

# AT ADAMA

Dance: S. Gov-Ari  
Music: Ammi  
Formation: Half-Circle ("V")

## PART I Holding Hands

- 1 - 2 2 steps FWD R,L in line of direction
- 3 - 4 R,L,R change feet step
- 5 Step L FWD in line of direction
- 6 Close R while turning L to center, knees slightly bent
- 7 Step L towards center
- 8 Stamp R next to L
- 9 Stamp R FWD to center, knee straight
- 10 Hop low and heavily in place on R
- 11 - 12 Yemenite L BWD
- 13 - 24 Repeat 1-12

## PART II

- 1 - 2 2 steps FWD to line of direction R,L
- 3 - 4 Facing center, R to right, L cross behind R
- 5 - 8 Facing center, 2 yemenite steps R,L
- 9 Stamp R in front of L, knees bent, toes of R foot pointing L
- 10 Stamp R like above, diagonal, R FWD
- 11 Repeat 9
- 12 - 22 Repeat 1-11

## ADDITION Facing Center

- 1 Step strongly FWD to center
- 2 Hop low and heavily on R in place
- 3 - 4 Yemenite R BWD
- 5 - 6 R to right, close L

## PART III

- 1 1/8 stamp R to right knee bent, L leg extended to left in air from knee - bent to straight, 2/8 stretch L heel to left - knee straight
- 2 1/8 L cross behind R, 2/8 R to right
- 3 Beat of 2/8 Left cross in front of R strongly
- 4 - 6 Repeat 1-3
- 7 Sweep strongly R next to L and FWD knee straight in air in front
- 8 Swep R FWD to center
- 9 Low heavy hop on R in place
- 10 - 11 Yemenite L BWD
- 12 - 22 Repeat 1-11