

DAMUL

(Romania)

Damul (DAH-mool) is a no partner dance from Borlova in the Banat region of Romania. It was presented by Sunni Bloland at the 1977 University of the Pacific Folk Dance Camp and at a Federation Teacher's Institute at San Jose in January 1978.

Record: Roemeense Volksdansen Deel 3, Nevofoon 15012, Side 1, Band 5, (slow down a bit)

Formation: M or M and W in short lines, shldr hold, "T" formation.

Steps: Twizzle- Small step bkwd on ball of R ft, twisting heels to R (ct 1), L heel twists over instep of R ft. Repeat action but step on ball of Lft and twist heels to L (ct 2).

Music: 2/4, no introduction

<u>Meas</u>	<u>Pattern</u>
	<u>I SCHOTTISCHE</u>
1-2	Facing ctr, moving sdwd to the R, step R (ct1); step L behind (ct 2); step R (ct 1); hop R (ct 2).
3-4	Repeat action of meas 1-2 in opp direction with opp ftwk.
5-8	Repeat action of meas 1-4.
	<u>II HEEL-TOE-HEEL-LEAP</u>
9	Hop L in place, touch R heel in front of L (ct 1); touch R toe in front turning heel to right (ct 2).
10	Touch R heel in front (ct 1); leap on R in place (ct 2).
11-12	Repeat action of meas 9-10 with opp ftwk.
13-16	Repeat action of meas 9-12.
	<u>III BRUSHES AND STEP-HOPS</u>
17	Swing and brush straight R leg in front (ct 1); hop on L (ct 2).
18	Swing & brush stright R leg bkwd (ct 1); hop L (ct 2).
19	Step on R behind L (ct 1); hop R (ct 2).
20	Step on L behind R (ct 1); hop L (ct 2).
21-32	Repeat action of meas 17-20 three more times.
	<u>IV PAS DE BASQUE AND TWIZZLE</u>
33-34	In place on balls of ft, two Pas de Basque R, L, (cts 1 & 2, 1 & 2).
35	Starting R "twizzle" back on time (cts 1,2).
36	Pas de Basque R in place (cts 1 & 2).
37-40	Repeat action of meas 33-36 with opp ftwk.
41-48	Repeat action of meas 33-40.
	<u>V HOP-STEP-STEP-JUMP-CLICK</u>
49	With small displacement, moving sdwd to the R, hop L (ct 1); step R (ct 2); step R (ct &); step L (ct 2)
50	Jump with feet slightly apart (ct 1). Click both feet together (ct 2)
51-64	Repeat action of meas 49-50 seven more times.