

Crosstep Waltz Mixer
(U.S.A.)

Crosstep Waltz Mixer was taught by Richard Powers at the 2001 University of the Pacific Stockton Folk Dance Camp. According to Richard Powers, the intent of the dance is to connect with each of your partners during the short waltz at the beginning (meas 1-4) and to acknowledge the gathered company.
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- Cassette: Dance Music, Richard Powers, Stockton 2001, Side A/10. 3/4 meter
Any slow waltz music (112 to 120 beats per minute).
- Formation: Cpls in Closed-Ballroom pos, in a circle with M back to ctr. Weight on M L, W R ft.
- Steps and Styling: Basic Crosstep Waltz:
M: Step on R ft over in front of his L (ct 1); step on L to L side (ct 2); shading body to R side, step on R to R side, drawing R slightly bkwd (ct 3).
W: Step on L across in front of R (ct 1); step on R to R side (ct 2); step on L, drawing L slightly bkwd (ct 3). Styling is very smooth and balanced. The crossing step on ct 1 is emphasized with a slight dip. Repeat step with opp ftwk.
Turning Crosstep Waltz (2 meas): Same as the Basic Waltz but dancers rotate 180 degrees CW as a couple in Closed Ballroom pos on cts 2 and 3 (as in traveling pivots, rotating smoothly).

Measures	2/4 meter	PATTERN
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INTRODUCTION Depends on the recording.

THE DANCE

- 1-4 Beginning with M R and W L ft, dance 4 Crosstep Waltzes rotating CW and traveling in LOD for two full rotations. At the end, release M L, W R hands and unfold so W is at R side of ptr, all facing ctr. All join hands in the circle.
- 5 Look at the next person (corner) during this meas. This will be your new ptr eventually. Dance a Waltz Balance (fwd): M step fwd twd ctr on R ft (ct 1); step on L beside R while raising heels slightly off the floor (ct 2); step on R in place, lowering heels (ct 3). W dance same pattern but begin stepping fwd on L ft.
- 6 Looking back at the person with whom you just waltzed, dance a Waltz Balance (bkwd) starting M back on L, W back on R. At end, release hand of ptr.

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- 7 Dance an Inside Turn with your corner: M step on R ft across L ft while raising joined hands (M L, W R) over W's head as W steps on L across R while beginning to turn CCW (ct 1); M step on L to L side, W step on R to R side continuing to rotate CCW, backing up under joined hands (ct 2); having exchanged places with the Corner, face him (or her) and step in place (ct 3).
M is facing LOD at the moment and W is facing him.
- 8 With both moving sdwd away from ctr, M step on L ft across over R and W step on R ft across over L (ct 1); take Ballroom pos with new ptr and begin to rotate CW (M steps side R, W side L) (ct 2); continuing to rotate CW, M step on L. W R more or less in place (ct 3).

SEQUENCE: Dance the dance as written, then repeat from the top, each time with a new ptr.
