

Presented by Mihai David

CIMPOI
(Romania)

SOURCE: Cimpoi is from Southern Romania, the region of Oltenia. This dance was learned by Mihai David, between 1963-1965, while with the Romanian State Folk Dance Ensemble.

MUSIC: "The Lark" FLDR, side 1, band 2 AND "Jocuri Populaire Rominesti" Gypsy Camp 5201, side 2, band 3.

FORMATION: Open circle

STYLE: When down, arms swing with the movement. When hands held at shldr level with elbows bent, arms move up and down slightly.

PATTERN

Meas

1-10 Hold, facing center of circle, arms raised.

FIGURE I: Traveling Left and Right

- &1 On the upbeat (ct &) hop on L with R knee raised in front: arms start swinging down. Step R to R (ct 1) with arms swinging back. Step L, flat, crossing in front of R (ct &), step R back (ct 2) arms swing fwd. Hop R (ct &) with L knee raised in front. Step L, bending knee, to L (ct 3) arms swing back, step R flat crossing in front of L (ct &), step L in back (ct 4) arms swing fwd., come up and hold.
- 2 Leap onto R (ct 1) with L knee raised in front, hop on R twice (cts 2,3) L leg circling to back, the knee straightening on each landing, cross L behind R (ct &), step R to R (ct a) cross L in front of R (ct 4) lift R leg to circle to front (ct &).
- 3-4 Grapevine to L- crossing R in front of L (ct 1). ^{small leap onto L} (ct &)
R behind L (ct 2) ^{small leap on} L to L (ct &) continuing to end, with R crossing front and back, to finish with R closing in place on last count (ct 4)
- 5-8 Repeat meas 1-4, reversing footwork.

FIGURE II: Traveling in and out of circle

- 1-2 Repeat meas 1-2 of FIG I, ending with a hop on L (ct &), lifting R knee fwd, arms coming up and hold.
- 3 Step R crossing in front of L (ct 1) close L behind R on (ct &), step R crossing in front of L (ct 2) hop on R (ct &) lifting L knee fwd., step L crossing in front of R (ct 3) close R behind L (ct &) step L crossing in front of R (ct 4) hop on L bending R knee (ct &).

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- 4 Step R crossing in front of L (ct 1) hop on R (ct &) step L crossing in front of R (ct 2) hop on L (ct &) step R crossing in front of L (ct 3) hop on R (ct &) step L crossing in front of R (ct 4).
- 5 Hop on L 3 times (cts 1, 2, &) with R knee raised, straightening on each land, step R to R bending knee ~~(ct 3)~~ arms swinging back, step L flat crossing in front of R (ct &) step R behind ~~(ct 4)~~ start arms swinging back up (ct 4).
- 6 Reverse meas 5, Fig II.
- 7-8 Repeat meas 1-2, FIG I.
- 9-10 Repeat meas 3-4, FIG I, straight out of circle facing RLOD, ending with R stamp no weight on last (ct 4). Repeat Fig I & II.