

BOSSA NOVA MIXER

Source: Contemporary recreational dance originally taught by Buzz Glass of Oakland, California. The non-partner version at the bottom of this sheet has been arranged by Bruce Mitchell.

Music: Columbia 13-33079 45 rpm.

Meter: 2/4

Formation: Partner dance. Double circle of couples, facing partner, man's back to center. Hands are free to move with the body as the dancer so wishes.

Steps and Styling: Free Bossa Nova style with arms and hip swing. Steps described for man, woman does counterpart. Steps are described for the man, woman does the counterpart.

<u>Meas.</u>	<u>Count</u>	<u>Dance Pattern (Partners)</u>
6		<u>Introduction:</u> The dance begins with the music phrasing - not with the vocalist. The vocalist has about a two beat pick-up before the dance actually starts.
1	1	Step L on the L foot - moving counter-clockwise
	&	Step R next to L
	2	Step L on the L foot
	&	Touch R next to L - no weight
2	1-2	Repeat Meas. 1 with opposite feet - moving clockwise
3-4		Repeat Meas. 1 - 2
5	1	Step L on the L foot - moving RLOD
	&	Step R next to L
	2	Step L on the L foot
	&	Step R next to L
6	1	Step L on the L foot
	&	Step R next to L
	2	Step L on the L foot
	&	Touch R next to L foot - no weight
7-8		Repeat Meas. 5-6 with opposite feet - moving clockwise
9	1	Join both hands with partner straight across. Dance in place toward partner. Step on L heel - toe up
	&	Step on R heel - toe up (both toes will be up at the same time)
	2	Step back to place on L
	&	Step back to place on R
10-12		Repeat Meas. 9 three more times (done a total of four times)
13-14		Man starting L and woman R, back away from each other (man goes to center of the circle and woman to outside edge of the hall) with 7 steps. Touch the R foot on count 8 - no weight. L for the woman.
15-16		Man starting R and woman L, walk forward on a slight L diagonal to meet a new partner with 7 steps. Touch the L foot on count 8 - no weight. R for the woman

Dance Pattern (non-partner)

Both the boys and girls will follow the above instructions as given for the man. The dancers will start by facing the front of the hall and scattered anywhere on the floor. It is a little more fun if the dancers turn $\frac{1}{2}$ R on the last two counts of the dance to face a new direction.

Presented by Bruce Mitchell