

CZARDASZ ŚLĄSKI  
(Poland)

Pronunciation:

A couple dance from the Silesian Beskid Highland region in southern Poland. It consists of two parts in 4/4 meter.

Record: Dances of Poland

Formation: Cpls around the circle, ptrs facing approximately 2 ft apart.  
M back to ctr. Hands on hips, toes apart.

<u>Meas</u>	<u>Pattern</u>
4 meas	<u>Introduction.</u> No action.
	<u>PART I - Slow tempo</u>
1	Bend knees slightly and put toes together as you move to R (ct 1) (to do this raise R heel and L toe at the same time); raise R toe and L heel and bring heels together, toes apart, straightening knees and continue to move to R (ct 2); repeat for cts 3,4.
2-4	Repeat meas 1 in the same direction. Ptrs are moving away from each other.
5-8	Repeat meas 1-4 in opp direction so in the 8th meas ptrs are facing.
9-10	Repeat meas 1-2 (moving away from ptr).
11-12	Repeat meas 5-6 (moving twd ptr, and end facing ptr).
	<u>PART II - Fast tempo</u>
1	Bend knees, lean slightly fwd, put hands down and beg with R ft do a full R (CW) turn, traveling slightly to own R with 4 steps.
2	Hold hands behind and hop three times in place plus an extra bounce on R ft. Cross L ft in front with bent knee.
3-4	Repeat meas 1-2 with opp ftwk and direction.
5	Ptrs change places: Beg with R ft, pass ptr by R with 4 steps, making 1/2 CW circle. End facing opp direction (M in, W out). Hands free.
6	Repeat meas 2 (3 hops on R ft plus extra bounce). Hold hands behind.
7-8	Repeat meas 5-6 with opp ftwk and direction. (Beg L, pass ptr by L, circle 1/2 CCW).
9-16	Repeat meas 1-8.
17-20	Repeat meas 1-4.
	<u>PART III - Same melody, faster</u>
	In this Part, cpl turns in place the way which in Hungarian folklore is called "Rida."
1-3	Assume shldr-upper arm pos (R hips adj). Turn CW (4 steps per meas, 12 in all), beg with outside ft, heel leading. Torso erect.
4	Do 1 stamp with L ft and at the same time change pos by turning 1/4 CW (symetric hold). Ptr now on L side.
5-7	Repeat meas 1-3, but turn CCW and beg with R. M ends with back to ctr.
8	Do 1 stamp with R ft, release hold and separate from ptr.
	Repeat dance from beginning.

Presented by Jacek and Bozena Marek