

CÓFAVÁ (1)

CZECH REPUBLIC (MORAVIA)

Cófava (TSOH-fah-vah) is from Haná, a region in Central Moravia. The movements in the dance depict the “weaving of wheat” into ornamental designs—a folk art popular in the large plains of Moravia. Cófava is traditionally danced in trios which progress up and down the floor. The closed circle adaptation presented here is not traditional but it allows greater opportunity for everyone to dance. Vonnie R. Brown learned the dance in the Czech Republic in 1997 from Radomil Rejšek and Eva Rejšková and in 2001 from Jitka Šafaříková.

MUSIC: *Slovak and Czech Dances, Vonnie R. Brown*

FORMATION: Closed circle facing ctr; hands joined in “W” pos.

STYLING: The movements are smooth, flowing and elegant.

MUSIC 3/4

PATTERN

Meas

INTRODUCTION (Instrumental)

- 1-2 No action.
- 3 Bend knees slightly and bow heads.
- 4 Straighten knees and return to normal pos.

I. MOTIF 1 (Vocal)

Step-close-step, step; Step-step-close (beg on L ft)

- 1 Facing diag L, step on L ft fwd (ct 1); close R ft next to L, with wt (ct &); step on L ft fwd (ct 2); step on R ft fwd, lifting L ft slightly upward behind (ct 3).
Step on L ft diag bkwd (ct 1); facing ctr, step on R ft sdwd R (ct 2); close L ft next to R rising up on balls of both ft (ct &); lower heels to floor (ct 3).

Step-close-step, step; Step-step-close (beg on R ft)

- 3-4 Repeat above with opp ftwk and direction.
Note: the floor pattern in meas 1-4 is somewhat like a “V” shape.
- 5-8 Repeat meas 1-4.

II. MOTIF 2 (Vocal)

Rock-rock-rock; Step-close-step, step

- 1 Facing RLOD, step (rock) fwd on L ft (ct 1); step (rock) bkwd on R ft (ct 2); step (rock) fwd on L ft (ct 3).
- 2 Continuing to face RLOD, step fwd R ft (ct 1); close L ft next to R, with wt (ct &); step fwd on R ft (ct 2); step fwd on L ft (ct 3).
- 3-4 Repeat meas 1-2 with opp ftwk.
- 5-8 Repeat meas 1-4.

REPEAT DANCE 2X MORE.

III. CODA

Into ctr and back

- 1 Facing ctr, step fwd on L ft (ct 1); step fwd on R ft (ct 3); step on L ft next to R (ct 3). Lower joined arms down to "V" pos on these 3 cts.
- 2 Bend knees slightly and bow (ct 1); straighten knees and return to normal pos (cts 2-3).
- 3 Step bkwd on R ft (ct 1); step bkwd on L ft (ct 2); step on R ft next to L (ct 3). Raise joined arms back up to "W" pos on these 3 cts.
- 4 Bend knees slightly and bow (ct 1); straighten knees and return to normal pos (cts 2-3).

**DANCE NOTATION
VONNIE R. BROWN**

CÓFAVÁ (1) - page 3

TEXT

CÓFAVÁ

1. /: Rostó, rostó, rostó
kanopě za cestó
a só pěkně zelený. :/

/: Mezi nima roste
modrooký děvče,
až veroste, bude mý. :/

2. /: Mládenečku mladé,
poslechni mé rade,
zanech tego ženění. :/

/: Oženíš se jedná,
tvářicky ti zbledná,
krása se ti promění. :/

PHONETIC TEXT

TSOHFAVAH

/: Rostaw, rostaw, rostaw,
konopye za tsestaw,
uh saw pyeknye zelenyh. :/

/: Mezi nyima roste
modro-okyh dyevche
ash veroste, bude myh. :/

/: mlahdenechku mladeh,
poslekhnyi meh rade,
zanekh teho zhenyenyih. :/

/: Ozhenyihsh se jednaw,
tvahrzhichky tyi zblednaw,
krahsa se tyi promnyenyih. :/

TRANSLATION

CÓFAVÁ - "a backward-step dance" (from Haná (HAH-nah), central Moravia, in Czech Republic)

1. They are growing, growing, growing,
kanopye* behind the road,
and they are nicely green.

Among them is growing
a blue-eyed girl,
when she grows up, she'll be mine.

2. Oh, young man, youngster,
listen to my advice,
give up on getting married.

Once you are married,
your face will pale,
and the beauty will change.

* *konopye* or *konopeeh* is a Czech name for a plant grown in the fields for, i.a. industrial use—for making twine or rope.

Translation and phonetic text: Tomas Kafka