LA DanceFit Studio,  
10936 Santa Monica Blvd

**ISRAELI DANCING-James Zimmer**

Wed 7:30-12:00  
(310) 284-3638 James Zimmer  
Israelidance@yahoo.com  
L.A., Westside JCC, 5870 W Olympic

**ISRAELI DANCING-Natalie Stern**

(818) 343-8009 Natalie Stern  
L.A., American Jewish Univ Dance  
Studio, 15600 Mulholland Mon  
10:00am-11:45 & noon-1:00 Tue  
10:30am-noon Wed 7:00-9:30; Thu  
10:15am-1:05

**ISRAELI DANCING-Yoni Carr**

(619) 227-0110 Yoni  
Mon 7:00-11:30 Beginners at 7:00  
SAN DIEGO, Infinity Sport Dance  
Center, 4428 Convoy St

**KAYSO FOLK DANCERS**

Fri 9:30am-12:00  
(619) 463-7529 Joe Sigona  
SAN DIEGO, Balboa Park,  
Casa del Prado room 206 St

**SAN DIEGO FOLK DANCERS**

Mon 7:30-9:30  
(858) 278-4619 Jeanne Cate  
SAN DIEGO, Balboa Park Club,  
Balboa Park

**SAN PEDRO KOLO DANCERS**

Mon 7:30-9:30  
(310) 832-1074 Pauline Klak  
SAN PEDRO, Dalmatian-American  
Club, 1639 S Palos Verdes St.

**SANTA BARBARA**

**BALKAN FOLK DANCERS**

Wed 8:00-10:30  
(805) 682-4511 Luis Goena  
SANTA BARBARA, Oak Park Stage,  
corner Junipero and Calle Real

**SANTA MONICA COLLEGE  
INT'L DANCE CLUB**

Tue, Thu 11:15am-12:35  
(310) 284-3638 James Zimmer  
SANTA MONICA, Santa Monica  
College Clock Tower or LS Bldg  
1900 Pico Blvd

**TOPANGA CANYON INT'L Fd**

Fri 9:30am-11:00am  
(310) 455-1051 Melanie Kareem  
TOPANGA, Froggy's Restaurant, 1105  
N. Topanga Canyon Blvd.

**UCLA BALLROOM CLUB**

**UCLA INT'L FOLKDANCERS**

Mon 7:00-9:00 (ballroom dance)  
Mon 9:00-11:00 (folk dance)  
(310) 284-3636 James Zimmer  
UniversityDanceClubs@yahoo.com  
WESTWOOD, UCLA Kerckhoff Hall



## Beginners' Classes

### CABRILLO FOLK DANCERS

Tue 7:00-8:00  
(858) 459-1336 Georgina  
SAN DIEGO, Balboa Park Club  
Balboa Park

### CONEJO VALLEY FD

Wed 7:30-9:30  
(206) 849-1190 Marie Montes  
THOUSAND OAKS, Hillcrest Center,  
403 W Hillcrest Dr

### ISRAELI DANCING-Natalie Stern

(818) 343-8009 Natalie Stern  
L.A., American Jewish Univ. Dance  
Studio, 15600 Mulholland. Mon noon-  
1:00 Wed 7:00-8:00 Thu 12:05-1:05

### KAYSO FOLK DANCERS

Fri 9:30am-10:30  
(619) 463-7529 Joe Sigona  
SAN DIEGO, Balboa Park,  
Casa del Prado room 206 St.

### LAGUNA INT'L DANCERS

Wed 5:30-6:00; Sun 7:00-7:30  
(949) 770-7026 Miriam Kahn  
LAGUNA WOODS, Call for location.

### PASADENA CO-OP

Fri 7:45-8:30 janrayman@charter.net  
(818) 790-8523 Marc Rayman  
PASADENA, Throop Mem. Church  
300 S. Los Robles (at Del Mar)

### SAN DIEGO INTL FD

Wed 7:15-8:30  
(858) 278-4619 Jeanne Cate  
SAN DIEGO, Balboa Park Club,  
Presidents Way off Park, Balboa Park

### SKANDIA FOLK DANCE

Mon 7:00-7:30 Wed 7:30  
(714) 893-8888 Ted Martin  
(310) 827-3618 Sparky Sotcher  
ANAHEIM, Community Ctr,  
250 E Center (Mon)  
CULVER CITY, Lindberg Park,  
5041 Rhoda Way (Wed)

### WEST L. A. FOLK DANCERS

Mon 7:30-8:30  
(310) 202-6166 Beverly Barr  
WEST L.A., Brockton School  
1309 Armacost Ave

## Exhibition Groups

### CLAN MACLEOD DANCERS

Mon 7:30-9:30  
(818) 761-4750 Deanna St Amand  
LOS ANGELES, St. Barnabas Church,  
2109 Chickasaw Ave.

### KARPATOK HUNGARIAN FOLK ENSEMBLE

Wed 8:00  
(310) 350-1135 Livia Schachinger  
LOS ANGELES, United Magyarhaz,  
1975 Washington

### KRAKUSY POLISH FOLK DANCE ENSEMBLE

Tue 7:00-9:30 Sat 2:15-4:15  
(626) 827-7338 Ela Romuzga  
LOS ANGELES, Polish  
Parish Hall, 3424 W Adams Blvd.

**SCANDIA DANCERS**  
(714) 840-8293 Stefanie Holzman  
BELLFLOWER, Woman's Club

### UCSB MIDDLE EAST ENSEMBLE

Tue 7:00 - 10:00  
(805) 893-3261 (805) 967-7125 Scott  
SANTA BARBARA, Gehringer  
Music Bldg., UCSB Campus

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### *Dancers Speak continued from page 27*

own minor variations of style and rhythm and at the same time to be a part of a larger, moving whole which is tending to establish one single impression or mood. Unlike the rhythm of marching men, which also welds a group together into a common purpose, the dance encourages individual differences within a pattern of the whole, so that each person expresses himself while contributing to a greater expression. It seeks an ideal balance in the eternal conflict between the individual and the group.

One can point out in defense of dancing the well-balanced physical control and development it provides, the fact that it is suitable and pleasurable for all ages, the new meaning it gives to music, and the way it adapts itself to the recreational needs of almost any worker, but particularly to those of the sedentary worker. But actually, dancing needs no defense because it is natural to dance. People have always danced and they always will because of the inspiration and refreshment it brings.



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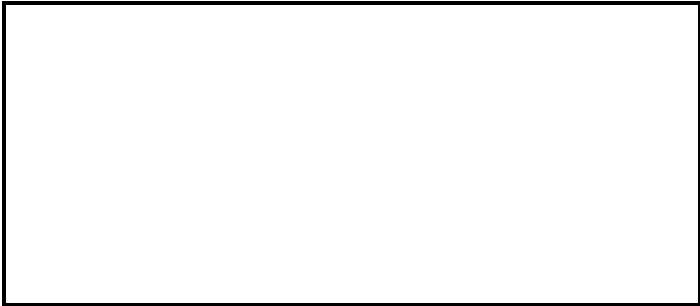
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