

ČERKESKO

192

TRANSLATION : This "Čerkesko horo" is from the town of Veliko Târnovo, once the capital of the Second Bulgarian Kingdom. The name of the dance indicates influences from abroad. The "Čerkessians" are a tribe from the Kaukasian Mountains, who settled in Bulgaria in 1864.

RECORD :- "Bulgarian Folk Dances"
Nevofoon LP 15025. Side A, Band 5

- Cassette "FOLK DANCES FROM BULGARIA"- JL 1991.01
Presented by Jaap Leegwater. Side B / Nr. 16.

FORMATION : Line or open circle,
Hands: - part 1: on hips
- part 2-5: v-position and W-position

METER : 9/8 : 1-2,1-2,1-2,1-2-3. Counted here as:
1, 2, 3, I,II,III.

INTRODUCTION : 4 measures

| <u>MEAS</u> | <u>PATTERN</u> | <u>Part 1 "Introduction"</u> |
|-------------|--|------------------------------|
| 1 | facing CCW, big step on R bending knee fwd(ct 1), big step on L bending knee fwd(ct 2), big step on R bending knee fwd(ct 3) | |
| 2 | small step on L(ct I), small step on R(ct II-III) | |
| 3-8 | repeat action of meas 1 with opp ftwk | |
| | repeat action of meas 1-2 three more times | |

Part 2

| | |
|-----|--|
| 1 | facing centre, repeat action of meas 1 of Part 1 twd the centre of the circle. Arms move fwd and up from V-pos. to W-pos.(ct1-3) |
| 2 | arms move fwd and down to V-pos.(ct I-III) |
| 3-4 | repeat action of meas 1 with opp ftwk bkwd |
| | repeat action of meas 1-2 , arms stay in W-pos. on meas 4 |
| | ct I-III |

(continued)

Part 3

- 1 facing centre, step on R heel sdwd(ct 1), step on L across behind R with a slightly bent knee(ct &), repeat action of ct 1-& two more times(ct 2-3), leap on R, lift L with bent knee(ct I), stretch L along the floor in front of R and move L to the L(ct II-III)
2 repeat action of meas 1 with opp ftwk
3-4 repeat action of meas 1-2
5-8 repeat action of Part 2, arms swing down to V-pos. on meas 4 ct I-III

Part 4

- 1 facing centre, step on R diagonally R fwd(ct 1), step on L back in place(ct&), step on R in front of L(ct 2), step on L back in place(ct &), repeat action of ct 1-&(ct 3-&), repeat action of ct 2-&(ct I-II), kick R fwd along the floor with a straight knee(ct III)
2 leap on R, swing L fwd along the floor(ct 1), leap on L, swing R along the floor(ct 2), repeat action of ct 1(ct 3), step on L with a straight knee in front of R(ct I-II), step on R back in place(ct III)
3-4 repeat action of meas 1-2 with opp ftwk, on last ct. arms:V-pos
5-8 repeat action of meas 5-8 of Part 3

Part 5

- 1 repeat action of meas 1 ct 1-II of Part 4(ct 1-II), stamp R heel beside L toes(ct III)
2 leap on R(ct 1), stamp L heel beside R toes(ct &), leap on L(ct 2), stamp R heel beside L toes(ct &), leap on R, as L swings sdwd along the floor with a straight knee(ct 3), L moves fwd along the floor(ct &), step on L in front of R with a straight knee(ct I), step on R back in place(ct II-III)
3-4 repeat action of meas 1-2 with opp ftwk