

ALUNELUL VAIDEENI
Romania

This dance was introduced in Holland by Theodor Vasilescu. Suni Bloland learned it from Marius Korpel in Schiedam, Holland, June 1984. The dance is from Oltenia, Romania.

PRONUNCIATION: al-LOO-nel-LOO vi-DAY-eny

TAPE: Romanian Folk Dances, Plus, NOROC-SLC 684 II

FORMATION: A mixed closed circle with hands joined in "W" pos.

METER: 2/4 (very fast) PATTERN

Meas.

INTRODUCTION: 16 meas.

PART A: TWO-STEP & STAMP

- 1 Facing ctr and rotating slightly R, step R fwd (ct 1);
step L across R (ct 2).
- 2 Step R fwd.
- 3 Stamp L in place.
- 4-6 Repeat meas 1-3 with opp ftwk and dir.
NOTE: The steps in meas 1-4 are very small and done
almost in place.
- 7 In place, step R (ct 1); stamp L (ct 2).
- 8 Step L (ct 1); stamp R (ct 2).
- 9 Moving twd ctr, step R fwd (ct 1); step on ball of L ft
across R (ct 2).
- 10 Step R fwd with accent (ct 1); step on ball of L ft to L
(ct 2).
- 11 Step R fwd with accent (ct 1); step on ball of L ft across
R (ct 2).
- 12 Step R fwd.
- 13-14 Moving and facing in RLOD, step L-R fwd - hands swing down
(L ft), then up (R ft).
- 15-16 Turning to face ctr, step L,R,L in place (cts 1-2-1); hold
(ct 2).
- 17-32 Repeat meas 1-16.

PART B: TWO-STEP & LUNGE

- 1-2 Moving twd ctr, step R-L fwd.
- 3 Step R fwd (ct 1); close L to R (ct 2).
- 4 Lunge fwd onto R with accent.
Note: Rhythm for meas 1-4 (SSQQS).

continued...

- 5 Step L bkwd and shout "una!" (cts 1-2).
 6 Step R fwd (ct 1); close L to R (ct 2).
 7 Lunge fwd onto R with accent.
 8 Step R bkwd, shout "doua!".
 Note: Rhtym for meas 4-8 (SQSS)
- 9 Moving fwd, step R (ct 1); close L to R (ct 2).
 10 Lunge fwd onto R with accent.
 11 Step L bkwd turning 1/2 CCW (L) in place and shout "tri!".
 Your back is now twd ctr.
 12 Hop on L as R knee lifts fwd and shout "Haida!".
- 13 Moving diag R fwd twd outside of circle, step fwd on R
 heel (ct 1); step L to R (ct 2).
 14 Step R fwd.
 15 Moving diag L, step fwd on L heel (ct 1); close R to L (ct
 (ct 2).
 16 Step L fwd.
- 17 Facing out of circle, step R sdwd R twisting slightly L.
 18 Stamp L twd R.
 19-20 Repeat meas 16-17 with opp ftwk and dir.
- 21 Still facing out of circle and moving sdwd R (RL0D), step
 R to R.
 22 Step L behind R.
 23 Step R to R.
 24 Stamp L next to R.
- 25 Moving bkwd twds ctr, step L bkwd.
 26 Step R bkwd with prep to turn.
 27-28 Beg L to 1 two-step with accent turning 1/2 CCW (L) to
 face ctr (cts 1,2,1).
- 29-30 Moving bkwd out of circle, step R-L bkwd.
 31 With ft tog, jump on both ft landing with bent knees.
 32 Push off (leap) R and land on L.

Repeat dance from beg to end of music.

This dance was presented by Sunni Bloland at the
 1986 Santa Barbara Symposium.

Presented by Beverly Barr
 Camp Hess Kramer Institute
 October 24-26, 1986