

Alla-Doe Contra

(Contra)

Music: 4/4 meter Any 32-bar reel

Formation: Duple-minor improper longways sets

Meas 4/4 meter Call

- 1-2 Actives with the one below alla-doe.
- 3-4 Inactives with the one above alla-doe.
- 5-6 Actives down the outside; inactives up the center.
- 7-8 Turn alone; come back to place.
- 9-10 Actives down the center; inactives up the outside.
- 11-12 Turn alone, come back to place (face the same two).
- 13-16 With a jig step, square thru 5 hands and on to the next couple.

Teaching the dance:

- 1-2 Actives face the couple below (down the set). Inactives face up. Actives squeeze in between the couple below. Active men do a left-hand turn with the inactive lady while the active ladies do-sa-do with the inactive men and all return to place.
- 3-4 Inactives squeeze in between the couple above (up the set). Inactive men do a left-hand turn with the active ladies while the inactive ladies do-sa-do with the active man.
- 5-6 Actives move slightly outward and walk down the hall on the outside of the set. Inactives veer to the inside and walk up the inside of the set.
- 7-8 Each dancer turns alone and walks back to the original positions.
- 9-10 Reverse positions: Actives veer inward and walk down the hall on the inside of the set while inactives veer to the outside and walk up the outside of the set.
- 11-12 Each dancer turns alone and walks back to the original positions.
- 13-16 Like a small “grand-right-and-left” for four people: Clasp right hands with the corner and exchange places without turning; extend and clasp left hands with partners across the set and exchange places without turning. Repeat the right-hand and left-hand exchanges again until each dancer is back in the original position. Do one more right-hand pass to face a new couple to begin the dance again.

Remind new dancers that the ends will wait out one sequence to cross over and be ready to start again.

Presented by Jerry Helt