

COR GLEANN CEARR - GLENCAR REEL
(Ireland)

This is a dance for six people - three gents and three ladies, who line up in two rows, the gents on one side, the ladies on the other, partners facing each other.

A. Ar Aghaidh is ar gCúl. (Advance and retire)

Dancers on each side hold hands and advance towards each other twice, with Promenade Step, retiring each time. 8 bars

B. Céim an Fháinne. (Ring)

All dancers take hands to form a ring and dance sidestep to left, finishing with two short "threes" {4 bars}; sidestep back to places, falling back to line on the two 'threes' {4 bars}. 8 bars

C. Anonn's Anall ar Leath-taobh. (Sidestep Through).

All dancers turn left and sidestep right to partners' places {partners passing face to face}, and finish with two short "threes" {4 bars}. All sidestep back to places, finishing as before and turning into original positions. {4 bars}. 8 bars

D. An Dá Lúb. (Figure of Eight).

With Promenade Step ladies dance Figure of Eight on their side, while gents dance around each other in similar manner. 8 bars

The Figure of Eight is danced as follows:

(3)	(2)	(1)
O	O	O
X	X	X

The 1st and 2nd ladies turn right to face 3rd lady who faces left. The 2nd lady commences by dancing around the 3rd lady, passing right arm to right arm. The 3rd lady, who has danced forward, passes around the 1st lady, left arm to left arm; the 1st lady, advancing, passes around the 2nd lady, right arm to right. The dancers continue until each, by these interlacing movements, has completed the Figure of Eight.

The 2nd and 3rd gents turn right to face the 1st gent, who turns left. The Figure of Eight is commenced by the 2nd gent who dances around the 1st gent, passing right arm to right arm, and so on.

On the last two bars partners should advance towards each other and join hands {not crossed}, to be ready for the next movement.

E. An Dá Lúb i mBeirteanna. (Double Figure of Eight)

Couples, with hands already joined, dance the Figure of Eight by interlacing as in gents' Figure of Eight at D. 8 bars

F. Na Tonnai. (The Waves).

This movement is similar to that in the "Waves of Tory." The first couple face the other two couples, holding inside hands raised, and 2nd couple {also holding hands} pass underneath. The 1st couple in turn bend and pass under the arms of the 3rd couple, now at top. The movement is continued until all return to places. 8 bars

G. Slabhra Iomlán. (Full Chain).

Ring is again formed. Gents turn to move, with Promenade Step, anticlockwise, while ladies turn to meet them and move round clockwise. The 1st gent gives right hand to partner and chains on to meet next lady, taking her left hand in his left. The chain movement is continued until all return to original places. 8 bars

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