

AHAVATH HADASSAH
(The love of Hadassah)

Dance:
Music: Traditional

Formation: Line, face Counter Clockwise, all join hands.

PART ONE

- 1- 4 Rock forward on right, back on left, with bent knees.
- 5- 8 Rock forward on your right with bent knee, and step forward with the left.
- 9-32 Repeat 1-8, so that you'll have a total of 4 sets.

PART TWO: Facing Center

- 1- 2 Step right to the right side and HOLD.
- 3- 4 Step left behind right and HOLD.
- 5- 6 Repeat 1-2.
- 7- 8 Step-hop with the left in front of the right.
- 9-32 Repeat 1-8, so that you'll have a total of 4 sets.

PART THREE

- 1-32 Repeat PART ONE.

PART FOUR: Facing Center

- 1- 2 Step right to the right side, while extending arms to the side and HOLD.
- 3- 4 Cross left in front of the right, while crossing arms in front of the body and while snapping fingers and HOLD.
- 5- 6 Sway on your right leg to the right side and sway on your left leg to the left side.
- 7- 8 Sway on your right leg to the right side and quickly cross with your left leg over the right foot.
- 9-32 Repeat 1-8, so that you'll have a total of 4 sets.

BACK FROM ISRAEL - Hadarim III - Side II, band 5.