

Dance: Traditional. Music: Traditional. Record: MIH 3. Style: A strong Arabic style. Steps are sharp and distinct. Knees are slightly flexed throughout, giving a strong elastic feeling to the dance, by means of a small bouncing movement. Formation: All face ctr with hands joined, each dancer retaining hold of neighbor's R hand, bends his L elbow and places his L arm horizontally across his back.

MEAS: PART I - A:

- 1 Place R heel near L toe (1), flex L knee (2), place R beside L (3), flex (4).
- 2 Place R heel near L toe (1), flex (2), turn to face LOD and step fwd on R heel (3), slap whole R ft onto floor in place (4).
- 3 Step fwd on L in LOD (1), slap (2), step fwd on R in LOD (3), slap (4).
- 4 Close L to R, face ctr, bounce on both heels (1), flex (2), bounce on both ft (3), flex (4).

PART I - R:

- 1 Cross R close to L ft flat (1), flex (2), face LOD and step on R in LOD (3), slap (4).
 - 2 Con't in LOD on L (1), slap, face ctr (2), close R beside L (3), bounce (4).
- Repeat all of these two meas five more times.

PART I - C:

- 1 Jump high in air and land on both ft tog (1-2), repeat cts 1-2 meas 1 Part I - C (3-4).
- 2 Repeat meas 1, Part I - C (1-4).
- 3 Stamp R fwd, bending low and turning to L (1-2), stamp again (lower) and put wt on R (3-4).
- 4 Stamp L facing ctr and straightening body (1-2), stamp again stand up straight wt on L (3-4).
- 5 Face LOD and walk LOD on R (1-2), con't in LOD with L (3-4).
- 6 Close R to L (1-2), bounce (3-4).

PART II - A:

- 1 Step to side with R firm step snap isolated R shldr fwd at same time face LOD over R shldr (1), draw L sharply up to R (2), repeat 1-2 Part II - A, meas 1 (3-4).
 - 2 Repeat meas 1, Part II - A (cts 1-4).
 - 3 Snap head to L (RLOD) but con't same ftwk and shldr movements (1-4).
 - 4 Repeat meas 3, Part II - A (cts 1-4).
- Repeat these four bars one more time.

PART II - B:

- 1 Stamp R to side (LOD), snap R shldr fwd and down, R ft points diag to L (1), step on L beside R (2), face LOD and step fwd on R (3), small hop, slapping whole R ft on floor (4).
 - 2 Step on L in LOD (1), sharp hop on L, turning to face ctr (ct 2), small step to R on R (3), close L sharply to R (4).
- Repeat these two meas five more times.

PART II - C:

- 1 Repeat meas 3, Part I - C.
- 2 Repeat meas 4, Part I - C.
- 3 Repeat Meas 1, Part I - C.
- 4 Repeat meas 2, Part I - C.
- 5 Jump bwd on both ft, R ft fwd (1-2), Repeat meas 5, cts 1-2, Part II - C (cts 3-4).
- 6 Close R to L (cts 1-2), hold (3-4).