

BUGGY SCHOTTISCHE ^{American} (International)



The "schottische" step is the basic step of many folk dances. This dance, of unknown origin and wide popularity, serves as an excellent introduction to the step.

OPENING FORMATION: Two couples in a set, one ahead of the other. Partners hold inside hands and join outside hands with the other couple. (See sketch.)

PART 1: Men starting on left foot, ladies on right, move forward with 2 schottische steps, as follows: one, two, three—hop; one, two, three—hop.

Now take 4 step-hops forward, swinging free foot forward.

PART 2: Take 2 schottische steps as above, but this time, instead of the 4 step-hops forward, the lead couple drops own hands (retains hands of couple behind them) and "casts-off," man moving to left, lady to right, to fall in behind other couple. They take 4 step-hops to do this figure.



Join hands as at the start of the dance and repeat the whole dance from the beginning, with the lead couple casting off each time.

VARIATION A ON PART 2: Instead of casting off, the couple in back moves forward under the arch formed by the lead couple, turning as in the cast-off given above, **BUT WITHOUT DROPPING HANDS** as in a "wring the dish-rag" figure.

VARIATION B ON PART 2: The lead couple backs under the arch formed by the rear couple, as the latter moves forward to the lead position, turning as in a "wring the dish-rag" figure. The hands are not dropped.

NOTE: The whole dance, as given in Part 1, should always be done between variations for more comfortable dancing. You may do as many or as few variations as you like.