



Folk Dance Scene



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Folk Dance Scene

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On the cover: Finnish stamp depicting Midsummer



Folk Dance Scene

Volume 56, No. 9
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Editors' Corner

Finland is our cover story. Thanks to Betchen for this and the corresponding Costume Corner, which includes a report on the preparation of nettles for making a soft fiber for spinning and weaving of undergarments.

The postage stamp on the cover provides a glimpse of the nationally celebrated weekend festival.

In the United States and elsewhere the COVID-19 pandemic continues to rise. We hope you are safe and provided for. Take note of The Corner, Calendar and ads for activities—now mostly remote, or as yet undecided.

Thanks to Camille for the Poetry Corner.

Ethnic Food features recipes for Salmon soup, and a bread we tested.

Be of good cheer—we're still here...

Pat Cross and Don Krotser

The Corner

The president salutes...

...all the brilliant folks who have generously provided expertise, education, entertainment and exercise these last few months. Thank you for sharing skills, knowledge and inspiration to keep the folk dance community engaged and dancing.

A special mention goes out to the techies who have figured out optimal wiring, microphones, speakers and connections to make Zoom dancing satisfying. Adony Beniares, Dale Adamson, Murray Spiegel (among others) freely share practical tips to all leaders who want to hold Zoom sessions for their local groups. If your dance club wants to celebrate a birthday, hold an anniversary party or begin regular virtual dance sessions, they will make helpful documents and personal advice available. Contact me if you need their contact info.

Zoom dancing is proliferating. Thank you to Fran Prevas and Ralph van Middlesworth, who are keeping the SoCal dance community informed about opportunities to dance. Send a blank email to Caltechfolkdance+subscribe@groups.io to subscribe to Fran's weekly newsletter that has up-to-date events in Southern California. Ralph sends a bi-weekly bulletin, "Celebrations of the Season," of (now virtual) dance events to the Narodni club mail list. To subscribe go to <https://lists.callicomp.info/mailman/listinfo/narodnim> or contact Ralph at narodni@callicomp.info

Upcoming event in CA: <https://kolofestival.org/>

Folklore is more than dancing steps. Thank you, Scene Committee, for cultural details in which dancing is embedded. Music, costumes, history, recipes, even linguistics... The knowledge enriches my understanding of how specific dances came into being, how and when they are danced. Dancing is universal but the styles are influenced by weight of the clothing which is influenced by the weather and geography, etc. etc.

Thank you leaders, local and across the world, for hosting parties and providing instruction! Instruction? If your brain is full, and you are finding that learning dance from virtual sessions is tedious here are 2 quick tips: Like and Pay Attention. It's easier to learn a dance if you (1) like the music, are pleased with the teacher and (2) pay close attention to the feet of the teacher without the distraction of uncomfortable shoes, hunger, pinging texts. More motor learning tips in future columns.

*Diane Baker
President, FD Federation, South*

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For information about dancing in the area, contact the Federation at the Federation website: SoCalFolkdance.org

FINLAND

Most of us probably think of Finland—or Suomi, as the Finns call it—as a land of ice and snow, of ski resorts, saunas, and northern lights. Which it is, in the long winter. But if you want to see local dancing, the time to go is at Midsummer, the great Finnish national holiday, when almost everyone goes out to the countryside to rejoice in the short-lived return of warm sunshine and greenery.

Traditionally Midsummer was another name for the summer solstice, when the sun appears to stand still in its northward course (created by earth's wobble), producing the northern hemisphere's longest daytime, before starting to drift south again. Because bathing in lakes and streams had long been a pan-European pagan custom on Midsummer, the Christian church long ago pre-empted the custom by labeling June 24 as St. John's Day, since John the Baptist had baptized young Jesus with water. So it was OK to jump into the water. Currently this astronomical event can fall anywhere from June 20 to June 22, so modern Finns and Swedes with inconvenient urban work schedules legislated in the 1950s that their Midsummer Festival would fall on the first Saturday

after June 19.

Most characteristic of Finnish Midsummer has been the lighting of huge bonfires, especially on the shores of lakes or tops of hills where they could be seen for miles. The fuel consisted not just of trees and brush but—at least in older times—of any and all pieces of wooden farm and ship implements that were no longer usable, and the pile might reach 20 feet or more in height (**Photo 1**) Every year the Seurasaari open-air museum in Helsinki builds a Midsummer bonfire and re-enacts a midsummer wedding, amid its interesting permanent array of old village and farm buildings brought in from all over rural Finland for preservation.

Around their bonfires, everyone young and old happily dance circle and chain dances, traditionally moving left in a clockwise—that is, sunwise—direction, originally to add power to the life-giving sun and its fiery counterpart before them. Some even choose to wear their local traditional costumes, this being one of the few times and places you can still see them, aside from visiting the remarkable National Museum of Finland in Helsinki.

Photo 1:
Midsummer bonfire at Seurasaari, Helsinki's open-air museum. Typically enormous, the festival is attended by masses of people who—if possible—circle the fire dancing, during the short night.



In the Swedish-speaking areas of Finland (Swedish and Finnish are both official languages of Finland), as in parts of Sweden, a tree is felled, stripped, and brought into the village, where it is decorated with green wreaths and flower garlands and erected where there will be plenty of room to dance the clockwise ring dances around it. If this pole reminds you of English maypoles, it should: it is part of the same set of ancient European agrarian traditions. But note that Britain is warmed by the tip end of the Gulf Stream, so plants begin to burst with new life around May 1, whereas Finland, triply walled off from that warmth by the North Sea, the Scandinavian peninsula, and the Baltic Sea, doesn't warm up for another six weeks, when daily sunlight is at its longest.

And then, of course, the days start shortening again, so it is time to enjoy the warmth while one can! Doorways, gates, yards, and even the cows are decked with green leaves and branches, the saunas receive freshly leafy bundles of birch switches (called *vihta*), and aromatic flowers like lily-of-the-valley and lilac fill vases in the summer cottages. As in the Balkans, people used to collect medicinal herbs on St. John's Night for use the rest of the year, believing that the plants had their greatest potency on that night.

This, too, is the time to enjoy all the fresh vegetables starting to come ripe: lettuce, cucumbers, carrots, peas, tiny new potatoes, and masses of fresh green dill weed—that archetypical Scandinavian herb. Imagine lounging in the fresh grass to feast on a typical midsummer lunch of pickled herring and new potatoes (steamed, not boiled!) both smothered in fresh dill, with a salad of fresh veggies and topped off with bowls of fresh-picked berries—wild strawberries, lingonberries (sort of like currants), cloudberries, raspberries, black and red currants, bilberries (sort of like blueberries), and many more. If you're lucky, you might even catch a glimpse of a Moomin! (**Photo 2**.)

Best are the berries straight from the woods, but you can also buy them in Helsinki at the large and interesting old marketplace, Kauppatori, along with seafood, jams, cured meats, and all manner of pastries. (The word *kauppa* "commerce, trade" was borrowed long ago from German *kaufen* "to buy", which tells you something about medieval trade routes!)

Here in California we don't seem to do many dances from Finland, and those we do seem more Swedish in style than identifiably Finnish. Local groups tell me they include *Kuuden Kolmeinen*, *Swede-Finn Mixer*, *Talgoxen*, and *Humppa Promenade*. *Kuuden Kolmeinen*, from Häme, is a lively sort of reel for 6, while the *Swede-Finn Mixer* is a progressive couple

dance with lots of rather Swedish-looking turning. In *Talgoxen* (the Swedish name for a species of small bird), couples dance simple figures in a circle, always using a step-step-step-hop. On the other hand, if you look up *Humppa Promenade* on the internet, you will find everything from a foxtrot to 't *Smidje!* But it always seems to use music with a strong 2/4 rhythm suitable for promenading.

—Elizabeth Wayland Barber,
author of *The Dancing Goddesses*



Photo 2: Meet the Muumipeikko, or Moomin-trolls—favorite Finnish cartoon creatures created by Tove Jansson. On the cover of his first book you can see many of these delightful inhabitants of the Finnish archipelago, and up on top (borrowed from the refrigerator door) are Moominpapa with his cane and tall hat, and Moominmamma busy filling a tall hat with wild lingonberries.

COSTUME CORNER

FINLAND

Traditional folkwear in much of Finland resembles that of Sweden next door, which is not surprising since Swedish is the native language in parts of Finland. Men's clothes were cut and tailored much like Swedish ones, although the colors among Finns were different. Whereas Swedish knee-britches were most often bright yellow or light blue, Finnish pants (knee-length or long) tended toward black or dark blue (**Photo 1**). Both groups, however, typically wore sleeveless woolen vests with shiny metal buttons over a white shirt with long, full sleeves, and over those a long-sleeved woolen jacket. Tall, fancily-knitted white socks and sturdy leather shoes completed the outfit.



Photo 1: The popular Finnish dance group SISU performing a circle dance at the Seurasaari open-air museum in Helsinki.



Photo 2: Woman's costume from Munsala, an area about halfway up the west coast of Finland. The woolen skirt is thick and soft, striped with beautiful colors: the wealth of the wearer was estimated by the quality of the woolen cloth worn. Like the men's vests, women's bodices usually had handsome metal buttons up the front. The bodice also is lined, in this case with white cotton, for both warmth and comfort (note that it is lying on the blouse). A white apron would have completed the outfit.

Women wore ample calf-length woolen skirts, usually striped, that were gathered onto the bottom of a sleeveless woolen bodice of a contrasting color (**Photo 2**). A white blouse or chemise typically peeks out from underneath—usually made now of cotton or (older) linen; but in yet earlier times the favorite cloth for this was of nettle-fiber.

Yes, nettle! Cotton and flax (whence linen) need warmer climates to grow well, but nettles grow in abundance everywhere in northern Europe. To harvest them without getting stung, you take hold of the plant at the bottom and see to it that your hand always rides up the stalk and not down, since the painful little barbs face upwards. Then you throw bunches of the stems into a pond to rot away both the stingers and the woody part (the process used also for getting linen fibers from flax). This is called *retting* (an old causative verb meaning “to make it rot”). At the right moment—here is where experience is needed!—before the fibers themselves begin to go mushy, you grab the bundles of stems out of the water, dry them thoroughly, then beat them with wooden staves to knock away the remains of whatever isn’t fiber—a noisy process called *braking* or *scutching*; and finally you comb the fibers clean and straight (called *hackling*), ready for spinning into thread, then weaving. (Yeah, making clothes was an enormous amount of work before the machine age.) The reason everyone wanted nettle-cloth for blouses, shirts, and underwear is that the fibers are thin, soft, and very silky! They make linen and cotton seem coarse.

Aprons and socks might be white, black, or colored, whereas shoes were black. Girls wore a simple fillet around their head—across the forehead, then tied so the ribbon-tails hung down in back. It was most often red. Married women, however, covered their hair with a small white cap the design of which varied by region.

—Elizabeth Wayland Barber
author of *Prehistoric Textiles*



Urtica dioica, often known as
common nettle



Nettle fibre, stem, yarn, textile, jewellery with glass and nettle yarn

Photo by Joep Vogels, Textielmuseum Tilburg - Textielmuseum Tilburg, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=39160911>

CALENDAR

Note: Federation events are in bold.

ONLINE: Events are often scheduled with little lead time.

Dale Adamson's Google calendar of online events is usually up to date. <https://daleadamson.com/events-calendar/> and Aaron Alpert maintains a list of Israeli dance online at <http://www.nirkoda.com/virtual>

PASADENA FOLK DANCE CO-OP

The Pasadena Folk Dance Co-op wishes all of you a Happy Thanksgiving, and happy dancing wherever you may find it. We invite you to visit our website for dance resources, videos of past events, a forum to stay personally connected, and updates on our future plans.

www.pasadenafolkdance.org

*Mari Werner, Pasadena Folk Dance Co-op
Publicity*

FOLK DANCE GROUPS MEETING ON ZOOM.

LIFE Balkan Dancers on Fridays at 8. Contact Sherry Cochran at worldance1@gmail.com for the link and password.

Laguna International Dancers Wednesdays and Sundays from 6-8 pm. Link for the website <https://www.lagunainternationaldancers.com/> and the class is also being broadcast on Facebook Live under Lee Otterholt's page.

The Folk Arts Center of New England is continuing its very successful series of master teachers, which has attracted over 400 folk dancers from around the world. <http://www.facone.org/programs-online-events.html>

Ethnic Dance Chicago, Illinois Fridays at 7:30 - 11 CDT (5:30 - 9 pm Pacific Time) 1st half hour warm ups, discussion, with discussion following after 8 pm Pacific Time. Schedule and info at www.ethnicdance.net/virtualdanceroom/

The Peninsula Dancers from Northern CA have been holding Zoom sessions every 2nd Sunday and every 3rd Saturday of the month from 3-5:30 pm, also broadcast on their Facebook page <https://www.facebook.com/PFDCouncil/> Check with virtualfolkdance@gmail.com or check the Facebook page for the Zoom link.

Tuesday Night Revival (Boston - MIT) meets every 3rd Saturday, 5-8 pm Pacific Time <https://tuesdaynightrevival.com/> or join Zoom at <https://tinyurl.com/tnrzoom>

San Diego Folk Dancers are on Zoom, usually on the 2nd and 4th Saturdays, depending on other online events. Check their Facebook page at S. D. Folk Dance Center. Social time at 6:30 pm, teaching at 7 pm, followed by International Dancing. Contact jknappster@gmail.com or message Mary Marshall on Facebook to receive a Zoom link.

Roberto Bagnoli holds Israeli and Balkan dance parties from Rome, often on Sunday mornings and/or weekdays at noon. Check his webpage <http://morenu.it/> for the current schedule and Zoom links.

Kypseli has been presenting Greek dance and music sessions on Zoom on occasional Saturdays, sometimes from Greece. Information will be on their Facebook page and website www.kypseli.org

Ira Weisburd has been teaching on Facebook Live. He does line dances and a Balkan-Israeli Session, and they are (usually) recorded for later viewing. Donations requested. <https://www.facebook.com/dancewithira> Ira's classes are now broadcast on his YouTube Channel - his Facebook page will redirect here : <https://www.youtube.com/user/iraweisburd>

NOVEMBER

11/27-28 *Kolo Festival* will be an online virtual event <https://kolofestival.org/> Kolo Festival Online: Updates will be posted at <https://www.facebook.com/events/3080149882091380/>

Texas International Folk Dancers have announced a free virtual event - the 73rd Texas Folk Dance Camp, to be held in cooperation with the Kolo Festival <https://tifd.org/>

DECEMBER

4-6 *Fall Camp* POSTPONED to November 2021.

2021

JANUARY

30 CANCELLED *Cerritos Folk Dance Festival*, Info: chiangwenli@yahoo.com or CerritosFolkDancers@gmail.com

FEBRUARY

12 *15th Annual Croatian Cultural Extravaganza*, St. Anthony's, 712 N. Grand Ave. LA - concert at Cathedral High School info <https://www.facebook.com/events/585470205502112/>

MARCH

5-7 *Laguna Folk Dance Festival* (teachers to be announced).

MAY

1 *Cerritos Folk Dance Festival*. Info: chiangwenli@yahoo.com or CerritosFolkDancers@gmail.com

2 *SoCal Folk Fest at the Ukrainian Center*, 4315 Melrose, LA (postponed from 2020)

NOVEMBER

12-14 *Fall Camp*. Teachers TBA. Info: Dance@FallCamp.org, <https://fallcamp.org>

OUT OF STATE

NEW YORK

1/15-16/2021 *Zlatne Uste Golden Festival* will be moved online.

FOREIGN

ALBANIA AND KOSOVO

5/4-16//2021 *Tour led by Lee Otterholt*. Includes Tirana, Durres, Viora FD Festival, Kruja, Saranda, Berat, Shkodra, Gjirokastra. Extension 5/16-18. Info: www.JimGold.com, 201.836.0362. See ad.

BULGARIA

8/2-15/2021. *Koprivshitsa Festival tour*. Info: www.JimGold.com, 201.836.0362. See ad.

CENTRAL EUROPE

6/14-27/2023 *Folk Dance and Yodeling Tour* to Germany, Austria, Lichtenstein, Switzerland. Led by Jim Gold, Lee Otterholt and Lee Friedman. Info: www.JimGold.com, 201.836.0362. See ad.

GREECE

10/9-22/2021 *Tour of Greece and Greek Islands*. Led by Jim Gold and Lee Otterholt. Athens, Sparta, Delphi, etc. plus cruise to islands. Info: www.JimGold.com, 201.836.0362. See ad.

IRELAND

8/5-17/2023 *Tour led by Jim Gold and Lee Friedman*. Info: www.JimGold.com, 201.836.0362. See ad.

ISRAEL

3/13-24/2022 or Germany in June *Tour led by Jim Gold, Joe Freedman and Lee Friedman*. Info: www.JimGold.com, 201.836.0362. See ad.

NORWAY, DENMARK, SWEDEN

6/8-21/2021 *Tour led by Lee Otterholt*. Info: www.JimGold.com, 201.836.0362. See ad.

PERU, BOLIVIA, CHILE

5/22-6/3/2021 *Tour led by Martha Tavera*. Info: www.JimGold.com, 201.836.0362. See ad.

ROMANIA

10/3-16/2022 *Klezmer and Folk Dance Tour*. Info: www.JimGold.com, 201.836.0362. See ad.

SPAIN

9/14-27/2023 *Tour led by Lee Otterholt*. Malaga, Cadiz, Seville, Cordoba, Jaen, Granada. Info: www.JimGold.com, 201.836.0362. See ad.

POETRY CORNER

COLLUSION AND CONFUSION

All is clashing clamor and crash!!
All is dizzying dither and dash!!
How does one dance this chaotic confection,
Have the courage, withal, to trust one's perception?

Things are unclear! they stir up my fear!
Collusion and confusion all reign so near...
He dances for war and I dance for amity
How do we continue without a calamity??

By listening closely to the harmony within,
Trusting it and dancing it through thick and through thin;
Raise up your head; dance the patterns you know,
For harmony and connection are yours to bestow.

-- Camille Dull



Let's Dance!

The Magazine of International
Folk Dance

Join the Folk Dance Federation of California
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The where, when, how and who of International Folk Dancing

Membership application
available on line at www.folkdance.com.
Pay on-line or send application with check to
Marsha Rosenblatt, Membership,
927 Springfield Drive
Millbrae, CA 94030

Jim Gold International Folk Tours: 2021-23



Travel
broadens
one!

Our trips are for folk dancers, non-dancers,
and anyone with a love of travel and culture.

www.jimgold.com



2021

ALBANIA and KOSOVO: May 4-16, ext. 16-18, 2021

Led by Lee Otterholt. Tirana, Durres, Vlora Folk Dance Festival!
Kruja, Saranda, Berat, Shkodra, Gjirokastra

PERU, BOLIVIA, CHILE: May 22-June 3, 2021

Led by Martha Tavera. Cuzco, Sacred Valley, Machu Picchu,
Quechua Village, Lake Titicaca, Uyuni, La Paz, Atacama Desert

NORWAY, DENMARK, SWEDEN: June 8-21, 2021

Led by Lee Otterholt. Oslo, Gothenburg, Helsingborg, Copenhagen

BULGARIA: August 2-15, 2021 **Koprivishtitsa Folk Festival Tour!**

Led by Jim Gold, Lee Otterholt, Lee Friedman
Sofia, Plovdiv, Bansko, Veliko Turnovo

GREECE and the GREEK ISLANDS: October 9-22, 2021

Led by Jim Gold and Lee Otterholt.: Athens, Nauplia, Sparta, Olympia,
Delphi, Meteora, Mycenae, and Epidaurus, **Greek Island Cruise** to
Mykonos, Crete, Rhodes, Patmos, Kusadasi (Turkey)

2022

ISRAEL: March 13-24, 2022 or Germany in June

Led by Jim Gold, Joe Freedman, and Lee Friedman
Jerusalem, Masada, Tel Aviv, Galilee, Haifa, Tiberias, Safed,
and Golan Heights

ROMANIA: October 3-16, 2022 **Klezmer and Folk Dance Tour**

Led by Jim Gold with Nancy Hoffman and Lee Friedman
Bucharest, Brasov, Sibiu

2023

GERMANY, AUSTRIA, LICHTENSTEIN, SWITZERLAND

June 14-27, 2023. **Folk Dance and Yodeling Tour**

Led by Jim Gold, Lee Otterholt, and Lee Friedman
Munich, Salzburg, Innsbruck, Swiss Alps, Lucerne, Zurich

IRELAND: August 5-17, 2023

Led by Jim Gold and Lee Friedman
Galway, Connemara, Aran islands, Doolin, Killarney, Kerry, Cork, Blarney, Dublin
Malaga, Cadiz, Seville, Cordoba, Jaen, Granada

SPAIN: September 14-27, 2023: Led by Lee Otterholt

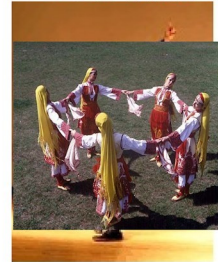
TOUR REGISTRATION: Can't wait to go! Reserve my place! Choose your tour. \$200 per
person deposit. Or register and send deposits on line at: www.jimgold.com/folk-tours

Tour(s) desired _____

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(201) 836-0362 www.jimgold.com Email: jimgold@jimgold.com



ETHNIC FOOD

Lohikeitto is a creamy Finnish salmon soup that is also known as *laxsoppa* in Sweden. Along with chunks of salmon fillet, it traditionally incorporates diced potatoes and carrots cooked in a flavorful, buttery broth infused with fish stock and cream.

This comforting winter dish is generously seasoned with dill and served alongside buttered rye bread or lemon wedges.

Ingredients

- 3 tbs butter
- 1 leek, thinly sliced (only white/lighter part)
- 1 medium carrot, diced
- 3 medium potatoes, diced
- 5 cups fish stock
- 1/2 kg salmon fillet, cut into cubes
- 3/4 cup heavy cream
- 3/4 to 1 cup dill, roughly chopped
- salt and pepper, to taste

Directions

Place a medium-sized (or large) pan over medium heat. Add butter.

Once the butter has completely melted, add thinly sliced leek. Cook until slightly soft.

Add carrot and potatoes. Mix.

Add fish stock. Cover pot with a lid, adjust heat to medium-high, and bring to a boil.

Adjust heat back to medium-low and simmer until vegetables are almost cooked.

Add salmon fillet and heavy cream. Mix to combine.

Turn the heat back to medium. Cover with a lid and cook for 4 to 5 minutes.

Season by adding salt and pepper. Mix.

Add dill. Turn heat off.

Cover with a lid and keep covered for 2 minutes.

To serve

Transfer to individual bowls.

Garnish with more freshly chopped dills, if desired.

Recipe and photo from the website foodandjourneys.net



Finnish Cardamom Tea Loaf

Cardamom is a highly favored spice in Scandinavian baking. It grows on pod bearing plants; those pods contain the black-brown seeds that are ground to make the aromatic spice. If possible use freshly ground cardamom as it loses its flavor quickly.

Ingredients

- 2 cups all purpose flour
- 2 teaspoons ground cardamom
- 1 1/2 teaspoons baking powder
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 3 large eggs
- 3/4 cup sugar
- 1 cup sour cream
- 8 tablespoons (1 stick) unsalted butter melted

Directions

Preheat the oven to 350°F. Lightly butter a 9x5x3-inch loaf pan and dust it with flour, shaking out the excess.

Combine the flour, cardamom, baking powder, baking soda and salt in a bowl. Set aside.

In a mixing bowl, beat the eggs and sugar together with a hand-held mixer until creamy. Add the dry ingredients and mix until combined. Mix in the sour cream and melted butter.

Pour the batter into the prepared pan. Bake until a skewer inserted in the center comes out clean, about 1 hour.

Cool the cake in the pan for 15 minutes on a wire rack. Then run a knife around the edges of the pan to loosen the cake and turn it out onto the rack to cool completely.

Makes one 9-inch loaf, serves 8

Recipe from Sheila Lukings All Around the World Cookbook



CLUB DIRECTORY

Most groups welcome beginning dancers. The groups with an * below have sessions specifically for beginners.

Federation Clubs

***Cabrillo Folk Dancers:** Tue 7:00-9:30 (Beg 7-8).

Balboa Park. Balboa Park Club, 2144 Pan American, **SAN DIEGO.** (858) 459-1336
gbsham@gmail.com Georgina.

Cerritos Folk Dancers: Tue 6:00-8:45. Cerritos Senior Center, 12340 South St, **CERRITOS.** (562) 865-8854 chiangwenli@yahoo.com Wen Chiang

Conejo Valley Folk Dancers: Wed 7:30-9:30.

Conejo Rec Center, 403 W Hillcrest Dr, **THOUSAND OAKS.** (805) 495-6491
mar601@earthlink.net Marion Miller

Ethnic Express: Wed 6:30 except holidays.

Charleston Heights Arts Center, 800 So. Brush St, **LAS VEGAS.** (702) 732-4871 rpkillian@gmail.com Richard Killian

Fantasy Folk Dance Club: Sun 4:00 - 7:00. St Thomas Aquinas Church, 1501 S Atlantic Blvd,

MONTEREY PARK. tigerbyc@yahoo.com (626) 688-9245 Sophie Chen. *Fri 8:15-10:45. El Monte Chamber of Commerce, 10505 Valley Blvd EL MONTE.* (626) 429-9008
Vincentyhcheng@gmail.com Vincent Cheng

Int'l Folk Dance Club - Laguna Woods: Tue 9:00am-12:00. Clubhouse 6, 24061 Algarrobo, **LAGUNA WOODS.** (949) 454-0837

friedagorelick@hotmail.com Frieda Gorelick

Kypseli Greek Folk Dancing: Fri 8:30-11:30. The

Tango Room, 4346 Woodman Ave, **SHERMAN OAKS.** www.kypseli.org (323) 660-1030
jozefbilman1030@aol.com Jozef Bilman

Laguna Int'l Dancers: Wed 6:00-8:30, Sun 6:00-8:30. Clubhouse 2, 24112 Moulton Pkwy, **LAGUNA WOODS.** (949) 770-7026

7kahnmiriam@gmail.com Miriam Kahn
www.lagunainternationaldancers.com

Mountain Dancers: 1st & 3rd Tue 1:30-3:30 (Oct. thru June). Woman's Club, 1424 Fremont Ave, S.

PASADENA (626) 355-9220
johnmeursinge@gmail.com John Meursinge

Narodni Int'l Folkdancers: Thu 7:30-10:30.

Woman's Club of Bellflower, 9402 Oak St, **BELLFLOWER.** (562) 881-9504
julithilona@gmail.com Julith Neff

***Pasadena Folk Dance Co-op:** Fri 7:30-10:30 (Beg 7:30-8). Altadena Community Church, 943 E Altadena Dr, **Altadena.** (626) 808-0361

mari2@workableconomics.com Mari Werner
Prescott Int'l Folkdancers: Sun 3:00-5:00. First Congregational Church, 216 E. Gurley St, **PRESCOTT, AZ.** (928) 925-8995
Prescott.intl.folkdancers@earthlink.net Dick Weston

Rainbow Senior Club: Sun 3:00-6:00. Joslyn Senior Center 210 N. Chapel Ave, **ALHAMBRA.** (626) 456-1900 ksun310@yahoo.com Kevin Sun

Skandia South Dance Club: Mon 7:00-9:45. Downtown Community Center, 250 E Center, **ANAHEIM.** (714) 893-8888 tedmart@juno.com Ted Martin.

Solvang Village Folk Dancers: Sat 6:30-8:30 (except 3rd Sat). Buellton Recreation Center, 301 2nd St, Buellton. 3rd Sat 1:30-3:30. Corner Alisal & Copenhagen, Solvang (805) 688-3397
dlh4362@gmail.com David Heald

Tuesday Gypsies: Tue 7:45-10:15. Masonic Lodge, 9635 Venice Blvd, **CULVER CITY.** (310) 391-7382
sandyhelperin@icloud.com Sandy Helperin

Ventura Int'l Folkdancers: Tue 1:15, Thu 1:45, 1st Sun 3:30. Ventura YMCA, 3760 Telegraph Rd, **VENTURA.** (805) 647-1634
dancing.valerie@gmail.com Valerie Daley

Veselo Selo Folkdancers: Sat 7:30-10:30. Unitarian Church, 511 S. Harbor, **ANAHEIM.** veseloselo1@yahoo.com (714) 828-2581 Lu Perry

Vintage Israeli Dancing: One Sat per month 8:16-12:00. Anisa's School of Dance, 14252 Ventura Blvd, **SHERMAN OAKS.** (818) 881-7494 (after noon) richterlouis@aol.com Louis

West Valley Folk Dancers: Fri 7:15-10:00. Senior Center, 7326 Jordan Ave, **CANOGA PARK.** (818) 348-6133 lila@aurich.com Lila

Westchester Lariats: Mon 4:00-9:00. United Methodist Church, 8065 Emerson, **LOS ANGELES.** (310) 689-9176 veniceii@yahoo.com Ina Hall

Westwood Co-op: Thu 7:30-9:45. Felicia Mahood Senior Center, 11338 Santa Monica Blvd, **West LA.** (310) 657-6877 rwsklar@yahoo.com Rita Sklar

Exhibition Groups

Karpatok Hungarian Folk Ensemble: Wed 8:00-9:30 Sat 9:00-10:00. United Hungarian House, 1975 Washington, **LOS ANGELES.** (805) 341-9640 sissykf@earthlink.net Sissy Keresztes-Fischer

Krakusy Polish Folk Dance Ensemble: Tue 7:30-9:30 Sat 9:00-10:00. Szarotka Retirement Home, 3400 W Adams Blvd, **LOS ANGELES.** Sat 2:15-4:15. Polish Parish Hall, 3424 W Adams Blvd, **LOS ANGELES.** (626) 827-7338 elistarr@yaho.com Elizabeth Romuzga.

Scandia Dancers: Tue 7:00-10:00. Woman's Club, **BELLFLOWER.** (714) 356-7745 sholzman1@verizon.net Stefanie Holzman

UCSB Middle Eastern Ensemble: Tue 7:00-10:00. Gehringer Music Bldg, UCSB Campus, **SANTA BARBARA.** (805) 729-6453 scottmarcu@aol.com Scott Marcus

Non-Federation Clubs

Bay Osos Folk Dancers: Tue 11:00-3:00. South Bay Community Center, 2180 Palisades Ave, **LOS OSOS.** (805) 534-1501, annetiber@charter.net Anne Tiber.

Cafe Aman: 2nd Sat 7:00-11:30. Teach 7:30-8:30 LA DanceFit Studio, 10936 Santa Monica Blvd, **WEST LA,** ianpricebey@gmail.com, madelyntaylor@hotmail.com

Caltech Folkdancers: Tue 7:30. Caltech Campus, Dabney Hall, parking on California Blvd. or Throop Church, 300 Los Robles, **Pasadena.** (626) 797-5157 Nancy Milligan

Claremont Israeli Dancers: Mon 7:00-10:00 Masonic Lodge, 272 W. 8th St, **CLAREMONT.** (909) 921-7115 Yael

Desert Dancers: Thu 7:00-9:00 Nov-April. Hi Desert Dance Center, 725 S. Gateway St, **RIDGECREST.** (760) 371-5669 Nora Nuckles

Desert Int'l Folk Dancers: Thu 7:00-9:00 Nov-Apr. Leisure Center Dance Studio, 401 S. Pavilion Way, **PALM SPRINGS.** (760) 342-1297 Helen Smith

Folk Dance Center: Every Evening. Oasis Wellness Center, 5500 Grossmont Center Dr, **La Mesa.** (619) 466-4043, www.folkdancecenter.org

***Foothill Folk Dancers:** Thu 7:30-9:30. Community Center, 4469 Chevy Chase Dr., **LA CAÑADA** (818) 790-8523 JanRayman@charter.net www.Foothill.Dance

Friday Night L.I.F.E.: Fri 8:00-11:00. LA DanceFit Studio, 10936 Santa Monica Blvd **WEST LA** www.lifebalkandancers.com

worldance1@gmail.com Sherry Cochran

Israeli Dancing-James Zimmer: Tue 8:00-12:00. Westside JCC, 5870 W Olympic, **L.A.** (310) 284-3638 James Zimmer israelidance@yahoo.com

***Israeli Dancing @ AJU-Natalie & Pat:** Mon 10:30am-1:00, noon-1:00(Beg); Thu 10:30am-11:30. American Jewish Univ Dance Studio, 15600 Mulholland, **L.A** 818-642-3585 Pat Jordan

Israeli Dancing-Yoni Carr: Mon 7:00-11:30 Beginners at 7:00. Infinity Sport Dance Center, 4428 Convoy St, **SAN DIEGO.** (619) 227-0110 Yoni

Kayso Folk Dancers: Fri 9:30am-12:00. Balboa Park, Casa del Prado room 206, **SAN DIEGO** (619) 463-7529 Joe Sigona

San Diego Folk Dancers: Mon 7:30-9:00. Balboa Park Club, Balboa Park, **SAN DIEGO** (858) 278-4619 Jeanne Cate

Santa Barbara Balkan Folk Dancers: Mon 6:00-8:30, Wed 12:30-2:00, Wed 8:00-10:00. Oak Park Stage, corner Junipero and Calle Real, **SANTA BARBARA.** 805.895.4885 Michal Lynch soriasusan@gmail.com Susan Soria

Santa Monica College Int'l Dance Club: Tue, Thu 11:15am-12:35. Santa Monica College Clock Tower or LS Bldg, 1900 Pico Blvd, **SANTA MONICA.** (310) 284-3638 James Zimmer

Topanga Canyon Int'l FD: Fri 9:30am-11:00am. Froggy's Restaurant, 1105 N. Topanga Canyon Blvd, **TOPANGA .** (310) 455-1051 Melanie Kareem

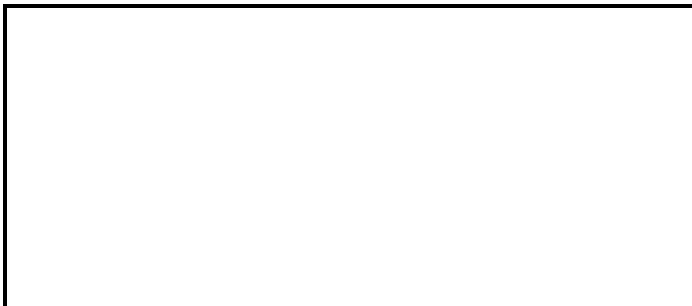
UCLA Ballroom Club & UCLA Int'l Folkdancers: Mon 7:00-9:00(ballroom), 9:00-11:00 (folk). UCLA Kerckhoff Hall, **WESTWOOD.** (310) 284-3636 UniversityDanceClubs@yahoo.com James Zimmer



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