Music:

Record:

APPIZÄLLERSIND LUSCHTIG APPIZAELLER SIND LUSCHTIG (Switzerland)

Formation:	Two circles, boys outside facing in, girls inside facing out, hands on hips.
Measures	Pattern
1-6	Boys: 6 waltz steps CW (accentuation on first step)
7 8	Girls: 6 waltz steps to R and L in place, clap hands. All face a ptr. 3 stamps in place (L, R, L). Raise joined R hands, make a bow.
1-8	CHORUS Boys: With 8 waltz steps lead girl CCW. Girls: Twirl CW with waltz steps under arm of boy.
1-2 3-4 5-8	FIG H Face ptr, hand on hip. Girls: 1 turn CW with 2 waltz steps. Boys: 1 turn CW with 2 waltz steps. Two-hand hold - 10 light running steps or hops CW in place.

Words to the dance:

D Appizäller sind luschtig, d Appizäller sind froh, sie sueched es Fraueli und tanzed e soo! Trala.....

Zerscht dreht sich das Fraueli, dänn dreht sich de Maa, zletsch tanzed si beidi, Juheirassassa!

The men from Appenzell are jolly, the men from Appenzell are gay, They look for a girl that's bright and bonny, and then they dance this way: Trala.....

First she gives a whirl, then he gives a whirl, Then they both dance... Juchheirassassa!

Presented by Carmen Irminger