

RACCOON RAMBLE ==
by Don Armstrong

CONTRAS

Shaw #198

Formation: 1, 3, 5, etc. active and crossed over

- Intro - - - - , Actives center then down in fours,
- 1 - 8 - - - - , Turn alone come back to place,
- 9 - 16 - - - - , Cast off, same four left hand star,
- 17 - 24 - - - - , - - Right hand star,
- 25 - 32 - - - - , Inactive man drop out others balance in threes,
- 33 - 40 - - - - , Those three circle left,
- 41 - 48 - - - - , Inactive lady drop out, with the man balance three,
- 49 - 56 - - - - , Those three circle left,*

*Caller indicates CROSS OVER every second and alternate sequence, through t

SHADRACK'S DELIGHT ==
by Tony Parkes

1, 3, 5, etc., couples active and crossed over. Music: Shaw 193

- - - - , With the one below do sa do,
- - - - , Right to the corners and balance four,
- - Turn right half, - - balance four,
- - Men turn left half, - - swing your own,
- - - - , Put her on right go down in fours,
- - Wheel turn, - - come back to place,
- - Cast off, - - right and left thru,
- - - - , With the music ladies chain.

NEEDHAM SPECIAL ==
by Herbie Gaudreau

1, 3, 5, etc., couples active and crossed over. This dance has a double progression so each set should have an even number of couples. The crossovers at the head and foot of the set are automatic and need not be called. Music: Shaw 301

- - - - , Everybody forward and back
- - - - , - - Corner swing,
- - - - , Put her on right go down in fours,
- - Wheel turn, - - come back to place,
- - Bend the line, - - ladies chain,
- - - - , - - Chain them back,
- - - - , All pass thru and turn alone,
- - - - , With the lady on the right promenade home.

ASTON POLKA CONTRA ==
by John Findlay

1, 3, 5, etc., couples active and crossed over. Music: Shaw 187.

- - - - , All get set for the heel and toe,
(Heel, toe, out, - , heel, toe, in, -) (Cadence calls, not prompts)
(Heel, toe, out,) - , ladies in, all march (Cadence calls, last four counts prompts)
- - - - , Turn cha cha come back to her,
- - Allemande left, - - Ladies chain,
- - - - , - - Chain back,
- - - - , Same four left hand star,
- - - - , Right hand star come back to your lines.