## Bèlyanskata

(Thrace)

From the village of Byala, East Thrace.

Pronunciation:

CD: ILBD # 9 - 2002 2/4 meter

Formation: Mixed open circle, leader at L end. The hands are joined in V-pos.

<u>Meas</u> <u>Pattern</u>

16 meas	<u>INTRODUCTION</u>
	<u>FIGURE</u>
1	Facing ctr, step fwd on L (ct 1); hop or lift on L (ct 2).
2	Step fwd on R (ct 1); hop or lift on R (ct 2).
3-4	Repeat meas 1-2 backing up.
5-8	Repeat meas 1-4.
9	Facing ctr, leap onto L to L side (ct 1); leap onto R behind L (ct 2).
10	Leap onto L to L side (ct 1); hop on L while turning body to R side in the circle (ct 2).
11	Facing R, leap fwd onto R (ct 1); leap fwd onto L (ct 2).
12	Repeat meas 11.
13	Leap onto R to R while turning to face ctr (ct 1); leap onto L behind R (ct 2).
14	Leap onto R to R side (ct 1); hop on R (ct 2).
15	Facing L, leap onto L to L (ct 1); leap onto R across in front of L (ct 2).
16	Facing R, leap onto L to L side (ct 1); leap onto R behind L (ct 2).
17-18	Repeat meas 15-16.
	Variation:
15 and 17	Leap onto L to L side (ct 1); stamp R heel fwd, no wt (ct &); step on R across in front of L (ct 2).

## Arms:

Meas 1, ct 1, the arms go to W-pos. Meas 2 to 7, keep the arms in W-pos.

Meas 8, ct 1, arms W-pos.

ct 2, arms go to V -pos and a little bkwd.

Meas 9 to 12, ct 1, arms swing fwd.

ct 2, arms swing bkwd.

Meas 13 to 18, keep the arms in V-pos, no action.

Repeat figure to the end of the melody.

Presented by Iliana Bozhanova and Lyuben Dossev

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