AMOLITI GAIDA Aegean Macedonia

"is dance is closely related to other dances of south central edonia, Albania, and Northern Greece and conforms to the typical three-measure "Beranche" rhythmic and dance pattern. Often dances from the same village share very similar patterns, rhythms and melodies. In this case, Amoliti Gaida is very similar a shorter, three measure dance, Leventikos. Amoliti Gaida can be thought of as an extended version Leventikos, which moves only to the right, whereas Amoliti Gaida repeats the entire dance, with the same footwork, back to the left.

As learned by Tom Deering from Martin Koenig who learned it Source:

from Simos Konstandinou, from the village of Alona,

Florina, Greek Macedonia.

12/16 counted: Slow, Quick, Quick, Slow, Quick Rhythm:

> 3 3 & 4 & ah 5 & 1 & ah 2 &

Recording: BALKAN ARTS - BA 705 (7" 33rpm)

Formation: Mixed lines, hands held up in "W" position. The leader on

the right. The dance starts to the right with the right

foot free.

Meas	Ct	PATTERN
1-2		Introduction
		BASIC PATTERN
1	1	Facing center and moving R, Bounce on L lifting R foot slightly then moving R to R close to ground
	2	Bounce again on L continuing to move R foot and turning to face R
	3	Step forward onto R
	4	Step forward onto L, slightly behind R
	5	Step forward onto R
2	1	Step forward onto L
	2	Bounce on L moving R foot close past L
	3	Step forward onto R
	4	Turning to face center Step forward onto L
	5	Step back onto R
3	1	Bounce on R beginning to swing L close to ground around to behind R
	2	Bounce again on R continuing to move L foot
	3	Step back onto L
	4	Step back onto R
	5	Turning to face L Step forward onto L
4-5		REPEAT measures 1-2 with same footwork but facing and travelling left.
6	1-3	REPEAT measure 3 counts 1-3
	4	Step to R onto R
	5	Step forward onto L crossing in front of R in preparation for the beginning

VARIATIONS - Can be used any time at the dancer's discretion

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- 1, 4 4 With a small Skip, tuck the L foot closely up behind R
 - -
 - 5 1 Keep some weight on R then Skip forward onto L
 - 2 Hop on L moving R foot close past L
- 2 4 Turning to face center, with L foot slight forward, Bounce on both feet, weight mostly on R
- 3 4 Bounce on both feet with R tucked up behind L, weight mostly on L

Dance Description by Tom Deering