

1970 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

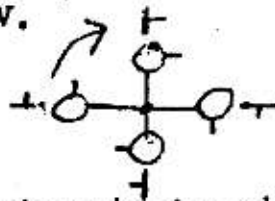
Presented by: INGVAR SODAL

ATTETUR MED MYLNE

(Norway)

- RECORD: TD 1. Norsk Grammofonkompani AS, Oslo, Norway.
- FORMATION: Sets of 4 cpls. Free hand for M on hip, pocket level, thumb backwards. W hold the skirt.
- STEP: STEP, lift (followed by a slight flexing on back leg and ankle) Front leg relaxed, toe pointed down. Same steps throughout dance, except for the greeting and the waltz.
- SEQUENCE!
1. Circle, L and R
2a. Cpls star, W in center, CW
2b. Cpls star, M in center, CCW
3. Grand R & L
4. M and W greet each other
5. Waltz

1. 4 cpls in circle. Start on L, 8 steps L. Turn on R, 8 steps R.
- 2a. Formation as in drawing. M's R arm around W's waist, W L hand on M shoulder. W put fist in center (thumb forward), each grasps next W thumb. Start on L, 7 steps CW.
- 2b. "Shoot" the star, turning CW, so that M are in ctr. (M grasps thumbs, W hold skirts). 8 steps CCW, starting L.
3. Grand R & L. Begin with ptr. When you meet your ptr again, turn all the way around him, and go back the way you came. (Grand R & L)
4. Greeting. When you meet your ptr again. Women: Bow the head. L toe behind R, go straight down till L knee touches the floor. Up again, L ft back in place. Raise Head.
Men: Feet together. Hands on biceps. Bow from the waist. Raise up when girl raises.
5. Waltz. Shoulder-waist position. 10 waltz steps in the circle LOD.



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- Re-page meas 1, add " INTRODUCTION 4 meas"
- 1 add " hands held shldr ht, with W hands on top of M"
 - 2a - 3rd line should read -" with each W grasping the next W fingers - this pattern forms a star. Start on L, 7 steps CW (start to "Shoot the star" on 8th step)"
 - 3 -Add 8 before "Grand R & L " joining hands, head high.
add to end of 3rd line " (8 Grand R & L Steps)"
 - 4 -Line 4 - Correct to read " Men" Feet together. Arms crossed and relaxed on chest. etc"
 - Line 5, add " (4 meas)"
 - 5- correct to read " 12 waltz steps in circle LOD with Acknowledgement of partner at end of 12th waltz. "