DE A LUNGUL

(deh-ah loon-gool) Romania

De A Lungul means "along the line", yet it is a couple dance that traditionally opens a suite of dances at the Sunday Hora due probably to its slow, stately formal character. Sunni Bloland saw the dance done by mature married couples during a Market Day in Tirgu Mures in central Transylvania. The youth of a nearby village, Hodoc, explained that they, too, do the dance but only when it is "led" by elders. It seems that, at least in that village, De A Lungul was the province of one age group nowadays, although that was not the case in the past. Sunni presented the first four variations originally in the following order with no introduction: I I, II II, III III, IV IV,

I I, II II, III III, IV IV, I, II, III, IV.

With the addition of three figures plus a walking ("plimbare") introduction, try the following: I, II, III, IV, V, VI, VII, 3×至3×

RECORD:

四 2× 四以 Roemeense Volksdansen (LP) Nevo 12153, Side 2, Band 5 T 4x

FORMATION: Couples in a circle facing to R (LOD), inside hands joined and held down in "V" pos, free hands hanging loosely at sides.

Music 3/4

PATTERN

Meas 1-8	莊	INTRODUCTION - "Plimbare" - 24 walking steps, M and W start with R and assume Versouvienne Pos on last meds. See Last page. BOTH HANDS HELD
1	. N	MAN: Beginning with wocal, step fwd L bending knee (ct 1), step bwd R (ct 2), close L to R without wt (ct 3),
2		Step fwd L, R, L (cts 1,2,3),

- Step R to R (ct 1), step L in front of R (ct 2), step R 3 across in front of L (ct 3),
- Step diag bwd L (ct 1), step diag bwd R (ct 2), close L to R without wt (ct 3). M leads W around him as he faces fwd.
- 1-2 WOMAN: Same as M.
- Keeping both hands joined, walk CCW around in front of and 3
- behind M with R, L, R (cts 1,2,3), Step L toward M R side (ct 1), step on R pivoting CCW in place (ct 2), close L to R to end facing LOD in Varsouvienne Pos.

LEFT HANDS HELD

Repeat action of meas 1-4 except that R hands are released.

Continued ...

DE A LUNGUL (Cont'd) - Pg. 2

RIGHT HANDS HELD

- MAN: Repeat action of meas 1-2, Part I. 1-2
- Releasing L hands, step swd R (ct 1), step L in front of R (ct 2), step bwd R (ct 3), Step swd L (ct 1), step fwd R (ct 2), close L to R without 3
- 4 wt (ct 3). M leads W around him as he faces fwd.
- WOMAN: Repeat action of meas 1-2, Part I. 1-2
- Releasing L hands, walk CW around in back of and in front 3
- of M with R, L, R (cts 1,2,3), Step L toward M R side (ct 1), step on R pivoting CW in 4 place (ct 2), close L to R to end facing LOD in Varsouvienne Pos.

€V. MAN'S PONT ("SLAP")

- MAN: Step fwd L bending knee (ct 1), step bwd R (ct 2), 1 step L beside R (ct 3),
- Releasing R hands, step swd R (ct 1), step L in front of 2 R (ct 2), close R to L without wt (ct 3),
- Hold (ct 1), leap onto L extending R leg fwd slapping R 3
- thigh at knee with R palm (ct 2), hold, slightly lowering R leg (ct 3), small leap swd R (ct &), Step swd L (ct 1), step R in front of L (ct 2), close L to R without wt (ct 3). M leads W across in front of himself on meas 2, and back to his R side turning her under raised joined hands to end in Varsouvienne Pos.
- 1 WOMAN: Same as M,
- Releasing R hands, walk three steps across in front of M 2 to end standing at his L side but facing RLOD (cts 1,2,3),
- Hold in place giving firm support with L hand to M if 3 needed (cts 1,2,3),
- Walking across in front of M and turning &CCW under 4 joined hands to face fwd in LOD, step L, R (cts 1,2), close L to R without wt and assuming Varsouvienne Pos.

WOMAN'S FULL TURNS, MAN'S PONT ("SLAP")

- MAN: Repeat action of meas 1, Part I, 1
- Releasing R hands, step bwd L (ct 1), step R beside L 2 (ct 2), large step fwd L (ct 3),
- Raise extended R leg fwd slapping R thigh at knee with R 3 palm (ct 1), step bwd R snapping fingers of R hand (ct 2),
- step bwd L snapping fingers of R hand (ct 3), Step R fwd across in front of L (ct 1), step L diag fwd L (ct 2), step R beside L to end in Varsouvienne Pos (ct 3).

continued ...

DE	A	LUNGUL	(Cont'd)	- Pg.	3
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- 1 WOMAN: Same as M,
- Releasing R hands, making 12 CCW pirouettes in front of M, and ending on M L side facing RLOD, step L, R (cts 1,2), close L to R without wt (ct 3),
- Hold in place, no action (cts 1,2,3),

 Beginning L, making l2 CW pirouettes in front of M under joined L hands, and ending on M R side facing LOD, step L, R (cts 1,2), close L to R without wt to end in Varsouvienne Pos (ct 3).

VIL MAN'S JUMP-CLICK

- MAN: Same as meas 1, Part I,
- 2 Step fwd L (ct 1), step fwd R (ct 2), step fwd L pivoting CW in place to face RLOD and keeping hands held to end in Reverse Varsouvienne Pos, W on M L (ct 3),
- In place, two small jumps in place with ft together (cts l&), small jump with ft apart and knees bent (ct 2), jump into air clicking ft together (ct &), land on both with R slightly fwd (ct 3),
- Moving in RLOD, step fwd R, L (cts 1,2), step R pivoting CCW in place to face LOD and keeping hands held to end in Varsouvienne Pos, W on M R (ct 3).
- 1-2 WOMAN: Same as M,
- 3 Hold in place, no action (cts 1,2,3),
- 4 Same as M.

INSIDE HANDS HELD (M R, W L)

Changing to Open Pos with inside hands joined and held up in "W" pos, rock fwd L bringing joined hands down in front as body leans fwd (ct 1), step bwd R coming upright and bringing hands to "W" pos (ct 2), close L to R without wt (ct 3),

- Step fwd L bringing joined hands down to "V" pos (ct 1), step fwd R bringing joined hands up to "W" pos (ct 2), turning to face ptr, step swd L in LOD and assume Reverse Social Dance Pos (ct 3),
- Rock swd R (ct 1), rock swd L (ct 2), close R to L without wt (ct 3),
- Moving in RLOD, step R, L angling slightly away from ptr (cts 1,2), step fwd R pivoting CCW to face LOD and closing L to R without wt (ct 3).

 NOTE: To begin dance with Part I, assume Varsouvienne Pos. To repeat Part IV, maintain inside "W" pos hand hold.
- 1-4 WOMAN: Same as M but with opp ftwk.

Taught by: Sunni Bloland