

This dance is from village Badar near Skopje. It is done in many occasions, wedding, picnic, slava etc.

Formation: Line or open circle with "W" hold

Rhythm: 7/8

Meas.

Fig. 1

- 1 Facing diag. to R, Slight lift on L (ct.1); Step on R fwd (cts.2,3)
Step on L fwd (cts.4,5); Slight leap on R fwd (ct.6); Slight leap on L fwd (ct.7)
- 2 Slight lift on L (ct.1); Step on R fwd and face ctr. (cts.2,3)
Step on L in front of R (cts.4,5); Slight lift on L (ct.6); Step back on R and face RLOD (ct.7)
- 3 Small leap on L fwd (ct.1); Large step on R fwd (cts.2,3); Large step on L fwd and face ctr. (cts.4,5); Step on R behind of L (cts.6,7)
- 4 Hop on R and bring L knee up in front (ct.1); Step on L to L (cts.2,3); Step on R in front of L (cts.4,5); Slight lift on R (ct.6); Step back on L (ct.7)
- 5 Hop on L and bring R knee up in front (ct.1); Step on R to R (cts.2,3); Hop on R and bring L knee up in front (cts.4,5); Step on L, R in place (cts.6,7)
- 6 Hop on R (ct.1); Step on L in place (cts.2,3); Step on R in place (cts.4,5); Hop on R (ct.6); Step on L in place (ct.7)
- 7-8 Repeat Meas.5-6

Fig. 2

- 1 Facing diag. to R, Small leap on R fwd (ct.1); Small leap on L fwd (cts.2,3);
Step on R fwd (cts.4,5); Small leap on L fwd (ct.6); Small leap on R fwd (ct.7)
- 2 Step on L fwd (cts.1,2,3); Step on R fwd and face ctr. (cts.4,5); Hop on R (cts.6,7)
- 3-4 Repeat Part 1, Meas.3-4
- 5 Facing ctr., Slight leap on R in front of L (ct.1); Step on L in place (cts.2,3); Step on R next to L (cts.4,5); Slight leap on L fwd (ct.6); Step on R in place (ct.7)
- 6 Repeat Part 1, Meas.6
- 7-8 Repeat Meas.5-6

Presented by Atanas Kolarovski
Dance notes by Fusae Senzaki
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Taught by Fusae Senzaki
Statewide 2000, Fresno