

# Arap

(Southern Anatolia, Turkey)

Pronunciation: ah-RAHP (which means Arab or dark-skinned person)

Music: *Ahmet Lüleci Turkish Dances*, Band 9

4/4 Meter

Formation: Little fingers joined in V-pos or hands joined with arms bent, forearms parallel to the ground, elbows at side.

Styling: Small but strong steps.

## Meas

## Pattern

24 cts INTRODUCTION

### FIGURE 1

- 1 Facing ctr, stamp on L diag L, no wt (ct 1); step on L across R (ct 2); step on R to R (ct 3); step on L across R (ct 4).
- 2 Touch R heel in place (ct 1); quick leap onto R to R (ct &); touch L heel across R (ct 2); quick leap on L to R, crossing R (ct &); step bkwd on R, bending knees slightly (ct 3); straighten knees and hold (ct 4). On cts 3-4, shimmy and roll body bkwd and up, transferring weight to back ft (R); raise L fwd to prepare to repeat Fig. When continuing to Fig 2, switch wt back to the L (ct &).

### FIGURE 2A (Percussion)

- 1 Facing ctr, touch R heel in place (ct 1); quick leap fwd onto R (ct &); touch L heel in place (ct 2); quick leap fwd onto L (ct &); step on R to L, crossing L, lifting L back with bent knee and shimmy (ct 3); step on L in place, bringing R back (ct 4).
- 2 Repeat meas 1.

### FIGURE 2B

- 1 Facing ctr, hop on L, raising R (ct 1); quick step back on R (ct &); quick step back on L (ct 2); hop on L, raising R (ct 3); quick step back on R (ct &); quick step fwd on L (ct 4).
- 2 Step on R to L, crossing L (ct 1); step on L back to place, bringing R back (ct 2);  
\*\* on the second repetition of this step, after ct 6, place R next to L (ct 7); hold (ct 8).  
Note: There is no ct 3-4 in this measure.

Transition: After ct 2 of meas 2, place R next to L (ct 3); hold (ct 4) and yell "Hey!"  
This is done only when returning to Figure 1 to repeat the dance.

Described and presented by Ahmet Lüleci © 2003