

## ARAP -- Bulgarian Macedonia

Translation: Arab

Record: Jugoton EPY 3009, "Zajko Kokorajko" and Monitor LP 444















Formation: "W" position, R foot free.

Meter: 2/4

The original music for this dance is not available on records so a song in the appropriate rhythm has been selected. This is a humorous song about a young rabbit who dresses up in the finery of a young bachelor and goes off to Thessalonika to find a bride.

The Pirin Mountain area of Macedonia lies in Bulgaria. Often the Yugoslav and Bulgarian governments will hold special border festivals and Macedonians living in both countries are allowed to cross the border freely and participate in feasts and dancing and visit briefly with friends and relatives. Dancing is the main activity and villagers gather around their favorite orchestras.

Meas.

- |   |   |  |
|---|---|--|
| 1 |  | Facing slightly and moving R, lift on L ft, raising R knee high, bringing R leg out R and around (ct 1). |
|   |  | Step fwd on R ft (ct 2).   |
| 2 |  | Lift on R ft, raising L knee, bringing L leg out L and around (ct 1).                                    |
|   |  | Step fwd on L ft (ct 2).   |
| 3 |   | Same as meas. 1 except turning to face ctr on ct 2.  |
| 4 |  | Bending L knee, bring L ft bkwd beneath the body (ct 1).   |
|   |  | Bringing L ft fwd place L heel fwd on floor, body leans slightly bkwd (ct 2).                            |
| 5 |  | Step bkwd on L ft (ct 1).  |
|   |  | Step bkwd on R ft (ct 2).  |
| 6 |  | Closing L ft to R, bounce on both heels three times.   |
| 7 |  |  |
|   |  | Cross and step on R ft in front of L (ct 1).   |
|   |  | Step back on L ft (ct 2).  |
| 8 |  | Turning to face and moving slightly R, step fwd on R ft (ct 1).  |
|   |  | Step fwd on L (ct 2).  |

Description by Dennis Boxell. Abbreviations added to fit U.O.P. syllabus format.

Presented by Dennis Boxell