

CROSS COUNTRY CONTRA

By Jerry Helt

Formation: Alternate Duple (Close Set)

Music: Any 64 count jig or reel

CtsPattern

- 1-4 Introduction: Everybody pass thru
- 5-8 Everybody face down, walk four steps
- 9-12 Turn, face in and pass thru
- 13-16 Everybody face up, walk four steps, face in
(This is a box movement)
- 17-32 Ladies Figure of Eight (ladies pass R shldr, pass
L shldr around and behind the opposite M,
(original ptr), pass L shldr in the ctr again,
pass R shldr around corner M).
- 33-48 Gents Figure of Eight (gents step in, pass L shldr
and go diagonally around to the R and behind
other lady (original ptr), come back to the
ctr and pass R shldr with the gent again and
go L shldr around the lady in your own line,
face in).
- 49-56 Everybody pass thru and turn alone
- 57-64 Half promenade with new R hand lady
(Keep moving at the foot of the set)

Presented by Jerry Helt