

DERECH AROKA

7

(The Way Is Long)

Israeli

SOURCE: Dance: Rivka Sturman; Words & Music: Noami Schemer.

FORMATION: Single circle of ptrs. M facing CCW. W facing CW.
Hands at sides.

MUSIC: 4/4 meter

PATTERN

Meas Ct

PART I: Melody A

1-8 1-32 8 Meas of Grand Right & Left; 1 Meas (4 steps) per person,
passing ptr with R hand, next person with L, etc.

PART II: Melody B

1 1-4 Stop, facing 9th person. Take both hands, extended to
sides. Slide 4 sliding steps in to center.

2 5-8 Take 4 sliding steps out of center.

3-4 9-16 Place R hand around ptr's waist, L hand held up, run 8
steps around ptr.5-8 17-32 Repeat Meas 1-4, cts 1-16; but on last two steps,
separate from ptr to prepare for the Grand Right & Left,
with the M facing CCW & the W CW.

REPEAT ENTIRE DANCE FROM BEGINNING.

Presented by Rivka Sturman
Idyllwild Workshop - 1968