

CINTIC  
(Romania)

Source: Cintic is from southern Romania, the area of Muntenia. It was learned by Mihai David during the years 1963-1965 while dancing with the Romanian State Folk Dance Ensemble.

Music: "The Lark" FLDR  
side two, band two 4/4

Formation: open circle

Style: When traveling from side to side arms are down and swing; when traveling in and out of the circle hands are at shoulder level, elbows bent.

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Measure

1-4 Hold

Part I - figure 1, travel to R and L, arms down swinging back (ct.1).

1 Traveling LOD, hop on L on upbeat (ct.&), step R (ct.1), hop R (ct.&), step L (ct.2), Hop L raising bent R knee (ct.&), step R to R facing center (ct.3) with bent knee, cross L in front of R with whole flat foot (ct.&), step R behind (ct.4), hop R (ct.&) raising L bent knee.

2 Reverse counts 3&4 measure 1 for (cts.1&2&), repeat counts 3&4 measure 1 for (cts.3&4&).

3-4 Reverse measure 1-2 traveling RLOD ending with hop on L (ct.&) to face LOD.

Figure 2

1 Travel LOD step R (ct.1), hop R (ct.&), step L (ct.2) hop L (ct.&), step R (ct.3), hop R (ct.&), step L (ct.4), hop L (ct.&) raising bent R knee.

2 Facing center, repeat counts 3&4 measure 1 fig.1 for (ctsl&2&), step L behind R (ct.3), hop L (ct.&), step R behind L (ct.4), hop R (ct.&).

3-4 Face and travel RLOD reverse measures 1-2 fig.2.

Part II - in and out of circle, hands held up at shoulder level, elbows bent.

1 Step R to R (ct.1), stamp L no weight (ct.&), R heel (ct.2), stamp L no weight (ct.&), reverse counts 1&2& for (cts.3&4&).

(cont.)

CINTIC  
(continued)

Measure

- 2 Travel into center step on R heel (ct.1), close L to R (ct.&), R heel fwd. (ct.2), close L to R (ct.&), R heel fwd. (ct.3), close L to R (ct.&), stamp R fwd. (ct.4).
- 3 Step L to L turning to face RLOD (ct.1), circle R leg in and out to side (ct.2), grapevine out of circle with R crossing in front of L (ct.&), L to L (ct.3), R behind (ct.&), L to L (ct.4), R in front (ct.&).
- 4 Continue grapevine L to L (ct.1), R behind (ct.&), L to L (ct.2), R in front (ct.&), L to L (ct.3), stamp R no weight twice (cts.&4) ending to face center.

5-8 Repeat measures 1-4 part II.

To finish dance repeat parts I & II.