

1963 SANTA BARBARA FOLK DANCE CONFERENCE

DANS CĂLUȘARIII DIN ^{GORJ} ~~GORJ~~ Presented by Anatol J. ukowsky
 CALUSH DANCE from GORJ
 (Romania)

SOURCE: Calush (Cah loosh) Dance from Gorj (^{GORJH} ~~gorj~~) is descended from a traditional religious dance. It is for men only. It was learned by Anatol Joukowsky from the natives in Romania.

RECORDS: Through Rumania in Song And Dance BR 50155 Side B, Band 3
 4/4 meter. No introduction.

FORMATION: Circle of M with hands on upper arms of neighbors. Stand with ft. astride, facing ctr.

- | <u>Meas.</u> | <u>Pattern</u> |
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| | <u>Figure I</u> |
| 1 | Shift wt onto R with bend of R knee (ct 1). Ball of L ft remains on floor. Bend R knee 3 more times (cts. 2, 3, 4). |
| 2 | Shift wt onto L with bend of L knee (ct 1). Ball of R ft remains on floor. Bend L knee 3 more times (cts 2, 3, 4). |
| 3-8 | Repeat action of meas 1-2 three more times (8 wt shifts in all). |
| | <u>Figure II</u> |
| 1-3 | Let hands move down and join hands with neighbors in a circle. Walk in LOD 6 steps beg R (each step takes 2 cts). Small bend of knees on each step. |
| 4 | Stamp R (no wt)(cts 1,2). Repeat (cts 3,4). On each stamp raise joined hands overhead as an accent. |
| 5-8 | Repeat action of meas 1-4 (Fig. II) but on stamps thrust joined hands down. |
| 9-16 | Repeat action of meas 1-8 (Fig. II). |
| | <u>Figure I (Variation)</u> |
| 1 | Keep hands joined and held down as in Fig II. Ft again in stride pos. Shift wt onto R with bend of knee (ct 1). Ball of L ft remains on floor. Bend R knee once more (ct 2). Shift wt onto L with bend of L knee (ct 3). Ball of Right ft. remains on floor. Bend L knee once more (ct 4). |
| 2-8 | Repeat action of meas 1 (Fig I Var) 7 times (16 wt shifts in all). |
| | <u>Figure II</u> |
| 1-16 | Repeat action of Fig II. |

BREAK IN MUSIC

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| | <u>Figure III</u> |
| 1 | Hands are still joined. Facing ctr, take small leap onto R. At same time, sharply bend L knee so L ft comes up under body and L heel kicks self (ct 1). Hop on R and extend L ft (toe pointed) fwd sharply by straightening L knee (ct 2). Small |

continued...

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- leap onto L beside R, sharply bending R knee so R ft comes up under body and R heel kicks self(ct 3). Hop on L and extend R ft (toe pointed) fwd sharply by straightening R knee (ct. 4).
 2-4 Repeat action of meas 1 (Fig. III) 3 times (8 in all).
 5-8 Release joined hands. Extend arms out a little above shoulder height, elbows straight. Using same ftwk as in meas 1-4 (Fig III) turn once around to R. At end of turn place hands on upper arms of neighbors.

Figure IV

- 1 Turn body a little R to move in LOD. Step R in LOD (ct. 1). Chug fwd on R while stretching L leg in LOD (ct 2). Land on L (ct. 3). Hop on L (ct. 4).
 2-8 Repeat action of meas. 1 (Fig IV) 7 more times (8 in all). At end, hands move from shoulder down to joined pos.
- 1-8 REPEAT ACTION OF FIG. III
- 1-8 REPEAT ACTION OF FIG. IV
- 1-8 REPEAT ACTION OF FIG. III

Notes by Ruth Ruling