

## Bukovinskii Tanets – Буковинський танець

(Ukraine)

This dance is from the Bukovyna region of Ukraine. This region lies in western Ukraine on the south-eastern slopes of the Carpathian mountains and in the Bukovynian foothills. The territory of Bukovyna is now between Ukraine and Romania. Dances from this region are lively and energetic, and characterized by high stepping and intricate tight foot stamping combinations. This dance was choreographed by George and Irina Arabagi.

Pronunciation: boo-koh-VEEN-skee TAHN-ets

Music: 2/4 meter *Ukrainian Dance Workshop, Track 2*

Formation: Couple dance with M and W facing each other staying in a circle or in a line. M faces CCW. M's fists are on hips. W faces CW with thumbs in imaginary suspenders.

Steps & Styling: Hop-Crossing Step: (2 meas – double time) Hop on L and bring R in front of L while turning hips to L (ct &); step R across L then step L in place (ct 1); hop on L in place and bring R across behind L turning hips to R then step R behind L (ct &); step L in place then hop on L and bring R in front of L while turning hips to L (ct 2); step R across L then step L in place (ct &); two runs R, L, (ct 4); one run R then hop R to begin the repeat (ct &). This is then repeated with opp ftwk (2 meas).

Side-to-side in Pairs: (1 meas – double time) M and W face each other and join both hands down. Both M and W step R to R then step L next to R (ct 1); step R to R raising L knee with foot next to leg, deep bend with R and hold (ct 2). This is then repeated with opp ftwk (cts 2, &).

Stamping Sequence: (1 meas – double time) Step R in place then stamp L without wt next to R (ct 1); step L in place then stamp R without wt next to L (ct &); run in place R, L (ct 2); run in place R (ct &).

Meas                      2/4 meter                      Pattern

8 meas                      INTRODUCTION. No action.

### I. SIDE-TO-SIDE/SWITCHING PLACES

- 1                      M and W start with R. Step R to R (ct 1); touch L next to R (ct &); step L to L (ct 2); touch R next to L (ct &).
- 2                      M and W switch places by stepping fwd with R and passing back to back (ct 1); touch L next to R (ct &); step R fwd turning CW (ct 2); touch R next to L facing ptr (ct &).
- 3-4                      Repeat meas 1-2, returning to original places.
- 5                      Repeat meas 1.
- 6                      M and W switch places by running fwd R, L, R, passing back to back (cts 1,ee,&); raise L knee bent and hold (ct uh); run L, R, L turning CW (ct 2,ee,&); raise R knee bent and hold (ct uh) facing ptr.

## Bukovinskii Tanets — continued

7-8 Repeat meas 5-6, returning to original places.

II. HOP-CROSSING STEPS

1-4 Two Hop Crossing Steps starting hop on L. The couple faces ctr, joining inside hands. M's L fist is on his hip. W's R thumb is in imaginary suspenders. Second step starts with hop on R.

III. SIDE-TO-SIDE IN PAIR/STAMPING SEQUENCE

1-2 One Side-to-Side in Pairs, then one Stamping Sequence.

3-4 M and W turn away from each other holding inside hands. M runs L, R, L (ct 1, &, 2); stamp R without wt (ct &) extending L arm to side. M repeats these steps with opp ftwk, turning to his ptr and bringing L hand to hip. W does opp ftwk extending R arm to side.

5-8 Repeat meas 1-4.

Sequence: Fig I, Fig II, Fig III a total of three times.

Presented by George & Irina Arabagi



Bucovina (yellow) in western Ukraine, on the border with Romania