

B'ER BASADEH
B'ER BESADE
(The Well in the Field)

141.

Record: AMA Music Corp. Tivka Records AMA LP-T-24.

Formation: (File) Single line of dancers, Hs joined and down. Leader stands to the R end. All face the back of the leader.

Tempo: 4/4

Meas. Figure I. (let "upbeat pass")

Music A

- 1 (Pesach Step). Step L ft (ct 1 &), Bend L knee (ct 2), Step R ft (ct 3) (Pesach Step). Bend R knee (ct 4).
- 2 Step L ft (ct 1) (Pesach Step), Bend L knee (ct 2), Touch R toe (turning body & toe a little to L) return to R side (ct 3), ^{Leap} Hop on R ft (ct 4).
- 3 Step L ft (Pesach Step) (ct 1), Bend L knee (ct 2), Step R ft (Pesach step) (ct 3), Bend R knee (ct 4).
- 4 ~~Stamp~~ ^{Stamp} L ~~to taps~~ ^{heel} fwd (ct 1), Lift L knee (ct 2), ^{Stamp} ~~L ft taps~~ ^{L heel} fwd (ct 3), Lift L knee (ct 4). (Body is turned to the R side, giving a diag movement).
- 5-8 Repeat the steps of meas 1-4.

Figure II.

B.

- 1 Long step fwd with L ft (ct 1), Leaping closing up with the R ft (ct 2), Long step fwd with L ft (ct 3), Leaping closing up with the R ft ^(ct 4). Note: the above movements are continuous. The closing R ft merely comes up to the L ft with no stopping.
- 2 Cross L ft in front of R. (Grapevine) (ct 1), Leaping step to R side with R ft (ct 2), Cross L ft in bk of R (ct 3), leaping step to R side with R ft (ct 4).
- 3-4 Repeat the steps of meas 1 and 2.
- 5 Long step fwd with L ft (ct 1), leaping closing up with the R ft (ct 2), Long step fwd on L ft (ct 3), Hop on L, raising R knee, turning body L (bending down).
- 6 Place R heel fwd (ct 1-2), ^{Stamp} Step on R ft (ct 3-4), Hop on R ft, ready to bring . . . (ct &),
- 7 L heel fwd (body bent) (ct 1 - 2), Close L ft (body erect) (ct 3), hold (ct 4).

Figure III.

- 1-8 Repeat the steps of Figure 1 (music Z).

Figure IV.

B.

- 1 Long step fwd with L ft (ct 1), leaping closing up with the R ft (ct 2), Long step fwd on L ft (ct 3), Hop on L ft (ct 4) (Turning body to L)
Crossing R ft in the air so that you will be ready to (ct 4)
- 2 Strong step on R ft (ct 1) ^{HIGH HOP ON R (CT 2), LAND ON BOTH FT AND GO INTO} Low bend with both knees (ct 3), Rise up (ct 4).
- 3 Step to L side with L ft (Yemenite L basic) (ct 1), Step with R ft, slightly crossing in back of L. (ct 2), Cross L ft in front of R (ct 3), Hold (1 quarter note) (ct 4).
- 4 Step to R side with R ft (Yemenite R basic) (ct 1), Step with L ft, slightly crossing in back of R (ct 2), Cross R ft in front of L (ct 3), hold (ct 4) (1 quarter note).
- 5 Long step fwd with L ft (ct 1), leaping closing up with the R ft (ct 2), Long

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- step fwd on L ft (ct 3), Hop on L, raising R knee, turning body to L (bending down).
- 6 Place R heel fwd (ct 1-2), ^{Stamp} Step on R ft (ct 3-4), Hop on R ft, ready to bring . . .
 . . . (Body rising) (ct &).
- 7 L heel fwd (body bent) (ct 1-2), Close L ft (ct 3), body erect, Hold, (ct 4).

Note: The entire dance is to Quarter Notes of music. However, the speed and tempo is such that it is simpler to give a straight 1-2-3-4 count, omitting the "and."

--presented by Rivka Sturman

--notations prepared with assistance of
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