AHAVAT CHAYA'l

(Israeli Circle Dance)

Love of My Life
Sefl Aviv
Israeli Folk Dances: Old Favorites YEDI
Circle in a Simple hold (V position)

METER: 4/4, 2/4

PATTERN

Meas Count

Dowt A (Food conton)

1 2 3 4 5-7 8	1-4	Part A (Face center) Step Right to Right Hold Step Left across Right Cross hands in front of body and Snap fingers Repeat Meas. 1, Part A Yemenite Right with Hop Take 3 Steps in RLOD - CW: Left, Right, Left Touch Right beside Left Repeat Meas. 1-3, Part A Step-Hop Left, Turning a 3/4 turn to Left (CCW, end facing LOD-CCW)
1-2 3-4 5-8		Part B (Face LOD - CCW) 4 Debka Steps forward in LOD; Right, Left, Right, Left Repeat Meas. 1-2, Part A Repeat Meas. 1-4, Part B
1-2 3	1 2	Interlude (Face center) 2 Yemenite Steps: Right, Left Step Right back, arms come up Shift weight forward to Left, bring arms down to W hold
1	1 2 3 4	<u>Part C (Face center, hands in W hold)</u> Step Right diagonally forward across Left Step Left forward beside light Step Right diagonally forward across Left Hold
2 3	1-4 1-4	Repeat Meas. 1, Part C, opposite footwork and direction
4	1-3 4	
5-8		Repeat Meas. 1-4, Part C
1-2 3	1 2	Part D (Face center, hands in a Simple hold) 4 Debka Steps forward, toward center, Right, Left, Right, Left Leap Right to Right Step Left across Right
4	3-4 1-3	Turn 1&1/2 turns to Left, moving out: Left, Right, Left, end facing out
5-6 7	4 1-4	Hop on Left 4 Debka Steps forward, away from center; Right, Left, Right, Left Yemenite Right with hop
8		Balance; Right and Left Pivot on Right ¹ / ₂ turn to Right, Step Left beside Right, end facing center
	4	Hold Presented by Ya'akov Eden at the Laguna Folkdancers Festival 2000