

BUFCANSKO  
Macedonia

Dance from the town of Buf, near Bitola in southern Slavic Macedonia.

Source: Atanas Kolarovski and Dennis Boxell from Dennis' original tour of Macedonia in 1964.

Pronounced: BOOF-chan-sko

Rhythm: 2/4 Counted: 1, &, 2, &

Recording: Folkraft LP-15

Formation: Bufcansko was originally danced only by women, but is now usually danced in mixed lines of men and women. Hands are held up (about shoulder level) and slightly forward in a "W" position. The leader is on the right and can signal the step change, although the pattern of alternating steps with the music change is well established in recreational dance circles.

Step Note: Bounce Bounce: With weight on both feet, lower heels twice on counts 1 &.

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Meas Ct PATTERN I - Music A-A

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Start with weight on R, L ft free.

- |     |  |
|-----|--|
| 1   | Facing "center", Step backward on L ft   |
| &   | Turning to face slightly R, Close and Step on R ft beside L                          |
| 2   | Facing slightly and moving R, Step forward on L ft                                   |
| &   | Swing R Ft around in a small arc and Pivot on the ball of L to face slightly L       |
|     |  |
| 2   | 1,&,2 Facing slightly L but still moving R, 3 walking steps backward (R, L, R)       |
| &   | Swing L Ft around in a small arc and Pivot on the ball of R to face slightly R       |
|     |  |
| 3   | 1,&,2 Facing slightly L but moving R, 3 walking steps forward (L, R, L)              |
| &   | Swing R Ft around in a small arc and Pivot on the ball of L to face center           |
|     |  |
| 4   | 1,& Keeping L ft in place, step sideward R onto R ft and Bounce Bounce on both heels |
| 2,& | Closing L ft beside R ft, Bounce Bounce on both heels in place                       |
|     |  |
| 5-8 | Repeat measures 1-4  |

PATTERN II - Music B-B

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- |    |  |
|----|--|
| 9  | Repeat Measure 1 of Pattern I  |
|    |  |
| 10 | 1,&,2 Facing slightly and moving L, 3 walking steps forward (R, L, R)          |
| &  | Swing L Ft around in a small arc and Pivot on the ball of R to face slightly R |

*continued...*

11 Repeat Measure 3 of Pattern I

12 Repeat Measure 4 of Pattern I

13-16 Repeat measures 9-12

Repeat the dance from the beginning.

Note: On the Folkraft recording, the musicians use the first playing of Music A as a sort of introduction, so the dancers should begin with the drum beat on measure 5 (the repeat of Pattern I)

Dance description by Tom Deering after Boxell/Holden

Presented by Tom Deering