

THE THREE QUARTER CONTRA
by Jerry Helt

Music: Record: National #N 4562-A.

Formation: Contra line, 1,3,5, etc., active and crossed over.

Actives join both hands with the one below and cross the joined hands. Directions are for M, W does opp.

- | <u>Meas</u> | <u>Pattern</u> |
|-------------|---|
| 1 | Step-swing out away from ctr of set. (M steps on L, swings R across in front of L; W does opp.) |
| 2 | Step-swing in twd the ctr of set. (M steps on R, swings L across in front; W does opp.) |
| 3-4 | M steps L on L ft and draws R ft to it, and repeats. W does opp. (Roll the joined hands as these steps are taken.) |
| 5-8 | Repeat action of meas 1-4 in reverse: Step-swing in, out, and draw two steps twd ctr of set, ending in orig pos. |
| 9 | Balance together, M stepping fwd on L, W R, while pulling joined hands up under chin. |
| 10 | Balance away from each other. |
| 11-12 | Dropping L hands, turn W under M and W's R arms to end facing each other (Box the gnat). |
| 13 | Joining both hands again, balance together. |
| 14 | Balance away, this time dropping R hands. |
| 15-16 | In six steps, turn the W under the L arm (Box the flea movement). |
| 17-20 | While still maintaining a L hand hold, Star L 12 steps. |
| 21-24 | Make a R hand Star, go the other way back in 12 steps. |
| 25-28 | Roll Promenade (M maintains R hand hold while turning W into Prom pos), and passing the opp M with L shoulder completes a Half Promenade. |
| 29-32 | The two facing cpls complete a Cross Trail Thru, taking 12 steps and face a new cpl below to repeat dance from beginning. |

Caller indicates "Ends Cross Over" every second and alternate sequence throughout the dance.

Presented by Jerry Helt