AN DRO (France)

From the province of Bretagne, on the west coast of France. Taught by Yves Moreau at the 1976 Calif. Kolo Fatival, San Francisco, Nov. 1976 Pronunciation: Ahn-droh. Fontana 9299-547 "Alan Stivel", Side B, Band 1 "Pachpi Kozh" Record: Must be slowed@1 Mixed open citcle with leader at L end. Little fingers inter-FORMATION: locked (Pinky" hold). Hands fwd of body at waist level, with forearms parallel to floor, & parallel to neighbors' - Care ... should be taken that dancers in the circle remain close tog. but not bumping. All facing very slightly L of center of Hall. Light, Bouncy & Bouant. Mostly on the ball of the ft, with STYLE: the free ft brought up sharply 4/8" off floor. The line moves constantly RLOD.

METER	2/4	PATTERN
MEAS.	Dance only takes repeated through	2 meas of music to perform; these are nout the dance.
	No Introduction	- Leader may start at the beginning of any ». It

FOOTWORK

- Step fwd slightly L of ctr on ball of Ft (1), close ball of R to side of L heel (&), still moving slig tly L of ctr, Step fwd L on flat of ft to produce a small accent (NOT a stamp), bringing R ft up sharply behind (2), Hold (&).
- 2. Maintaining same body pos. moving either straight bkwd or slightly RLOD; Step bkwd R (1), close ball of L along, but slightly fwd of R (&), Step bkwd R with slight accent, at the same time bring L ft up sharply in front (2), Hold (&).

HAND AND ARM WORK - Simultaneous with FOOTWORK above

- Push fwd & upward with emphasis in a circlular motion (1), Loop hands upward & twd body to continue large arc (&), Continue looping hands down & fwd (2) Raise hands up & Fwd to complete a small loop, ending the loop about shoulder height (&).
- Exact reverse , trace of path of hands & arms in meas. 1, except at the end (&)

Pull hands down and twd body to begin a small loop (1)
Raise hands up & start them fwd to continue the loop (&)
Push hands fwd & down with emphasis in a large arc (2),
Pull hands bkwd twd body so that the forearms are parallel
to the floor (and to neighbors') &elbows have moved as far
back as comfortable - Hands will come back almost to the
waist (&)

Throughout the dance the forearms remain parallel to neighbors' Do not let elbows become separated.

Idyllwild Workshop 1977 Notes prepared by B.B. Wilder Jr. Presented by John Filcich