

barjače_
Macedonia

SOURCE: A dance seen at weddings in the Bitola region.

RECORD: AK-003, Side 2, Band 5. 12/16 meter: Slow-Quick-Quick-Slow-Quick

1235

FORMATION: Mixed lines of M and W, "W" pos with hands held slightly feet from

body and they move up and down in rhythm with the steps.

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Meas	PATTERN
1	Facing IOD, lift on L, raising R knee (ct. 1); pl R fwd, no wt (ct.2); step on R (ct. 3); step fwd on L (ct. 4); step R beside L (ct. 6); step fwd on L (ct. 5).
2	Moving in LOD, step fwd on R (ct. 1); step fwd on L (cts. 2,3); 3 steps fwd R, L, R (cts 4, &, 5).
3	Repeat action of meas 2 with opp ftwk but continuing in LOD.
4	Turning to face ctr, step R twd ctr of circle, with slight bend of body and flexed knee (ct. 1); step back on L (cts. 2, 3); step in pl R, L, R ending with L knee raised (cts. 4, &, 5).
5	Lift on R (ct. 1); step L to L (cts. 2, 3); step on R scross in front of L (ct. 4); step back on L in pl raising R knee high (cts. &, 5).
6	Lift on L, raising R knee (ct. 1); step on R to R (cts. 2, 3); step on L crossing behind R (ct. 4); step on R to R (ct. &); step on L crossing behind R (ct. 5).
7	Repeat action of meas 5, reversing ftwk.
8	Repeat action of meas 5.
	VARIATION: To be done with change in music
1-3	Same as meas 1-3 above, but with slight bounce.
4	Leap on R to the spot where L was (ct. 1); swing L in low arc to the L and forward, placing it slightly in front and to the L of R ft (ct. 2); transfer wt to L (ct. 3); step on R crossing behind L (ct. 4); light step on ball of L (ct. &); step on R crossing behind L (ct. 5).
5-8	Same as meas 5-8 above.

Adapted from notes by Paul Kamtor