

BEN'S CIRCLE MIXER

(Dance by Ted Sanella)

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Music: Most any Contra-style 32 or 64 count reel or other music.

Formation: Couples facing each other and holding both hands in a large circle, men facing CCW.

COUNT:

1-4	Couples balance forward and back.
5-16	Couples swing, ending facing center with lady on the right.
1-8	Ladies go forward into the center and back out (still facing center).
9-16	Gents go forward into the center, turn around to their left and return, facing out. End with left palm on raised left palm of partner, and right palm on raised right palm of next lady on the right (CW around large circle from partner).
1-4	Balance right to neighbor and left to partner.
5-8	Drop right hands and allemande left around partner.
9-16	Do-sa-do around neighbor (next lady CW around large circle from partner - "person number one").
1-16	Grand right and left and return. Pull with right by "person number one", (counts 1&2), left by person number two (counts 3&4), right by person number three (counts 5&6), allemande left around person number four (counts 7,8,9&10, to start back), right by person number three (counts 11&12), left by person number two (counts 13&14), to end facing person number one with hands joined (counts 15&16), ready to start over.