

Presented by Ciga Despotović

BRACNO ORO
(Albania)

Bračno means marriage. This is a couple dance.

Pronunciation: BRAHCH-noh OH-roh

Record: Ciga & Ivon Despotović Vol 3, Side II, Band 7.
7/8 meter: 1,2,3-1,2-1,2. Notated as cts 1,2,3.

Formation: Cpls in a single circle, W to R of ptr, hands joined in widespread "W" pos. Face R of ctr, wt on L ft. Can also be danced in an open circle (W would lead).

Meas

Pattern

1-16 INTRODUCTION

CHORUS

- 1 Move in LOD with long, reaching steps R,L,R (cts 1,2,3).
- 2 Step fwd (LOD) on L with plié (ct 1); continue fwd R,L (cts 2,3).
- 3 Step fwd (LOD) on R (ct 1); lift L leg fwd, knee bent, L ft hanging down naturally (M lift L leg high, W more modestly) (ct 2); hold (ct 3).
- 4 W: Bending R knee, beg to circle L leg vertically (ct 1); straighten R knee as L leg finishes circle (ct 2); hold (ct 3).
M: Bending R knee, keeping L ft in pos, turn L knee out (ct 1); return to pos as in ct 3 of meas 3 (ct 2); hold (ct 3).
- 5 W and M: Step twd ctr on L ft with plié, raising R ft to L calf (M higher) (ct 1); lift and lower L heel (ct 2); step bkwd on R ft (ct 3).
- 6 W - Hands: Release hands and extend arms fairly widespread, palms facing out. Turn palms up as though scooping up water, flex fingers turning palms downward letting water drip out. As body turns to R, L arm sweeps twd ctr and R arm moves to outside of circle.
Footwork: Step fwd on L ft, diag R of ctr, L ft pointed in LOD, turn body to R, but look to L, R ft at L calf (ct 1); step bkwd on R (ct 2); step L beside R (ct 3)
M: Release hands, face LOD, step bkwd on L with plié, leaving R ft in place, heel up (ct 1); hold (cts 2,3). Place R hand on chest, L hand behind back and look at W ahead in LOD on ct 1.
- 7 W: Repeat action of meas 6 with opp ftwk and direction. Same hand motion, but R arm sweeps twd ctr, L back.
M: Shift wt to R with plié, raising L heel. Reverse hand pos and look at W in RLOD.
- 8 W and M repeat action of meas 6.

continued...

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FIGURE

- 1 Hands joined in widespread "W" pos, face R of ctr, step fwd on R ft (ct 1); lift L leg, knee bent (cts 2,3).
- 2 Step twd ctr on L ft (ct 1); lift on ball of L ft (ct 2); step bkwd on R ft (ct 3).
- 3 Move in LOD L,R,L (cts 1,2,3).
- 4 Face ctr, step on R ft to R (ct 1); turning to face L of ctr step on L ft in back of R (ct 2); step on R ft in back of L (ct 3).
- 5-8 Repeat action of meas 1-4 (Fig) with opp ftwk and direction.

SEQUENCE OF DANCE: Dance Chorus during vocal; Figure during instrumental.

Dance notes by Virginia Wilder