AL TISHAL OTI

(Israel)

Translation:		
	ner: Israel Shikar	
Music:	Camp Hess Kramer 2007 CD	Meter: 4/4
Formation:	Circle.	
	PART I – Face CCW	
1-4	3 steps fwd R,L,R, brush L fwd.	
5-8	3 steps fwd L,R,L, brush R fwd	
9-12	Open mayim fwd on line of circle (R,L fwd and face center, R to R, L b	vehind)
13-16	Full turn to R with R,L, step R to R, L across R.	,emina).
17-19	R to R, L behind R, R to R pivoting to R to face out of circle.	
20-22	L to L, R behind L, L to L pivoting to L to face center.	
23-24	Sway R,L.	
25-28	Two slow criss-cross steps fwd to center with R & L.	
29-32	Rock R fwd, L bwd and turn to R out of circle with R,L.	
33-64	Rpt. Part I.	
	L	
	PART II	
1-4	Turn to R and move out of circle with R,L,R, and pivot of R to R to fac	e ctr.
5-8	L,R,L fwd to center and face CCW	
9-10	Step R fwd, step back on L turning to R to face out	
11-13	Step R to R, L across R, back on R and face CCW.	
14-16	Turn to L twd center with L,R,L and face center.	
17-24	Rpt. 1-8 beginning twd center and end facing CCW.	
25-29	Rpt. 9-13	
30	Step L to L	
31-32	Turn to R online of circle with R,L and face CCW.	
	PART III – Face CCW.	
1-4	Fwd R,L,R and pivot on R to R to face CW.	
5-6	Step L back and pivot to R to face CCW, step R to R.	
7-8	Step L to L, R behind L (moving twd center)	
9-10	Turn to L with L,R and face center.	
11&12	L-tog-L fwd to center.	
13-14	Step R fwd bending fwd, step back on L.	
15-16	Turn out of circle with R,L and face center.	
17-18	Rock R bwd, L fwd.	
19-20	Fwd to center with R,L.	
21-26	Double tcherkessia beg. with R across L.	
27-28	Rock R fwd, L bwd and face CCW.	
29-30	Step R to R moving out of circle, step L across R.	
31-32	Turn to R with R,L and face CCW	
	ENDING – Dance repeats 3x	
1-16	Rpt. Part III, cts. 17-32	
	Instructions notated by Henry Calif-in Dear	
Instructions notated by Honey Goldfein-Perry Presented by Bayerly Barr		

Presented by Beverly Barr Camp Hess Kramer Institute October 19 – 21, 2007