

DAMSKI CAPRICE (LADIES WHIM) - Russian

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Formation: Couples, C-C, Varsouvienne Position.

1. Both start with L foot. Step L, R. L. point back. Repeat in opposite direction. Backwards step left swing R fwd, step L swing R fwd. Repeat.
1-8
2. Repeat the walk 3 fwd. and point 4, walk the other way point 4.
1-4
- 5-8 W. moves fwd turning to the R with 8 single steps or 4 polka steps. (To start the turn she must change ft. and start with R ft.) M takes R hand of W in his R, free hand on waist. M follows with 4 polkas. After fourth polka, partners drop hands and turn away from each other twice. Joining inside hands walk forward three and tap 4, change direction and walk clockwise 4 and tap 4.
3. Balance in minuet position fwd., back and exchange places. Repeat back to places. M turns W to varsouvienne position. Repeat dance.