

CA LA BREAZA (As in the town of Breaza)
(Romania)

*northern
Muntenia*

51 (B)

MUSIC:

Record: Electyrecord EPB 052. *NOT AVAILABLE*

FORMATION:

Couple Dance. Boy and girl hold crossed hands in the back.

THE DANCE

Basic Step:

With the weight on the Left foot in duration of a fourth, rise on tip toe and fall on the heel and step on the Right foot with the weight on it: Toe-Heel--R-i-g-h-t, or one-two, followed by three more steps, 3,4, 5, or LRL. With the weight on the Left foot start the Toe-Heel--Right, LRL.

This basic step must be mastered before going into various figures:

1. Couples go around the room with this step with running steps or restrained short steps. The step is maintained throughout the dance.
2. The boy holding the girl's Right hand in his Right hand, has the girl go around him while both are performing the basic step.
3. Girl twirls under the boy's hand.
4. Couples turn to the Right and Left.