AT CHERUTI

Israeli

Dance: Music:		n: aht ch-RUTEE Shlomo Maman Daklon Circle facing center.	
METER:		PATTERN	
Cts.	<u>INT</u>	RODUCTION:	
1-4	Sway R,L; step R across L and face L lifting L behind with bent knee. Cross arms and snap fingers.		
5-8	3 steps bwd L,R,L; hold.		
9-12	Sway R,L and turn to L to face center; step R lifting L to L.		
13-16	Step L behind R; R to R; L across R and face CCW.		
17-20	Sw	ay R,L; step R fwd and turn to L to face out.	
21-24	Move bwd to center with L,R,L.		
25-26	1/2 turn to R with R,L and face center.		
27-30		Open mayim with R to R.	
31-32	Ste	p R to R; L across R.	
1.0		RT II	
1-2	Touch R to R raising arms parallel at shoulder level and pointing to R.		
3-4		p R behind L; L to L and face CW.	
5-6		p R fwd with bent knee; step L back in place.	
7-8 9-10		p back on R and lift L fwd; hold.	
11-12		p back on L, turn to R to face center and step R to R. cross R; step back on R in place.	
13-16		n to L with L; close R, L, hold.	
17-32		t. Part II	
17 02	, (p.		
1-2		RT III P R; touch L fwd raising R arm with bent elbow and bringing L arm across body,	
	so	that L hand is under R elbow.	
3-4	Ste	p L; touch R fwd moving hands opp. of 1-2	
5-6	1/2	turn to R with R,L.	
7-8	Ro	ck R bwd bending body bwd; L fwd opening arms to sides.	
9-12		teps fwd R,L,R bending R knee and body fwd crossing arms.	
13-16		aighten and back up with L,R,L, hold	
17-32	Rpt	Rpt. 1-16 and end facing center.	

Instructions notated by Honey Goldfein-Perry

Presented by Yoni Carr Camp Hess Kramer Institute October 12-14, 2001

Translation: You, My Freedom