

## Balkan Rumba

Novelty dance loosely based on footwork of “Calushari”: men dancing “Calush” (The Little Horse)

**Source:** Daniel Sandu, Albuquerque spring workshop 2006

**Meter:** 4/4

**Style:** Loose

**Formation:** Individuals scattered over dance floor. Dancers can simply move right and left, back and forth (basic version, described below), or move in any direction, turning and interacting with other dancers (more interesting version).

**Introduction:** almost eight measures; the cowbell is on the beat; when the bass joins in there are four more measures to go.

Meas

### Part 1

- 1 Moving LOD step R (1); light heel stamp L next to R (2); step L slightly back (&); still moving LOD step R fwd (3); light heel stamp L next to R (4).
- 2 Repeat prev meas, but facing and moving toward RLOD with opp ftwk
- 3, 4 Repeat meas 1 and 2

### Part 2

- 1 Repeat meas 1, Part 1, beats 1 and 2, (1, 2&); Repeat previous two beats (3, 4&).
- 2 Repeat meas 1, Part 1.
- 3, 4 Repeat previous two meas, but with opp ftwk and dir
- 5-8 Repeat previous four meas

### Part 3

- 1 Moving LOD, knees bent slightly take four small tight steps, RLRL (1&, 2&); Repeat beats 3, 4& of meas 1, part 2 (3, 4&).
- 2 Repeat meas 2, part 2.
- 3, 4 Repeat previous two meas, opp ftwk and dir.
- 5-8 Repeat previous four meas

### Part 4

- 1 Repeat meas 1, Part 1
- 2 Moving RLOD, knees bent slightly take four small tight steps, LRLR (1&, 2&); step L fwd (3); stamp R next to L (4).
- 3, 4 Repeat previous two meas

Notes by Gary Diggs, July 2006

Presented by Gary Diggs

Camp Hess Kramer Institute

October 30 – November 1, 2009