

BAT HARIM
(Daughter of the Mountains)

Record: Israel Music Foundation "LP 7 Third Series."

Formation: (A) Single circle of dancers, hands joined and down. Movement CCW.

Tempo: 4/4

Meas. Figure I

A.

- 1 Step L ft (ct 1 &), Hop on L ft (ct 2 &), Step on R ft (ct 3 &). Hop on R ft (ct 4 &).
 - 2 (Grapevine) Step on L ft (ct 1 &), Step to R side with R ft (ct 2 &), Cross L ft in bk of R (ct 3 &), Step to R side with R ft (ct 4 &).
 - 3 Step L ft (ct 1 &), Hop on L ft (ct 2 &), Step on R ft (ct 3 &), Hop on R ft (ct 4 &).
 - 4 Step fwd with L ft (ct 1 &), Step in place on R ft (ct 2 &), Touch bkws with L toe (ct 3 &), Slight lift off R ft (ct 4 &) (wt remains on R ft).
- A. repeated. Repeat the steps of meas 1-4.

Figure II

B.

(Body is bent)

- 1 Light stamp dn with L sole (ct 1 &), L heel touches fwd (ct 2 &), Brush with L ft (ct 3 &), Jump on R ft (ct 4 &) (Body rises).
 - 2 Step bkws with L ft (ct 1 &), Step bkws with R ft (ct 2 &), Step fwd with L ft (ct 3 &), Step fwd with R ft (ct 4 &).
 - 3 Step L ft (ct 1 &), Hop on L ft (ct 2 &), Step R F (ct 3 &), Hop on R ft (ct 4 &).
 - 4 Step fwd with L ft (ct 1 &), Step in place on R ft (ct 2 &), Touch bkwd with L toe (ct 3 &), Slight lift off R ft (wt remains on R ft) (ct 4 &).
- 5-8 Repeat the steps of meas 1-4.

--presented by Rivka Sturman

--notations prepared with assistance of
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