(Israeli Couple Dance)

Music: Vanguard VRS 9069 "Song of the Sabras" (Karmen)

Meter: 4/4 Count 8 counts per measure: 1,8,2,8,3,8,4,8.

Formation: Partners, side by side, face center of dance area, W on right side.

Measure	Description
	Step I
	For Men (1st half)
1	Step R,L,R,L, passing behind partner to end on R side of W (cts 1&2&) For Women (1st half)
	Flex knees and tap heels four times touching down on the beat.
	Second half
	W does Men's step (lst half), M does Women's step (cts 3&4&).
2	Repeat meas I.
	Step II Same for both partners
3	Shoulder to shoulder, walk in an arc to center and back to R, 8 steps clapping own hands 8 times (cts $1, \&, 2, \&, 3, \&, 4, \&$)
	Step III
4	W does big leap to R (ct 1) close L to R (ct 2) M leap R and closes on counts 3,4.
5	Repeat meas I.
6	Both together do small leaps R, close L. 4 times to right (cts 1&2&) twice as fast as big leaps.
	Step R to R, cross L over R, step back on R, leap L onto L (cts 3&4&). BEGIN DANCE OVER

Presented by Sonny Newman