

BONNY BREAST KNOT  
(England)

A traditional dance from Devon, it was collected a triple minor longways but is more often performed as a set dance for three cpls.

Music:           Record: ED 105

Formation:       Longways for 3 cpls

Meas

Pattern

- 1-16   1st cpl lead through the two W, M cast L and W R, meet in the middle; lead through the two M, M cast R and stand between 2nd cpl and W cast L and stand between 3rd cpl -- lines facing.
- 17-32   Join hds and balance 4 times (stepping first on the L ft). 1st cpl move into the middle places (3 M and 3 W in line), balance 4 times again.
- 33-48   1st cpl arm R then L with corner (1st M and 3rd W, 1st W and 2nd M), arm R then L with other corner.
- 49-64   1st cpl lead down the middle and back to bottom of set. Ptrs swing.

Presented by Nibs Matthews