Line dance, facing Ccw, hands joined down. R footed dance.

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Counts 1-16 are common to both parts.
          run fwd, around Ccw, bent over fwd.
 2
    L
 3
    R
    R
5
          step hop fwd, around Ccw, body straight.
    L
    L
7
    R
8. R
9-16:
       reverse, moving around Cow, except turn on count 16 to face in twd Ctr.
17 R(L) step hop in place, facing in twd Ctr, lifting L leg up fwd.
18 R
19 L(R)\ step hop in place, R leg up back, body bent slightly fwd.
20 L
21 R(L)\ step hop to side, around Cow, lifting L leg up fwd.
22 R
23 L(R) \ step hop across over R, around Ccw, R leg up back,
        body bent slightly fwd.
25-32: repeat 17-24.
                                        PART II
1-16: repeat 1-16 of PART I.
17 R
          step across over L.
18 L
          step back to place.
19 R
          close
                               Yayin steps, facing in twd Ctr.
20 L
         step across over R.
21 R
          step back to place.
22 L
          close
23 R
          step hop fwd, twd Ctr.
24 R
       } step hop across over R,
25
   L
26
   L
          around Ccw.
                                    step hop CW around a square while facing in
27 R N
         step hop back,
                                    twd Ctr, ending up in original position.
28 R
          out from Ctr.
29 L
          step hop to side,
30 L
         around Cw.
       step hop in place, swinging L leg fwd and around CW
31 R
32 R
         across over R, body turning to face diag Ccw-Ctr.
33 (L)
          touch across over R.
34 R
         hop in place, swinging L leg around CCW and turning to face diag Cw-Ctr.
35 (L)
          touch to side, diag Cw-out from Ctr.
36 R
          hop in place, turning to face in twd Ctr.
37
   L
         close
   hold
```